

Jugend U14 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	RICHTER Pascal	328	10	01:58:12.89	1 U14		keine Angabe	01:01:42.45	00:56:30.44		

Jugend U16 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	FISCHINGER Frida	065	07	01:37:19.01	1 U16		TV Gelnhausen	00:49:09.83	00:48:09.18		

Jugend U18 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	GEISSLER Jonah	335	05	02:02:23.06	1 U18		TSG Kleinostheim		00:58:43.03	01:03:40.03	

Jugend U20 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	RICHTER Finja	205	03	01:43:20.93	1 U20		TV Gelnhausen	00:50:17.71	00:53:03.22		

Jugend U20 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	BECKER Fynn	017	03	01:07:55.89	1 U20		SSC Hanau-Rodenbach	00:34:21.32	00:33:34.57		
2 M	PATT Lasse	181	04	01:18:00.18	2 U20	+ 10m05s	SC Oberursel	00:38:57.34	00:39:02.84	00:40:14.17	
3 M	GOTTWEIS Raphael	082	03	01:18:24.42	3 U20	+ 10m29s	SC Steinberg	00:39:18.03	00:39:06.39	00:39:40.50	

Frauen - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	MÜLLER Lena Erja	168	98	01:15:23.58	1 W		TG Melbach	00:37:46.01	00:37:37.57		
2 F	EULER Tatjana	057	99	01:17:53.18	2 W	+ 2m30s	TV Dieburg		00:39:35.92	00:38:17.26	
3 F	TÄTZSCH Nina-Juliette	251	00	01:21:44.37	3 W	+ 6m21s	LG Stadtwerke München	00:40:45.45		00:40:58.92	

Frauen - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
4 F	RAHNER Annika	191	97 01:22:44.01	4 W	+ 7m21s	Eintracht Frankfurt Triathlon e.V.	00:42:17.98	00:42:53.71	00:40:26.03	
5 F	BURK Anna-Lena	035	94 01:27:09.83	5 W	+ 11m47s	SF Tria Roßdorf	00:43:03.30	00:44:06.53		
6 F	VOLZ Jasmin	263	97 01:35:13.76	6 W	+ 19m51s	MTG Mannheim		00:49:48.74	00:45:25.02	
7 F	HERRMANN Nina	101	96 01:35:17.40	7 W	+ 19m54s	#teamthilobickert	00:46:45.51	00:48:31.89		
8 F	HESSE Jessica	104	95 01:35:27.35	8 W	+ 20m04s	TV Gelnhausen	00:47:46.03	00:47:41.32		
9 F	DEINES Olivia	301	97 01:39:26.92	9 W	+ 24m04s	Team Asphaltchlurfer	00:51:33.92		00:47:53.00	
10 F	GOTTWEIS Jacqueline	081	00 01:42:21.41	10 W	+ 26m58s	SC Steinberg	00:51:04.75	00:51:16.66	00:56:46.42	
11 F	DREES Anna	305	93 01:42:58.29	11 W	+ 27m35s	keine Angabe	00:50:55.48		00:52:02.81	
12 F	KUBAN Patricia	337	95 01:45:07.38	12 W	+ 29m44s	keine Angabe		00:56:41.16	00:48:26.22	

Männer - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	BERGMANN Nils	019	98 01:06:18.38	1 M		TV Waldstraße Wiesbaden	00:32:56.81	00:33:21.57		
2 M	WÜRTENBERGER Janis	290	94 01:06:47.78	2 M	+ 30s	SSC Hanau Rodenbach	00:34:01.02	00:32:46.76		
3 M	JECKEL Daniel	110	97 01:07:05.33	3 M	+ 47s	LEX Laufexperten Mainz	00:33:40.82		00:33:24.51	
4 M	NOHE Daniel	174	95 01:10:50.85	4 M	+ 4m33s	Spiridon Frankfurt	00:36:06.58	00:35:55.69	00:34:55.16	
5 M	PIETERS Fabian	187	93 01:13:28.22	5 M	+ 7m10s	TUS Kölm rrh.	00:37:10.68	00:36:17.54		
6 M	ROUSSEL Cédric	212	97 01:14:33.66	6 M	+ 8m16s	TCEC Mainz	00:37:37.04		00:36:56.62	
7 M	FISCHER Christian	063	94 01:15:45.84	7 M	+ 9m28s	keine Angabe	00:38:27.32	00:37:18.52	00:41:00.09	
8 M	HOSKE Anton	334	98 01:18:03.49	8 M	+ 11m46s	keine Angabe	00:41:24.27	00:39:23.53	00:38:39.96	
9 M	EMICH Bennett	315	95 01:19:18.68	9 M	+ 13m01s	HolzMehr		00:40:19.98	00:38:58.70	
10 M	SCHROTH Tim	229	97 01:20:27.24	10 M	+ 14m09s	EOSC Offenbach Triathlon	00:40:35.11	00:39:52.13		
11 M	WEIMAR Marcel	274	95 01:21:05.27	11 M	+ 14m47s	LT Rheinhessen-Pfalz	00:42:40.84	00:40:24.35	00:40:40.92	
12 M	KÜNNE Jan Erik	142	98 01:22:47.35	12 M	+ 16m29s	Eintracht Frankfurt Triathlon e.V.	00:48:12.90	00:34:34.45		
13 M	DANGMANN Thimo	046	96 01:24:56.05	13 M	+ 18m38s	LG Rüsselsheim	00:40:12.36	00:45:17.42	00:44:43.69	
14 M	LUKAS André	156	94 01:24:58.44	14 M	+ 18m41s	SV Gelnhausen 1924 e.V.		00:41:35.23	00:43:23.21	
15 M	OHLEMÜLLER Felix	176	00 01:37:24.11	15 M	+ 31m06s	keine Angabe	00:47:41.98	00:49:42.13	00:56:46.42	
16 M	HOCK Fabian	318	02 01:52:34.44	16 M	+ 46m17s	TV Elsava Elsenfeld 05		00:57:46.82	00:54:47.62	

