

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
1	PAWELLEK Karsten		153	1 M40M	00:19:19.53	00:19:19.53	1	00:19:16.96	1	00:09:27.02	1	00:09:39.60	1	LGO Bochum
2	VETHAKE Leo		168	1 HKM	00:20:24.24	00:20:24.24	2	00:20:18.92	2	00:09:55.81	2	00:10:14.01	3	keine Angabe
3	NIEßING Heiner		182	2 HKM	00:20:28.43	00:20:28.43	3	00:20:25.55	3	00:10:10.22	3	00:10:03.33	2	LSF Münster
4	BARDEN Niklas		103	1 M30M	00:21:08.52	00:21:08.52	4	00:21:05.42	4	00:10:25.24	4	00:10:28.94	4	LSF Münster
5	RÖMER Peter		157	1 M35M	00:21:15.44	00:21:15.44	5	00:21:14.30	5	00:10:26.45	5	00:10:33.42	5	LSF Münster
6	ÖZTÜRK Muhammed		151	3 HKM	00:21:56.45	00:21:56.45	6	00:21:56.44	6	00:10:26.54	6	00:11:15.92	6	Tri Team Hagen
7	KÖSTER-EISERFUNKE Mathis		184	2 M30M	00:22:16.55	00:22:16.55	7	00:22:13.22	7	00:10:32.12	7	00:11:28.74	7	keine Angabe
8	RENNERT Jona Paul		156	1 U12M	00:22:38.19	00:22:38.19	8	00:22:36.74	8	00:10:43.12	8	00:11:39.98	8	keine Angabe
9	FÖRSTER Sebastian		123	3 M30M	00:23:13.46	00:23:13.46	9	00:23:10.57	10	00:11:08.49	10	00:11:49.54	11	LT Wischlingen Dc
10	KANDULA Stefan		133	2 M40M	00:23:13.55	00:23:13.55	10	00:23:09.32	9	00:11:10.74	11	00:11:47.94	10	Cross Joggers
11	EMMERICH Maike		120	1 W30F	00:23:42.14	00:23:42.14	11	00:23:38.73	11	00:11:39.31	13	00:11:47.29	9	LGO RunSquad
12	BURKARD Christoph		111	1 M60M	00:24:24.69	00:24:24.69	12	00:24:19.17	12	00:12:01.62	16	00:12:07.46	12	KCL Bochum
13	KÖNIGHAUS Phil		138	4 HKM	00:24:47.10	00:24:47.10	13	00:24:41.15	13	00:11:05.60	9	00:13:23.75	25	Forrest Gump Fan
14	ZAFIROV Angelina Sophie		173	1 U14F	00:24:57.84	00:24:57.84	14	00:24:55.49	14	00:11:55.05	14	00:12:45.31	15	Tri-Geckos Dortmund
15	LANGOSCH Lotte		141	1 U16F	00:25:06.56	00:25:06.56	15	00:25:03.55	15	00:12:01.27	15	00:12:46.97	16	keine Angabe
16	MOLDENHAUER Dorte		175	1 W40F	00:25:19.59	00:25:19.59	16	00:25:16.32	17	00:12:05.47	17	00:12:53.08	18	keine Angabe
17	PIEPET Ralph		183	1 M50M	00:25:19.69	00:25:19.69	17	00:25:16.42	18	00:12:36.05	24	00:12:26.12	13	Union settmecke
18	HOLTKAMP Dennis		177	2 M35M	00:25:20.18	00:25:20.18	18	00:25:15.75	16	00:11:38.85	12	00:13:22.38	24	keine Angabe
19	TOLLKNÄPPER Sven		165	3 M40M	00:25:36.80	00:25:36.80	19	00:25:31.69	20	00:12:25.04	19	00:12:53.51	19	TV Werne 03 Was
20	GOEDERT Johanna		125	2 W40F	00:25:38.72	00:25:38.72	20	00:25:33.86	21	00:12:22.25	18	00:12:57.60	23	TSC Running crew
