

AK18-19 - weiblich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	HEINRICH Helene	033	06 18-19	4 F	05:16:19.01	Turnerschaft Gernersheim	00:33:59.98	00:02:32.71	02:44:09.25	00:01:52.64	01:53:44.43	

AK20 - männlich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	MIKOLAICZYK Yannis	060	02 AK20	18 M	04:33:08.90	Karlsruher Lemminge	00:28:57.55	00:01:57.62	02:16:20.35	00:02:34.27	01:43:19.11	
2	BREIER Lauro	009	05 AK20	33 M	04:53:36.14	keine Angabe	00:34:39.97	00:03:09.98	02:23:31.82	00:02:43.96	01:49:30.41	

AK25 - männlich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	GRIEGER Christian	026	97 AK25	13 M	04:25:55.34	Triathlon TuS Ahrweiler	00:22:42.75	00:02:13.05	02:12:33.45	00:01:39.31	01:46:46.78	
2	BÖGERSHAUSEN Max	007	98 AK25	30 M	04:49:33.04	keine Angabe	00:27:09.03	00:03:34.33	02:26:43.87	00:01:36.71	01:50:29.10	
3	WAGNER Noah	087	00 AK25	57 M	05:53:58.26	keine Angabe	00:38:36.29	00:04:20.92	02:49:17.96	00:03:58.24	02:17:44.85	

AK30 - männlich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	RESPONDEK Markus	074	91 AK30	1 M	04:00:14.02	OPTIMUM Sportbrillen/Tria-Team Bruchköbel	00:21:39.19	00:01:25.52	02:05:27.51	00:01:21.03	01:30:20.77	
2	SIMMERT Cedric	082	92 AK30	4 M	04:07:51.25	LG Steinlach-Zollern	00:30:11.01	00:01:50.81	02:03:24.59	00:02:02.09	01:30:22.75	
3	EMMES Simon	018	95 AK30	5 M	04:12:14.86	TCEC Mainz	00:25:40.17	00:01:40.01	02:13:20.51	00:01:25.02	01:30:09.15	
4	ROTHER Dennis	075	91 AK30	6 M	04:13:15.99	DSW 1912 Darmstadt Triathlon	00:25:08.57	00:02:23.31	02:14:27.10	00:03:00.66	01:28:16.35	
5	MURACH Fabian	065	91 AK30	16 M	04:30:56.31	MTV Kronberg - Triathlon	00:28:52.00	00:03:58.82	02:12:34.65	00:02:25.17	01:43:05.67	
6	LÜTH Hendrik	058	93 AK30	21 M	04:36:21.84	SkiClub Karlsbad	00:37:04.86	00:03:21.75	02:20:15.57	00:01:39.59	01:34:00.07	
7	LENZ Till	053	92 AK30	23 M	04:38:29.32	TCEC Mainz	00:25:00.36	00:02:42.15	02:16:02.63	00:02:25.89	01:52:18.29	
8	RAPPOLD Johannes	073	91 AK30	24 M	04:38:47.19	keine Angabe	00:29:24.49	00:03:43.16	02:22:53.24	00:02:20.64	01:40:25.66	
9	JULIUS Patrick	040	92 AK30	31 M	04:49:48.71	PB Tricoach	00:30:08.08	00:02:53.92	02:26:18.74	00:02:29.80	01:47:58.17	
10	RAETSCH Damian	071	92 AK30	50 M	05:17:07.72	Triathlon-Team DSW 1912 Darmstadt	00:34:05.68	00:02:17.91	02:19:56.69	00:02:38.82	02:18:08.62	
DNF	BECKER Robert	005	93 AK30	DNF M	00:00:00.00	keine Angabe	00:27:03.43	00:02:37.03	02:36:10.79	00:02:11.66		