Sen 30 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	MOSER Tania	331	90 01:11:19.12	1 W30		Spiridon Frankfurt	00:36:13.89	00:35:51.14	00:35:27.98	

Sen 30 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
2 F	BAIST Franziska	013	91	01:11:57.45	2 W30	+ 39s	SGK Bad Homburg		00:35:58.72	00:35:58.73	
3 F	HEININGER Nadja	093	89	01:15:24.81	3 W30	+ 4m06s	SSC Hanau Rodenbach	00:38:03.84	00:37:20.97		
4 F	CHACON Laura	041	88	01:17:23.44	4 W30	+ 6m05s	Asics Frontrunner	00:38:56.05	00:38:27.39		
5 F	REINDL Rosali	196	90	01:19:05.80	5 W30	+ 7m47s	keine Angabe	00:39:53.87	00:39:11.93		
6 F	SCHÄFER Tamara	311	89	01:25:57.64	6 W30	+ 14m39s	TuS Griesheim Leichtathletik	00:42:38.86		00:43:18.78	
7 F	REZAGHOLINIA Sandra	203	88	01:35:41.58	7 W30	+ 24m23s	keine Angabe	00:48:01.72	00:52:53.99	00:47:39.86	
8 F	AUERBACH Janine	011	90	01:49:30.68	8 W30	+ 38m12s	BSG Merck	00:54:35.41	00:54:55.27		
9 F	ASKEVOLD Stina	008	91	01:53:34.60	9 W30	+ 42m16s	keine Angabe		00:56:41.30	00:56:53.30	
10 F	KIBNER Anika	122	90	02:00:08.49	10 W30	+ 48m50s	LG Offenbach	01:00:55.09	00:59:13.40		

Sen 30 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	STAHL Dominic	332	91	01:08:28.32	1 M30		Adidas Runners	00:34:15.53	00:34:18.22	00:34:12.79	
2 M	RÖCKLE Silas	210	89	01:12:54.32	2 M30	+ 4m26s	Spiridon Frankfurt	00:36:18.52	00:36:37.28	00:36:35.80	
3 M	MORR Julian	166	90	01:16:08.83	3 M30	+ 7m41s	keine Angabe		00:38:30.88	00:37:37.95	
4 M	ADAM Dominik	002	89	01:18:00.54	4 M30	+ 9m33s	TUS Griesheim	00:39:22.72	00:38:37.82		
5 M	FOCHT Alexander	067	88	01:18:48.63	5 M30	+ 10m21s	keine Angabe	00:39:53.12	00:39:22.60	00:39:26.03	
6 M	RICHTER John	327	90	01:19:26.10	6 M30	+ 10m58s	Laufteam Nowalala / EOSC Triathlon		00:39:34.99	00:39:51.11	
7 M	BERNARDING Tobias	020	88	01:20:45.34	7 M30	+ 12m17s	TuS Griesheim	00:40:38.11	00:43:15.51	00:40:07.23	
8 M	KUNKEL Alexander	140	88	01:21:10.69	8 M30	+ 12m43s	TSG Kleinostheim	00:41:26.19	00:39:44.50		
9 M	LANDSIEDEL Chris	146	89	01:23:03.73	9 M30	+ 14m36s	TuS Griesheim	00:41:21.82	00:41:41.91	00:42:37.30	
10 M	SCHAEFER-BRAND Jakob	217	92	01:24:31.80	10 M30	+ 16m04s	Team Brand	00:45:23.46	00:42:53.17	00:41:38.63	
11 M	BARON Alexander	015	90	01:25:27.38	11 M30	+ 17m00s	OPTIMUM Sportbrillen	00:42:18.16		00:43:09.22	
12 M	VETTER Marco	260	91	01:25:40.90	12 M30	+ 17m13s	FSV Kloppenheim 1954 e.V.	00:39:49.33		00:45:51.57	
13 M	HAMEISTER Martin	302	88	01:28:26.64	13 M30	+ 19m59s	BSG Goodyear	00:44:17.65		00:44:08.99	
14 M	KEßLER René	120	92	01:36:28.20	14 M30	+ 28m00s	SV Nikar Heidelberg e.V.	00:48:56.77	00:47:31.43	00:50:05.20	
15 M	CROENER Daniel	296	88	01:56:34.56	15 M30	+ 48m07s	keine Angabe	00:54:33.07		01:02:01.49	

Sen 35 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	WOYNA Irene	289	83	01:23:25.59	1 W35		IBC Dimb Racing Team	00:41:15.74		00:42:09.85	

Sen 35 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
2 F	LINDNER Anne	310	84	01:35:05.23	2 W35	+ 11m40s	Lindner OF	00:48:06.77	00:46:58.46		
3 F	REINTGEN Franziska	199	86	01:39:06.43	3 W35	+ 15m41s	SF Tria Rossdorf	00:51:14.38	00:49:10.11	00:49:56.32	
4 F	HEIL Annika	091	85	01:52:40.97	4 W35	+ 29m16s	TUS Griesheim		00:54:45.92	00:57:55.05	
5 F	JUNKER Dee	114	83	02:01:55.47	5 W35	+ 38m30s	RLT Rodgau Lauffreff	01:01:22.88	01:00:32.59		
6 F	LEHMBERG Tanja	147	85	02:19:49.39	6 W35	+ 56m24s	JSK Rodgau 1888 e.V.	01:08:27.44	01:11:53.93	01:11:21.95	

