

Platz	Nachname - Vorname	StNr.	Jg.	Zeit (Brutto)	Platz AK	Rückstand	Zeit (Netto)	Team / Verein
1	PAWELLEK Karsten	153	81	00:19:19.53	1 M40		00:19:16.96	LGO Bochum
2	VETHAKE Leo	168	00	00:20:24.24	1 HK	+ 1m05s	00:20:18.92	keine Angabe
3	NIEßING Heiner	182	99	00:20:28.43	2 HK	+ 1m09s	00:20:25.55	LSF Münster
4	BARDEN Niklas	103	93	00:21:08.52	1 M30	+ 1m49s	00:21:05.42	LSF Münster
5	RÖMER Peter	157	84	00:21:15.44	1 M35	+ 1m56s	00:21:14.30	LSF Münster
6	ÖZTÜRK Muhammed	151	98	00:21:56.45	3 HK	+ 2m37s	00:21:56.44	Tri Team Hagen
7	KÖSTER-EISERFUNKE Mathis	184	93	00:22:16.55	2 M30	+ 2m57s	00:22:13.22	keine Angabe
8	RENNERT Jona Paul	156	12	00:22:38.19	1 U12	+ 3m19s	00:22:36.74	keine Angabe
9	FÖRSTER Sebastian	123	92	00:23:13.46	3 M30	+ 3m54s	00:23:10.57	LT Wischlingen Dortmund
10	KANDULA Stefan	133	80	00:23:13.55	2 M40	+ 3m54s	00:23:09.32	Cross Joggers
1	EMMERICH Maike	120	93	00:23:42.14	1 W30		00:23:38.73	LGO RunSquad
11	BURKARD Christoph	111	61	00:24:24.69	1 M60	+ 5m06s	00:24:19.17	KCL Bochum
12	KÖNIGHAUS Phil	138	94	00:24:47.10	4 HK	+ 5m28s	00:24:41.15	Forrest Gump Fanclub
2	ZAFIROV Angelina Sophie	173	10	00:24:57.84	1 U14	+ 1m16s	00:24:55.49	Tri-Geckos Dortmund
3	LANGOSCH Lotte	141	09	00:25:06.56	1 U16	+ 1m25s	00:25:03.55	keine Angabe
4	MOLDENHAUER Dorte	175	81	00:25:19.59	1 W40	+ 1m38s	00:25:16.32	keine Angabe
13	PIEPET Ralph	183	71	00:25:19.69	1 M50	+ 6m01s	00:25:16.42	Union settmecke
14	HOLTKAMP Dennis	177	84	00:25:20.18	2 M35	+ 6m01s	00:25:15.75	keine Angabe
15	TOLLKNÄPPER Sven	165	81	00:25:36.80	3 M40	+ 6m18s	00:25:31.69	TV Werne 03 Wasserfreunde e.V.
5	GOEDERT Johanna	125	83	00:25:38.72	2 W40	+ 1m57s	00:25:33.86	TSC Running crew
6	TOLLKNÄPPER Ines	164	85	00:25:39.09	1 W35	+ 1m57s	00:25:34.49	TV Werne 03 Wasserfreunde e.V.
7	BOZKURT Ece Elif	108	10	00:25:40.23	2 U14	+ 1m59s	00:25:37.27	keine Angabe
16	STROTHMANN Laurenz	160	94	00:25:40.92	5 HK	+ 6m22s	00:25:24.29	keine Angabe
8	MÖBUS Katharina	147	91	00:25:49.63	2 W30	+ 2m08s	00:25:44.67	LT Wischlingen Dortmund
9	WESSEL Kathrin	185	85	00:26:37.10	2 W35	+ 2m55s	00:26:33.16	LGO Run Squad
17	MIGAS Rainer	181	67	00:26:42.59	1 M55	+ 7m24s	00:26:35.74	keine Angabe
18	NIEMANN Marko	037	72	00:26:43.43	2 M50	+ 7m24s	00:26:26.80	Coal Miner
10	NOCKMANN Lucia	149	07	00:28:41.45	1 U18	+ 5m00s	00:28:39.37	Lutzeberger
11	SCHÖDER Patrizia	158	76	00:28:41.46	1 W45	+ 5m00s	00:28:38.23	keine Angabe
12	LEHNER Emma	186	13	00:28:57.56	1 U12	+ 5m16s	00:28:55.18	keine Angabe
13	ZICKERICK Bianca	174	91	00:28:57.58	3 W30	+ 5m16s	00:28:50.81	Fit/one
14	SCHIPKE Britta	180	77	00:29:24.45	2 W45	+ 5m43s	00:29:17.54	Pacepackrunner
19	BRACK Heribert	109	55	00:29:50.56	1 M65	+ 10m31s	00:29:46.56	LG Olymia Dortmund
20	MARTENS Pierre	146	80	00:30:12.50	4 M40	+ 10m53s	00:29:55.87	keine Angabe
15	GREBE Hannah	126	10	00:30:22.69	3 U14	+ 6m41s	00:30:16.69	keine Angabe
21	REIMANN Christian	155	72	00:30:23.86	3 M50	+ 11m05s	00:30:16.09	Fit/one
16	DIETRICH Constanze	118	75	00:30:23.99	3 W45	+ 6m42s	00:30:16.16	Fit/one
22	FOJCIK Adam	179	72	00:30:27.92	4 M50	+ 11m09s	00:30:11.29	keine Angabe
23	BIEHS Steffen	104	90	00:30:38.44	4 M30	+ 11m19s	00:30:33.45	Forrest Gump Fanclub
24	WALLINDA-ZILLA Jürgen	178	64	00:30:43.81	2 M55	+ 11m25s	00:30:27.18	LGO Dortmund
25	DERWALD Jochen	116	73	00:30:51.79	5 M50	+ 11m33s	00:30:47.81	keine Angabe
17	DERWALD Jutta	117	72	00:31:00.56	1 W50	+ 7m19s	00:30:56.43	keine Angabe
26	HÜGLE Marc	129	92	00:31:23.72	5 M30	+ 12m05s	00:31:17.37	keine Angabe
27	BOMBA Jan	105	67	00:31:31.80	3 M55	+ 12m13s	00:31:26.03	BBL-Boleslawiec.
18	ESCOBAR Daniela	122	88	00:31:48.75	3 W35	+ 8m07s	00:31:41.98	keine Angabe
28	DE PALMA Cosimo	114	70	00:31:52.92	6 M50	+ 12m34s	00:31:36.29	Pace Pack Runners
19	KAVUK Ekin Su	136	93	00:31:58.29	4 W30	+ 8m17s	00:31:52.13	keine Angabe
29	TOPP Maximilian	166	95	00:32:52.15	6 HK	+ 13m33s	00:32:35.52	keine Angabe
20	CONRAD Heike	113	67	00:33:29.54	1 W55	+ 9m48s	00:33:22.15	keine Angabe
21	SUNDT Julia	163	79	00:33:29.86	3 W40	+ 9m48s	00:33:22.38	keine Angabe
22	EMMERICH Steffi	121	64	00:34:07.47	2 W55	+ 10m26s	00:34:02.47	Die Spochtlichen
23	NISHIMWE Dely	148	86	00:34:30.72	4 W35	+ 10m49s	00:34:25.35	keine Angabe
24	HARTMANN Jasmin	128	78	00:34:30.88	4 W45	+ 10m49s	00:34:25.46	keine Angabe
25	KIBBEL Nina Theresa	137	97	00:34:42.61	1 HK	+ 11m01s	00:34:25.98	keine Angabe
26	DE PALMA Sabina	115	76	00:35:10.45	5 W45	+ 11m29s	00:34:53.82	Pace Pack Runners
27	LAßAUER Esther	143	78	00:35:34.35	6 W45	+ 11m53s	00:35:17.72	keine Angabe
30	PAWELLEK Dieter	152	63	00:35:35.86	2 M60	+ 16m17s	00:35:29.34	Tura Rüdighausen Witten
28	GRIEB Katja	127	79	00:35:58.72	4 W40	+ 12m17s	00:35:52.86	Unioncrew

