

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
1	REINHARDT Philipp		1948	1 M20M	00:31:15.10	00:06:23.67	3	00:06:21.13	2	00:06:16.78	2	00:06:15.15	2	00:05:58.37	1	00:31:14.99	1	keine Angabe
2	TESFAZGHI HAYALU Samsom		1874	2 M20M	00:31:20.89	00:06:32.21	7	00:06:19.35	1	00:06:15.27	1	00:06:15.11	1	00:05:58.95	2	00:31:19.90	2	SV Sömmerda e.V.
3	JUNGHANNß Karl		1721	3 M20M	00:31:29.74	00:06:23.59	1	00:06:21.17	3	00:06:16.98	3	00:06:15.51	3	00:06:12.49	3	00:31:29.06	3	LAC Erfurt Top Team
4	BORGGREFE Fabian		1622	1 M40M	00:32:15.53	00:06:23.61	2	00:06:24.34	4	00:06:30.84	4	00:06:28.89	4	00:06:27.85	4	00:32:14.81	4	SG Spergau
5	HOYER Vincent		1403	4 M20M	00:32:55.02	00:06:31.88	5	00:06:33.42	5	00:06:37.19	5	00:06:37.07	5	00:06:35.46	5	00:32:53.97	5	Lauftraining.com
6	HÄßNER Philipp		1715	1 U20M	00:33:22.75	00:06:32.20	6	00:06:38.28	6	00:06:43.98	6	00:06:41.29	6	00:06:47.00	6	00:33:22.07	6	sc impuls erfurt
7	HÄßNER Julian		1714	2 U20M	00:33:54.46	00:06:37.07	8	00:06:46.11	8	00:06:49.69	7	00:06:48.10	7	00:06:53.49	7	00:33:53.04	7	sc impuls erfurt
8	MÜLLER Marcus		1786	5 M20M	00:34:09.43	00:06:31.86	4	00:06:43.25	7	00:06:54.58	8	00:06:56.72	8	00:07:03.02	10	00:34:07.92	8	LAC Erfurt Top Team
9	PANSE Adrian		1797	6 M20M	00:35:21.06	00:06:41.81	9	00:07:02.48	10	00:07:16.47	11	00:07:13.38	11	00:07:06.92	11	00:35:18.71	9	USV Erfurt
10	BREUER Max		1625	7 M20M	00:35:22.44	00:06:56.49	12	00:07:02.35	9	00:07:14.37	10	00:07:08.31	10	00:07:00.92	9	00:35:21.21	10	Erfurter LAC
11	TESCH Oliver		1987	8 M20M	00:35:26.21	00:07:03.85	14	00:07:08.91	12	00:07:09.35	9	00:07:05.02	9	00:06:59.08	8	00:35:21.77	11	keine Angabe
12	GEBREMESKEL Measho		1667	9 M20M	00:35:55.87	00:06:44.78	10	00:07:07.00	11	00:07:21.77	13	00:07:14.81	12	00:07:27.51	21	00:35:54.68	12	SV Sömmerda e.V.