21	TOLLKNÄPPER Ines		164	1 W35F	00:25:39.09	00:25:39.09	21	00:25:34.49	22	00:12:25.78	20	00:12:54.65	20	TV Werne 03 Was
22	BOZKURT Ece Elif		108	2 U14F	00:25:40.23	00:25:40.23	22	00:25:37.27	23	00:12:33.06	23	00:12:48.96	17	keine Angabe
23	STROTHMANN Laurenz		160	5 HKM	00:25:40.92	00:25:40.92	23	00:25:24.29	19	00:12:25.83	21	00:12:56.31	21	keine Angabe
24	MÖBUS Katharina		147	2 W30F	00:25:49.63	00:25:49.63	24	00:25:44.67	24	00:12:45.71	25	00:12:44.41	14	LT Wischlingen Dc
25	WESSEL Kathrin		185	2 W35F	00:26:37.10	00:26:37.10	25	00:26:33.16	26	00:12:46.98	26	00:13:32.17	26	LGO Run Squad
26	MIGAS Rainer		181	1 M55M	00:26:42.59	00:26:42.59	26	00:26:35.74	27	00:12:47.67	27	00:13:35.07	27	keine Angabe
27	NIEMANN Marko		037	2 M50M	00:26:43.43	00:26:43.43	27	00:26:26.80	25	00:13:27.52	28	00:12:56.89	22	Coal Miner
28	NOCKMANN Lucia		149	1 U18F	00:28:41.45	00:28:41.45	28	00:28:39.37	29	00:12:32.28	22	00:15:48.94	42	Lutzeberger
29	SCHÖDER Patrizia		158	1 W45F	00:28:41.46	00:28:41.46	29	00:28:38.23	28	00:13:30.41	29	00:14:50.16	30	keine Angabe
30	LEHNER Emma		186	1 U12F	00:28:57.56	00:28:57.56	30	00:28:55.18	31	00:13:51.42	30	00:14:51.02	31	keine Angabe
31	ZICKERICK Bianca		174	3 W30F	00:28:57.58	00:28:57.58	31	00:28:50.81	30	00:14:02.51	32	00:14:34.89	28	Fit/one
32	SCHIPKE Britta		180	2 W45F	00:29:24.45	00:29:24.45	32	00:29:17.54	32	00:14:22.84	33	00:14:40.93	29	Pacepackrunner
33	BRACK Heribert		109	1 M65M	00:29:50.56	00:29:50.56	33	00:29:46.56	33	00:14:28.81	34	00:14:57.74	32	LG Olymia Dortmund
34	MARTENS Pierre		146	4 M40M	00:30:12.50	00:30:12.50	34	00:29:55.87	34	00:14:01.83	31	00:15:48.67	41	keine Angabe
35	GREBE Hannah		126	3 U14F	00:30:22.69	00:30:22.69	35	00:30:16.69	38	00:15:01.54	43	00:15:06.83	36	keine Angabe
36	REIMANN Christian		155	3 M50M	00:30:23.86	00:30:23.86	36	00:30:16.09	36	00:14:59.24	40	00:15:05.84	35	Fit/one
37	DIETRICH Constanze		118	3 W45F	00:30:23.99	00:30:23.99	37	00:30:16.16	37	00:14:59.22	39	00:15:05.16	34	Fit/one

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
38	FOJCIK Adam		179	4 M50M	00:30:27.92	00:30:27.92	38	00:30:11.29	35	00:15:09.24	44	00:14:59.87	33	keine Angabe
39	BIEHS Steffen		104	4 M30M	00:30:38.44	00:30:38.44	39	00:30:33.45	40	00:14:57.50	37	00:15:23.56	37	Forrest Gump Fan
40	WALLINDA-ZILLA Jürgen		178	2 M55M	00:30:43.81	00:30:43.81	40	00:30:27.18	39	00:14:43.34	36	00:15:41.83	39	LGO Dortmund