AK35 - weiblich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	ECKERT Vera	015	90 AK35	1 F	04:58:08.91	LG Steinlach-Zollern	00:33:47.28	00:02:06.39	02:30:05.48	00:02:35.47	01:49:34.29	
2	ZAVEDIUK Tetiana	091	86 AK35	2 F	05:00:40.64	keine Angabe	00:29:28.47	00:03:27.61	02:40:43.17	00:04:56.16	01:42:05.23	
3	KÖRNER Anne	046	90 AK35	3 F	05:14:56.14	LSV Ladenburg	00:30:47.58	00:02:40.23	02:48:00.13	00:03:19.65	01:50:08.55	
4	RAETSCH Anna	070	90 AK35	5 F	05:18:11.66	keine Angabe	00:32:20.92	00:03:13.52	02:43:09.95	00:01:53.65	01:57:33.62	

AK35 - männlich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	GABEL Raphael	023	87 AK35	8 M	04:20:51.56	TEAM sisu-training	00:28:49.59	00:04:02.04	02:11:40.39	00:02:49.02	01:33:30.52	

AK35 - männlich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
2	LOKERMANS Thomas	057	87 AK35	17 M	04:31:29.95	LTF Theeltal	00:29:40.18	00:03:09.05	02:19:24.79	00:02:06.80	01:37:09.13	
3	ENGLISCH Daniel	019	88 AK35	25 M	04:38:47.29	Tria-Team Bruchköbel e.V.	00:23:13.42	00:02:38.43	02:19:42.19	00:02:06.46	01:51:06.79	
4	ANTON Christian	003	87 AK35	36 M	04:57:06.02	TG Hanau	00:26:58.43	00:02:57.03	02:25:07.99	00:01:57.76	02:00:04.81	
5	WENDT Julian	088	88 AK35	39 M	05:01:29.10	keine Angabe	00:35:50.91	00:03:49.24	02:31:10.45	00:02:26.90	01:48:11.60	
6	KABITZKE Steffen	041	86 AK35	40 M	05:02:03.02	keine Angabe	00:26:50.31	00:03:19.02	02:27:04.66	00:02:23.47	02:02:25.56	
7	DUDE Christoph	014	90 AK35	47 M	05:12:39.68	TSG Kleinostheim	00:33:16.35	00:07:32.08	02:36:23.23	00:03:12.97	01:52:15.05	
8	FUCHSEN Markus	022	87 AK35	49 M	05:16:48.60	TV Bitburg	00:38:36.88	00:03:23.13	02:39:03.88	00:02:20.04	01:53:24.67	
9	HOß Daniel	037	90 AK35	52 M	05:17:18.43	-	00:37:40.80	00:04:03.25	02:43:19.41	00:02:38.43	01:49:36.54	
10	BRAUN Sven	008	88 AK35	53 M	05:29:10.12	keine Angabe	00:34:03.84	00:05:08.10	02:29:46.24	00:01:51.59	02:18:20.35	
DNF	KOENEN Maximilian	045	87 AK35	DNF M	00:00:00.00	Sisu-Training	00:29:54.55	00:05:17.00	02:13:43.38	00:02:59.99		

AK40 - männlich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	BRÜCKHOF Timo	039	82 AK40	3 M	04:07:33.01	Eintracht Frankfurt	00:29:09.28	00:01:32.97	02:02:58.37	00:01:34.05	01:32:18.34	
2	SIEMIANOWSKI Simon	081	85 AK40	7 M	04:13:54.09	SF Tria Roßdorf	00:26:29.88	00:02:00.06	02:14:02.58	00:01:33.16	01:29:48.41	
3	HEROLD Dominik	034	81 AK40	9 M	04:21:37.08	SC Oberursel	00:24:26.89	00:01:38.41	02:15:56.73	00:01:47.14	01:37:47.91	
4	LEX Benjamin	054	84 AK40	10 M	04:22:04.21	keine Angabe	00:29:00.80	00:02:58.88	02:12:23.39	00:02:00.05	01:35:41.09	
5	VUKANCIC Sinisa	085	81 AK40	11 M	04:24:24.02	keine Angabe	00:29:28.89	00:02:27.89	02:09:13.15	00:01:34.57	01:41:39.52	
6	BURKART Felix	010	85 AK40	20 M	04:36:07.51	CanyonRun Mühlheim	00:26:59.67	00:02:01.36	02:14:36.93	00:01:48.87	01:50:40.68	
7	KRYST Florian	048	84 AK40	32 M	04:50:31.52	Vfl. Münster	00:30:04.05	00:03:02.54	02:28:49.11	00:01:14.90	01:47:20.92	
8	LINDNER Martin	056	84 AK40	37 M	04:57:18.47	DSW 1912 Darmstadt Triathlon	00:26:16.69	00:02:43.56	02:25:49.13	00:04:01.13	01:58:27.96	
9	RANFT Elmar	072	85 AK40	38 M	04:59:53.26	VFL Münster ReaCard Triathlon Team	00:29:09.08	00:03:12.95	02:27:55.55	00:01:57.87	01:57:37.81	
10	KÜHN Robert	049	81 AK40	41 M	05:05:19.17	Bembel Mafia	00:33:33.93	00:05:05.12	02:32:29.23	00:02:30.14	01:51:40.75	
DNF	ALBRECHT David	002	83 AK40	DNF M	00:00:00.00	keine Angabe	00:23:59.98					
DNF	LAUTENSCHLÄGER Alex	051	82 AK40	DNF M	00:00:00.00	Purebodybalance	00:27:51.08	00:04:50.39	02:36:39.74	00:02:31.81		
DNF	NYHUIS Christian	067	83 AK40	DNF M	00:00:00.00	Höchster Schwimmverein 1893 e.V.	00:29:30.57	00:03:33.72	02:22:18.68	00:02:35.87		

