

| Platz | M/W | Nachname - Vorname | StNr. | Jg. Zeit | Platz | AK | GAP | Team / Verein | Nov 23 | (Pl.) | Dez 23 | (Pl.) | Jan 24 | (Pl.) | Feb 24 | (Pl.) |
|-------|-----|-----------------------|-------|-------------|-------|-----|----------|--|----------|-------|----------|-------|----------|-------|----------|-------|
| 1 | M | BUSCH Dirk | 267 | 79 01:34:39 | 1 | M40 | | SSC Hanau-Rodenbach | 00:32:14 | 2 | 00:31:34 | 2 | | | 00:30:52 | 2 |
| 2 | M | WALTER Maximilian | 315 | 96 01:35:19 | 1 | HK | + 40s | engelhorn sports team / TV Schriesheim | 00:31:36 | 1 | 00:30:54 | 1 | | | 00:32:50 | 3 |
| 3 | M | KREUZBURG Oliver | 109 | 92 01:38:24 | 1 | M30 | + 3m46s | TG Hochheim | 00:33:15 | 4 | 00:33:01 | 4 | 00:32:09 | 1 | | |
| 4 | M | BIENERT Sebastian | 026 | 89 01:39:56 | 2 | M30 | + 5m17s | LG BSN | 00:33:06 | 3 | 00:33:02 | 5 | | | 00:33:48 | 5 |
| 5 | M | STRAULINO Fabian | 302 | 83 01:41:17 | 2 | M40 | + 6m39s | VfL Münster ReaCard Triathlon Team | | | 00:33:55 | 7 | 00:33:32 | 2 | 00:33:51 | 6 |
| 6 | M | HEMPEL Karl | 080 | 86 01:41:18 | 1 | M35 | + 6m39s | Spiridon Frankfurt e. V. | 00:33:15 | 5 | 00:33:27 | 6 | 00:34:36 | 8 | | |
| 7 | M | STAHL Dominic | 215 | 91 01:42:26 | 3 | M30 | + 7m47s | keine Angabe | 00:34:42 | 8 | 00:34:03 | 8 | 00:34:05 | 4 | 00:34:19 | 8 |
| 8 | M | HEIDL Markus | 077 | 88 01:43:08 | 2 | M35 | + 8m29s | Spiridon Frankfurt | 00:35:05 | 9 | 00:34:44 | 10 | 00:34:25 | 6 | 00:34:00 | 7 |
| 9 | M | STRNAD Felix | 222 | 92 01:44:16 | 4 | M30 | + 9m38s | LAV Stadtwerke Tübingen | 00:36:15 | 14 | 00:35:14 | 14 | 00:34:30 | 7 | 00:34:34 | 10 |
| 10 | M | DORN Marius | 281 | 87 01:44:32 | 3 | M35 | + 9m53s | Adidas Runners | 00:35:07 | 10 | 00:35:03 | 13 | 00:34:22 | 5 | | |
| 11 | M | LIK Michael | 125 | 78 01:44:40 | 1 | M45 | + 10m01s | OPTIMUM Sportbrillen / SSC Hanau-Rodenbach | 00:35:17 | 11 | 00:34:44 | 11 | | | 00:34:39 | 11 |
| 12 | M | BALTHESEN Tobias | 014 | 77 01:45:07 | 2 | M45 | + 10m28s | TV Eberbach | 00:36:25 | 17 | | | 00:33:37 | 3 | 00:35:06 | 14 |
| 13 | M | KORTEMEYER Timo | 106 | 98 01:45:49 | 2 | HK | + 11m10s | Läuferherz Darmstadt | 00:35:43 | 13 | 00:36:19 | 19 | 00:35:19 | 10 | 00:34:48 | 12 |
| 14 | M | FISCHER Christian | 057 | 94 01:45:50 | 3 | HK | + 11m11s | Spiridon Frankfurt | 00:37:23 | 23 | 00:35:37 | 15 | 00:35:10 | 9 | 00:35:04 | 13 |
| 15 | M | STROHBACH Lars | 223 | 92 01:46:24 | 5 | M30 | + 11m46s | Eintracht Frankfurt Triathlon | 00:39:55 | 42 | 00:36:40 | 25 | 00:35:22 | 11 | 00:34:23 | 9 |
| 1 F | | BAIST Franziska | 013 | 91 01:48:48 | 1 | W30 | | SGK Bad Homburg | 00:37:22 | 22 | 00:36:25 | 20 | 00:36:11 | 12 | 00:36:13 | 16 |
| 16 | M | RÖCKLE Silas | 179 | 89 01:49:58 | 6 | M30 | + 15m20s | Spiridon Frankfurt | | | 00:35:53 | 16 | 00:37:26 | 17 | 00:36:40 | 18 |
| 2 F | | LEHNERT Kathrin | 280 | 95 01:50:03 | 1 | HK | + 1m16s | engelhorn sports team / MTG Mannheim | 00:36:23 | 16 | 00:36:35 | 24 | 00:37:06 | 16 | 00:37:34 | 23 |
| 17 | M | SCHÄFER Jan | 298 | 87 01:50:35 | 4 | M35 | + 15m57s | TuS Griesheim | | | 00:36:30 | 22 | 00:38:08 | 24 | 00:35:58 | 15 |
| 18 | M | GASSMANN Michael | 064 | 81 01:52:21 | 3 | M40 | + 17m43s | keine Angabe | 00:37:30 | 24 | 00:37:47 | 28 | 00:37:32 | 18 | 00:37:20 | 22 |
| 19 | M | SCHAEFER-BRAND Jakob | 190 | 92 01:52:22 | 7 | M30 | + 17m44s | Team Brand | 00:38:39 | 33 | | | 00:36:56 | 15 | 00:36:49 | 19 |
| 20 | M | KÖHLER Lukas | 104 | 91 01:52:33 | 8 | M30 | + 17m54s | algemarin Team SV Traisa | 00:36:39 | 19 | | | 00:39:31 | 33 | 00:36:24 | 17 |
