

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
1	SCHEFFER Nils		1511	1 HKM	00:17:14	00:17:14	1	00:17:12	1	00:08:28	1	00:08:32	1	LC Rapid Dortmund
2	MUSIOLIK Jakob		1365	1 U18M	00:17:32	00:17:32	2	00:17:31	2	00:08:38	4	00:08:41	2	LC Rapid Dortmund
3	HOYDEN Simon		1301	1 M30M	00:17:41	00:17:41	3	00:17:39	3	00:08:37	3	00:08:49	3	Puls 190-effektiv trainieren
4	KÖSTER Hubertus		1337	2 HKM	00:17:55	00:17:55	4	00:17:52	4	00:08:36	2	00:09:02	4	keine Angabe
5	KRUTSCHINNA Benny		1330	2 M30M	00:18:13	00:18:13	5	00:18:11	5	00:08:44	5	00:09:14	5	keine Angabe
6	KLAUKE Ralf		1321	1 M35M	00:18:35	00:18:35	6	00:18:33	6	00:08:49	6	00:09:34	6	LC Rapid Dortmund
7	ERBE Michael		1236	1 M50M	00:18:40	00:18:40	7	00:18:38	7	00:08:50	7	00:09:35	7	Lokomotive Dortmund
8	ROTTHOWE Felix		1505	2 M35M	00:19:19	00:19:19	8	00:19:15	8	00:09:25	9	00:09:40	8	Pace Pack Runners
9	FAURE Julius		1241	1 U16M	00:19:57	00:19:57	9	00:19:54	9	00:09:43	12	00:10:00	10	LG Olympia Dortmund
10	WALLINDA Max		1387	2 U16M	00:20:01	00:20:01	10	00:19:59	11	00:09:43	13	00:10:06	11	LG Olympia Dortmund
11	RIEBE Lenny		1264	1 U14M	00:20:02	00:20:02	11	00:19:59	10	00:09:42	11	00:10:08	12	LG Olympia Dortmund
12	WESTERMEIER Robin		1576	3 HKM	00:20:10	00:20:10	12	00:20:06	12	00:09:40	10	00:10:15	14	IKG Lauf AG
13	HAMMER Felizitas		1273	1 HKF	00:20:12	00:20:12	13	00:20:09	13	00:09:58	18	00:09:58	9	LC Rapid Dortmund
14	LAUXMANN Lucia		1338	2 HKF	00:20:34	00:20:34	14	00:20:30	14	00:10:10	21	00:10:09	13	LC Rapid Dortmund
15	STRAUB Aik		1551	2 U14M	00:20:46	00:20:46	15	00:20:43	15	00:09:51	14	00:10:38	18	LG Olympia Dortmund
16	WILLINGMANN Todt G.		1580	2 M50M	00:20:49	00:20:49	16	00:20:46	17	00:10:04	19	00:10:27	16	Lauffreunde Bönen 1985 e.V.
17	MAMMADLI Süleyman		1347	2 U18M	00:20:50	00:20:50	17	00:20:49	19	00:09:18	8	00:11:17	28	LC Rapid Dortmund
18	SCHWENGLER Robin		1531	4 HKM	00:20:51	00:20:51	18	00:20:44	16	00:10:18	24	00:10:20	15	Green IT Running Team
19	GÖRRISSSEN Tom		1268	3 U14M	00:20:52	00:20:52	19	00:20:48	18	00:09:58	17	00:10:40	19	LG Olympia Dortmund
20	WEGENER Florian		1568	3 M30M	00:20:56	00:20:56	20	00:20:52	20	00:09:57	15	00:10:43	20	Pace Pack Runners
21	HAFENMAYER Isabel		1269	3 HKF	00:20:57	00:20:57	21	00:20:54	21	00:10:06	20	00:10:36	17	LG Westhofen
22	KANDITT Katja		1312	1 W40F	00:21:03	00:21:03	22	00:21:00	22	00:09:57	16	00:10:46	23	Mönchengladbacher LG
23	MATTHIENSEN Christian		1355	4 M30M	00:21:19	00:21:19	23	00:21:15	23	00:10:17	23	00:10:49	24	Viermärker Dortmund
24	FRIEDRICH Alexander		1246	5 HKM	00:21:24	00:21:24	24	00:21:18	24	00:10:14	22	00:10:52	25	Lauffieber Dortmund
25	STEFFEN Timo		1546	1 M40M	00:21:28	00:21:28	25	00:21:20	25	00:10:26	27	00:10:44	22	Green IT Running Team