13	HEINZ Philipp		1692	10 M20M	00:36:19.65	00:07:05.09	15	00:07:20.94	17	00:07:21.20	12	00:07:20.32	13	00:07:12.10	12	00:36:16.84	13	SV 1885 Teutschent
14	BÖRSCH Christian		1626	1 M30M	00:36:36.71	00:06:54.74	11	00:07:15.42	14	00:07:32.50	18	00:07:31.33	18	00:07:22.72	19	00:36:32.67	14	Team BSR
15	KÄSTNER Henning		1755	2 M30M	00:36:41.24	00:07:06.66	18	00:07:19.51	16	00:07:26.72	15	00:07:26.13	15	00:07:22.22	18	00:36:38.29	15	keine Angabe
16	KONSCHAK Ulrich		1746	2 M40M	00:36:50.93	00:07:15.29	21	00:07:10.72	13	00:07:27.23	16	00:07:26.47	16	00:07:31.22	23	00:36:47.18	16	Orthim Triathlon Tea
17	JUNGHANNß Otto		1722	1 U18M	00:36:56.45	00:07:17.58	24	00:07:26.22	20	00:07:24.54	14	00:07:25.93	14	00:07:22.18	17	00:36:54.64	17	Erfurter LAC
18	FRITSCH Johannes		1660	11 M20M	00:37:04.03	00:07:23.07	30	00:07:22.01	18	00:07:36.21	21	00:07:29.15	17	00:07:13.59	13	00:36:56.86	18	Bischofroda
19	KELLNER Tobias		1996	12 M20M	00:37:04.39	00:07:06.86	20	00:07:19.50	15	00:07:30.23	17	00:07:35.32	19	00:07:32.48	26	00:37:02.74	20	keine Angabe
20	EDELMANN Tino		1384	3 M30M	00:37:07.46	00:07:05.66	17	00:07:25.22	19	00:07:39.55	23	00:07:35.58	20	00:07:21.45	16	00:37:00.28	19	SC Motor Zella-Mehl
21	NADLER Dörte		1905	1 F20F	00:37:17.76	00:07:06.76	19	00:07:26.30	21	00:07:39.04	22	00:07:38.91	21	00:07:26.75	20	00:37:16.59	21	SSC Bad Soden-Alle
22	FISCHER Anna Kristin		1656	1 U20F	00:37:32.27	00:07:17.86	26	00:07:27.05	22	00:07:35.97	19	00:07:38.97	22	00:07:32.42	25	00:37:31.25	22	BMW-SC DHfK Leipz
23	WARMUTH Kenneth		1885	13 M20M	00:37:47.02	00:07:21.88	27	00:07:39.81	28	00:07:40.71	24	00:07:44.11	25	00:07:20.51	14	00:37:44.66	23	Leipziger Triathlonve
24	LEUENDORFF Stephan		1763	3 M40M	00:37:51.29	00:07:22.41	29	00:07:35.25	24	00:07:50.78	30	00:07:41.54	24	00:07:21.31	15	00:37:47.72	24	A3K Berlin
25	STRAMKA Jan		1865	2 U18M	00:38:10.69	00:07:17.53	23	00:07:27.40	23	00:07:36.01	20	00:07:58.17	31	00:07:51.58	36	00:38:08.43	25	Erfurter LAC
26	KONSCHAK Katja		1745	1 F30F	00:38:17.86	00:07:35.07	38	00:07:40.54	29	00:07:44.13	26	00:07:40.36	23	00:07:37.76	28	00:38:16.37	26	Orthim Triathlon Tea
27	SCHMIDT Daniel		1944	4 M40M	00:38:28.79	00:07:17.67	25	00:07:46.53	33	00:07:43.30	25	00:07:55.78	28	00:07:45.51	31	00:38:26.12	27	keine Angabe
28	RUPRECHT Dirk		1824	4 M30M	00:38:29.65	00:07:21.93	28	00:07:39.77	27	00:07:50.40	29	00:07:50.82	27	00:07:46.73	32	00:38:27.11	28	LTV Erfurt
29	HEINRICH Maria		1690	2 F20F	00:38:31.14	00:07:35.08	39	00:07:47.89	34	00:07:50.19	28	00:07:47.53	26	00:07:30.45	22	00:38:28.70	29	SV 1885 Teutschent