Sen 35 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	MC SWINEY Aidan	160	84	01:05:01.02	1 M35		TSV Schott Mainz	00:33:45.26	00:32:36.50	00:32:24.52	
2 M	KUTTICH Björn	321	86	01:10:20.10	2 M35	+ 5m20s	TuS Griesheim		00:35:08.47	00:35:11.63	
3 M	HOLLMANN SERGEJ	235	86	01:15:12.05	3 M35	+ 10m11s	keine Angabe	00:37:57.16	00:37:14.89		
4 M	SCHÄFER Jan	312	87	01:16:25.55	4 M35	+ 11m25s	TuS Griesheim	00:39:22.71	00:38:38.00	00:37:47.55	
5 M	OTT Alexander	180	85	01:18:51.07	5 M35	+ 13m50s	LG Seligenstadt	00:41:38.49	00:39:32.09	00:39:18.98	
6 M	MAYER Markus	159	87	01:19:41.59	6 M35	+ 14m41s	IG Trailrunning Taunus	00:40:08.13	00:39:33.46		
7 M	STACHEL Christian	241	83	01:22:52.63	7 M35	+ 17m52s	keine Angabe	00:41:23.66		00:41:28.97	
8 M	GEIER Sven	075	84	01:25:11.02	8 M35	+ 20m10s	keine Angabe	00:42:16.23		00:42:54.79	
9 M	STÜKER Andreas	249	86	01:28:52.80	9 M35	+ 23m52s	Erdinger Active Team	00:44:55.33	00:43:57.47	00:47:47.17	
10 M	STORCK René	246	83	01:29:52.53	10 M35	+ 24m52s	SF Tria Rossdorf	00:44:12.07	00:45:40.46	00:47:43.61	
11 M	STEINERT Christian	243	85	01:31:54.73	11 M35	+ 26m54s	keine Angabe	00:46:35.59	00:45:19.14	00:49:02.11	
12 M	SCHILL Markus	295	85	01:33:10.56	12 M35	+ 28m10s	keine Angabe	00:46:38.91	00:46:31.65	00:47:10.23	

Sen 40 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	SKALSKY Eva	238	81	01:26:02.35	1 W40		LuT Aschaffenburg	00:42:58.70		00:43:03.65	
2 F	PFEIFER Kai	325	82	01:29:35.80	2 W40	+ 3m34s	keine Angabe	00:45:44.24	00:43:51.56		
3 F	BUTT Miriam	038	82	01:32:34.82	3 W40	+ 6m33s	Spiridon Frankfurt	00:46:22.86	00:46:14.81	00:46:20.01	
4 F	RICHTER Swantje	208	81	01:36:18.70	4 W40	+ 10m17s	Neckarau parkrun / TV Rheinau		00:49:49.17	00:46:29.53	
5 F	ARNOLD Nina	006	81	01:37:41.06	5 W40	+ 11m39s	Neckarau parkrun		00:49:53.35	00:47:47.71	
6 F	SOVONJA Annett	239	81	01:38:45.20	6 W40	+ 12m43s	RLT Rodgau	00:50:09.05	00:48:36.15		
7 F	SEIB Bere	232	81	01:42:05.21	7 W40	+ 16m03s	guilty76 racing		00:51:00.29	00:51:04.92	
8 F	MERTEN Nicole	165	79	01:46:27.71	8 W40	+ 20m26s	RLT Rodgau	00:53:30.53	00:52:57.18		

Sen 40 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
9 F	RICHTER Geertje	206	78 01:49:45.08	9 W40	+ 23m43s	keine Angabe	00:54:23.97	00:55:21.11		
10 F	DORNFELD Sabrina	050	80 02:04:51.45	10 W40	+ 38m50s	keine Angabe	00:59:47.58		01:05:03.87	

