

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	(Pl.)	Dez 22	(Pl.)	Jan 23 (Pl.)	Feb 23 (Pl.)
1 M	MC SWINEY Aidan	160	84	00:32:37	1 M35		TSV Schott Mainz	00:33:46	3	00:32:37	1		
2 M	WÜRTENBERGER Janis	290	94	00:32:47	1 M	+ 11s	SSC Hanau Rodenbach	00:34:02	4	00:32:47	2		
3 M	BERGMANN Nils	019	98	00:32:57	2 M	+ 21s	TV Waldstraße Wiesbaden	00:32:57	1	00:33:22	3		
4 M	BECKER Fynn	017	03	00:33:35	1 U20	+ 59s	SSC Hanau-Rodenbach	00:34:22	6	00:33:35	4		
5 M	JECKEL Daniel	110	97	00:33:41	3 M	+ 1m05s	LEX Laufexperten Mainz	00:33:41	2				
6 M	STAHL Dominic	332	91	00:34:16	1 M30	+ 1m39s	Adidas Runners	00:34:16	5	00:34:19	5		
7 M	ZEHNDER Jürgen	291	74	00:34:21	1 M45	+ 1m45s	TSV Pfungstadt	00:34:55	7	00:34:21	6		
8 M	KÜNNE Jan Erik	142	98	00:34:35	4 M	+ 1m58s	Eintracht Frankfurt Triathlon e.V.	00:48:13	141	00:34:35	7		
9 M	LIK Michael	148	78	00:34:39	1 M40	+ 2m03s	Team Bad Orb - Gesund im Spessart	00:35:41	9	00:34:39	8		
10 M	HEROLD Niklas	100	80	00:34:45	2 M40	+ 2m09s	keine Angabe	00:35:26	8	00:34:45	9		
11 M	DA SILVA Daniele	043	83	00:35:06	2 M35	+ 2m29s	keine Angabe			00:35:06	10		
12 M	KUTTICH Björn	321	86	00:35:09	3 M35	+ 2m32s	TuS Griesheim			00:35:09	11		
1 F	MOSER Tania	331	90	00:35:52	1 W30		Spiridon Frankfurt	00:36:14	11	00:35:52	12		
13 M	NOHE Daniel	174	95	00:35:56	5 M	+ 3m20s	Spiridon Frankfurt	00:36:07	10	00:35:56	13		
2 F	BAIST Franziska	013	91	00:35:59	2 W30	+ 8s	SGK Bad Homburg			00:35:59	14		
14 M	REINKE Ingbert	198	77	00:36:12	2 M45	+ 3m35s	SSC Hanau-Rodenbach	00:38:48	27	00:36:12	15		
15 M	PIETERS Fabian	187	93	00:36:18	6 M	+ 3m41s	TUS Kölm rrh.	00:37:11	14	00:36:18	16		
16 M	RÖCKLE Silas	210	89	00:36:19	2 M30	+ 3m42s	Spiridon Frankfurt	00:36:19	12	00:36:38	17		
17 M	KÖBLER Gregor	125	71	00:37:05	1 M50	+ 4m29s	TV 1878 Groß-Umstadt	00:37:10	13	00:37:05	18		
18 M	CONRAD Peter	042	66	00:37:15	1 M55	+ 4m39s	LG BSN	00:37:15	15				
19 M	HOLLMANN SERGEJ	235	86	00:37:15	4 M35	+ 4m39s	keine Angabe	00:37:58	19	00:37:15	19		
20 M	MÜLLER Tim Nikolas	170	81	00:37:19	3 M40	+ 4m42s	SG All-Stars	00:38:02	22	00:37:19	20		
21 M	FISCHER Christian	063	94	00:37:19	7 M	+ 4m42s	keine Angabe	00:38:28	25	00:37:19	21		
3 F	HEININGER Nadja	093	89	00:37:21	3 W30	+ 1m30s	SSC Hanau Rodenbach	00:38:04	23	00:37:21	22		
22 M	MERNBERGER Oliver	164	65	00:37:31	2 M55	+ 4m55s	SKG Sprendlingen	00:37:58	20	00:37:31	23		
23 M	WINNHAUER Matthias	283	66	00:37:33	3 M55	+ 4m56s	Besi_Friends	00:39:24	37	00:37:33	24		
24 M	ROUSSEL Cédric	212	97	00:37:38	8 M	+ 5m01s	TCEC Mainz	00:37:38	16				
4 F	MÜLLER Lena Erja	168	98	00:37:38	1 W	+ 1m47s	TG Melbach	00:37:47	18	00:37:38	25		
25 M	GASSMANN Michael	074	81	00:37:42	4 M40	+ 5m06s	keine Angabe	00:37:42	17	00:38:34	29		
26 M	OBST Michael	175	70	00:37:59	2 M50	+ 5m22s	TuS Griesheim	00:37:59	21				
5 F	MARTIN Laura	158	92	00:38:20	4 W30	+ 2m29s	SSC Hanau-Rodenbach	00:38:20	24				
27 M	WEBER Jürgen	270	78	00:38:20	5 M40	+ 5m44s	Rodenbach	00:39:01	31	00:38:20	26		
6 F	CHACON Laura	041	88	00:38:28	5 W30	+ 2m37s	Asics Frontrunner	00:38:57	28	00:38:28	27		
28 M	MORR Julian	166	90	00:38:31	3 M30	+ 5m55s	keine Angabe			00:38:31	28		
7 F	BERTSCH Kerstin	021	88	00:38:37	6 W30	+ 2m45s	SSC Hanau- Rodenbach	00:38:37	26				
29 M	ADAM Dominik	002	89	00:38:38	4 M30	+ 6m02s	TUS Griesheim	00:39:23	36	00:38:38	30		
30 M	SCHÄFER Jan	312	87	00:38:38	5 M35	+ 6m02s	TuS Griesheim	00:39:23	35	00:38:38	31		

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31 M	ADOLPHS Tim	003	73 00:38:52	3 M45	+ 6m16s	Eintracht Frankfurt Triathlon	00:39:56	41	00:38:52	32		