AK45 - weiblich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	LINDNER-KLEIN Sophia	055	78 AK45	6 F	05:27:31.24	DSW 1912 Darmstadt Triathlon	00:37:37.38	00:03:04.72	02:40:31.64	00:03:35.59	02:02:41.91	

AK45 - männlich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	EFFENBERGER Denis	016	77 AK45	15 M	04:30:15.75	1.Hanauer Lauftreff	00:24:25.89	00:02:33.12	02:18:18.46	00:02:18.14	01:42:40.14	
2	HALDEN Gunnar	030	78 AK45	19 M	04:33:10.07	Club TDC	00:29:58.57	00:04:14.94	02:13:52.05	00:02:07.87	01:42:56.64	
3	GROSCH Heiko	027	77 AK45	26 M	04:41:14.31	VFS Rödermark	00:26:28.28	00:04:42.73	02:24:35.02	00:01:58.24	01:43:30.04	
4	DEUTSCHMANN Jan	013	79 AK45	28 M	04:43:25.96	Eintracht Frankfurt Triathlon	00:33:58.13	00:04:14.53	02:12:14.02	00:02:23.25	01:50:36.03	
5	HEß Clemens	035	80 AK45	29 M	04:44:23.47	VFS Rödermark e.V.	00:32:13.02	00:03:13.88	02:24:57.58	00:02:44.54	01:41:14.45	
6	KOCH Timo Andreas	093	77 AK45	55 M	05:50:31.00	Eintracht Frankfurt Triathlon	00:27:32.64	00:05:19.11	02:50:01.63	00:04:05.48	02:23:32.14	

AK50 - weiblich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	HECHLER Heike	032	73 AK50	8 F	05:31:09.65	algemarin Team SV Traisa	00:33:54.69	00:03:38.17	02:42:32.29	00:02:14.16	02:08:50.34	