30	GLÄSER Carolin		1989	2 F30F	00:38:32.04	00:07:31.41	34	00:07:44.75	32	00:07:46.59	27	00:07:57.00	29	00:07:32.29	24	00:38:32.02	31	Rennsteiglaufverein
31	MANSOV Karimi Khalid		1965	14 M20M	00:38:38.06	00:07:02.98	13	00:07:41.42	30	00:07:59.30	33	00:08:12.48	39	00:07:41.88	30	00:38:29.19	30	keine Angabe
32	REUSCHLER Martin		1814	15 M20M	00:38:41.89	00:07:16.52	22	00:07:42.45	31	00:07:52.55	31	00:07:57.54	30	00:07:52.83	37	00:38:39.89	32	Salamander FC
33	FREITAG Roman		1190	3 U18M	00:38:54.80	00:07:05.28	16	00:07:39.72	26	00:08:00.24	34	00:08:14.73	41	00:07:54.83	41	00:38:53.84	33	Eisenacher Leichtath
34	SCHMIDT Marco		1839	5 M40M	00:39:01.66	00:07:25.99	32	00:07:50.15	36	00:08:00.88	35	00:08:03.23	34	00:07:41.41	29	00:38:59.68	34	SWE Laufteam
35	RUDOLPH Sascha		1822	4 U18M	00:39:03.28	00:07:25.46	31	00:07:48.57	35	00:07:55.07	32	00:08:00.48	33	00:07:53.70	40	00:39:01.76	35	Sv 1899 Mühlhausen
36	BORGGREFE Katja		1623	1 F40F	00:39:49.77	00:07:54.83	49	00:07:54.88	37	00:08:01.39	36	00:07:59.40	32	00:07:59.27	46	00:39:47.05	37	Turbine Halle
37	LINSE Benny		2259	16 M20M	00:39:51.54	00:07:51.72	46	00:07:39.36	25	00:08:01.47	37	00:08:21.59	51	00:07:57.40	45	00:39:36.50	36	Spirit of Football e.V.
38	ROBE Karoline		1404	3 F30F	00:39:58.98	00:07:50.49	44	00:08:01.28	42	00:08:03.72	38	00:08:10.46	36	00:07:53.03	38	00:39:56.60	39	Lauftraining.com
39	KOHLIS Dennis		1742	5 M30M	00:40:00.04	00:07:55.18	51	00:08:00.43	41	00:08:04.69	40	00:08:11.14	37	00:07:48.60	35	00:39:54.93	38	SV Kyffhäuser
40	STELZNER Torsten		1936	6 M40M	00:40:05.60	00:07:43.21	40	00:08:00.10	40	00:08:07.71	42	00:08:14.19	40	00:08:00.39	47	00:40:00.11	40	WSV Ilmenau
41	MARTIN Kai		1961	7 M40M	00:40:07.30	00:07:55.04	50	00:08:10.91	57	00:08:09.18	43	00:08:04.48	35	00:07:47.69	34	00:40:00.37	41	Sv Klengel serba 09
42	HOFFMANN Christian		1409	6 M30M	00:40:10.45	00:07:32.54	35	00:08:09.03	51	00:08:13.35	46	00:08:18.86	46	00:07:56.67	43	00:40:07.48	42	keine Angabe
43	LEDWIG Torsten		1759	1 M50M	00:40:12.95	00:07:43.61	41	00:07:59.18	39	00:08:04.86	41	00:08:16.79	42	00:08:08.51	52	00:40:11.81	43	Diehloer Hügelläufer
44	STÜTZER Robin		1873	5 U18M	00:40:20.73	00:07:27.42	33	00:07:56.71	38	00:08:22.24	62	00:08:39.34	78	00:07:55.02	42	00:40:18.64	45	die Lengenfelder
45	KERST Alexander		1050	7 M30M	00:40:22.93	00:07:46.99	42	00:08:04.76	44	00:08:12.79	45	00:08:21.02	50	00:07:57.37	44	00:40:17.32	44	Walschberg Runners
46	HERRMANN Maik		1695	8 M30M	00:40:27.27	00:07:53.46	47	00:08:02.16	43	00:08:03.91	39	00:08:17.11	43	00:08:10.63	56	00:40:24.19	46	sc impuls erfurt