32 M	GROSCH Heiko	086	77 00:38:53	4 M45	+ 6m16s	VFS Rödermark	00:40:36	51	00:38:53	33		
33 M	PAWLIKOWSKI Adam	183	76 00:38:53	5 M45	+ 6m16s	ECB running section			00:38:53	34		
34 M	PATT Lasse	181	04 00:38:58	2 U20	+ 6m21s	SC Oberursel	00:38:58	29	00:39:03	35		
35 M	MADER Theodor	308	81 00:39:00	6 M40	+ 6m24s	Spiridon Frankfurt	00:39:00	30				
36 M	GOTTWEIS Raphael	082	03 00:39:07	3 U20	+ 6m30s	SC Steinberg	00:39:19	34	00:39:07	36		
37 M	RICHTER Martin	207	77 00:39:07	6 M45	+ 6m31s	keine Angabe	00:39:07	32	00:40:37	57		
38 M	HEß Clemens	105	80 00:39:08	7 M40	+ 6m32s	MTV Urberach	00:40:04	43	00:39:08	37		
39 M	FISCHER Jan-Ruben	300	75 00:39:09	7 M45	+ 6m33s	Eintracht Frankfurt Triathlon	00:40:39	52	00:39:09	38		
40 M	WIEGAND Frank	281	65 00:39:10	4 M55	+ 6m33s	Passtschon98	00:39:10	33				
41 M	BUTZ Michael	039	74 00:39:11	8 M45	+ 6m35s	LuigiRunningDarmstadt	00:40:04	44	00:39:11	39		
8 F	REINDL Rosali	196	90 00:39:12	7 W30	+ 3m21s	keine Angabe	00:39:54	40	00:39:12	40		
42 M	FOCHT Alexander	067	88 00:39:23	5 M30	+ 6m47s	keine Angabe	00:39:54	39	00:39:23	41		
43 M	?Nummer #334	334	00:39:24	9 M	+ 6m47s	keine Angabe			00:39:24	42		
44 M	OTT Alexander	180	85 00:39:33	6 M35	+ 6m56s	LG Seligenstadt	00:41:39	64	00:39:33	43		
45 M	MAYER Markus	159	87 00:39:34	7 M35	+ 6m57s	IG Trailrunning Taunus	00:40:09	45	00:39:34	44		
46 M	RICHTER John	327	90 00:39:35	6 M30	+ 6m59s	Laufteam Nowalala / EOSC Triathlon			00:39:35	45		
9 F	EULER Tatjana	057	99 00:39:36	2 W	+ 3m45s	TV Dieburg			00:39:36	46		
47 M	KUNKEL Alexander	140	88 00:39:45	7 M30	+ 7m08s	TSG Kleinostheim	00:41:27	63	00:39:45	47		
48 M	VETTER Marco	260	91 00:39:50	8 M30	+ 7m13s	FSV Kloppenheim 1954 e.V.	00:39:50	38				
49 M	KÖHLER Karl-Heinz	126	61 00:39:52	1 M60	+ 7m16s	LG Bad Soden/Sulzbach/Neuenhain	00:40:36	50	00:39:52	48		
50 M	SCHROTH Tim	229	97 00:39:53	10 M	+ 7m16s	EOSC Offenbach Triathlon	00:40:36	49	00:39:53	49		
51 M	DEIKE Volker	047	68 00:39:56	3 M50	+ 7m20s	TuS Griesheim	00:39:56	42	00:40:00	50		
52 M	ELLER Tim	055	81 00:40:02	8 M40	+ 7m25s	algamarin Team SV Traisa	00:40:25	47	00:40:02	51		
53 M	KUBALL Christian	133	76 00:40:07	9 M45	+ 7m30s	JSK Rodgau	00:42:20	70	00:40:07	52		
54 M	DANGMANN Thimo	046	96 00:40:13	11 M	+ 7m36s	LG Rüsselsheim	00:40:13	46	00:45:18	88		
55 M	BLASCHEK Thomas	298	73 00:40:15	10 M45	+ 7m39s	SSC HANAU RODENBACH	00:46:17	108	00:40:15	53		
56 M	EMICH Bennett	315	95 00:40:20	12 M	+ 7m44s	HolzMehr			00:40:20	54		
57 M	WÖHRLE Alexander	286	73 00:40:24	11 M45	+ 7m47s	keine Angabe	00:40:55	57	00:40:24	55		
58 M	WEIMAR Marcel	274	95 00:40:25	13 M	+ 7m48s	LT Rheinhessen-Pfalz	00:42:41	72	00:40:25	56		
59 M	FREESE Jens	071	65 00:40:25	5 M55	+ 7m48s	LC Eichwald	00:40:25	48				
60 M	BERNARDING Tobias	020	88 00:40:39	9 M30	+ 8m02s	TuS Griesheim	00:40:39	53	00:43:16	70		
61 M	LACHACZ Olaf	145	67 00:40:41	6 M55	+ 8m04s	SG Rodheim	00:41:41	66	00:40:41	58		
10 F	TÄTZSCH Nina-Juliette	251	00 00:40:46	3 W	+ 4m55s	LG Stadtwerke München	00:40:46	54				
11 F	GOLLAN Sarah Maria	078	79 00:40:47	1 W40	+ 4m55s	TV Waldstrasse Wiesbaden	00:40:47	55				
62 M	NAUNDORF Oliver	172	75 00:40:47	12 M45	+ 8m10s	Hüttenberger Land Läufer	00:40:47	56				
63 M	OSTERMANN Michael	324	76 00:40:50	13 M45	+ 8m14s	RLT Rodgau			00:40:50	59		

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12 F	WOYNA Irene	289	83 00:41:16	1 W35	+ 5m25s	IBC Dimb Racing Team	00:41:16	58				