Sen 40 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	HEROLD Niklas	100	80 01:10:10.10	1 M40		keine Angabe	00:35:25.50	00:34:44.60		
2 M	LIK Michael	148	78 01:10:19.73	2 M40	+ 10s	Team Bad Orb - Gesund im Spessart	00:35:40.87	00:34:38.86		
3 M	MÜLLER Tim Nikolas	170	81 01:15:19.24	3 M40	+ 5m10s	SG All-Stars	00:38:01.07	00:37:18.17		
4 M	GASSMANN Michael	074	81 01:15:38.82	4 M40	+ 5m29s	keine Angabe	00:37:41.77	00:38:33.50	00:37:57.05	
5 M	WEBER Jürgen	270	78 01:16:47.63	5 M40	+ 6m38s	Rodenbach	00:39:00.15	00:38:19.73	00:38:27.90	
6 M	HEß Clemens	105	80 01:19:11.15	6 M40	+ 9m01s	MTV Urberach	00:40:03.51	00:39:07.64		
7 M	MADER Theodor	308	81 01:19:26.62	7 M40	+ 9m17s	Spiridon Frankfurt	00:38:59.92		00:40:26.70	
8 M	ELLER Tim	055	81 01:20:25.52	8 M40	+ 10m16s	algemarin Team SV Traisa	00:40:24.04	00:40:01.48	00:41:34.23	
9 M	KAES Florian	309	79 01:22:57.60	9 M40	+ 12m48s	EOSC Offenbach	00:41:40.32	00:41:38.97	00:41:18.63	
10 M	SATTLER Christopher	216	81 01:24:27.30	10 M40	+ 14m18s	JSK Rodgau	00:44:02.98	00:42:32.44	00:41:54.86	
11 M	KITTNER Oliver	121	82 01:26:26.43	11 M40	+ 16m17s	keine Angabe	00:44:41.36	00:43:24.40	00:43:02.03	
12 M	NEUNER Philipp	173	82 01:28:09.77	12 M40	+ 18m00s	Fahrrad XXL Franz	00:44:14.42	00:43:55.35		
13 M	RAIMONDI Angelo	192	82 01:28:51.29	13 M40	+ 18m42s	keine Angabe	00:45:59.23	00:44:02.99	00:44:48.30	
14 M	MOTSCHENBACHER Dirk	167	80 01:30:30.23	14 M40	+ 20m21s	Eintracht Frankfurt Triathlon	00:45:32.09		00:44:58.14	
15 M	SCHÄFER Thomas	218	78 01:33:55.51	15 M40	+ 23m46s	RLT Rodgau	00:47:08.14		00:46:47.37	
16 M	THEIS Markus	254	80 01:34:52.68	16 M40	+ 24m43s	One Endurance Team	00:47:15.89		00:47:36.79	
17 M	KUGLER Torben	135	80 01:36:19.42	17 M40	+ 26m10s	keine Angabe	00:48:51.38	00:48:35.36	00:47:44.06	
18 M	HEIN Paul	092	79 01:36:28.81	18 M40	+ 26m19s	LG BSN		00:47:30.82	00:48:57.99	
19 M	WINKELS Jan	282	79 01:41:03.10	19 M40	+ 30m53s	You never RUN alone !	00:50:14.66		00:50:48.44	
20 M	KREH Matthia	132	80 01:42:18.12	20 M40	+ 32m08s	Groß-Umstadt	00:49:57.09		00:52:21.03	
21 M	PRIESTER Björn	188	80 01:45:25.80	21 M40	+ 35m16s	HitaminPur Running Team	00:52:43.35	00:52:42.45	00:56:40.96	

Sen 45 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg. Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	ZEHNDER Tanja	292	75 01:26:35.67	1 W45		TSV Pfungstadt	00:43:36.09	00:42:59.58		
2 F	BICKERT Christine	023	76 01:28:07.06	2 W45	+ 1m32s	TV Großostheim	00:46:01.68	00:44:39.79	00:43:27.27	

Sen 45 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
3 F	KUKULA Andrea	139	75	01:30:40.65	3 W45	+ 4m05s	JSK Rodgau	00:45:25.29	00:45:41.62	00:45:15.36	
4 F	REEG Alexandra	195	77	01:35:58.69	4 W45	+ 9m23s	SC Gütersbach	00:48:19.80	00:47:38.89		
5 F	REVESZ Monika	202	76	01:38:38.76	5 W45	+ 12m04s	keine Angabe	00:50:09.14	00:48:29.62		
6 F	KÜSTERS Karen	144	74	01:41:31.65	6 W45	+ 14m56s	Rodgau	00:50:46.07	00:50:45.58	00:53:32.04	
7 F	OSTERMANN Frauke	179	76	01:43:11.97	7 W45	+ 16m37s	RLT Rodgau	00:52:45.55	00:52:36.73	00:50:35.24	
8 F	SALOMON Annett	214	77	01:48:37.90	8 W45	+ 22m03s	keine Angabe	00:53:56.08	00:54:41.82	00:55:41.53	
9 F	WELLER Tanja	278	74	01:51:02.17	9 W45	+ 24m27s	keine Angabe	00:54:41.52	00:57:34.70	00:56:20.65	
10 F	DÖRNER Barbara	049	73	01:51:41.45	10 W45	+ 25m06s	keine Angabe		00:56:51.59	00:54:49.86	
11 F	VOLK Nicole	262	76	01:53:30.30	11 W45	+ 26m55s	Love is in the air!	01:02:05.15	01:00:13.92	00:53:16.38	
12 F	GOTTWEIS Christine	080	73	02:00:43.29	12 W45	+ 34m08s	SC Steinberg	00:59:32.21	01:01:11.08	01:01:17.92	