| 21 | M | OBST Michael | 151 | 70 01:52:45 | 1 | M50 | + 18m06s | TuS Griesheim | 00:37:59 | 30 | 00:39:00 | 37 | 00:37:33 | 19 | 00:37:14 | 21 |
| 3 F | | POGGENDORFF Paulina | 163 | 05 01:53:28 | 1 | U20 | + 4m40s | LG Eintracht Frankfurt | 00:37:56 | 29 | 00:37:29 | 27 | | | 00:38:03 | 28 |
| 22 | M | KALTENBACH Florian | 096 | 79 01:53:33 | 4 | M40 | + 18m54s | Spiridon Frankfurt | 00:38:42 | 34 | 00:39:22 | 41 | 00:36:37 | 14 | 00:38:14 | 30 |
| 23 | M | SATTLER Christopher | 188 | 81 01:54:06 | 5 | M40 | + 19m27s | SKG Rodgau 1888 e.V. | | | 00:38:08 | 29 | 00:38:06 | 23 | 00:37:53 | 26 |
| 24 | M | GOLDMANN Tim | 285 | 91 01:54:54 | 9 | M30 | + 20m15s | Elias Racing Team | | | 00:38:35 | 33 | 00:38:20 | 25 | 00:37:59 | 27 |
| 25 | M | PAWLIKOWSKI Adam | 293 | 76 01:55:21 | 3 | M45 | + 20m42s | ECB running section | | | 00:38:37 | 34 | 00:38:41 | 26 | 00:38:04 | 29 |
| 26 | M | SCHRODT Nils | 300 | 08 01:55:56 | 1 | U16 | + 21m17s | TV Wächtersbach | | | 00:38:31 | 31 | 00:37:47 | 20 | 00:39:39 | 41 |
| 27 | M | DAMJANIC Igor | 040 | 71 01:56:29 | 2 | M50 | + 21m51s | keine Angabe | 00:39:09 | 36 | 00:38:33 | 32 | 00:38:48 | 28 | 00:40:16 | 47 |
| 28 | M | BECKER Torsten | 019 | 76 01:56:30 | 4 | M45 | + 21m51s | EBWR Bergstraße | | | 00:39:07 | 38 | 00:38:49 | 29 | 00:38:35 | 32 |
| 29 | M | GROSCH Heiko | 074 | 77 01:57:15 | 5 | M45 | + 22m36s | VFS Rödermark | 00:39:18 | 37 | 00:38:48 | 36 | | | 00:39:10 | 36 |
| 4 F | | TÄTZSCH Nina-Juliette | 227 | 00 01:57:34 | 2 | HK | + 8m46s | LG Stadtwerke München | 00:39:54 | 41 | 00:39:16 | 39 | 00:39:12 | 32 | 00:39:07 | 35 |
| 30 | M | WEBER Jürgen | 247 | 78 01:58:19 | 6 | M45 | + 23m40s | Linsengericht | 00:40:07 | 43 | 00:38:39 | 35 | 00:40:20 | 40 | 00:39:34 | 40 |
| 31 | M | SATTLER Ingo | 189 | 84 01:59:55 | 5 | M35 | + 25m16s | keine Angabe | 00:41:26 | 50 | 00:40:27 | 48 | 00:40:17 | 39 | 00:39:13 | 38 |
| 32 | M | TSCHAMMLER Deniz | 232 | 85 02:00:09 | 6 | M35 | + 25m30s | Spiridon Frankfurt | 00:41:31 | 51 | 00:40:08 | 45 | 00:39:55 | 37 | 00:40:07 | 46 |
| 33 | M | ELLER Tim | 048 | 81 02:00:18 | 6 | M40 | + 25m40s | algemarin Team SV Traisa | 00:39:51 | 40 | | | 00:39:31 | 34 | 00:40:57 | 50 |
| 34 | M | GOERITZ Sebastian | 067 | 83 02:00:58 | 7 | M40 | + 26m20s | Tria-Team Bruchköbel e.V. | 00:39:27 | 38 | 00:42:20 | 54 | | | 00:39:12 | 37 |
| 35 | M | BAAKE Jannick | 009 | 92 02:01:00 | 10 | M30 | + 26m22s | Spiridon Frankfurt | 00:38:49 | 35 | 00:40:34 | 49 | 00:43:27 | 60 | 00:41:38 | 56 |
| 36 | M | OSTERMANN Michael | 156 | 76 02:01:07 | 7 | M45 | + 26m28s | RLT Rodgau | 00:40:32 | 46 | 00:39:39 | 44 | | | 00:40:57 | 51 |
| 37 | M | BECK Torben | 017 | 90 02:01:32 | 11 | M30 | + 26m54s | keine Angabe | 00:41:39 | 54 | | | 00:40:13 | 38 | 00:39:41 | 42 |
| 38 | M | GÜNTHER Christoph | 075 | 79 02:01:48 | 8 | M40 | + 27m09s | SC Steinberg | 00:41:57 | 55 | | | 00:40:25 | 43 | 00:39:28 | 39 |

Legend:
-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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| Platz | M/W | Nachname - Vorname | StNr. | Jg. | Zeit | Platz | AK | GAP | Team / Verein | Nov 23 | (Pl.) | Dez 23 | (Pl.) | Jan 24 | (Pl.) | Feb 24 | (Pl.) |
|-------|-----|--------------------|-------|-----|----------|-------|-----|----------|-------------------------------|----------|-------|----------|-------|----------|-------|----------|-------|
| 39 | M | PRETSCH Michael | 294 | 81 | 02:02:01 | 9 | M40 | + 27m22s | Passtschon98 | | | 00:40:14 | 46 | 00:40:27 | 44 | 00:41:21 | 53 |