64 M	LANDSIEDEL Chris	146	89 00:41:22	10 M30	+ 8m46s	TuS Griesheim	00:41:22	59	00:41:42	62		
65 M	STICHEL Phillip	244	91 00:41:23	11 M30	+ 8m46s	LT Freigericht	00:41:23	60				
66 M	STACHEL Christian	241	83 00:41:24	8 M35	+ 8m48s	keine Angabe	00:41:24	61				
67 M	HOSKE Anton	108	98 00:41:25	14 M	+ 8m48s	keine Angabe	00:41:25	62				
68 M	LUKAS André	156	94 00:41:36	15 M	+ 8m59s	SV Gelnhausen 1924 e.V.			00:41:36	60		
69 M	KAES Florian	309	79 00:41:39	9 M40	+ 9m03s	EOSC Offenbach	00:41:41	65	00:41:39	61		
70 M	MENK Andreas	163	73 00:42:12	14 M45	+ 9m36s	Spiridon Frankfurt	00:42:45	73	00:42:12	63		
71 M	GEIER Sven	075	84 00:42:17	9 M35	+ 9m40s	keine Angabe	00:42:17	67				
13 F	RAHNER Annika	191	97 00:42:18	4 W	+ 6m27s	Eintracht Frankfurt Triathlon e.V.	00:42:18	68	00:42:54	67		
72 M	BARON Alexander	015	90 00:42:19	12 M30	+ 9m42s	OPTIMUM Sportbrillen	00:42:19	69				
73 M	SATTLER Christopher	216	81 00:42:33	10 M40	+ 9m56s	JSK Rodgau	00:44:03	81	00:42:33	64		
14 F	SCHÄFER Tamara	311	89 00:42:39	8 W30	+ 6m48s	TuS Griesheim Leichtathletik	00:42:39	71				
74 M	HERBERT Clemens	098	76 00:42:51	15 M45	+ 10m15s	Harema	00:44:59	91	00:42:51	65		
75 M	SCHAEFER-BRAND Jakob	217	92 00:42:54	13 M30	+ 10m17s	Team Brand	00:45:24	95	00:42:54	66		
76 M	HUHN Stephan	297	71 00:42:56	4 M50	+ 10m19s	Eintracht Frankfurt Triathlon	00:44:01	80	00:42:56	68		
15 F	SKALSKY Eva	238	81 00:42:59	2 W40	+ 7m08s	LuT Aschaffenburg	00:42:59	74				
16 F	ZEHNDER Tanja	292	75 00:43:00	1 W45	+ 7m09s	TSV Pfungstadt	00:43:37	77	00:43:00	69		
17 F	BURK Anna-Lena	035	94 00:43:04	5 W	+ 7m13s	SF Tria Roßdorf	00:43:04	75	00:44:07	81		
18 F	GRYGOSCH Sigrid	087	67 00:43:25	1 W55	+ 7m34s	Teutonia Hausen	00:43:53	79	00:43:25	71		
77 M	KITNER Oliver	121	82 00:43:25	11 M40	+ 10m48s	keine Angabe	00:44:42	88	00:43:25	72		
78 M	WAGNER Thomas	268	66 00:43:29	7 M55	+ 10m53s	LT Hanau / Bruchköbel	00:43:29	76				
79 M	REICHERT Michael	326	83 00:43:45	10 M35	+ 11m09s	Spiridon Frankfurt e. V.			00:43:45	73		
80 M	BACH Mirko	012	91 00:43:50	14 M30	+ 11m13s	1. FC 06 Erlensee III	00:43:50	78				
81 M	KÜHN Carl	136	66 00:43:50	8 M55	+ 11m14s	Hüttenberger Land Läufer	00:44:17	85	00:43:50	74		
19 F	PFEIFER Kai	325	82 00:43:52	3 W40	+ 8m01s	keine Angabe	00:45:45	101	00:43:52	75		
82 M	BURKHARDT Werner	036	56 00:43:55	1 M65	+ 11m19s	LT Rheinhessen-Pfalz	00:46:14	105	00:43:55	76		
83 M	NEUNER Philipp	173	82 00:43:56	12 M40	+ 11m19s	Fahrrad XXL Franz	00:44:15	84	00:43:56	77		
20 F	TYWCZYNSKI Joanna	256	72 00:43:57	1 W50	+ 8m06s	ASC Darmstadt			00:43:57	78		
84 M	STÜKER Andreas	249	86 00:43:58	11 M35	+ 11m21s	Erdinger Active Team	00:44:56	90	00:43:58	79		
85 M	RAIMONDI Angelo	192	82 00:44:03	13 M40	+ 11m27s	keine Angabe	00:46:00	102	00:44:03	80		
86 M	HEMSLEY Luis	097	80 00:44:06	14 M40	+ 11m30s	TG 1837 Hanau a.V.	00:44:06	82				
87 M	WEISHAUPT Christian	277	62 00:44:12	2 M60	+ 11m35s	TSG Kleinstheim			00:44:12	82		
88 M	STORCK René	246	83 00:44:13	12 M35	+ 11m36s	SF Tria Rossdorf	00:44:13	83	00:45:41	91		
89 M	HAMEISTER Martin	302	88 00:44:18	15 M30	+ 11m42s	BSG Goodyear	00:44:18	86				
90 M	VETTER Matthias	261	60 00:44:25	3 M60	+ 11m49s	BSG Commerzbank	00:45:29	97	00:44:25	83		
91 M	KRAFT Thilo	130	65 00:44:39	9 M55	+ 12m03s	Spiridon Frankfurt	00:44:39	87				

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21 F	BICKERT Christine	023	76 00:44:40	2 W45	+ 8m49s	TV Großostheim	00:46:02	103	00:44:40	84		
92 M	GEISSLER René	076	72 00:44:43	5 M50	+ 12m07s	TSG Kleinostheim	00:44:43	89	00:47:46	114		