Sen 45 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	ZEHNDER Jürgen	291	74	01:09:15.49	1 M45		TSV Pfungstadt	00:34:54.90	00:34:20.59		
2 M	REINKE Ingbert	198	77	01:14:59.36	2 M45	+ 5m44s	SSC Hanau-Rodenbach	00:38:47.95	00:36:11.41		
3 M	PAWLIKOWSKI Adam	183	76	01:17:24.50	3 M45	+ 8m09s	ECB running section		00:38:52.54	00:38:31.96	
4 M	ADOLPHS Tim	003	73	01:17:38.46	4 M45	+ 8m23s	Eintracht Frankfurt Triathlon	00:39:55.12	00:38:51.90	00:38:46.56	
5 M	BUTZ Michael	039	74	01:19:14.82	5 M45	+ 10m00s	LuigiRunningDarmstadt	00:40:03.86	00:39:10.96	00:40:29.73	
6 M	GROSCH Heiko	086	77	01:19:27.81	6 M45	+ 10m13s	VFS Rödermark	00:40:35.80	00:38:52.01		
7 M	RICHTER Martin	207	77	01:19:42.82	7 M45	+ 10m28s	keine Angabe	00:39:06.71	00:40:36.11		
8 M	FISCHER Jan-Ruben	300	75	01:19:46.86	8 M45	+ 10m32s	Eintracht Frankfurt Triathlon	00:40:38.01	00:39:08.85		
9 M	KUBALL Christian	133	76	01:20:51.68	9 M45	+ 11m37s	JSK Rodgau	00:42:19.82	00:40:06.11	00:40:45.57	
10 M	WÖHRLE Alexander	286	73	01:21:10.88	10 M45	+ 11m56s	keine Angabe	00:40:54.86	00:40:23.46	00:40:47.42	
11 M	BLASCHEK Thomas	298	73	01:21:17.76	11 M45	+ 12m03s	SSC HANAU RODENBACH	00:46:16.42	00:40:14.76	00:41:03.00	
12 M	OSTERMANN Michael	324	76	01:21:44.57	12 M45	+ 12m30s	RLT Rodgau		00:40:49.70	00:40:54.87	
13 M	HERBERT Clemens	098	76	01:24:46.80	13 M45	+ 15m32s	Harema	00:44:59.00	00:42:50.89	00:41:55.91	
14 M	MENK Andreas	163	73	01:24:56.34	14 M45	+ 15m41s	Spiridon Frankfurt	00:42:44.77	00:42:11.57	00:44:08.09	
15 M	EFFENBERGER Denis	053	77	01:30:53.12	15 M45	+ 21m38s	keine Angabe	00:46:55.13	00:45:59.03	00:44:54.09	
16 M	OPP Gunnar	178	76	01:32:09.81	16 M45	+ 22m55s	TUS Griesheim	00:46:34.56	00:45:35.25		
17 M	GERBER Patrick	077	74	01:34:29.57	17 M45	+ 25m15s	Urban Runners Frankfurt	00:47:01.42	00:52:51.48	00:47:28.15	
18 M	REIß Thorsten	204	76	01:35:03.06	18 M45	+ 25m48s	TV Goldbach	00:47:00.82	00:48:02.24		
19 M	HABICHT Jan	317	77	01:36:53.63	19 M45	+ 27m39s	Feuerwehr Rodgau Mitte		00:47:59.94	00:48:53.69	
20 M	ATTIG Frank	010	76	01:37:16.13	20 M45	+ 28m01s	LAUFZiel Aschaffenburg	00:49:48.95	00:47:27.18	00:50:29.47	
21 M	KUGLER Sven	134	73	01:37:33.26	21 M45	+ 28m18s	keine Angabe	00:48:51.27	00:48:41.99	00:49:15.12	

Sen 45 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
22 M	SCHAAF André	336	73	01:38:11.12	22 M45	+ 28m56s	Die Mannschaft mit der Maus		00:48:38.31	00:49:32.81	
23 M	WINTER Steffen	285	76	01:39:07.15	23 M45	+ 29m52s	keine Angabe	00:49:20.33	00:49:46.82	00:49:48.78	
24 M	JUSE Kai	307	77	01:47:03.57	24 M45	+ 37m49s	keine Angabe	00:54:13.39	00:54:33.11	00:52:50.18	
25 M	BUBSER Marcus	034	75	01:47:14.16	25 M45	+ 37m59s	keine Angabe		00:54:22.21	00:52:51.95	
26 M	HOLSCHUH Marcus	107	75	01:50:59.12	26 M45	+ 41m44s	TV 1863 Groß-Zimmern	00:56:26.27	00:54:32.85		
27 M	SPYCHALA Dennis	240	77	01:53:33.88	27 M45	+ 44m19s	Love is in the air!	01:02:05.31	01:00:17.49	00:53:16.39	

Sen 50 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	TYWCZYNSKI Joanna	256	72	01:28:12.29	1 W50		ASC Darmstadt		00:43:56.99	00:44:15.30	
2 F	HABERMANN Manuela	089	70	01:30:12.19	2 W50	+ 2m00s	keine Angabe	00:46:03.00	00:45:07.50	00:45:04.69	
3 F	EBELING Annette	052	70	01:32:28.85	3 W50	+ 4m17s	Tria Team Bruchkoebel	00:46:15.79		00:46:13.06	
4 F	RAMBELOSOA Ony	193	70	01:33:20.46	4 W50	+ 5m09s	keine Angabe	00:46:27.91	00:46:52.55	00:47:20.06	
5 F	BOURGUIGNON Raileen	030	70	01:38:11.77	5 W50	+ 10m00s	TSG Kleinostheim	00:49:12.25	00:48:59.52		
6 F	KÜNNE Dana	141	72	01:49:07.44	6 W50	+ 20m56s	NDF Runners	00:55:54.43	00:54:20.09	00:54:47.35	
7 F	BIENENFELD Mirjam	024	71	01:52:41.97	7 W50	+ 24m30s	LG Offenbach	00:57:22.02	00:56:21.23	00:56:20.74	
8 F	HELD Christa	094	70	02:20:10.61	8 W50	+ 51m59s	keine Angabe	01:10:38.76	01:09:31.85		