41	DERWALD Jochen		116	5 M50M	00:30:51.79	00:30:51.79	41	00:30:47.81	41	00:14:59.57	41	00:15:28.24	38	keine Angabe
42	DERWALD Jutta		117	1 W50F	00:31:00.56	00:31:00.56	42	00:30:56.43	42	00:14:30.59	35	00:16:08.97	45	keine Angabe
43	HÜGLE Marc		129	5 M30M	00:31:23.72	00:31:23.72	43	00:31:17.37	43	00:14:58.67	38	00:16:07.20	44	keine Angabe
44	BOMBA Jan	POL	105	3 M55M	00:31:31.80	00:31:31.80	44	00:31:26.03	44	00:15:13.10	45	00:15:59.43	43	BBL-Boleslawiec.
45	ESCOBAR Daniela		122	3 W35F	00:31:48.75	00:31:48.75	45	00:31:41.98	46	00:14:59.74	42	00:16:24.14	48	keine Angabe
46	DE PALMA Cosimo	ITA	114	6 M50M	00:31:52.92	00:31:52.92	46	00:31:36.29	45	00:15:46.02	47	00:15:46.87	40	Pace Pack Runner
47	KAVUK Ekin Su	TUR	136	4 W30F	00:31:58.29	00:31:58.29	47	00:31:52.13	47	00:15:13.17	46	00:16:22.76	47	keine Angabe
48	TOPP Maximilian		166	6 HKM	00:32:52.15	00:32:52.15	48	00:32:35.52	48	00:16:13.26	48	00:16:16.26	46	keine Angabe
49	CONRAD Heike		113	1 W55F	00:33:29.54	00:33:29.54	49	00:33:22.15	49	00:16:18.83	50	00:16:45.96	49	keine Angabe
50	SUNDT Julia		163	3 W40F	00:33:29.86	00:33:29.86	50	00:33:22.38	50	00:16:17.51	49	00:16:47.99	50	keine Angabe
51	EMMERICH Steffi		121	2 W55F	00:34:07.47	00:34:07.47	51	00:34:02.47	51	00:16:34.10	53	00:17:10.99	51	Die Spochtlichen
52	NISHIMWE Dely		148	4 W35F	00:34:30.72	00:34:30.72	52	00:34:25.35	52	00:16:23.80	52	00:17:41.58	53	keine Angabe
53	HARTMANN Jasmin		128	4 W45F	00:34:30.88	00:34:30.88	53	00:34:25.46	53	00:16:23.64	51	00:17:41.69	54	keine Angabe
54	KIBBEL Nina Theresa		137	1 HKF	00:34:42.61	00:34:42.61	54	00:34:25.98	54	00:16:51.51	55	00:17:28.23	52	keine Angabe
55	DE PALMA Sabina		115	5 W45F	00:35:10.45	00:35:10.45	55	00:34:53.82	55	00:16:58.66	57	00:17:48.23	55	Pace Pack Runner
56	LAßAUER Esther		143	6 W45F	00:35:34.35	00:35:34.35	56	00:35:17.72	56	00:16:57.25	56	00:18:10.83	57	keine Angabe
57	PAWELLEK Dieter		152	2 M60M	00:35:35.86	00:35:35.86	57	00:35:29.34	57	00:17:20.09	60	00:17:48.78	56	Tura Rüdinhause
58	GRIEB Katja		127	4 W40F	00:35:58.72	00:35:58.72	58	00:35:52.86	58	00:17:00.05	58	00:18:33.27	58	Unioncrew
59	WIßLING Annette		171	7 W45F	00:36:08.68	00:36:08.68	59	00:36:01.31	59	00:16:48.36	54	00:18:49.20	60	keine Angabe
60	YUSEF-HÜGLE Yasmin		172	2 HKF	00:36:19.35	00:36:19.35	60	00:36:12.96	60	00:17:12.40	59	00:18:41.74	59	keine Angabe
61	WITKE Stefan		170	1 M45M	00:37:44.97	00:37:44.97	61	00:37:28.34	61	00:17:21.39	61	00:19:58.54	64	TSV - Renesse 19
62	LEBERT Marcel		144	5 M40M	00:37:49.48	00:37:49.48	62	00:37:42.48	62	00:17:31.28	62	00:19:56.02	63	GREEN IT Das Sy
63	STUCHLIK Amaya		161	2 U16F	00:38:55.05	00:38:55.05	63	00:38:55.04	64	00:18:51.79	63	00:19:40.20	62	Fit/one
64	STUCHLIK Annette		162	2 W50F	00:38:55.19	00:38:55.19	64	00:38:52.94	63	00:18:51.92	64	00:19:40.05	61	Fit one
65	OEST Annika		150	3 HKF	00:40:43.80	00:40:43.80	65	00:40:27.17	65	00:19:18.22	66	00:21:03.03	65	keine Angabe
66	WINTER Lars		169	6 M40M	00:41:43.28	00:41:43.28	66	00:41:26.65	66	00:19:06.30	65	00:22:09.64	67	Skiclub Sundern
67	LIU Lineng	CHI	145	7 HKM	00:42:07.18	00:42:07.18	67	00:41:50.55	67	00:19:32.02	67	00:22:13.54	68	keine Angabe
68	LANGOSCH Madlen		142	5 W40F	00:43:13.83	00:43:13.83	68	00:43:08.60	68	00:20:32.55	68	00:22:09.38	66	keine Angabe
69	TSILIGIRI Konstantina	GRE	167	1 W60F	00:57:17.89	00:57:17.89	69	00:57:13.51	69	00:24:09.22	69	00:32:30.29	69	Fit/one
70	AL-JOMEILE Amel	IRA	101	3 W50F	00:57:31.03	00:57:31.03	70	00:57:28.48	70	00:24:20.39	70	00:32:34.86	70	Fit/one
DNF	KAWALEK Lina		176	- HKF			-		-	00:11:36.92	-		-	PV- Triathlon-Witte

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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