93 M	FISCHER Zeljko	064	65 00:44:44	10 M55	+ 12m07s	keine Angabe	00:45:01	92	00:44:44	85		
22 F	WEBER Petra	271	64 00:44:52	2 W55	+ 9m01s	Tria Team Bruchköbel	00:45:15	93	00:44:52	86		
23 F	HABERMANN Manuela	089	70 00:45:08	2 W50	+ 9m17s	keine Angabe	00:46:03	104	00:45:08	87		
94 M	LÖW Gerrit	152	89 00:45:15	16 M30	+ 12m38s	Oberursel	00:45:15	94				
95 M	STEINERT Christian	243	85 00:45:20	13 M35	+ 12m43s	keine Angabe	00:46:36	116	00:45:20	89		
24 F	KUKULA Andrea	139	75 00:45:26	3 W45	+ 9m35s	JSK Rodgau	00:45:26	96	00:45:42	92		
96 M	MOTSCHENBACHER Dirk	167	80 00:45:33	15 M40	+ 12m56s	Eintracht Frankfurt Triathlon	00:45:33	98				
97 M	OPP Gunnar	178	76 00:45:36	16 M45	+ 12m59s	TUS Griesheim	00:46:35	115	00:45:36	90		
98 M	BREYER Dr. Ralf	033	59 00:45:40	4 M60	+ 13m03s	Frankfurter Volleyballverein (FVV)	00:45:40	99	00:46:58	104		
99 M	SANNA Giuseppe Marco	215	68 00:45:43	6 M50	+ 13m06s	Ichlch1968	00:45:43	100	00:45:55	95		
25 F	FIEBIG-KELLER Claudia	316	64 00:45:44	3 W55	+ 9m53s	TV Hergershausen			00:45:44	93		
100 M	KARL Martin	116	70 00:45:45	7 M50	+ 13m08s	TV Großostheim	00:46:49	122	00:45:45	94		
101 M	EFFENBERGER Denis	053	77 00:46:00	17 M45	+ 13m23s	keine Angabe	00:46:56	123	00:46:00	96		
102 M	KRONIGER Axel	304	64 00:46:03	11 M55	+ 13m26s	TV Stierstadt	00:48:23	143	00:46:03	97		
103 M	PATT Torsten	182	66 00:46:15	12 M55	+ 13m39s	SC Oberursel	00:46:15	106				
26 F	BUTT Miriam	038	82 00:46:15	4 W40	+ 10m24s	Spiridon Frankfurt	00:46:23	111	00:46:15	98		
27 F	EBELING Annette	052	70 00:46:16	3 W50	+ 10m25s	Tria Team Bruchkoebel	00:46:16	107				
104 M	SCHÜTTLER Wilhelm	231	54 00:46:22	2 M65	+ 13m45s	TV Waldstraße Wiesbaden	00:46:22	109				
105 M	SCHMITT Sebastian	223	72 00:46:23	8 M50	+ 13m46s	Spiridon Frankfurt	00:46:23	110				
28 F	RAMBELOSOA Ony	193	70 00:46:28	4 W50	+ 10m37s	keine Angabe	00:46:28	112	00:46:53	103		
106 M	KUHN Peter	137	60 00:46:29	5 M60	+ 13m52s	Spiridon Frankfurt	00:46:44	120	00:46:29	99		
29 F	FISCHER Bärbel	062	64 00:46:29	4 W55	+ 10m38s	RLT Rodgau	00:46:29	113	00:46:33	101		
30 F	HERZING Sandra	103	80 00:46:32	5 W40	+ 10m40s	Laufteam Nowalala	00:46:32	114				
107 M	SCHILL Markus	295	85 00:46:32	14 M35	+ 13m56s	keine Angabe	00:46:39	118	00:46:32	100		
31 F	GÖTTNAUER Margret	079	52 00:46:35	1 W70	+ 10m44s	LG BSN	00:46:40	119	00:46:35	102		
108 M	FELLMANN Andreas	060	67 00:46:38	13 M55	+ 14m01s	Fix_Foxi	00:46:38	117	00:48:32	124		
32 F	HERRMANN Nina	101	96 00:46:46	6 W	+ 10m55s	#teamthilobickert	00:46:46	121	00:48:32	123		
33 F	SCHMUCK Katrin	224	73 00:46:58	4 W45	+ 11m07s	SG Enkheim Berger Schnecken	00:46:58	124				
34 F	LINDNER Anne	310	84 00:46:59	2 W35	+ 11m08s	Lindner OF	00:48:07	138	00:46:59	105		
109 M	REß Thorsten	204	76 00:47:01	18 M45	+ 14m25s	TV Goldbach	00:47:01	125	00:48:03	117		
110 M	GERBER Patrick	077	74 00:47:02	19 M45	+ 14m25s	Urban Runners Frankfurt	00:47:02	126	00:52:52	157		
111 M	SCHÄFER Thomas	218	78 00:47:09	16 M40	+ 14m32s	RLT Rodgau	00:47:09	127				
112 M	KÜNNE Sören	143	70 00:47:09	9 M50	+ 14m32s	Tria-Team-Bruchköbel e.V.	00:48:13	140	00:47:09	106		
113 M	THEIS Markus	254	80 00:47:16	17 M40	+ 14m40s	One Endurance Team	00:47:16	128				
114 M	ATTIG Frank	010	76 00:47:28	20 M45	+ 14m51s	LAUFZiel Aschaffenburg	00:49:49	157	00:47:28	107		

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115 M	FLEISCHMANN Jochen	066	61	00:47:28	6 M60	+ 14m52s	SC Steinberg			00:47:28	108		