| 40 | M | KUBALL Christian | 110 | 76 | 02:02:43 | 8 | M45 | + 28m04s | SKG Rodgau 1888 e.V. | 00:40:58 | 47 | | | 00:41:48 | 49 | 00:39:57 | 45 |
| 5 | F | REX Regina | 271 | 92 | 02:02:45 | 2 | W30 | + 13m57s | Triathlon Team DSW Darmstadt | 00:42:33 | 58 | 00:40:18 | 47 | 00:39:55 | 36 | | |
| 6 | F | SCHÄFER Tamara | 299 | 89 | 02:03:03 | 3 | W30 | + 14m16s | TuS Griesheim | | | 00:40:56 | 50 | 00:41:15 | 45 | 00:40:53 | 49 |
| 41 | M | REISE Frederik | 168 | 80 | 02:03:42 | 10 | M40 | + 29m03s | keine Angabe | 00:41:33 | 52 | 00:41:17 | 52 | 00:41:18 | 46 | 00:41:08 | 52 |
| 42 | M | KELM Michael | 309 | 84 | 02:06:01 | 7 | M35 | + 31m22s | LT Unterreichenbach | 00:41:58 | 56 | 00:42:53 | 56 | 00:42:04 | 50 | 00:42:00 | 58 |
| 43 | M | HEß Clemens | 084 | 80 | 02:06:06 | 11 | M40 | + 31m27s | MTV Urberach | 00:38:16 | 32 | 00:48:06 | 98 | | | 00:39:45 | 43 |
| 7 | F | ULRICH Veronika | 237 | 68 | 02:06:11 | 1 | W55 | + 17m23s | TV 1861 Neu-Isenburg | | | 00:42:23 | 55 | 00:42:15 | 51 | 00:41:34 | 55 |
| 44 | M | STABEL Florian | 214 | 88 | 02:07:00 | 8 | M35 | + 32m21s | antiSocialRunningLeague | 00:42:49 | 59 | 00:41:36 | 53 | | | 00:42:35 | 65 |
| 45 | M | SCHULZ Patrick | 273 | 85 | 02:07:08 | 9 | M35 | + 32m30s | Mannschaft mit der Maus | 00:42:05 | 57 | 00:43:03 | 58 | 00:42:42 | 55 | 00:42:22 | 61 |
| 46 | M | RIEDL Markus | 178 | 67 | 02:07:10 | 1 | M55 | + 32m31s | LLT Wallernhausen | 00:43:13 | 61 | 00:43:18 | 62 | 00:42:27 | 52 | 00:41:31 | 54 |
| 47 | M | RICHTER Tobias | 177 | 76 | 02:08:01 | 9 | M45 | + 33m22s | Spiridon Frankfurt | 00:44:16 | 70 | 00:43:08 | 60 | 00:43:08 | 57 | 00:41:46 | 57 |
| 48 | M | MANGRICH Jürgen | 289 | 68 | 02:08:19 | 2 | M55 | + 33m40s | Eintracht Frankfurt | | | 00:43:10 | 61 | 00:42:37 | 53 | 00:42:33 | 63 |
| 8 | F | KUKULA Andrea | 115 | 75 | 02:09:37 | 1 | W45 | + 20m50s | SKG Rodgau | | | 00:43:05 | 59 | 00:43:46 | 63 | 00:42:47 | 66 |
| 49 | M | KUNKEL Alexander | 117 | 88 | 02:09:41 | 10 | M35 | + 35m03s | keine Angabe | 00:43:18 | 63 | | | 00:44:21 | 69 | 00:42:04 | 59 |
| 50 | M | PETERS Jörg | 159 | 78 | 02:09:49 | 10 | M45 | + 35m11s | SSC Hanau-Rodenbach | 00:44:18 | 71 | | | 00:43:08 | 58 | 00:42:23 | 62 |
| 51 | M | CERVENY Rastislav | 263 | 91 | 02:10:21 | 12 | M30 | + 35m42s | Troia Laufevents | 00:45:13 | 81 | | | 00:44:17 | 68 | 00:40:52 | 48 |
| 9 | F | HEINZ Julia | 078 | 78 | 02:11:41 | 2 | W45 | + 22m54s | TV Goldbach | 00:43:31 | 64 | 00:43:56 | 71 | 00:44:15 | 67 | 00:44:51 | 79 |
| 10 | F | SCHIEßER Christina | 195 | 74 | 02:11:52 | 3 | W45 | + 23m05s | Spiridon Frankfurt | 00:45:02 | 77 | 00:43:46 | 66 | | | 00:43:06 | 67 |
| 52 | M | VETTER Matthias | 239 | 60 | 02:12:29 | 1 | M60 | + 37m51s | BSG Commerzbank | 00:44:14 | 67 | 00:43:52 | 69 | | | 00:44:24 | 75 |
| 53 | M | ABADIAN Reza | 141 | 91 | 02:12:31 | 13 | M30 | + 37m52s | DSW Darmstadt | 00:45:12 | 80 | 00:44:21 | 74 | 00:42:59 | 56 | | |
| 11 | F | NEISS Annette | 146 | 70 | 02:12:42 | 1 | W50 | + 23m55s | TuS Rüsselsheim | 00:44:15 | 68 | 00:44:27 | 75 | 00:44:14 | 66 | 00:44:14 | 74 |
| 54 | M | RENZ Andreas | 171 | 67 | 02:13:23 | 3 | M55 | + 38m44s | Tria Schramberg | 00:44:55 | 75 | 00:44:03 | 72 | 00:44:26 | 71 | | |
| 55 | M | NAUNDORF Oliver | 316 | 75 | 02:13:47 | 11 | M45 | + 39m09s | Hüttenberger Land Läufer | 00:43:53 | 66 | 00:46:18 | 88 | 00:44:41 | 72 | 00:45:14 | 80 |
| 56 | M | KAISER Thomas | 095 | 97 | 02:13:49 | 4 | HK | + 39m11s | keine Angabe | 00:45:46 | 84 | 00:43:56 | 70 | 00:45:09 | 77 | 00:44:46 | 78 |