26	DOHRMANN Jens		1225	3 M50M	00:21:33	00:21:33	26	00:21:28	26	00:10:20	26	00:10:59	26	Schule am Marsbruch
27	ORTHEY Michael		1373	4 M50M	00:21:34	00:21:34	27	00:21:31	27	00:10:35	28	00:10:44	21	Materna
28	BENCHELLAL Nihal		1195	1 U14F	00:22:06	00:22:06	28	00:22:02	28	00:10:18	25	00:11:34	30	LG Olympia Dortmund
29	ZORBACH Hagen		1586	1 M45M	00:22:27	00:22:27	29	00:22:21	29	00:10:56	33	00:11:13	27	LT Bittermark Dortmund
30	KEMPER Lilly Claire		1316	2 U14F	00:22:30	00:22:30	30	00:22:28	30	00:10:40	29	00:11:33	29	LG Olympia Dortmund
31	DERWALD Janes		1121	4 U14M	00:22:52	00:22:52	31	00:22:49	31	00:11:01	36	00:11:36	32	LG Olympia Dortmund
32	MESTER Sebastian		1359	5 M30M	00:23:04	00:23:04	32	00:22:58	32	00:10:41	31	00:12:05	44	keine Angabe
33	RÜTERSHOFF Christian		1506	6 HKM	00:23:07	00:23:07	33	00:23:02	33	00:10:58	34	00:11:56	39	CTV Judo
34	FANSELOW Timm		1240	6 M30M	00:23:12	00:23:12	34	00:23:06	34	00:11:00	35	00:11:54	36	LT Bittermark Dortmund
35	BÜRGER Volkhard		1215	1 M60M	00:23:16	00:23:16	35	00:23:10	35	00:11:04	37	00:11:54	37	Materna
36	MILK Andreas		1364	5 M50M	00:23:18	00:23:18	36	00:23:10	36	00:11:19	46	00:11:41	33	Lauf Team Unna
37	TROTTENBERG Stephanie		1558	1 W50F	00:23:24	00:23:24	37	00:23:18	37	00:11:13	44	00:11:53	35	Lokomotive Dortmund
38	WILKENS Nele		1579	1 U20F	00:23:29	00:23:29	38	00:23:25	38	00:11:12	42	00:11:59	42	LGO TSC Eintracht Dortmund
39	SCHABAUER Mike		1510	2 M45M	00:23:33	00:23:33	39	00:23:29	39	00:11:42	54	00:11:35	31	Puls 190-effektiv trainieren
40	HAFNER Simon		1271	3 M35M	00:23:43	00:23:43	40	00:23:33	40	00:11:10	40	00:12:14	46	keine Angabe
41	HAFNER Jonathan		1270	5 U14M	00:23:44	00:23:44	41	00:23:34	41	00:11:10	39	00:12:19	51	keine Angabe
42	PROTHMANN Stefan		1385	6 M50M	00:23:46	00:23:46	42	00:23:39	42	00:11:05	38	00:12:23	54	SuS Oberaden
43	SCHULTHEIS Lennart		1522	7 HKM	00:23:48	00:23:48	43	00:23:42	43	00:10:40	30	00:12:48	71	Green IT Running Team
44	ZÖLLNER Jörg-Peter		1587	1 M65M	00:23:53	00:23:53	44	00:23:47	44	00:11:33	50	00:12:02	43	LT Bittermark Dortmund
45	MARTÍNEZ Alfredo	SPA	1350	2 M40M	00:23:59	00:23:59	45	00:23:53	45	00:11:12	41	00:12:26	55	-
46	PLEWKA Michael		1383	8 HKM	00:23:59	00:23:59	46	00:23:54	46	00:11:47	58	00:11:50	34	Sportkinder e. V.
47	WERHAHN Jörg		1573	7 M50M	00:23:59	00:23:59	47	00:23:54	47	00:11:43	56	00:11:59	41	Puls 190-effektiv trainieren
48	HEUPEL Marc		1285	3 M40M	00:24:02	00:24:02	48	00:23:57	49	00:11:15	45	00:12:27	56	Happy Running Family
49	SCHULZ Andre		1523	3 U16M	00:24:04	00:24:04	49	00:23:55	48	00:10:56	32	00:12:54	73	LG Olympia Dortmund

Legend:
-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing  www.maxx-timing.de



Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
50	DEGEN Amelie		1362	1 U16F	00:24:05	00:24:05	50	00:24:00	50	00:11:12	43	00:12:39	64	BV Teutonia Lanstrop
51	ETHINN Leon		1209	6 U14M	00:24:07	00:24:07	51	00:24:04	53	00:11:23	48	00:12:28	57	LG Olympia Dortmund
52	GLAHE Paul		1253	7 U14M	00:24:07	00:24:07	52	00:24:05	55	00:11:23	47	00:12:30	60	LG Olympia Dortmund
53	OTTO Wilfried		1375	2 M60M	00:24:08	00:24:08	53	00:24:01	52	00:11:56	63	00:11:55	38	LC Rapid Dortmund
54	EDELING Judith		1230	1 W30F	00:24:09	00:24:09	54	00:24:04	54	00:11:35	51	00:12:16	48	runcademy Dortmund
55	WODE Henning		1584	9 HKM	00:24:14	00:24:14	55	00:24:01	51	00:11:54	62	00:12:08	45	Materna
56	BRACK Heribert		1205	3 M60M	00:24:19	00:24:19	56	00:24:16	56	00:11:40	53	00:12:18	50	LG Olympia Dortmund
57	PUGLIESE Michele		1289	1 M70M	00:24:28	00:24:28	57	00:24:25	59	00:11:40	52	00:12:28	58	LC Rapid Dortmund
58	KERNICH Lara		1317	3 U14F	00:24:29	00:24:29	58	00:24:25	60	00:11:54	60	00:12:17	49	LG Olympia Dortmund
59	PETERS Alexander		1377	1 U20M	00:24:29	00:24:29	59	00:24:17	57	00:12:15	72	00:11:56	40	Defense Community
60	STUTE Patricia	AUS	1554	2 W30F	00:24:29	00:24:29	60	00:24:21	58	00:11:28	49	00:12:44	67	keine Angabe
61	HONERT Uwe		1298	8 M50M	00:24:37	00:24:37	61	00:24:30	61	00:12:03	67	00:12:20	52	Marathon-Club Menden
62	RIPPERT Michaela		1393	2 W50F	00:24:40	00:24:40	62	00:24:34	62	00:11:58	65	00:12:21	53	Viermärker Dortmund
63	WILKENS Jens		1578	9 M50M	00:24:47	00:24:47	63	00:24:42	64	00:11:56	64	00:12:31	61	keine Angabe
64	WERHAHN Hendrik		1572	2 U20M	00:24:52	00:24:52	64	00:24:46	66	00:12:00	66	00:12:37	62	LC Schwerte
65	BLÄSER Ralph		1201	10 M50M	00:24:54	00:24:54	65	00:24:45	65	00:12:20	75	00:12:15	47	keine Angabe
66	MEIBECK Torben		1753	10 HKM	00:25:00	00:25:00	66	00:24:37	63	00:12:03	68	00:12:38	63	keine Angabe
67	NEUHAUS Bastian		1371	4 M35M	00:25:01	00:25:01	67	00:24:52	67	00:11:54	61	00:12:48	70	Ruhrläufer Schwerte
68	BARTSCH Kerstin		1192	3 W30F	00:25:08	00:25:08	68	00:24:57	68	00:12:07	70	00:12:45	68	Materna
69	HOUBEN Christiane		1300	3 W50F	00:25:14	00:25:14	69	00:25:09	69	00:11:53	59	00:13:05	75	LAZ Mönchengladbach
70	STREICH Mailin		1553	2 U16F	00:25:14	00:25:14	70	00:25:10	70	00:12:03	69	00:12:57	74	TVE Barop
71	MAINOO-BOAKYE Franziska		1344	4 W30F	00:25:19	00:25:19	71	00:25:14	71	00:11:42	55	00:13:20	79	runcademy Dortmund
72	SANDMANN Holger		1509	11 M50M	00:25:31	00:25:31	72	00:25:15	72	00:12:47	89	00:12:29	59	Sportkinder e.V.
73	RIPPERT Thorsten		1394	1 M55M	00:25:39	00:25:39	73	00:25:33	74	00:12:12	71	00:13:11	77	Viermärker Dortmund
74	GRUß Oskar		1263	3 U20M	00:25:43	00:25:43	74	00:25:31	73	00:12:41	85	00:12:41	66	Defense Community
75	BENTHAUS Gisbert		1196	2 M55M	00:25:50	00:25:50	75	00:25:46	76	00:12:20	74	00:13:13	78	Materna
76	DETTNER Jannis		1223	8 U14M	00:25:52	00:25:52	76	00:25:49	77	00:11:44	57	00:13:52	94	LG Olympia Dortmund
77	BADEDA Jan		1191	7 M30M	00:25:54	00:25:54	77	00:25:36	75	00:12:57	94	00:12:41	65	IKG Lauf AG
78	SAALBACH Elke		1507	1 W55F	00:26:05	00:26:05	78	00:26:00	79	00:12:39	83	00:13:08	76	keine Angabe
79	GLOGER Dominik		1254	11 HKM	00:26:14	00:26:14	79	00:25:55	78	00:13:16	103	00:12:45	69	keine Angabe
80	HOFFMANN Sascha		1294	3 M45M	00:26:14	00:26:14	80	00:26:03	80	00:13:06	100	00:12:53	72	DIE 4MA
81	STREICH Liv		1552	1 U18F	00:26:20	00:26:20	81	00:26:16	83	00:12:18	73	00:13:47	89	LGO / TuS Westfalia Hombruch
82	RIPPERT Caroline		1392	4 HKF	00:26:20	00:26:20	82	00:26:14	81	00:12:28	77	00:13:34	85	Viermärker Dortmund
83	HENTSCHEL Matthias		1283	3 M55M	00:26:24	00:26:24	83	00:26:14	82	00:12:37	81	00:13:25	80	keine Angabe