116 M	HEIN Paul	092	79	00:47:31	18 M40	+ 14m55s	LG BSN			00:47:31	109		
117 M	KEßLER René	120	92	00:47:32	17 M30	+ 14m55s	SV Nikar Heidelberg e.V.	00:48:57	147	00:47:32	110		
118 M	ULLRICH Frank	257	67	00:47:35	14 M55	+ 14m59s	TSG Eppstein	00:55:38	210	00:47:35	111		
35 F	REEG Alexandra	195	77	00:47:39	5 W45	+ 11m48s	SC Güttersbach	00:48:20	142	00:47:39	112		
36 F	HESSE Jessica	104	95	00:47:42	7 W	+ 11m51s	TV Gelnhausen	00:47:47	130	00:47:42	113		
119 M	OHLEMÜLLER Felix	176	00	00:47:42	16 M	+ 15m06s	keine Angabe	00:47:42	129	00:49:43	135		
120 M	LÖWE Andreas	153	68	00:47:46	10 M50	+ 15m10s	Lauf Team Kassel	00:49:17	152	00:47:46	115		
121 M	DEINES Konrad	303	67	00:47:49	15 M55	+ 15m12s	Team Asphaltsschu	00:47:49	131				
122 M	VON DER GRÜN Klaus	264	59	00:47:54	7 M60	+ 15m18s	TG Schwanheim	00:47:54	132	00:49:21	133		
123 M	BOHNERT Christoph	027	60	00:47:55	8 M60	+ 15m18s	algemarin Team SV Traisa	00:47:55	133				
124 M	GOURDET Sascha	083	89	00:47:56	18 M30	+ 15m19s	EFC Bieber	00:47:56	134				
125 M	BAUER Wolfgang	016	59	00:47:59	9 M60	+ 15m23s	Offenbacher LC	00:47:59	135				
126 M	HABICHT Jan	317	77	00:48:00	21 M45	+ 15m24s	Feuerwehr Rodgau Mitte			00:48:00	116		
37 F	REZAGHOLINIA Sandra	203	88	00:48:02	9 W30	+ 12m11s	keine Angabe	00:48:02	136	00:52:54	158		
127 M	WINTER Gunther	284	70	00:48:04	11 M50	+ 15m28s	RLT Rodgau	00:48:04	137				
128 M	DANGMANN Markus	045	69	00:48:08	12 M50	+ 15m31s	LG Rüsselsheim	00:48:12	139	00:48:08	118		
38 F	FISCHINGER Frida	065	07	00:48:10	1 U16	+ 12m18s	TV Gelnhausen	00:49:10	150	00:48:10	119		
129 M	EURICH Claus	058	72	00:48:15	13 M50	+ 15m39s	Turngemeinde 08 Ober-Roden			00:48:15	120		
130 M	GROH Wolfgang	085	69	00:48:16	14 M50	+ 15m39s	Turngemeinde 08 Ober-Roden	00:49:29	154	00:48:16	121		
131 M	SCHEIBE Gerd	220	56	00:48:27	3 M65	+ 15m51s	TV Hergershausen	00:48:27	144	00:49:12	132		
39 F	REVESZ Monika	202	76	00:48:30	6 W45	+ 12m39s	keine Angabe	00:50:10	163	00:48:30	122		
132 M	KUGLER Torben	135	80	00:48:36	19 M40	+ 15m59s	keine Angabe	00:48:52	146	00:48:36	125		
40 F	SOVONJA Annett	239	81	00:48:37	6 W40	+ 12m45s	RLT Rodgau	00:50:10	162	00:48:37	126		
133 M	SCHAAF André	336	73	00:48:39	22 M45	+ 16m02s	Die Mannschaft mit der Maus			00:48:39	127		
134 M	SCHMIDT Kees	222	62	00:48:41	10 M60	+ 16m04s	BSG L4P	00:49:00	148	00:48:41	128		
135 M	KUGLER Sven	134	73	00:48:42	23 M45	+ 16m06s	keine Angabe	00:48:52	145	00:48:42	129		
41 F	BOURGUIGNON Raileen	030	70	00:49:00	5 W50	+ 13m09s	TSG Kleinostheim	00:49:13	151	00:49:00	130		
136 M	BECKMANN Lukas	018	94	00:49:09	17 M	+ 16m32s	#teamthilobickert	00:49:09	149				
42 F	REINTGEN Franziska	199	86	00:49:11	3 W35	+ 13m19s	SF Tria Rossdorf	00:51:15	175	00:49:11	131		
137 M	WINTER Steffen	285	76	00:49:21	24 M45	+ 16m44s	keine Angabe	00:49:21	153	00:49:47	136		
138 M	SCHÖNFELDER Klaus	227	64	00:49:34	16 M55	+ 16m58s	Rumpelstilzchen	00:49:54	159	00:49:34	134		
139 M	VON WOLFF Ludwig	265	58	00:49:40	11 M60	+ 17m03s	Spiridon Frankfurt e. V./ Laufotse Haspama	00:49:40	155	00:51:07	147		
140 M	OHLEMÜLLER Roland	177	68	00:49:47	15 M50	+ 17m10s	TV 1888 Reinheim	00:49:47	156	00:50:13	142		
43 F	VOLZ Jasmin	263	97	00:49:49	8 W	+ 13m58s	MTG Mannheim			00:49:49	137		
44 F	RICHTER Swantje	208	81	00:49:50	7 W40	+ 13m58s	Neckarau parkrun / TV Rheinau			00:49:50	138		
141 M	DREWS Franz	051	63	00:49:52	17 M55	+ 17m15s	Spiridon Frankfurt	00:49:52	158	00:49:59	140		

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	(Pl.)	Dez 22	(Pl.)	Jan 23 (Pl.)	Feb 23 (Pl.)