Sen 50 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	KÖBLER Gregor	125	71	01:14:14.09	1 M50		TV 1878 Groß-Umstadt	00:37:09.52	00:37:04.57	00:37:58.41	
2 M	OBST Michael	175	70	01:16:41.45	2 M50	+ 2m28s	TuS Griesheim	00:37:58.51		00:38:42.94	
3 M	DEIKE Volker	047	68	01:19:55.17	3 M50	+ 5m42s	TuS Griesheim	00:39:55.77	00:39:59.40	00:43:15.85	
4 M	HUHN Stephan	297	71	01:25:28.13	4 M50	+ 11m14s	Eintracht Frankfurt Triathlon	00:44:00.44	00:42:55.16	00:42:32.97	
5 M	GEISLER René	076	72	01:29:10.28	5 M50	+ 14m57s	TSG Kleinostheim	00:44:42.57	00:47:45.30	00:44:27.71	
6 M	KARL Martin	116	70	01:31:24.41	6 M50	+ 17m11s	TV Großostheim	00:46:48.65	00:45:44.36	00:45:40.05	
7 M	SANNA Giuseppe Marco	215	68	01:31:36.86	7 M50	+ 17m23s	IchIch1968	00:45:42.53	00:45:54.33		
8 M	SCHMITT Sebastian	223	72	01:34:28.46	8 M50	+ 20m15s	Spiridon Frankfurt	00:46:22.45		00:48:06.01	
9 M	KÜNNE Sören	143	70	01:35:20.90	9 M50	+ 21m07s	Tria-Team-Bruchköbel e.V.	00:48:12.62	00:47:08.28	00:50:00.03	
10 M	DANGMANN Markus	045	69	01:36:18.38	10 M50	+ 22m05s	LG Rüsselsheim	00:48:11.18	00:48:07.20	00:49:35.38	
11 M	WINTER Gunther	284	70	01:36:49.12	11 M50	+ 22m35s	RLT Rodgau	00:48:03.69		00:48:45.43	

Sen 50 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
12 M	LÖWE Andreas	153	68	01:36:59.15	12 M50	+ 22m46s	Lauf Team Kassel	00:49:16.19	00:47:45.71	00:49:13.44	
13 M	GROH Wolfgang	085	69	01:37:43.53	13 M50	+ 23m30s	Turngemeinde 08 Ober-Roden	00:49:28.43	00:48:15.10		
14 M	EURICH Claus	058	72	01:37:51.13	14 M50	+ 23m37s	Turngemeinde 08 Ober-Roden		00:48:14.93	00:49:36.20	
15 M	OHLEMÜLLER Roland	177	68	01:39:58.36	15 M50	+ 25m45s	TV 1888 Reinheim	00:49:46.18	00:50:12.18	00:51:18.07	
16 M	DÖLLINGER Karsten	001	72	01:40:30.08	16 M50	+ 26m16s	RLT Rodgau	00:51:10.17	00:49:58.96	00:50:31.12	
17 M	KOKEMÜLLER Klaus-Heinrich	129	69	01:45:15.54	17 M50	+ 31m02s	TuS Griesheim Waldläufer	00:56:03.77	00:52:11.70	00:53:03.84	
18 M	KRÄMER Thorsten	131	71	01:47:04.93	18 M50	+ 32m51s	Erdinger Active Team	00:52:56.62	00:54:08.31		
19 M	FÖRSTER Albrecht	068	68	01:52:33.14	19 M50	+ 38m19s	Team Europa	00:56:52.02	00:55:41.12	00:56:55.75	
20 M	ROMEIS Steffen	211	69	01:55:20.28	20 M50	+ 41m07s	Feuerwehr Rodgau Mitte	00:57:36.97	00:57:43.31		
21 M	KEIM Michael	118	69	01:56:37.39	21 M50	+ 42m24s	ADAC Triathlon Club Main Kinzig	00:58:46.33	00:57:51.06		
22 M	VORNDRAN Hans Joachim	266	72	02:12:50.69	22 M50	+ 58m37s	keine Angabe	01:06:00.22		01:06:50.47	

Sen 55 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	GRYGOSCH Sigrid	087	67	01:27:16.64	1 W55		Teutonia Hausen	00:43:52.38	00:43:24.26		
2 F	WEBER Petra	271	64	01:29:53.20	2 W55	+ 2m37s	Tria Team Bruchköbel	00:45:14.42	00:44:51.46	00:45:01.74	
3 F	FIEBIG-KELLER Claudia	316	64	01:31:51.54	3 W55	+ 4m35s	TV Hergershausen		00:45:43.20	00:46:08.34	
4 F	FISCHER Bärbel	062	64	01:33:00.95	4 W55	+ 5m45s	RLT Rodgau	00:46:28.87	00:46:32.08	00:47:15.95	
5 F	FELLMANN Alexandra	059	65	01:44:22.59	5 W55	+ 17m06s	Fix_Foxi	00:51:31.94	00:52:50.65		
6 F	BRAND Judith	031	65	01:50:53.30	6 W55	+ 23m37s	Team Brand	00:55:31.30		00:55:22.00	
7 F	PELZL Alexandra	184	67	01:53:42.07	7 W55	+ 26m26s	keine Angabe	00:59:49.82	00:57:25.56	00:56:16.51	
8 F	MÜLLER Solvig	169	65	01:58:55.32	8 W55	+ 31m39s	RLT Rodgau	00:58:57.93	00:59:57.39		
9 F	WESP Sabine	280	66	01:59:12.16	9 W55	+ 31m56s	Honolulu Laufteam	00:58:54.43	01:00:17.73	01:04:35.43	
10 F	FREISING Susanne	072	65	01:59:22.42	10 W55	+ 32m06s	keine Angabe	00:58:39.31		01:00:43.11	
11 F	SCHRÄDT Astrid	228	63	02:05:29.33	11 W55	+ 38m13s	TuS Griesheim Waldläufer	01:02:11.10		01:03:18.23	