84	DANKWERTH Bastian		1219	8 M30M	00:26:31	00:26:31	84	00:26:23	84	00:12:28	78	00:13:43	88	keine Angabe
85	STÜCHER Ricarda		1556	5 HKF	00:26:40	00:26:40	85	00:26:34	86	00:12:28	79	00:13:56	98	Pace Pack Runners
86	EFFING Daniel		1231	4 M40M	00:26:44	00:26:44	86	00:26:35	87	00:12:33	80	00:13:53	95	Materna
87	HARTWIG Franco		1274	5 M35M	00:26:49	00:26:49	87	00:26:29	85	00:12:57	95	00:13:31	82	HHZGB
88	MASUR Christopher		1354	9 M30M	00:26:50	00:26:50	88	00:26:43	89	00:12:38	82	00:13:58	99	Marathon-Club Menden
89	KLEEFELDT Ingo		1322	4 M45M	00:26:52	00:26:52	89	00:26:36	88	00:12:53	92	00:13:37	86	IKG Lauf AG
90	WILLMANN Silvia		1581	4 W50F	00:26:55	00:26:55	90	00:26:52	92	00:13:05	99	00:13:32	84	Puls 190-effektiv trainieren
91	MÜHLHANS Maurice		1368	9 U14M	00:26:58	00:26:58	91	00:26:49	90	00:13:04	97	00:13:37	87	Sauerland Funrunners
92	WEHLER Martin		1566	6 M35M	00:27:03	00:27:03	92	00:26:53	93	00:12:42	86	00:14:01	100	keine Angabe
93	SCHÄFER Christian		1533	7 M35M	00:27:03	00:27:03	93	00:26:50	91	00:12:25	76	00:14:21	109	Materna
94	KURZ Sana	TUN	1334	5 W30F	00:27:05	00:27:05	94	00:27:02	94	00:12:50	90	00:13:52	93	keine Angabe
95	GRABINSKI Sam		1258	4 U16M	00:27:13	00:27:13	95	00:27:11	97	00:12:42	87	00:14:10	103	Grabi
96	BIERNACKI Cindy		1198	1 W35F	00:27:15	00:27:15	96	00:27:08	96	00:13:07	101	00:13:50	91	Puls 190-effektiv trainieren
97	MEISTER Hannah		1357	4 U14F	00:27:19	00:27:19	97	00:27:16	99	00:12:53	91	00:14:07	102	LGO/TSC Dortmund
98	VAZQUEZ Sabine		1560	5 W50F	00:27:20	00:27:20	98	00:27:12	98	00:13:04	98	00:13:55	97	Puls 190-effektiv trainieren

Legend:
-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
99	ROSE Heike		1501	6 W50F	00:27:25	00:27:25	99	00:27:04	95	00:13:33	108	00:13:31	83	Green IT Running Team
100	VON SPICZAK Esther		1563	2 W35F	00:27:34	00:27:34	100	00:27:17	100	00:13:21	104	00:13:55	96	keine Angabe
101	STARKE Christian		1542	10 M30M	00:27:36	00:27:36	101	00:27:21	101	00:12:42	88	00:14:35	113	keine Angabe
102	HODDE Robin		1292	12 HKM	00:27:48	00:27:48	102	00:27:36	104	00:13:12	102	00:14:14	105	DIE 4MA
103	WALLINDA-ZILLA Jürgen		1564	4 M55M	00:27:49	00:27:49	103	00:27:38	105	00:12:56	93	00:14:33	112	LG Olympia Dortmund / TSC
104	FLENNER Elmar		1245	2 M70M	00:27:51	00:27:51	104	00:27:45	106	00:13:21	105	00:14:11	104	LGO TSC Eintracht Dortmund
105	BRÜLLS Kirsten		1210	6 W30F	00:27:52	00:27:52	105	00:27:35	103	00:13:47	111	00:13:47	90	keine Angabe
106	GRÖVER Stephan		1265	12 M50M	00:27:56	00:27:56	106	00:27:32	102	00:14:03	121	00:13:31	81	LGO TSC Eintracht Dortmund
107	WENZEL Raoni		1571	13 HKM	00:28:01	00:28:01	107	00:27:49	107	00:13:03	96	00:14:37	115	Sunshine Racing
108	KOBSA Normann		1324	13 M50M	00:28:09	00:28:09	108	00:28:00	109	00:12:39	84	00:15:04	131	Puls 190-effektiv trainieren
109	ERBEN Stefan		1641	14 HKM	00:28:15	00:28:15	109	00:27:50	108	00:14:01	120	00:13:52	92	keine Angabe
110	WESTERHOFF Melanie		1575	2 W40F	00:28:20	00:28:20	110	00:28:17	110	00:13:27	106	00:14:28	111	Puls 190-effektiv trainieren
111	BITTERLING Simone		1199	3 W40F	00:28:31	00:28:31	111	00:28:19	111	00:13:57	119	00:14:18	108	keine Angabe
112	BUNDKIRCHEN Nina		1213	7 W30F	00:28:39	00:28:39	112	00:28:36	115	00:13:27	107	00:14:51	123	Puls 190-effektiv trainieren
113	HENZLER Jelka		1284	4 W40F	00:28:41	00:28:41	113	00:28:29	112	00:13:56	118	00:14:21	110	Viermärker Dortmund
114	HEUSER Jonas		1286	10 U14M	00:28:47	00:28:47	114	00:28:31	113	00:14:25	133	00:14:05	101	IKG Lauf AG
115	KRABBE Klaus		1328	5 M40M	00:28:59	00:28:59	115	00:28:32	114	00:13:54	116	00:14:41	119	Club der blauen Helme