45 F	ARNOLD Nina	006	81	00:49:54	8 W40	+ 14m03s	Neckarau parkrun			00:49:54	139		
142 M	KREH Matthia	132	80	00:49:58	20 M40	+ 17m21s	Groß-Umstadt	00:49:58	160				
143 M	DÖLLINGER Karsten	001	72	00:49:59	16 M50	+ 17m23s	RLT Rodgau	00:51:11	172	00:49:59	141		
144 M	KELMENDI Samir	313	67	00:50:05	18 M55	+ 17m29s	Nobody	00:50:05	161				
145 M	WINKELS Jan	282	79	00:50:15	21 M40	+ 17m39s	You never RUN alone !	00:50:15	164				
46 F	RICHTER Finja	205	03	00:50:18	1 U20	+ 14m27s	TV Gelnhausen	00:50:18	165	00:53:04	160		
146 M	JUNG Maximilian	113	90	00:50:24	19 M30	+ 17m47s	Moskitos	00:50:24	166				
147 M	SIPPEL Jürgen	237	56	00:50:24	4 M65	+ 17m48s	REA Card Triathlon Team TuS Griesheim	00:50:53	169	00:50:24	143		
148 M	BORGIOLI Stefano	028	65	00:50:34	19 M55	+ 17m57s	ECB Running/Triathlon Section	00:50:34	167				
47 F	MÜLLER Jenny	323	92	00:50:35	10 W30	+ 14m44s	Lanakila Racers			00:50:35	144		
48 F	KÜSTERS Karen	144	74	00:50:46	7 W45	+ 14m55s	Rodgau	00:50:47	168	00:50:46	145		
49 F	DREES Anna	305	93	00:50:56	9 W	+ 15m05s	keine Angabe	00:50:56	170				
50 F	SEIB Bere	232	81	00:51:01	9 W40	+ 15m10s	guilty76 racing			00:51:01	146		
51 F	GOTTWEIS Jacqueline	081	00	00:51:05	10 W	+ 15m14s	SC Steinberg	00:51:05	171	00:51:17	149		
149 M	WESP Michael	279	65	00:51:13	20 M55	+ 18m36s	Honolulu Laufteam	00:51:13	173				
150 M	WORTMANN Thorsten	288	67	00:51:14	21 M55	+ 18m37s	DFS Betriebssportverein	01:00:31	233	00:51:14	148		
151 M	KAISER Manfred	115	58	00:51:14	12 M60	+ 18m38s	SV Fun-Ball Dortelweil	00:51:14	174	00:52:15	153		
152 M	SEMMELE Peter	234	52	00:51:21	1 M70	+ 18m44s	TV Waldstraße Wiesbaden	00:51:21	176	00:51:50	151		
153 M	MUTH Jürgen	171	64	00:51:24	22 M55	+ 18m48s	Offenbacher LC	00:51:25	177	00:51:24	150		
52 F	FELLMANN Alexandra	059	65	00:51:32	5 W55	+ 15m41s	Fix_Foxi	00:51:32	178	00:52:51	156		
53 F	DEINES Olivia	301	97	00:51:34	11 W	+ 15m43s	Team Asphalt schlurfer	00:51:34	179				
154 M	WAGNER Michael	267	51	00:51:45	2 M70	+ 19m08s	Königstein/Taunus	00:51:45	180				
155 M	BINZEL Erich	025	57	00:51:53	5 M65	+ 19m17s	LT Rheinhessen-Pfalz/Gutenberg-Marathon	00:51:53	181	00:55:15	174		
156 M	LUCKHARDT Wolfgang	154	60	00:51:58	13 M60	+ 19m21s	Taunusläufer	00:51:58	182				
54 F	SCHNEIDER Sabine	225	67	00:52:07	6 W55	+ 16m16s	SV Gelnhausen	00:52:07	183				
157 M	KOKEMÜLLER Klaus-Heinrich	129	69	00:52:12	17 M50	+ 19m36s	TuS Griesheim Waldläufer	00:56:04	212	00:52:12	152		
158 M	SELLMANN E Jürgen	233	64	00:52:30	23 M55	+ 19m53s	Teutonia Hausen	00:52:30	184				
159 M	BLAUM Hugo	026	51	00:52:33	3 M70	+ 19m57s	RLT Rodgau	00:52:33	185				
55 F	OSTERMANN Frauke	179	76	00:52:37	8 W45	+ 16m46s	RLT Rodgau	00:52:46	188	00:52:37	154		
160 M	SCHUTT Wilfried	230	62	00:52:40	14 M60	+ 20m03s	MRI - Manager Running International	00:52:40	186				
161 M	PRIESTER Björn	188	80	00:52:43	22 M40	+ 20m06s	HitaminPur Running Team	00:52:44	187	00:52:43	155		
162 M	LOPEZ Jesus	151	59	00:52:53	15 M60	+ 20m16s	keine Angabe	00:52:53	189	00:53:18	161		
163 M	KRÄMER Thorsten	131	71	00:52:57	18 M50	+ 20m21s	Erdinger Active Team	00:52:57	190	00:54:09	163		
56 F	MERTEN Nicole	165	79	00:52:58	10 W40	+ 17m06s	RLT Rodgau	00:53:31	196	00:52:58	159		
164 M	MENDE Erhard	161	57	00:52:58	6 M65	+ 20m21s	TSV Heusenstamm	00:52:58	191	00:54:57	171		
165 M	JÖRG Michael	111	74	00:53:08	25 M45	+ 20m32s	keine Angabe	00:53:08	192				
166 M	DISSER Thomas	048	62	00:53:16	16 M60	+ 20m40s	LaufReport.de	00:53:16	193				

Platz	M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz	AK	GAP	Team / Verein	Nov 22	(Pl.)	Dez 22	(Pl.)	Jan 23 (Pl.)	Feb 23 (Pl.)