Sen 55 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	MERNBERGER Oliver	164	65	01:15:25.46	1 M55		SKG Sprendlingen	00:37:57.84	00:37:30.74	00:37:54.72	
2 M	WINNHAUER Matthias	283	66	01:16:22.10	2 M55	+ 57s	Besi_Friends	00:39:23.91	00:37:32.04	00:38:50.06	
3 M	WIEGAND Frank	281	65	01:21:07.70	3 M55	+ 5m43s	Passtscho98	00:39:09.06		00:41:58.64	

Sen 55 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
4 M	LACHACZ Olaf	145	67	01:22:21.38	4 M55	+ 6m56s	SG Rodheim	00:41:40.97	00:40:40.41		
5 M	KÜHN Carl	136	66	01:28:06.33	5 M55	+ 12m41s	Hüttenberger Land Läufer	00:44:16.49	00:43:49.84		
6 M	FISCHER Zeljko	064	65	01:29:43.60	6 M55	+ 14m19s	keine Angabe	00:45:00.24	00:44:43.36	00:46:05.42	
7 M	ULLRICH Frank	257	67	01:32:41.65	7 M55	+ 17m17s	TSG Eppstein	00:55:37.10	00:47:34.73	00:45:06.92	
8 M	PATT Torsten	182	66	01:34:06.47	8 M55	+ 18m41s	SC Oberursel	00:46:14.61		00:47:51.86	
9 M	KRONIGER Axel	304	64	01:34:24.80	9 M55	+ 19m00s	TV Stierstadt	00:48:22.33	00:46:02.47		
10 M	FELLMANN Andreas	060	67	01:35:09.41	10 M55	+ 19m44s	Fix_Foxi	00:46:37.46	00:48:31.95		
11 M	DEINES Konrad	303	67	01:36:29.31	11 M55	+ 21m04s	Team Asphaltchu	00:47:48.43		00:48:40.88	
12 M	SCHÖNFELDER Klaus	227	64	01:39:17.37	12 M55	+ 23m52s	Rumpelstilzchen	00:49:53.83	00:49:33.83	00:49:43.54	
13 M	DREWS Franz	051	63	01:39:49.85	13 M55	+ 24m25s	Spiridon Frankfurt	00:49:51.28	00:49:58.57	00:52:20.95	
14 M	BORGIOLI Stefano	028	65	01:41:20.12	14 M55	+ 25m55s	ECB Running/Triathlon Section	00:50:33.28		00:50:46.84	
15 M	MUTH Jürgen	171	64	01:42:48.51	15 M55	+ 27m23s	Offenbacher LC	00:51:24.87	00:51:23.64		
16 M	BAJUS Volker	014	63	01:47:17.55	16 M55	+ 31m53s	Wild Life Crew	00:53:19.50		00:53:58.05	
17 M	WESP Michael	279	65	01:47:29.24	17 M55	+ 32m04s	Honolulu Laufteam	00:51:12.48		00:56:16.76	
18 M	WORTMANN Thorsten	288	67	01:51:44.06	18 M55	+ 36m19s	DFS Betriebssportverein	01:00:30.77	00:51:13.29		
19 M	BORSBACH Peter	029	67	01:56:32.15	19 M55	+ 41m07s	keine Angabe	00:59:19.74	00:58:57.66	00:57:34.49	
20 M	RACKENSBERGER Henri	190	67	02:21:10.28	20 M55	+ 1h05m45	Harema		01:07:33.98	01:13:36.30	

Sen 60 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	TENTRUP-TIEDJE Corinna	253	59	01:57:09.06	1 W60		LF Naheland Bad Kreuznach	00:58:24.61	00:58:44.45		
2 F	MENDE Mercedes	162	62	02:06:09.37	2 W60	+ 9m01s	TSV Heusenstamm	01:02:27.83	01:04:43.84	01:03:41.54	

Sen 60 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	KÖHLER Karl-Heinz	126	61	01:20:27.35	1 M60		LG Bad Soden/Sulzbach/Neuenhain	00:40:35.63	00:39:51.72	00:40:39.74	
2 M	WEISHAUPT Christian	277	62	01:28:44.74	2 M60	+ 8m18s	TSG Kleinostheim		00:44:11.19	00:44:33.55	
3 M	VETTER Matthias	261	60	01:29:37.62	3 M60	+ 9m11s	BSG Commerzbank	00:45:28.12	00:44:24.69	00:45:12.93	
4 M	BREYER Dr. Ralf	033	59	01:32:37.09	4 M60	+ 12m10s	Frankfurter Volleyballverein (FVV)	00:45:39.19	00:46:57.90		
5 M	KUHN Peter	137	60	01:33:11.24	5 M60	+ 12m44s	Spiridon Frankfurt	00:46:43.15	00:46:28.09	00:46:50.63	
6 M	FLEISCHMANN Jochen	066	61	01:34:42.10	6 M60	+ 14m15s	SC Steinberg		00:47:27.62	00:47:14.48	