116	DEZELA Steven		1623	15 HKM	00:29:01	00:29:01	116	00:28:36	116	00:14:27	135	00:14:14	107	keine Angabe
117	EL-FAKHARANY Stephanie		1233	1 W45F	00:29:07	00:29:07	117	00:28:49	117	00:14:29	138	00:14:14	106	Tura Rüdinghausen
118	WEX Daniel		1577	8 M35M	00:29:08	00:29:08	118	00:28:52	118	00:14:09	122	00:14:38	117	keine Angabe
119	BROMM-HELLIGE Cornelia		1208	2 W55F	00:29:09	00:29:09	119	00:28:59	120	00:14:10	123	00:14:37	116	keine Angabe
120	HIRSZ Zbigniew		1291	5 M55M	00:29:13	00:29:13	120	00:28:54	119	00:14:12	124	00:14:36	114	Green IT Running Team
121	OLPEN Diana		1372	5 W40F	00:29:22	00:29:22	121	00:29:16	123	00:14:12	125	00:14:49	122	keine Angabe
122	ANUTH Jürgen		1186	6 M55M	00:29:29	00:29:29	122	00:29:14	121	00:13:48	112	00:15:21	138	keine Angabe
123	KLEEFELDT Noelia		1323	5 U14F	00:29:31	00:29:31	123	00:29:15	122	00:14:34	140	00:14:45	120	IKG Lauf AG
124	WECHLER Patricia		1567	3 W35F	00:29:37	00:29:37	124	00:29:27	124	00:14:14	126	00:15:02	128	keine Angabe
125	PEKTAS Can		1376	16 HKM	00:29:44	00:29:44	125	00:29:32	125	00:14:21	130	00:14:59	127	Defense Community
126	ROSEN Schmuuel		1502	6 M40M	00:29:46	00:29:46	126	00:29:35	127	00:14:26	134	00:15:03	130	Defense Community
127	GRUDE Vincent		1262	5 U16M	00:29:46	00:29:46	127	00:29:42	131	00:13:37	110	00:15:52	149	Tri Geckos Dortmund
128	ARAGON Jorge		1187	14 M50M	00:29:46	00:29:46	128	00:29:33	126	00:14:29	137	00:14:54	126	Materna
129	GRUDE Daniel Oliver		1261	7 M40M	00:29:47	00:29:47	129	00:29:42	130	00:13:37	109	00:15:52	148	Rad statt Rollstuhl - Besi_Friends
130	STAEDLER Jens		1541	15 M50M	00:29:49	00:29:49	130	00:29:40	129	00:14:43	141	00:14:47	121	Green IT Running Team
131	HEIN Luise		1280	1 W65F	00:29:50	00:29:50	131	00:29:45	133	00:14:22	132	00:15:06	132	keine Angabe
132	GÖHLICH Sonja		1267	6 W40F	00:29:58	00:29:58	132	00:29:36	128	00:14:45	143	00:14:54	125	keine Angabe
133	STEEG Peter		1545	3 M70M	00:29:58	00:29:58	133	00:29:50	134	00:14:32	139	00:15:02	129	SuS Oberaden
134	VAN DE STRAAT Stephanie		1559	7 W40F	00:30:04	00:30:04	134	00:29:43	132	00:15:05	151	00:14:38	118	Green IT Running Team
135	PRENZEL John		1384	17 HKM	00:30:05	00:30:05	135	00:29:51	135	00:13:54	117	00:15:52	147	Materna
136	HEINEBRODT Alina		1281	6 HKF	00:30:09	00:30:09	136	00:30:05	141	00:14:19	127	00:15:32	141	Puls 190-effektiv trainieren
137	HÖHNE Tanja		1303	7 HKF	00:30:10	00:30:10	137	00:30:06	142	00:14:19	129	00:15:32	140	Puls 190-effektiv trainieren
138	WENZEL Norbert		1570	4 M60M	00:30:11	00:30:11	138	00:29:54	136	00:14:29	136	00:15:21	137	keine Angabe
139	BOMBA Jan	POL	1202	16 M50M	00:30:13	00:30:13	139	00:30:09	143	00:14:19	128	00:15:32	139	BBL
140	RICHTER Sonja		1390	4 W35F	00:30:18	00:30:18	140	00:30:00	138	00:14:21	131	00:15:35	142	LT Bittermark Dortmund
141	KOENEN Diana		1325	7 W50F	00:30:20	00:30:20	141	00:29:59	137	00:15:05	152	00:14:52	124	Green IT Running Team
142	SPOENBERG Dominik		1539	9 M35M	00:30:27	00:30:27	142	00:30:04	139	00:13:51	113	00:16:20	162	BIG direkt gesund
143	STEINHOFF Dominik		1549	10 M35M	00:30:27	00:30:27	143	00:30:05	140	00:13:52	114	00:16:20	163	BIG direkt gesund
144	STEINBACH Julia		1547	8 W30F	00:30:33	00:30:33	144	00:30:20	144	00:14:59	148	00:15:12	135	keine Angabe
145	STEINBACH Patrick		1548	8 M40M	00:30:34	00:30:34	145	00:30:20	145	00:15:00	149	00:15:11	134	keine Angabe
146	BUUDE Melina		1212	6 U14F	00:30:39	00:30:39	146	00:30:31	148	00:13:53	115	00:16:27	168	SuS Oberaden
147	EMDE Sabrina		1235	9 W30F	00:30:46	00:30:46	147	00:30:30	147	00:14:45	144	00:15:42	145	Pacepack Runners

Legend:
-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing  www.maxx-timing.de



Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
148	VIERHAUS Detlev		1561	5 M60M	00:30:48	00:30:48	148	00:30:25	146	00:15:21	157	00:15:06	133	team-4haus
149	WINTER Lars		1582	11 M35M	00:30:53	00:30:53	149	00:30:43	150	00:14:52	145	00:15:37	143	Skiclub Sundern
150	WEISE Alexandra		1569	8 W40F	00:30:55	00:30:55	150	00:30:31	149	00:14:45	142	00:15:44	146	keine Angabe
151	ZÖLLNER Marc		1588	12 M35M	00:31:19	00:31:19	151	00:31:08	151	00:14:53	146	00:16:01	153	Defense Community
152	SCHORATTI Olaf		1517	17 M50M	00:31:30	00:31:30	152	00:31:21	155	00:14:53	147	00:16:16	157	Materna
153	KRITIKOS Tamara		1329	8 HKF	00:31:36	00:31:36	153	00:31:24	156	00:15:03	150	00:16:18	161	keine Angabe
154	SCHEFFLER Thomas Fritz		1512	13 M35M	00:31:39	00:31:39	154	00:31:20	154	00:15:18	156	00:16:01	152	keine Angabe
155	MÖHLENDICK Silke		1366	8 W50F	00:31:41	00:31:41	155	00:31:17	152	00:16:05	171	00:15:18	136	BIG direkt gesund
156	DOLATA Tina		1226	9 W40F	00:31:42	00:31:42	156	00:31:17	153	00:15:29	159	00:15:53	150	keine Angabe
157	MARX Ina		1352	2 W45F	00:31:52	00:31:52	157	00:31:35	157	00:15:30	160	00:15:59	151	keine Angabe
158	AST Julia		1188	5 W35F	00:31:52	00:31:52	158	00:31:46	160	00:15:16	154	00:16:16	158	keine Angabe
159	MEYER Daniela		1360	6 W35F	00:31:53	00:31:53	159	00:31:46	159	00:15:16	155	00:16:16	159	keine Angabe
160	DUNKER Vanessa		1227	9 HKF	00:31:58	00:31:58	160	00:31:39	158	00:15:14	153	00:16:23	167	keine Angabe
161	FEIG Kathrin		1242	10 W30F	00:32:09	00:32:09	161	00:31:56	161	00:15:28	158	00:16:18	160	keine Angabe
162	DE PALMA Sabina	ITA	1221	10 W40F	00:32:30	00:32:30	162	00:32:15	163	00:16:04	170	00:16:01	154	Pace Pack Runners
163	GREGOR Kira		1665	10 HKF	00:32:33	00:32:33	163	00:32:07	162	00:16:32	181	00:15:38	144	keine Angabe
164	HONERT Tanja		1297	3 W45F	00:32:43	00:32:43	164	00:32:21	164	00:16:16	174	00:16:02	155	Marathon-Club Menden
165	MÜLLER Heike		1369	9 W50F	00:32:50	00:32:50	165	00:32:34	165	00:15:58	165	00:16:29	170	Boxring 28
166	BÖHM Yvonne		1214	7 W35F	00:32:59	00:32:59	166	00:32:47	166	00:15:57	164	00:16:37	171	keine Angabe
167	MANDEL Bärbel		1348	1 W75F	00:33:05	00:33:05	167	00:33:00	170	00:16:00	166	00:16:38	173	keine Angabe
168	BORNEMANN Karsten		1203	5 M45M	00:33:07	00:33:07	168	00:32:49	168	00:16:03	168	00:16:41	178	keine Angabe
169	BORNEMANN Laureen		1204	3 U16F	00:33:07	00:33:07	169	00:32:49	167	00:16:03	167	00:16:39	175	keine Angabe
170	STÜCHER Frauke		1555	3 W55F	00:33:10	00:33:10	170	00:32:56	169	00:16:03	169	00:16:41	179	Pace Pack Runners
171	EFFING Julian		1232	11 U14M	00:33:23	00:33:23	171	00:33:15	175	00:15:52	162	00:17:15	194	Materna
172	HECKER Ariane		1277	10 W50F	00:33:26	00:33:26	172	00:33:15	173	00:16:26	178	00:16:39	174	Materna
173	GRABINSKI Celine		1256	7 U14F	00:33:30	00:33:30	173	00:33:20	179	00:16:56	199	00:16:13	156	Grabi
174	GEUKEN Fabienne		1250	11 W30F	00:33:30	00:33:30	174	00:33:16	176	00:16:44	192	00:16:22	164	keine Angabe
175	SCHÄFER Linda		1534	12 W30F	00:33:30	00:33:30	175	00:33:15	174	00:16:44	190	00:16:22	165	keine Angabe
176	GEUKEN Fabienne		1251	13 W30F	00:33:30	00:33:30	176	00:33:16	177	00:16:44	191	00:16:22	166	keine Angabe
177	JOKEIT Andrea		1306	8 W35F	00:33:31	00:33:31	177	00:33:18	178	00:15:46	161	00:17:25	197	Immer in Bewegung bleiben
178	MÜLLER Ingrid		1370	4 W55F	00:33:31	00:33:31	178	00:33:14	172	00:16:20	175	00:16:51	184	Running Turtles
179	KISCHLAT Oliver		1319	14 M35M	00:33:32	00:33:32	179	00:33:06	171	00:16:29	179	00:16:42	180	FireSports Dortmund
180	SCHWELLENBERG Matthias		1530	9 M40M	00:33:36	00:33:36	180	00:33:26	184	00:16:34	182	00:16:41	177	Materna
181	KÖHNE Lea		1336	2 U20F	00:33:37	00:33:37	181	00:33:21	180	00:16:13	172	00:17:07	189	Pace Pack Runners
182	HOLÖCHTER Stefanie		1296	14 W30F	00:33:37	00:33:37	182	00:33:24	181	00:15:54	163	00:17:21	196	keine Angabe
183	SCHWEDA Martin		1529	18 M50M	00:33:43	00:33:43	183	00:33:25	183	00:16:14	173	00:17:03	187	LT Wischlingen Dortmund
184	STOCKHAUSEN Katrin		1550	11 W40F	00:33:44	00:33:44	184	00:33:28	185	00:16:25	176	00:16:56	185	keine Angabe
185	SCHLÖMER Janine		1515	12 W40F	00:33:48	00:33:48	185	00:33:33	186	00:16:26	177	00:16:58	186	Materna