47	HOFMANN Mario		1708	8 M40M	00:40:36.94	00:08:00.52	55	00:08:07.14	48	00:08:16.93	50	00:08:18.68	45	00:07:53.67	39	00:40:27.19	47	Die flinken Gerateler
48	BODE Ronny		2273	9 M30M	00:40:54.25	00:07:47.94	43	00:08:04.79	45	00:08:15.01	48	00:08:26.25	58	00:08:20.26	70	00:40:49.23	48	SSV Erfurt
49	WILCK Andreas		1889	2 M50M	00:40:57.63	00:07:53.98	48	00:08:06.59	47	00:08:21.17	57	00:08:25.02	55	00:08:10.87	57	00:40:55.88	49	Sömmerdaer Gipfels

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

www.maxx-timing.de



Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
50	KINDERVATER Lars		1734	9 M40M	00:41:04.20	00:08:12.89	68	00:08:10.08	55	00:08:14.49	47	00:08:17.78	44	00:08:08.96	54	00:40:59.65	50	FSV Schernberg
51	SCHMIDT Moritz		1840	6 U18M	00:41:09.48	00:08:01.88	58	00:08:09.49	52	00:08:19.33	54	00:08:31.71	69	00:08:07.07	49	00:41:05.34	51	Erfurter LAC
52	GROßE Achim		1282	3 M50M	00:41:16.17	00:07:51.34	45	00:08:15.85	65	00:08:24.55	66	00:08:29.01	64	00:08:15.42	60	00:41:12.84	55	LA Sonneberg
53	MEIER Steffen		1373	10 M40M	00:41:16.46	00:08:01.40	56	00:08:12.92	60	00:08:23.59	64	00:08:25.79	57	00:08:12.76	59	00:41:13.48	56	keine Angabe
54	VOIGT Dominik		1172	11 M40M	00:41:17.38	00:08:13.36	69	00:08:16.94	69	00:08:22.22	61	00:08:21.63	52	00:08:03.23	48	00:41:12.82	54	keine Angabe
55	HERZ Mario		1197	10 M30M	00:41:17.51	00:08:08.97	64	00:08:12.74	58	00:08:20.61	55	00:08:26.25	59	00:08:08.94	53	00:41:08.26	52	Team geschenke-on
56	MÜNCH Heiko		1159	4 M50M	00:41:18.41	00:08:12.67	67	00:08:08.95	50	00:08:19.09	53	00:08:20.95	49	00:08:16.75	62	00:41:12.02	53	SC Impuls Erfurt e.V.
57	HESSE Uwe		1322	5 M50M	00:41:20.23	00:08:03.03	59	00:08:20.12	79	00:08:20.62	56	00:08:25.51	56	00:08:10.95	58	00:41:16.22	57	Physio - K- Hesse/ R
58	KÖPPE Jan		1086	11 M30M	00:41:23.20	00:07:57.14	54	00:08:13.19	61	00:08:21.79	59	00:08:31.91	70	00:08:19.17	68	00:41:18.21	60	SV Fortuna 49 Käme
59	FUHRMANN Martin		1663	12 M30M	00:41:28.11	00:08:10.32	66	00:08:08.58	49	00:08:18.23	51	00:08:20.25	47	00:08:30.73	88	00:41:16.70	58	Laufaden Erfurt OCF
60	KÖLLNER Jannis		1949	7 U18M	00:41:30.72	00:07:56.41	53	00:08:26.23	84	00:08:27.99	74	00:08:20.34	48	00:08:19.75	69	00:41:28.74	64	FC Gebesee
61	MESSERER Christian		1779	13 M30M	00:41:31.60	00:08:09.63	65	00:08:06.12	46	00:08:23.31	63	00:08:33.45	72	00:08:19.09	67	00:41:23.05	62	SWE Laufteam
62	REHNER Klaus		1811	12 M40M	00:41:32.34	00:08:26.44	83	00:08:09.91	54	00:08:18.31	52	00:08:28.44	63	00:08:09.24	55	00:41:17.71	59	SV Handwerk Erfurt