| 12 | F | TYWCZYNSKI Joanna | 233 | 72 | 02:14:07 | 2 | W50 | + 25m20s | Triathlon Team DSW Darmstadt | 00:45:05 | 79 | | | 00:44:52 | 75 | 00:44:12 | 73 |
| 57 | M | KONSCHAK Chistof | 288 | 64 | 02:14:36 | 4 | M55 | + 39m57s | keine Angabe | | | 00:45:25 | 82 | 00:45:16 | 80 | 00:43:56 | 71 |
| 58 | M | KÜHN Carl | 112 | 66 | 02:14:45 | 5 | M55 | + 40m06s | Hüttenberger Land Läufer | 00:46:01 | 86 | 00:44:37 | 77 | 00:44:51 | 74 | 00:45:17 | 81 |
| 59 | M | LOBACK Christian | 128 | 77 | 02:15:36 | 12 | M45 | + 40m57s | keine Angabe | 00:46:51 | 89 | | | 00:44:54 | 76 | 00:43:52 | 70 |
| 60 | M | ZANG Martin | 259 | 70 | 02:18:50 | 3 | M50 | + 44m11s | LuT Aschaffenburg | 00:46:44 | 88 | 00:47:22 | 93 | 00:48:09 | 93 | 00:44:45 | 77 |
| 61 | M | SCHWARZ Christoph | 205 | 81 | 02:19:01 | 12 | M40 | + 44m23s | Triathlon Team DSW Darmstadt | 00:46:56 | 91 | 00:43:50 | 68 | | | 00:48:16 | 100 |
| 62 | M | LEBLANG Peter | 121 | 62 | 02:19:10 | 2 | M60 | + 44m32s | LG BSN | 00:47:19 | 94 | 00:46:12 | 87 | 00:46:01 | 81 | 00:46:58 | 88 |
| 63 | M | LINDNER Christoph | 127 | 85 | 02:19:49 | 11 | M35 | + 45m10s | Eintracht Frankfurt Triathlon | | | 00:45:18 | 81 | 00:43:42 | 62 | 00:50:50 | 120 |
| 13 | F | WEBER Petra | 248 | 64 | 02:20:32 | 2 | W55 | + 31m45s | Tria-Team Bruchköbel e.V. | 00:47:33 | 96 | | | 00:46:11 | 82 | 00:46:49 | 86 |
| 64 | M | RENZ Alexander | 170 | 06 | 02:20:44 | 1 | U18 | + 46m05s | Tria Schramberg | 00:46:55 | 90 | 00:45:07 | 79 | 00:48:43 | 97 | | |
| 65 | M | SCHÄFER Thomas | 192 | 78 | 02:21:05 | 13 | M45 | + 46m26s | RLT Rodgau | 00:47:39 | 99 | 00:45:57 | 85 | 00:47:30 | 85 | 00:47:56 | 96 |
| 66 | M | KUHN Peter | 113 | 60 | 02:21:08 | 3 | M60 | + 46m29s | Spiridon Frankfurt | 00:47:14 | 93 | 00:46:46 | 91 | 00:47:38 | 86 | 00:47:09 | 90 |
| 67 | M | SCHWAN Sebastian | 204 | 88 | 02:21:15 | 12 | M35 | + 46m36s | LC Rennrücken | 00:48:08 | 107 | 00:46:11 | 86 | | | 00:46:57 | 87 |
| 68 | M | LAGE Christian | 119 | 86 | 02:21:39 | 13 | M35 | + 47m00s | keine Angabe | 00:49:39 | 122 | 00:48:50 | 106 | 00:44:49 | 73 | 00:48:00 | 97 |
| 69 | M | BAUER Wolfgang | 015 | 59 | 02:22:27 | 4 | M60 | + 47m49s | Offenbacher LC | 00:47:24 | 95 | 00:47:46 | 94 | 00:47:18 | 83 | 00:48:54 | 105 |
| 14 | F | FISCHER Bärbel | 056 | 64 | 02:23:11 | 3 | W55 | + 34m24s | RLT Rodgau | 00:47:41 | 101 | 00:47:50 | 96 | 00:47:41 | 87 | 00:48:03 | 98 |
| 70 | M | SCHILL Markus | 196 | 85 | 02:23:25 | 14 | M35 | + 48m46s | keine Angabe | 00:47:44 | 103 | 00:46:30 | 89 | 00:49:13 | 100 | 00:49:21 | 108 |

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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| Platz | M/W | Nachname - Vorname | StNr. | Jg. | Zeit | Platz | AK | GAP | Team / Verein | Nov 23 | (Pl.) | Dez 23 | (Pl.) | Jan 24 | (Pl.) | Feb 24 | (Pl.) |
|-------|-----|----------------------------|-------|-----|----------|-------|-----|-----------|-------------------------------|----------|-------|----------|-------|----------|-------|----------|-------|
| 71 | M | HUFGARD Peter | 088 | 75 | 02:23:58 | 14 | M45 | + 49m19s | TSG Kleinostheim | 00:49:39 | 121 | 00:48:49 | 105 | 00:47:58 | 90 | 00:47:12 | 91 |
| 15 | F | LINDNER Anne | 126 | 84 | 02:23:58 | 1 | W35 | + 35m11s | Eintracht Frankfurt Triathlon | 00:45:01 | 76 | 00:52:40 | 136 | | | 00:46:18 | 84 |
| 72 | M | SIMON Markus | 208 | 71 | 02:24:01 | 4 | M50 | + 49m22s | VFS Rödermark | 00:48:58 | 112 | 00:48:06 | 99 | 00:48:02 | 91 | 00:47:54 | 95 |