186	MARX Robert		1353	15 M35M	00:33:49	00:33:49	186	00:33:25	182	00:16:58	200	00:16:29	169	keine Angabe
187	ZIMMER Amelie		1585	11 HKF	00:33:52	00:33:52	187	00:33:38	189	00:16:44	189	00:16:45	182	keine Angabe
188	RIEPING Cecilie		1391	12 HKF	00:33:52	00:33:52	188	00:33:39	190	00:16:43	188	00:16:45	183	keine Angabe
189	SCHUMACHER Fabien		1525	16 M35M	00:33:58	00:33:58	189	00:33:38	188	00:16:59	202	00:16:40	176	Green IT Running Team
190	MARX Angela		1351	15 W30F	00:34:02	00:34:02	190	00:33:37	187	00:16:58	201	00:16:37	172	keine Angabe
191	HÖING Ralf		1304	19 M50M	00:34:02	00:34:02	191	00:33:41	191	00:16:51	197	00:16:45	181	Sportkinder e. V.
192	CONRAD Heike		1218	11 W50F	00:34:14	00:34:14	192	00:33:59	193	00:16:32	180	00:17:13	192	keine Angabe
193	SUNDT Julia		1557	13 W40F	00:34:14	00:34:14	193	00:34:00	194	00:16:34	183	00:17:12	191	Jetzt laufen sie auch noch
194	GILLNER Gabriel		1252	20 M50M	00:34:25	00:34:25	194	00:33:54	192	00:16:46	195	00:17:15	193	keine Angabe
195	RAMMELMANN Jörn		1386	18 HKM	00:34:49	00:34:49	195	00:34:23	195	00:16:39	184	00:17:45	204	FireSports Dortmund
196	BRKOVIC Vesna		1207	14 W40F	00:34:53	00:34:53	196	00:34:25	196	00:17:08	209	00:17:16	195	keine Angabe

Legend:
-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
197	RICHTER Linda		1389	16 W30F	00:34:53	00:34:53	197	00:34:37	197	00:16:43	186	00:17:45	203	keine Angabe
198	SCHULZ Yvonne		1524	15 W40F	00:34:55	00:34:55	198	00:34:48	200	00:17:04	205	00:17:29	198	Turboschnecken
199	DI TAVI Nadia		1224	17 W30F	00:34:55	00:34:55	199	00:34:44	198	00:17:23	217	00:17:07	188	Defense Community
200	KRÄUTER Kerstin		1331	4 W45F	00:34:57	00:34:57	200	00:34:46	199	00:17:24	218	00:17:08	190	Defense Community
201	SCHURKUS Susanne		1526	12 W50F	00:35:15	00:35:15	201	00:34:54	202	00:17:15	211	00:17:35	201	Puls 190-effektiv trainieren
202	KAYMAK Vehbi	TUR	1315	11 M30M	00:35:16	00:35:16	202	00:34:53	201	00:17:16	214	00:17:33	199	keine Angabe
203	KAYMAK Vanessa		1314	18 W30F	00:35:16	00:35:16	203	00:34:54	203	00:17:16	212	00:17:34	200	keine Angabe
204	SCHÄFER Christian		1532	10 M40M	00:35:18	00:35:18	204	00:34:59	207	00:16:47	196	00:18:10	212	keine Angabe
205	GERITS Anne		1249	9 W35F	00:35:18	00:35:18	205	00:34:58	206	00:16:45	193	00:18:12	213	Team Gerits
206	JOZWIAK Johanna		1307	13 HKF	00:35:19	00:35:19	206	00:34:56	204	00:16:43	187	00:18:09	209	LG Olympia Dortmund
207	HEIDL Björn		1278	17 M35M	00:35:21	00:35:21	207	00:34:57	205	00:17:20	216	00:17:43	202	keine Angabe
208	LÜCKE Björn		1343	11 M40M	00:35:32	00:35:32	208	00:35:10	208	00:17:17	215	00:17:59	205	keine Angabe
209	HIRSZ Adrian		1290	19 HKM	00:35:38	00:35:38	209	00:35:19	210	00:17:04	207	00:18:09	210	Green IT Running Team
210	STADTLER Ann Christin		1540	14 HKF	00:35:38	00:35:38	210	00:35:19	209	00:17:04	206	00:18:10	211	Green IT Running Team
211	KURTZ Kristina		1333	13 W50F	00:36:02	00:36:02	211	00:35:33	211	00:17:34	222	00:18:05	208	keine Angabe
212	VILLANUEVA Daniel		1562	20 HKM	00:36:07	00:36:07	212	00:35:40	212	00:17:03	204	00:18:40	217	FireSports Dortmund
213	SIEWERT Helmut		1537	1 M75M	00:36:15	00:36:15	213	00:35:57	213	00:17:43	229	00:18:03	207	LT Wischlingen Dortmund
214	GREBELDINGER Sven		1260	12 M40M	00:36:25	00:36:25	214	00:35:59	214	00:18:10	239	00:17:59	206	keine Angabe
215	JUNGLÉN Claudia		1308	16 W40F	00:36:27	00:36:27	215	00:36:10	215	00:16:54	198	00:19:15	224	keine Angabe
216	PIEL Ramona		1381	5 W45F	00:36:29	00:36:29	216	00:36:11	216	00:17:35	223	00:18:25	215	keine Angabe
217	LAßAUER Esther		1339	17 W40F	00:36:33	00:36:33	217	00:36:12	217	00:17:32	220	00:18:32	216	keine Angabe
218	HOFFMANN Alexander		1293	21 HKM	00:36:34	00:36:34	218	00:36:15	218	00:16:46	194	00:19:24	228	Green IT Running Team
219	SCHUKAT Sinja		1520	15 HKF	00:36:35	00:36:35	219	00:36:16	219	00:17:15	210	00:18:57	220	Green IT Running Team
220	FINKE Marcel		1244	22 HKM	00:36:38	00:36:38	220	00:36:18	220	00:17:16	213	00:18:55	219	Green IT Running Team
221	HOLTORFF Jasmin		1295	19 W30F	00:36:49	00:36:49	221	00:36:21	221	00:17:41	228	00:18:45	218	keine Angabe
222	ERDMANN Julia		1237	18 W40F	00:36:50	00:36:50	222	00:36:31	222	00:18:08	237	00:18:19	214	keine Angabe
223	LÜCKE Bianca		1342	10 W35F	00:37:08	00:37:08	223	00:36:45	223	00:17:26	219	00:19:17	226	keine Angabe