167	M	BAJUS Volker	014	63	00:53:20	24	M55	+ 20m43s	Wild Life Crew	00:53:20	194				
57	F	FORSTER-STEIL Heike	069	70	00:53:29	6	W50	+ 17m38s	LT Freigericht	00:53:29	195				
168	M	LIPPERT Berthold	150	50	00:53:38	4	M70	+ 21m01s	TV Goldbach	00:53:38	197	00:55:01	173		
58	F	ZIETLOW Irina	294	70	00:53:40	7	W50	+ 17m49s	keine Angabe			00:53:40	162		
59	F	SALOMON Annett	214	77	00:53:57	9	W45	+ 18m05s	keine Angabe	00:53:57	198	00:54:42	168		
169	M	JUSE Kai	307	77	00:54:14	26	M45	+ 21m37s	keine Angabe	00:54:14	199	00:54:34	167		
60	F	PERDRIX Orianne	185	97	00:54:15	12	W	+ 18m24s	keine Angabe	00:54:15	200				
61	F	KÜNNE Dana	141	72	00:54:21	8	W50	+ 18m29s	NDF Runners	00:55:55	211	00:54:21	164		
170	M	BUBSER Marcus	034	75	00:54:23	27	M45	+ 21m46s	keine Angabe			00:54:23	165		
62	F	RICHTER Geertje	206	78	00:54:24	11	W40	+ 18m33s	keine Angabe	00:54:24	201	00:55:22	175		
171	M	HOLSCHUH Marcus	107	75	00:54:33	28	M45	+ 21m57s	TV 1863 Groß-Zimmern	00:56:27	214	00:54:33	166		
172	M	CROENER Daniel	296	88	00:54:34	20	M30	+ 21m57s	keine Angabe	00:54:34	202				
63	F	AUERBACH Janine	011	90	00:54:36	11	W30	+ 18m45s	BSG Merck	00:54:36	203	00:54:56	170		
64	F	WELLER Tanja	278	74	00:54:42	10	W45	+ 18m51s	keine Angabe	00:54:42	204	00:57:35	185		
65	F	HEIL Annika	091	85	00:54:46	4	W35	+ 18m55s	TUS Griesheim			00:54:46	169		
173	M	KÖHLER Thomas	127	58	00:54:56	17	M60	+ 22m19s	Bio Runner Rhein-Main	00:54:56	205				
174	M	ELBRECHT Heinz	054	58	00:54:57	18	M60	+ 22m20s	Hillhunter-Hessen	00:54:57	206	00:58:01	191		
175	M	HÖFLING Thorsten	106	83	00:55:01	15	M35	+ 22m24s	Harema			00:55:01	172		
176	M	STORK Andreas	247	61	00:55:22	19	M60	+ 22m45s	FVV Laufen	00:55:22	207	00:56:11	177		
66	F	BRAND Judith	031	65	00:55:32	7	W55	+ 19m41s	Team Brand	00:55:32	208				
177	M	SCHAUER Rainer	219	51	00:55:34	5	M70	+ 22m57s	Taunusläufer	00:55:34	209				
178	M	FÖRSTER Albrecht	068	68	00:55:42	19	M50	+ 23m05s	Team Europa	00:56:53	216	00:55:42	176		
67	F	BIENENFELD Mirjam	024	71	00:56:22	9	W50	+ 20m31s	LG Offenbach	00:57:23	217	00:56:22	178		
68	F	SIEBERT Patricia	236	86	00:56:27	5	W35	+ 20m36s	Tria-Team Bruchköbel e. V	00:56:27	213				
69	F	BARTH-CEBULLA Stefanie	314	78	00:56:27	12	W40	+ 20m36s	keine Angabe			00:56:27	179		
179	M	RICHTER Pascal	328	10	00:56:31	1	U14	+ 23m54s	keine Angabe	01:01:43	236	00:56:31	180		
180	M	FREY Hendrik	073	83	00:56:40	16	M35	+ 24m04s	Energieberatung Frey	00:56:40	215				
70	F	KUBAN Patricia	337	95	00:56:42	13	W	+ 20m50s	keine Angabe			00:56:42	181		
71	F	ASKEVOLD Stina	008	91	00:56:42	12	W30	+ 20m51s	keine Angabe			00:56:42	182		
72	F	DÖRNER Barbara	049	73	00:56:52	11	W45	+ 21m01s	keine Angabe			00:56:52	183		
73	F	PELZL Alexandra	184	67	00:57:26	8	W55	+ 21m35s	keine Angabe	00:59:50	232	00:57:26	184		
74	F	HERMES Marita	099	55	00:57:27	1	W65	+ 21m36s	RLT Rodgau	00:57:27	218	00:57:56	189		
181	M	ROMEIS Steffen	211	69	00:57:37	20	M50	+ 25m01s	Feuerwehr Rodgau Mitte	00:57:37	219	00:57:44	186		
182	M	HOCK Fabian	318	02	00:57:47	18	M	+ 25m11s	TV Elsava Eisenfeld 05			00:57:47	187		
183	M	KEIM Michael	118	69	00:57:52	21	M50	+ 25m15s	ADAC Triathlon Club Main Kinzig	00:58:47	224	00:57:52	188		
75	F	IKEMANN Susanne	320	70	00:57:58	10	W50	+ 22m07s	Lgv Marathon Gießen			00:57:58	190		
184	M	ARSLAN Bilal	007	77	00:58:07	29	M45	+ 25m30s	keine Angabe	00:58:07	220				

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	(Pl.)	Dez 22	(Pl.)	Jan 23 (Pl.)	Feb 23 (Pl.)