| 73 | M | KALWEIT Andreas | 097 | 76 | 02:24:25 | 15 | M45 | + 49m46s | Stubborners | 00:47:42 | 102 | | | 00:49:10 | 99 | 00:47:34 | 93 |
| 74 | M | KÖHLER Thomas | 105 | 58 | 02:24:55 | 1 | M65 | + 50m17s | Bio Runner Rhein-Main | 00:49:17 | 117 | 00:47:46 | 95 | 00:47:53 | 89 | 00:49:49 | 113 |
| 75 | M | MARTIN Malik | 135 | 90 | 02:25:51 | 14 | M30 | + 51m13s | keine Angabe | 00:49:49 | 124 | 00:49:36 | 110 | | | 00:46:27 | 85 |
| 76 | M | HERZ Thorsten | 275 | 71 | 02:25:58 | 5 | M50 | + 51m19s | TSG Eppstein | 00:48:37 | 110 | 00:51:45 | 130 | | | 00:45:36 | 82 |
| 77 | M | KLENZ Andreas | 103 | 61 | 02:26:13 | 5 | M60 | + 51m35s | SV Fischbach 1912 e.V. | 00:50:01 | 125 | | | 00:48:08 | 92 | 00:48:05 | 99 |
| 16 | F | SOVONJA Annett | 209 | 81 | 02:26:22 | 1 | W40 | + 37m35s | RLT Rodgau | 00:49:23 | 119 | 00:47:56 | 97 | 00:49:04 | 98 | 00:49:51 | 114 |
| 17 | F | REINTGEN Franziska | 167 | 86 | 02:26:44 | 2 | W35 | + 37m57s | SF Tria Rossdorf | 00:49:26 | 120 | 00:49:01 | 107 | | | 00:48:17 | 102 |
| 18 | F | RICHTER Finja | 175 | 03 | 02:26:59 | 3 | HK | + 38m12s | TV Gelnhausen | 00:49:40 | 123 | 00:48:30 | 101 | 00:50:05 | 110 | 00:48:49 | 104 |
| 19 | F | BÖLKE-ERLER Yvonne | 307 | 82 | 02:27:04 | 2 | W40 | + 38m16s | SKG Sprendlingen | | | 00:49:49 | 113 | 00:49:26 | 103 | 00:47:50 | 94 |
| 78 | M | PACHT Wolfgang | 306 | 65 | 02:27:14 | 6 | M55 | + 52m36s | Offenbacher LC | | | 00:48:48 | 104 | 00:48:27 | 96 | 00:50:01 | 116 |
| 79 | M | HUHN Stephan | 089 | 71 | 02:27:21 | 6 | M50 | + 52m43s | Spiridon Frankfurt | 00:45:58 | 85 | 00:48:42 | 103 | 00:52:43 | 123 | | |
| 80 | M | ATTIG Frank | 007 | 76 | 02:27:49 | 16 | M45 | + 53m10s | LAUFZiel Aschaffenburg | 00:49:16 | 116 | 00:48:37 | 102 | 00:52:02 | 121 | 00:49:57 | 115 |
| 20 | F | GÖTTNAUER Margret | 069 | 52 | 02:28:02 | 1 | W70 | + 39m14s | LG BSN | | | 00:49:59 | 114 | 00:49:31 | 104 | 00:48:32 | 103 |
| 21 | F | DIEROFF Juliane | 041 | 91 | 02:28:59 | 4 | W30 | + 40m12s | keine Angabe | 00:51:34 | 135 | | | 00:50:18 | 112 | 00:47:08 | 89 |
| 22 | F | OSTERMANN Frauke | 155 | 76 | 02:29:15 | 4 | W45 | + 40m28s | RLT Rodgau | 00:50:24 | 128 | 00:49:12 | 108 | | | 00:49:40 | 112 |
| 23 | F | FISCHINGER Frida | 058 | 07 | 02:29:17 | 1 | U18 | + 40m30s | TV Gelnhausen | 00:49:04 | 115 | 00:50:53 | 122 | 00:50:52 | 117 | 00:49:23 | 109 |
| 81 | M | SPYCHALA Dennis | 213 | 77 | 02:29:18 | 17 | M45 | + 54m40s | Love Is In The Air | 00:49:02 | 113 | | | 00:49:14 | 101 | 00:51:04 | 122 |
| 82 | M | ULRICH Rainer | 236 | 52 | 02:30:04 | 1 | M70 | + 55m25s | TV 1861 Neu-Isenburg | 00:51:00 | 130 | 00:50:06 | 115 | 00:49:38 | 106 | 00:50:21 | 118 |
| 83 | M | OHLEMÜLLER Roland | 152 | 68 | 02:30:30 | 7 | M55 | + 55m51s | TV 1888 Reinheim | 00:51:28 | 133 | | | 00:49:57 | 109 | 00:49:06 | 107 |
| 84 | M | SCHUPP Julian | 202 | 96 | 02:30:41 | 5 | HK | + 56m02s | keine Angabe | 00:50:14 | 126 | 00:50:56 | 125 | 00:55:44 | 149 | 00:49:32 | 110 |
| 85 | M | LOSERTH Herbert | 131 | 66 | 02:30:56 | 8 | M55 | + 56m17s | keine Angabe | | | 00:49:46 | 112 | 00:50:19 | 113 | 00:50:52 | 121 |
| 86 | M | ULLRICH Frank | 311 | 67 | 02:31:14 | 9 | M55 | + 56m35s | TSG Eppstein | 01:01:07 | 195 | 00:51:14 | 126 | 00:53:48 | 136 | 00:46:12 | 83 |
| 87 | M | SADKOWIAK Maximilian | 184 | 93 | 02:31:28 | 15 | M30 | + 56m50s | #werunwiesbaden | 00:51:53 | 138 | 00:51:56 | 133 | 00:49:57 | 108 | 00:49:40 | 111 |
| 88 | M | REIß Thorsten | 173 | 76 | 02:31:55 | 18 | M45 | + 57m16s | TV Goldbach | 00:49:03 | 114 | 00:50:16 | 116 | 00:55:04 | 142 | 00:52:36 | 126 |