224	OTTE Matthias		1374	18 M35M	00:37:14	00:37:14	224	00:36:54	224	00:17:00	203	00:19:46	233	Green IT Running Team
225	SONNEBERGER Patrick		1538	19 M35M	00:37:21	00:37:21	225	00:37:14	225	00:17:06	208	00:19:50	236	OSC Dortmund
226	GRABINSKI Gregor		1257	13 M40M	00:37:33	00:37:33	226	00:37:24	227	00:17:39	227	00:19:27	229	Grabi
227	GRABINSKI Alice		1255	11 W35F	00:37:34	00:37:34	227	00:37:25	228	00:17:38	225	00:19:28	230	Grabi
228	JUSUFI Samet	ALB	1309	23 HKM	00:37:37	00:37:37	228	00:37:30	230	00:16:39	185	00:20:37	243	keine Angabe
229	HEIDL Janina		1279	12 W35F	00:37:43	00:37:43	229	00:37:19	226	00:18:09	238	00:19:09	222	keine Angabe
230	BACHSTEIN Sandra		1190	13 W35F	00:37:44	00:37:44	230	00:37:38	231	00:18:02	234	00:19:15	225	Green IT Running Team
231	GREBELDINGER Andrea		1259	19 W40F	00:37:53	00:37:53	231	00:37:27	229	00:18:26	241	00:19:01	221	keine Angabe
232	KALINICHENKO Maria		1311	20 W30F	00:38:05	00:38:05	232	00:37:43	232	00:17:57	230	00:19:46	232	Materna
233	SAMIOU ANTONIA	GRE	1508	16 HKF	00:38:06	00:38:06	233	00:37:43	233	00:18:32	243	00:19:13	223	keine Angabe
234	STEEG Doris		1544	2 W65F	00:38:12	00:38:12	234	00:37:49	234	00:18:24	240	00:19:18	227	SuS Oberaden
235	EULER Nadine		1238	14 W35F	00:38:12	00:38:12	235	00:38:01	236	00:17:58	231	00:19:50	237	Defense Community
236	SIELAFF Tanja		1536	6 W45F	00:38:16	00:38:16	236	00:38:09	237	00:18:02	233	00:19:42	231	Turboschnecken
237	KARVOUNIDIS DIMITRIOS	GRE	1313	12 M30M	00:38:19	00:38:19	237	00:37:56	235	00:18:06	236	00:19:49	234	keine Angabe
238	STAß Tim		1543	24 HKM	00:38:41	00:38:41	238	00:38:13	238	00:17:36	224	00:20:39	245	FireSports Dortmund
239	DUPONT Andre		1228	20 M35M	00:38:42	00:38:42	239	00:38:15	239	00:17:39	226	00:20:40	246	FireSports Dortmund
240	PLATZ Saskia		1382	20 W40F	00:38:43	00:38:43	240	00:38:23	240	00:18:26	242	00:19:49	235	keine Angabe
241	ROHDEN Anna		1395	15 W35F	00:38:58	00:38:58	241	00:38:50	241	00:18:04	235	00:20:32	240	Turboschnecken
242	KUSCHEL Carmen		1335	7 W45F	00:39:08	00:39:08	242	00:39:00	242	00:18:01	232	00:20:35	241	Turboschnecken
243	WIßLING Anette		1583	8 W45F	00:39:31	00:39:31	243	00:39:17	243	00:17:33	221	00:21:26	251	keine Angabe
244	HARTWIG Rita		1275	16 W35F	00:39:45	00:39:45	244	00:39:24	244	00:19:02	244	00:20:12	239	HHZGB
245	WERHAHN Ulrike		1574	14 W50F	00:40:01	00:40:01	245	00:39:39	245	00:19:30	247	00:19:59	238	Puls 190-effektiv trainieren

Legend:
-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing  www.maxx-timing.de



Platz	Nachname - Vorname	Nation StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
246	SCHWALVENBERG Laura	1527	17 HKF	00:40:57	00:40:57	246	00:40:34	246	00:19:55	249	00:20:36	242	keine Angabe
247	MÖLLENBECK Jens	1367	25 HKM	00:40:58	00:40:58	247	00:40:36	247	00:19:54	248	00:20:38	244	keine Angabe
248	KIWITT Bettina	1320	5 W55F	00:41:30	00:41:30	248	00:41:13	248	00:19:27	245	00:21:32	252	BIG direkt gesund
249	MIESEL Svenja	1363	18 HKF	00:42:00	00:42:00	249	00:41:45	249	00:19:28	246	00:22:06	253	keine Angabe
250	DASEKING Helen	1220	19 HKF	00:42:04	00:42:04	250	00:41:51	251	00:20:17	252	00:21:13	248	DIE 4MA
251	WANDSCHNEIDER Tim	1565	14 M40M	00:42:05	00:42:05	251	00:41:51	250	00:20:17	251	00:21:13	249	DIE 4MA
252	DELGADO Chantal	1222	17 W35F	00:42:06	00:42:06	252	00:41:53	252	00:20:17	250	00:21:15	250	DIE 4MA
253	LEBOCH Laura	1340	20 HKF	00:42:07	00:42:07	253	00:41:54	253	00:20:22	253	00:21:10	247	DIE 4MA
DSQ	PETERS Charlotte	1378	0 U18F	00:21:16	00:21:16	-	00:21:16	-	-	-	-	-	Defense Community
DSQ	MARTIN-BULLMANN Mathilda	1349	0 U18F	00:21:17	00:21:17	-	00:21:17	-	-	-	-	-	Defense Community
DSQ	KROHN Leon	1302	0 U18M	00:40:11	00:40:11	-	00:40:11	-	-	-	-	-	Sportkinder e. V.
DSQ	FULHORST Beate	1247	0 W40F	00:41:13	00:41:13	-	00:40:57	-	00:18:28	-	00:04:13	-	Jetzt laufen sie auch noch
DSQ	EBBINGHAUS Lina	1229	- U16F			-		-	00:01:46	-		-	LG Olympia Dortmund
DSQ	MEYER-PITON Marie	1361	- U16F			-		-	00:17:42	-	00:01:39	-	LG Olympia Dortmund
DNF	SCHÄFER Martina	1535	- W55F			-		-	00:24:23	-		-	keine Angabe

Legend:
 -n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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