AK50 - männlich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	BECKER Phillip	004	73 AK50	2 M	04:03:57.87	VfL Münster ReaCard Triathlon Team	00:25:34.25	00:01:49.26	02:04:02.16	00:01:38.86	01:30:53.34	
2	KLEWITZ Arne	043	75 AK50	35 M	04:55:47.53	WechselZone Wiesbaden	00:33:24.58	00:02:47.16	02:18:57.82	00:03:50.32	01:56:47.65	
3	DANNEMANN Axel	012	71 AK50	42 M	05:05:37.14	Laufteam Fürth 2010	00:35:47.41	00:04:20.68	02:33:56.05	00:02:49.15	01:48:43.85	
4	MILIC Stivens	061	73 AK50	44 M	05:10:47.35	Eintracht Frankfurt Triathlon	00:32:41.66	00:04:32.72	02:35:26.20	00:02:28.81	01:55:37.96	
5	NIE Andreas	066	71 AK50	45 M	05:12:00.27	TV Dieburg	00:32:07.21	00:04:30.69	02:42:50.83	00:03:47.67	01:48:43.87	
6	MÜLLER Martin	064	72 AK50	46 M	05:12:07.41	RC03 Worfelden	00:38:24.83	00:03:43.78	02:40:17.92	00:04:18.47	01:45:22.41	
7	MENN Christian	059	75 AK50	48 M	05:16:04.35	Team Apfelgrund	00:31:15.57	00:06:52.19	02:31:59.78	00:03:07.12	02:02:49.69	
8	ROTHKUGEL Swen	076	75 AK50	56 M	05:52:49.54	keine Angabe	00:34:27.10	00:03:43.61	02:53:19.22	00:02:32.37	02:18:47.24	
9	KÄMMERER Andreas	042	71 AK50	58 M	06:11:23.00	keine Angabe	00:29:15.29	00:03:25.66	02:46:47.32	00:03:30.09	02:48:24.64	

AK55 - weiblich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	LENHARDT Maria-Luise	052	67 AK55	7 F	05:28:45.58	REA Card Triathlon Team TuS Griesheim	00:29:13.57	00:02:13.65	02:39:38.52	00:03:18.20	02:14:21.64	
2	LAUMANN Sigrun	050	66 AK55	10 F	05:50:29.24	Stimmel Sports e.V.	00:35:58.85	00:03:18.55	02:53:58.38	00:03:01.30	02:14:12.16	
3	POLI Stefania	069	69 AK55	12 F	05:52:27.67	SC Oberursel	00:35:23.88	00:03:05.75	02:46:12.19	00:03:20.85	02:24:25.00	

AK55 - männlich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	MÜLLER Claus	063	70 AK55	14 M	04:29:54.95	TG Nieder Roden	00:29:16.25	00:02:34.56	02:14:45.38	00:02:08.53	01:41:10.23	
2	SCHÜLER Henning	079	66 AK55	22 M	04:37:40.49	ZDF Sportgruppe	00:22:47.82	00:02:32.62	02:21:37.64	00:02:03.97	01:48:38.44	
3	GÜNTHER Christian	029	69 AK55	34 M	04:54:00.46	Eintracht Frankfurt Triathlon	00:29:23.21	00:03:55.81	02:19:59.28	00:03:30.77	01:57:11.39	
4	MÖHRINGER Detlev	062	66 AK55	43 M	05:10:34.63	Lauftiere Wallburg	00:31:14.90	00:03:28.74	02:40:41.95	00:02:48.40	01:52:20.64	
5	SCHRAMM Frank	078	68 AK55	51 M	05:17:14.48	keine Angabe	00:34:11.06	00:04:45.58	02:34:26.32	00:05:10.35	01:58:41.17	

AK60 - weiblich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	HUBER Daphne	038	61 AK60	9 F	05:48:48.41	Eintracht Frankfurt Triathlon	00:35:11.18	00:05:05.53	02:53:52.24	00:02:26.66	02:12:12.80	
2	HICK Andrea	036	64 AK60	11 F	05:51:56.33	ASG Tria Hockenheim	00:41:16.14	00:05:54.51	02:44:28.07	00:03:48.44	02:16:29.17	

AK60 - männlich

Platz	Nachname - Vorname	StNr.	Jg. AK	Overall M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	STAHN Carsten	083	63 AK60	12 M	04:25:34.92	Tri Team Sabine „Jonas	00:27:36.54	00:01:51.68	02:10:26.57	00:02:34.70	01:43:05.43	
2	EICHLER Ralf	017	64 AK60	54 M	05:35:50.36	Skg sprenglingen	00:30:56.38	00:03:50.50	02:31:57.64	00:02:43.19	02:26:22.65	

AK65 - männlich

Platz	Nachname - Vorname	StNr.	Jg.	AK	Overall	M/W	Zeit	Verein	Swim	W1	Bike	W2	Run	Bemerkungen
1	OHM Stefan	068	59	AK65	27	M	04:43:12.40	SSC Landau	00:31:02.53	00:02:21.33	02:22:21.11	00:01:50.97	01:45:36.46	