| 24 | F | ZEISS Michaela | 261 | 68 | 02:32:43 | 4 | W55 | + 43m56s | Spiridon Frankfurt | 00:51:02 | 131 | 00:50:41 | 119 | 00:51:01 | 119 | | |
| 89 | M | DIWISCHEK Maurice | 042 | 88 | 02:32:50 | 15 | M35 | + 58m11s | Eintracht Frankfurt Triathlon | 00:53:06 | 148 | 00:51:26 | 128 | 00:48:19 | 94 | 00:58:40 | 155 |
| 90 | M | GRABINSKI-FRIEHMELT Stefan | 071 | 86 | 02:32:56 | 16 | M35 | + 58m18s | Eintracht Frankfurt Triathlon | 00:53:12 | 150 | 00:51:26 | 129 | 00:48:19 | 95 | 00:53:17 | 131 |
| 91 | M | LUCKHARDT Wolfgang | 133 | 60 | 02:33:55 | 6 | M60 | + 59m16s | Taunusläufer | 00:51:51 | 137 | 00:50:53 | 123 | | | 00:51:12 | 123 |
| 92 | M | NEUMEYER Uwe | 148 | 65 | 02:34:35 | 10 | M55 | + 59m56s | TG Hanau Triathlon | 00:52:16 | 141 | 00:51:25 | 127 | 00:50:54 | 118 | | |
| 93 | M | ENGELS Kai | 050 | 67 | 02:35:01 | 11 | M55 | + 1h00m22 | Röther Laufwunder | 00:54:28 | 160 | 00:50:49 | 121 | 00:49:44 | 107 | | |
| 94 | M | WINTER Steffen | 254 | 76 | 02:35:30 | 19 | M45 | + 1h00m51 | DFS Betriebssportverein | 00:52:04 | 139 | 00:50:54 | 124 | | | 00:52:33 | 125 |
| 25 | F | MEISSNER Angela | 137 | 62 | 02:35:54 | 1 | W60 | + 47m07s | keine Angabe | 00:53:37 | 156 | 00:51:52 | 132 | 00:50:25 | 114 | | |
| 95 | M | BEHRING Simon | 021 | 80 | 02:36:08 | 13 | M40 | + 1h01m30 | keine Angabe | 00:48:58 | 111 | | | 00:57:09 | 159 | 00:50:03 | 117 |
| 26 | F | KUANKEANGPECH Wararak | 278 | 85 | 02:36:19 | 3 | W35 | + 47m32s | keine Angabe | 00:51:48 | 136 | 00:54:00 | 146 | | | 00:50:32 | 119 |
| 96 | M | BORGHOLI Stefano | 029 | 65 | 02:36:57 | 12 | M55 | + 1h02m19 | Eintracht Frankfurt Triathlon | 00:52:45 | 145 | 00:53:30 | 142 | 00:50:43 | 115 | | |
| 97 | M | MENDE Erhard | 139 | 57 | 02:37:07 | 2 | M65 | + 1h02m28 | TSV Heusenstamm | 00:53:29 | 154 | 00:52:47 | 138 | 00:51:50 | 120 | 00:52:31 | 124 |
| 27 | F | ONGARI Chiara | 154 | 98 | 02:37:39 | 4 | HK | + 48m52s | ECB running section | 00:52:50 | 147 | 00:51:52 | 131 | 00:52:58 | 125 | | |
| 98 | M | WACHTER Jochen | 244 | 75 | 02:37:49 | 20 | M45 | + 1h03m10 | keine Angabe | 00:53:14 | 152 | 00:50:32 | 118 | 00:54:04 | 137 | | |
| 99 | M | BECKER Wulf | 264 | 64 | 02:38:39 | 13 | M55 | + 1h04m00 | keine Angabe | 00:52:11 | 140 | 00:52:48 | 139 | 00:53:40 | 133 | | |

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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| Platz | M/W | Nachname - Vorname | StNr. | Jg. | Zeit | Platz | AK | GAP | Team / Verein | Nov 23 | (Pl.) | Dez 23 | (Pl.) | Jan 24 | (Pl.) | Feb 24 | (Pl.) |
|-------|-----|------------------------|-------|-----|----------|-------|-----|-----------|---|----------|-------|----------|-------|----------|-------|----------|-------|
| 100 | M | ZEISS Frank | 260 | 71 | 02:39:08 | 7 | M50 | + 1h04m30 | Spiridon Frankfurt | 00:52:22 | 143 | 00:52:40 | 137 | 00:54:07 | 138 | | |
| 28 | F | FRIEHMELT Sonja | 063 | 83 | 02:39:44 | 3 | W40 | + 50m57s | Eintracht Frankfurt Triathlon | 00:53:12 | 151 | 00:56:28 | 163 | 00:53:15 | 128 | 00:53:17 | 130 |
| 101 | M | DREWS Franz | 043 | 63 | 02:40:09 | 7 | M60 | + 1h05m30 | Spiridon Frankfurt | 00:52:49 | 146 | 00:53:44 | 144 | 00:57:00 | 158 | 00:53:37 | 134 |
| 102 | M | GOURDET Sascha | 070 | 89 | 02:40:29 | 16 | M30 | + 1h05m50 | keine Angabe | 00:52:18 | 142 | 00:55:32 | 154 | | | 00:52:40 | 127 |
| 103 | M | ATZENI David | 008 | 78 | 02:41:45 | 21 | M45 | + 1h07m07 | PP FFM - D 610 | 00:55:50 | 166 | 00:52:09 | 135 | 00:53:48 | 135 | | |