185 M	WIEDERSPAHN Klaus	329	50	00:58:09	6 M70	+ 25m32s	LG Rodgau	00:58:09	221	00:59:17	198		
186 M	VAHL Jochen	259	49	00:58:13	7 M70	+ 25m36s	Spiridon Frankfurt	00:58:49	225	00:58:13	192		
76 F	TENTRUP-TIEDJE Corinna	253	59	00:58:25	1 W60	+ 22m34s	LF Naheland Bad Kreuznach	00:58:25	222	00:58:45	195		
77 F	FREISING Susanne	072	65	00:58:40	9 W55	+ 22m49s	keine Angabe	00:58:40	223				
187 M	GEISSLER Jonah	335	05	00:58:44	1 U18	+ 26m07s	TSG Kleinostheim			00:58:44	193		
188 M	TRUSCHKOWSKI Klaus	255	54	00:58:44	7 M65	+ 26m08s	Eintracht Frankfurt Triathlon			00:58:44	194		
78 F	WESP Sabine	280	66	00:58:55	10 W55	+ 23m04s	Honolulu Laufteam	00:58:55	226	01:00:18	203		
189 M	BORSBACH Peter	029	67	00:58:58	25 M55	+ 26m22s	keine Angabe	00:59:20	228	00:58:58	196		
79 F	MÜLLER Solvig	169	65	00:58:58	11 W55	+ 23m07s	RLT Rodgau	00:58:58	227	00:59:58	200		
80 F	KIBNER Anika	122	90	00:59:14	13 W30	+ 23m23s	LG Offenbach	01:00:56	234	00:59:14	197		
190 M	WALPER Gerhard	269	50	00:59:26	8 M70	+ 26m49s	RLT Rodgau	00:59:36	230	00:59:26	199		
81 F	GOTTWEIS Christine	080	73	00:59:33	12 W45	+ 23m42s	SC Steinberg	00:59:33	229	01:01:12	205		
82 F	DORNFELD Sabrina	050	80	00:59:48	13 W40	+ 23m57s	keine Angabe	00:59:48	231				
83 F	VOLK Nicole	262	76	01:00:14	13 W45	+ 24m23s	Love is in the air!	01:02:06	237	01:00:14	201		
191 M	SPYCHALA Dennis	240	77	01:00:18	30 M45	+ 27m41s	Love is in the air!	01:02:06	238	01:00:18	202		
84 F	JUNKER Dee	114	83	01:00:33	6 W35	+ 24m42s	RLT Rodgau Lauffreff	01:01:23	235	01:00:33	204		
192 M	GRIMM Günther	333	56	01:01:38	8 M65	+ 29m01s	Rodgau	01:02:53	243	01:01:38	206		
193 M	STORZ Sebastian	248	81	01:02:08	23 M40	+ 29m32s	Running Hirsch	01:02:08	239				
85 F	SCHRÄDT Astrid	228	63	01:02:12	12 W55	+ 26m20s	TuS Griesheim Waldläufer	01:02:12	240				
86 F	MENDE Mercedes	162	62	01:02:28	2 W60	+ 26m37s	TSV Heusenstamm	01:02:28	241	01:04:44	210		
194 M	SÜßENBERGER Uwe	250	59	01:02:49	20 M60	+ 30m12s	keine Angabe	01:02:49	242				
87 F	ARBOGAST Maria	005	57	01:03:06	2 W65	+ 27m15s	RFC Oberstedten			01:03:06	207		
88 F	WEIGELT Petra	273	65	01:03:50	13 W55	+ 27m59s	Eintracht Frankfurt Triathlon	01:03:50	244				
89 F	HELD Lily	095	06	01:03:54	1 U18	+ 28m03s	keine Angabe			01:03:54	208		
90 F	FRANZ Laura	070	90	01:03:56	14 W30	+ 28m05s	keine Angabe	01:03:56	245				
195 M	HELD Sascha	096	68	01:04:06	22 M50	+ 31m30s	keine Angabe			01:04:06	209		
196 M	VORNDRAN Hans Joachim	266	72	01:06:01	23 M50	+ 33m24s	keine Angabe	01:06:01	246				
197 M	APPELHANS Gerhard	004	60	01:06:16	21 M60	+ 33m39s	Fallbach Läufer Hanau	01:06:16	247	01:08:18	213		
198 M	RACKENSBERGER Henri	190	67	01:07:34	26 M55	+ 34m58s	Harema			01:07:34	211		
199 M	ILLING Ralph	109	70	01:07:36	24 M50	+ 34m59s	keine Angabe			01:07:36	212		
91 F	LEHMBERG Tanja	147	85	01:08:28	7 W35	+ 32m37s	JSK Rodgau 1888 e.V.	01:08:28	248	01:11:54	216		
200 M	PETER Rolf	186	53	01:09:30	9 M65	+ 36m53s	keine Angabe	01:13:09	250	01:09:30	214		
92 F	HELD Christa	094	70	01:09:32	11 W50	+ 33m41s	keine Angabe	01:10:39	249	01:09:32	215		
201 M	ZIETLOW Hans Uwe	293	46	01:11:58	1 M75	+ 39m21s	SiebzigPlus Dietzenbach			01:11:58	217		
93 F	BUI Tu Minh	306	91	01:13:47	15 W30	+ 37m56s	keine Angabe	01:13:47	251				
202 M	SCHMIDT Erwin	221	52	01:30:04	9 M70	+ 57m27s	LAZ Obernburg-Miltenberg	01:31:57	252	01:30:04	218		
203 M	WEIMAR Peter	275	58	01:37:22	22 M60	+ 1h04m45	LT Rheinhessen-Pfalz	01:37:22	253	01:40:24	219		

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