Legend:  
-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing  www.maxx-timing.de



Platz	Nachname - Vorname	StNr.	Jg.	Zeit (Brutto)	Platz AK	Rückstand	Zeit (Netto)	Team / Verein
29	WIßLING Annette	171	74	00:36:08.68	7 W45	+ 12m27s	00:36:01.31	keine Angabe
30	YUSEF-HÜGLE Yasmin	172	94	00:36:19.35	2 HK	+ 12m38s	00:36:12.96	keine Angabe
31	WITTKÉ Stefan	170	74	00:37:44.97	1 M45	+ 18m26s	00:37:28.34	TSV - Renesse 1997
32	LEBERT Marcel	144	81	00:37:49.48	5 M40	+ 18m30s	00:37:42.48	GREEN IT Das Systemhaus GmbH
31	STUHLIK Amaya	161	09	00:38:55.05	2 U16	+ 15m13s	00:38:55.04	Fit/one
32	STUHLIK Annette	162	71	00:38:55.19	2 W50	+ 15m13s	00:38:52.94	Fit one
33	OEST Annika	150	96	00:40:43.80	3 HK	+ 17m02s	00:40:27.17	keine Angabe
33	WINTER Lars	169	82	00:41:43.28	6 M40	+ 22m24s	00:41:26.65	Skiclub Sundern
34	LIU Lineng	145	02	00:42:07.18	7 HK	+ 22m48s	00:41:50.55	keine Angabe
34	LANGOSCH Madlen	142	80	00:43:13.83	5 W40	+ 19m32s	00:43:08.60	keine Angabe
35	TSILIGIRI Konstantina	167	60	00:57:17.89	1 W60	+ 33m36s	00:57:13.51	Fit/one
36	AL-JOMEILE Amel	101	70	00:57:31.03	3 W50	+ 33m49s	00:57:28.48	Fit/one
DNF	KAWALEK Lina	176	02	00:00:00.00	DNF HK			PV- Triathlon-Witten

Legend:  
 -n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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