| 29 | F | ARNOLD Birgit | 006 | 70 | 02:42:53 | 3 | W50 | + 54m06s | keine Angabe | 00:56:42 | 173 | 00:55:41 | 156 | 00:54:09 | 139 | 00:53:04 | 129 |
| 30 | F | CORELL Sophia | 035 | 92 | 02:43:10 | 5 | W30 | + 54m23s | LC Rennrücken | 00:55:53 | 167 | | | 00:53:43 | 134 | 00:53:35 | 133 |
| 104 | M | BORNITZ Kristian | 030 | 83 | 02:43:36 | 14 | M40 | + 1h08m57 | Immer Vollgas | 00:52:41 | 144 | | | 00:55:26 | 144 | 00:55:30 | 142 |
| 31 | F | BRAND Judith | 031 | 65 | 02:44:49 | 5 | W55 | + 56m02s | Team Brand | 00:55:36 | 165 | 00:54:51 | 151 | 00:54:23 | 140 | 00:55:36 | 143 |
| 105 | M | EUL Wilfried | 284 | 55 | 02:45:11 | 3 | M65 | + 1h10m32 | TSG Kleinostheim | | | 00:52:59 | 141 | 00:56:16 | 152 | 00:55:57 | 144 |
| 32 | F | ZANG Elke | 258 | 75 | 02:45:17 | 5 | W45 | + 56m30s | LuT Aschaffenburg | 00:57:03 | 177 | 00:55:26 | 153 | 00:56:07 | 151 | 00:53:45 | 135 |
| 106 | M | VON WOLFF Ludwig | 272 | 58 | 02:45:51 | 4 | M65 | + 1h11m12 | SPIRIDON | 00:58:29 | 183 | 00:54:33 | 147 | 00:52:50 | 124 | | |
| 107 | M | KUGLER Jörg | 111 | 70 | 02:46:21 | 8 | M50 | + 1h11m43 | keine Angabe | 00:55:12 | 164 | 00:56:20 | 162 | 00:56:50 | 155 | 00:54:51 | 141 |
| 108 | M | ENGERT Gerhard | 283 | 49 | 02:46:44 | 2 | M70 | + 1h12m06 | LT Karben | | | 00:56:50 | 166 | 00:55:44 | 148 | 00:54:12 | 138 |
| 109 | M | MARX Jean-Claude | 290 | 51 | 02:47:10 | 3 | M70 | + 1h12m31 | keine Angabe | | | 00:55:36 | 155 | 00:55:31 | 145 | 00:56:04 | 145 |
| 110 | M | FABER Guido | 052 | 74 | 02:47:36 | 22 | M45 | + 1h12m57 | MSC Klein Krotzenburg / Spike's Backyard Tattoo | | | 00:56:15 | 160 | 00:57:13 | 160 | 00:54:08 | 137 |
| 111 | M | ROMEIS Steffen | 180 | 69 | 02:47:42 | 9 | M50 | + 1h13m04 | Feuerwehr Rodgau Mitte | 00:56:25 | 170 | 00:57:15 | 167 | 00:56:53 | 157 | 00:54:25 | 140 |
| 112 | M | SCHAUER Rainer | 193 | 51 | 02:47:54 | 4 | M70 | + 1h13m16 | Taunusläufer | 00:54:23 | 159 | 00:54:40 | 149 | | | 00:58:53 | 157 |
| 113 | M | CROENER Daniel | 037 | 88 | 02:48:03 | 17 | M35 | + 1h13m24 | keine Angabe | 01:00:25 | 191 | 00:55:45 | 157 | 00:55:35 | 147 | 00:56:44 | 146 |
| 114 | M | PFEIFFER Martin | 160 | 67 | 02:48:22 | 14 | M55 | + 1h13m43 | The Revenent | 00:54:42 | 161 | | | 00:56:52 | 156 | 00:56:50 | 147 |
| 33 | F | WERTH Ulrike | 251 | 69 | 02:48:32 | 4 | W50 | + 59m45s | Röther Laufwunder | 00:57:15 | 178 | 00:55:25 | 152 | 00:55:53 | 150 | | |
| 115 | M | JUSE Kai | 287 | 77 | 02:48:54 | 23 | M45 | + 1h14m16 | keine Angabe | | | 00:54:36 | 148 | 00:55:31 | 146 | 00:58:48 | 156 |
| 116 | M | WESP Michael | 252 | 65 | 02:49:38 | 15 | M55 | + 1h14m59 | Honolulu Laufteam | 00:53:36 | 155 | | | 00:57:40 | 163 | 00:58:23 | 153 |
| 34 | F | TENTRUP-TIEDJE Corinna | 228 | 59 | 02:50:27 | 2 | W60 | + 1h01m39 | LF Naheland Bad Kreuznach | | | 00:56:47 | 165 | 00:56:27 | 153 | 00:57:14 | 148 |
| 35 | F | ACKER Melanie | 002 | 82 | 02:50:46 | 4 | W40 | + 1h01m59 | keine Angabe | 00:57:57 | 179 | 00:56:20 | 161 | 00:56:30 | 154 | | |
| 117 | M | RAHMEI Sascha | 165 | 75 | 02:50:52 | 24 | M45 | + 1h16m14 | keine Angabe | 00:56:39 | 172 | 00:59:11 | 173 | 00:55:03 | 141 | | |
| 36 | F | PREUSLER Paulina | 270 | 85 | 02:51:47 | 4 | W35 | + 1h03m00 | Skylinerunner | 00:56:57 | 176 | 00:56:10 | 158 | 01:00:03 | 167 | 00:58:40 | 154 |
| 118 | M | KEIM Michael | 099 | 69 | 02:51:58 | 10 | M50 | + 1h17m19 | ADAC Triathlonclub Main-Kinzig | | | 00:56:43 | 164 | 00:57:33 | 161 | 00:57:43 | 151 |
| 37 | F | BIENENFELD Mirjam | 025 | 71 | 02:52:50 | 5 | W50 | + 1h04m03 | LG Offenbach | 00:58:04 | 182 | 00:57:34 | 168 | 00:57:38 | 162 | 00:57:39 | 150 |