Sen 60 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
7 M	VON DER GRÜN Klaus	264	59	01:35:21.12	7 M60	+ 14m54s	TG Schwanheim	00:47:53.80	00:49:20.11	00:47:27.32	
8 M	BAUER Wolfgang	016	59	01:36:20.78	8 M60	+ 15m54s	Offenbacher LC	00:47:58.95		00:48:21.83	
9 M	SCHMIDT Kees	222	62	01:37:39.29	9 M60	+ 17m12s	BSG L4P	00:48:59.06	00:48:40.23	00:49:22.32	
10 M	VON WOLFF Ludwig	265	58	01:40:46.29	10 M60	+ 20m19s	Spiridon Frankfurt e. V./ Laufotse Haspama	00:49:39.39	00:51:06.90	00:51:34.70	
11 M	KAISER Manfred	115	58	01:43:28.09	11 M60	+ 23m01s	SV Fun-Ball Dortelweil	00:51:13.91	00:52:14.18		
12 M	DISSER Thomas	048	62	01:43:35.30	12 M60	+ 23m08s	LaufReport.de	00:53:15.99		00:50:19.31	
13 M	LUCKHARDT Wolfgang	154	60	01:44:48.48	13 M60	+ 24m22s	Taunusläufer	00:51:57.37		00:52:51.11	
14 M	LOPEZ Jesus	151	59	01:45:49.21	14 M60	+ 25m22s	keine Angabe	00:52:52.04	00:53:17.17	00:52:57.17	
15 M	KÖHLER Thomas	127	58	01:47:50.69	15 M60	+ 27m24s	Bio Runner Rhein-Main	00:54:55.11		00:52:55.58	
16 M	STORK Andreas	247	61	01:51:31.75	16 M60	+ 31m05s	FVV Laufen	00:55:21.26	00:56:10.49		
17 M	ELBRECHT Heinz	054	58	01:52:56.33	17 M60	+ 32m29s	Hillhunter-Hessen	00:54:56.32	00:58:00.01	00:59:58.37	
18 M	APPELHANS Gerhard	004	60	02:14:32.91	18 M60	+ 54m06s	Fallbach Läufer Hanau	01:06:15.43	01:08:17.48		
19 M	WEIMAR Peter	275	58	03:06:53.26	19 M60	+ 1h46m26	LT Rheinhessen-Pfalz	01:37:21.49	01:40:23.62	01:29:31.77	

Sen 65 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	HERMES Marita	099	55	01:55:22.28	1 W65		RLT Rodgau	00:57:27.00	00:57:55.28	01:01:32.00	
2 F	ARBOGAST Maria	005	57	02:05:52.91	2 W65	+ 10m31s	RFC Oberstedten		01:03:05.30	01:02:47.61	

Sen 65 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	BURKHARDT Werner	036	56	01:30:07.73	1 M65		LT Rheinhessen-Pfalz	00:46:13.16	00:43:54.57	00:46:29.81	
2 M	SCHEIBE Gerd	220	56	01:37:32.35	2 M65	+ 7m25s	TV Hergershausen	00:48:26.99	00:49:11.59	00:49:05.36	
3 M	SCHÜTTLER Wilhelm	231	54	01:38:17.71	3 M65	+ 8m10s	TV Waldstraße Wiesbaden	00:46:21.48		00:51:56.23	
4 M	SIPPEL Jürgen	237	56	01:41:16.79	4 M65	+ 11m10s	REA Card Triathlon Team TuS Griesheim	00:50:52.96	00:50:23.83		
5 M	MENDE Erhard	161	57	01:46:49.44	5 M65	+ 16m42s	TSV Heusenstamm	00:52:57.25	00:54:56.49	00:53:52.19	
6 M	BINZEL Erich	025	57	01:47:07.25	6 M65	+ 17m00s	LT Rheinhessen-Pfalz/Gutenberg-Marathon	00:51:52.93	00:55:14.32	00:56:28.78	
7 M	PETER Rolf	186	53	02:22:37.85	7 M65	+ 52m31s	keine Angabe	01:13:08.55	01:09:29.30		

Sen 70 - weiblich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 F	GÖTTNAUER Margret	079	52	01:33:13.98	1 W70		LG BSN	00:46:39.58	00:46:34.40	00:51:48.89	

Sen 70 - männlich

Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	SEMMELE Peter	234	52	01:43:09.80	1 M70		TV Waldstraße Wiesbaden	00:51:20.08	00:51:49.72	00:51:56.01	
2 M	WAGNER Michael	267	51	01:44:32.89	2 M70	+ 1m24s	Königstein/Taunus	00:51:44.37		00:52:48.52	
3 M	LIPPERT Berthold	150	50	01:48:38.17	3 M70	+ 5m29s	TV Goldbach	00:53:37.53	00:55:00.64	00:56:20.95	
4 M	BLAUM Hugo	026	51	01:49:40.29	4 M70	+ 6m31s	RLT Rodgau	00:52:32.89		00:57:07.40	
5 M	SCHAUER Rainer	219	51	01:54:12.57	5 M70	+ 11m03s	Taunusläufer	00:55:33.28		00:58:39.29	
6 M	WIEDERSPAHN Klaus	329	50	01:56:01.08	6 M70	+ 12m52s	LG Rodgau	00:58:08.12	00:59:16.68	00:57:52.96	
7 M	VAHL Jochen	259	49	01:57:01.36	7 M70	+ 13m52s	Spiridon Frankfurt	00:58:48.81	00:58:12.55	01:02:27.77	
8 M	WALPER Gerhard	269	50	01:59:00.44	8 M70	+ 15m51s	RLT Rodgau	00:59:35.10	00:59:25.34	01:01:55.26	
9 M	SCHMIDT Erwin	221	52	02:48:54.41	9 M70	+ 1h05m45	LAZ Oberburg-Miltenberg	01:31:56.75	01:30:03.47	01:18:50.94	

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Platz M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz AK	GAP	Team / Verein	Nov 22	Dez 22	Jan 23	Feb 23
1 M	ZIETLOW Hans Uwe	293	46	02:38:58.67	1 M75		SiebzigPlus Dietzenbach		01:11:57.55	01:27:01.12	