| 38 | F | SALOMON Annett | 185 | 77 | 02:53:14 | 6 | W45 | + 1h04m27 | keine Angabe | | | 00:52:50 | 140 | 00:53:04 | 127 | 01:07:21 | 174 |
| 119 | M | STORK Andreas | 219 | 61 | 02:57:27 | 8 | M60 | + 1h22m49 | keine Angabe | 00:56:55 | 175 | 01:00:04 | 177 | | | 01:00:30 | 163 |
| 120 | M | KEINATH Rainer | 100 | 61 | 02:57:30 | 9 | M60 | + 1h22m51 | LT Neu-Isenburg | 00:58:02 | 181 | 00:59:19 | 174 | 01:00:09 | 168 | 01:04:07 | 168 |
| 121 | M | WALPER Gerhard | 246 | 50 | 02:58:07 | 5 | M70 | + 1h23m28 | RLT Rodgau | 00:59:30 | 188 | | | 00:59:40 | 165 | 00:58:58 | 158 |
| 39 | F | FREISING Susanne | 062 | 65 | 02:58:25 | 6 | W55 | + 1h09m38 | keine Angabe | 01:00:30 | 192 | 00:58:04 | 169 | 00:59:51 | 166 | | |
| 40 | F | MÜLLER Solvig | 142 | 65 | 02:58:26 | 7 | W55 | + 1h09m39 | RLT Rodgau | 00:59:53 | 190 | 00:58:08 | 170 | | | 01:00:26 | 162 |
| 122 | M | VAHL Jochen | 238 | 49 | 02:59:22 | 6 | M70 | + 1h24m43 | Spiridon Frankfurt | 00:59:22 | 187 | 00:59:39 | 175 | 01:01:49 | 171 | 01:00:22 | 161 |
| 41 | F | HAMMER Ilse | 076 | 53 | 02:59:45 | 2 | W70 | + 1h10m58 | Ohne Verein, Lich | 01:01:14 | 197 | 01:01:27 | 179 | 00:59:11 | 164 | 00:59:21 | 159 |
| 42 | F | HOPFER Jana | 087 | 72 | 03:01:02 | 6 | W50 | + 1h12m14 | keine Angabe | 01:00:52 | 194 | 00:58:57 | 172 | | | 01:01:14 | 164 |
| 123 | M | TRUSCHKOWSKI Klaus | 231 | 54 | 03:02:14 | 5 | M65 | + 1h27m36 | Eintracht Frankfurt Triathlon | 01:00:47 | 193 | 00:59:41 | 176 | | | 01:01:47 | 165 |
| 124 | M | LÖBER Sven | 129 | 68 | 03:07:18 | 16 | M55 | + 1h32m39 | DFS Deutsche Flugsicherung Betriebssportverein e.V. | 01:05:58 | 209 | | | 01:03:57 | 174 | 00:57:24 | 149 |
| 43 | F | MENDE Mercedes | 140 | 62 | 03:09:21 | 3 | W60 | + 1h20m34 | TSV Heusenstamm | 01:02:23 | 198 | 01:04:47 | 186 | 01:03:29 | 172 | 01:03:30 | 166 |
| 44 | F | CURTH Nadine | 038 | 81 | 03:11:25 | 5 | W40 | + 1h22m38 | keine Angabe | 01:04:48 | 205 | 01:02:42 | 183 | | | 01:03:57 | 167 |

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing ■ www.maxx-timing.de



| Platz | M/W | Nachname - Vorname | StNr. | Jg. | Zeit | Platz | AK | GAP | Team / Verein | Nov 23 | (Pl.) | Dez 23 | (Pl.) | Jan 24 | (Pl.) | Feb 24 | (Pl.) |
|-------|-----|-----------------------|-------|-----|----------|-------|-----|-----------|-------------------|----------|-------|----------|-------|----------|-------|----------|-------|
| 45 | F | HERMES Marita | 082 | 55 | 03:11:52 | 1 | W65 | + 1h23m05 | RLTL Rodgau | | | 01:01:54 | 180 | 01:04:56 | 177 | 01:05:03 | 169 |
| 46 | F | ARBOGAST Maria | 005 | 57 | 03:13:52 | 2 | W65 | + 1h25m04 | RFC Oberstedten | 01:04:28 | 204 | 01:08:21 | 189 | 01:03:30 | 173 | 01:05:55 | 170 |
| 47 | F | WESP Sabine | 253 | 66 | 03:16:32 | 8 | W55 | + 1h27m45 | Honolulu Laufteam | 01:03:21 | 201 | | | 01:05:24 | 178 | 01:07:48 | 175 |
| 125 | M | VORNDRAN Hans Joachim | 243 | 72 | 03:19:26 | 11 | M50 | + 1h44m48 | keine Angabe | | | 01:05:49 | 187 | 01:07:34 | 179 | 01:06:05 | 171 |
| 48 | F | HELD Christa | 079 | 70 | 03:22:40 | 7 | W50 | + 1h33m53 | keine Angabe | 01:07:54 | 212 | 01:06:43 | 188 | 01:08:05 | 180 | | |
| 49 | F | CURTO Loredana | 039 | 86 | 03:27:11 | 5 | W35 | + 1h38m24 | keine Angabe | | | 01:09:19 | 190 | 01:10:58 | 181 | 01:06:55 | 172 |
| 50 | F | JUD Catharina | 091 | 72 | 03:51:00 | 8 | W50 | + 2h02m13 | keine Angabe | 01:18:55 | 215 | 01:16:35 | 192 | | | 01:15:30 | 176 |

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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