63	MACKENSEN Sylvester		1771	13 M40M	00:41:33.22	00:08:17.35	74	00:08:17.55	73	00:08:23.86	65	00:08:26.61	60	00:08:07.85	51	00:41:27.55	63	SV Nordhausen 90
64	WALTER Sebastian		1033	17 M20M	00:41:35.57	00:08:14.10	70	00:08:09.63	53	00:08:22.19	60	00:08:31.36	66	00:08:18.29	64	00:41:21.47	61	keine Angabe
65	HÜTTENMÜLLER Uwe		1934	14 M30M	00:41:45.00	00:08:14.46	71	00:08:26.03	83	00:08:29.20	75	00:08:28.14	61	00:08:07.17	50	00:41:40.62	65	SG Eintracht Wende
66	SCHLEHAHN- ERBECK Andre´		1326	14 M40M	00:41:48.63	00:08:06.69	63	00:08:17.49	71	00:08:25.66	70	00:08:31.43	68	00:08:27.36	82	00:41:45.04	67	keine Angabe
67	SCHULZ Rene		1844	15 M40M	00:41:50.09	00:08:03.23	60	00:08:16.23	66	00:08:26.38	71	00:08:33.66	73	00:08:30.59	86	00:41:47.15	68	Vfb 09 Mühlhausen
68	MARQUARDT Sven		1357	16 M40M	00:41:58.50	00:08:24.78	79	00:08:14.04	62	00:08:25.14	68	00:08:35.69	74	00:08:18.85	66	00:41:49.22	69	keine Angabe
69	DIEZEL Uwe		1632	6 M50M	00:42:02.94	00:08:06.53	62	00:08:14.85	64	00:08:27.58	72	00:08:43.43	83	00:08:30.55	85	00:41:58.88	71	SWE Laufteam
70	BRENNER Anke		1029	2 F40F	00:42:05.01	00:08:05.29	61	00:08:17.32	70	00:08:29.51	76	00:08:37.37	76	00:08:35.52	102	00:42:01.62	72	keine Angabe
71	MUDASER Amini		1956	3 U20M	00:42:07.83	00:07:34.91	37	00:08:14.64	63	00:08:39.14	90	00:08:31.35	65	00:09:07.79	186	00:41:58.01	70	keine Angabe
72	FRITSCH Steve		1327	15 M30M	00:42:10.42	00:08:01.47	57	00:08:23.84	81	00:08:37.46	87	00:08:40.60	79	00:08:27.05	81	00:42:04.60	75	Walschberg Runners
73	KOPPRASCH Jens		1386	16 M30M	00:42:20.34	00:08:15.62	72	00:08:16.31	67	00:08:31.17	77	00:08:45.29	84	00:08:31.95	93	00:42:14.28	78	SRLV
74	KOLARZIK Tim		1161	8 U18M	00:42:23.99	00:09:03.09	134	00:08:17.57	74	00:08:21.76	58	00:08:23.89	54	00:08:17.68	63	00:41:44.32	66	keine Angabe
75	GIEßMANN Andrea		1249	4 F30F	00:42:28.49	00:08:22.69	77	00:08:40.54	101	00:08:31.21	78	00:08:31.40	67	00:08:22.65	76	00:42:26.47	79	LTV Erfurt e.V.
76	PAHN Christina		1957	3 F20F	00:42:33.96	00:09:04.42	136	00:08:16.93	68	00:08:25.44	69	00:08:28.44	62	00:08:18.73	65	00:42:02.39	73	Fitnesscamp Saalfeld
77	HILDESHEIM Marcus		1028	9 U18M	00:42:43.27	00:07:55.98	52	00:08:12.89	59	00:08:59.66	130	00:09:06.73	130	00:08:28.01	83	00:42:38.50	82	VfB Torpedo Ichterst
78	MESSERSCHMIDT Frank		1066	17 M40M	00:42:45.52	00:08:54.09	115	00:08:18.87	76	00:08:34.60	82	00:08:41.67	82	00:08:16.29	61	00:42:11.43	77	keine Angabe
79	NAUTSCHER-TIMMERMANN Stt		2297	18 M40M	00:42:47.57	00:09:06.15	139	00:08:19.71	78	00:08:24.77	67	00:08:32.22	71	00:08:24.72	79	00:42:07.12	76	Lindenapotheke Lau
80	MÜLLER Oliver		1787	17 M30M	00:42:48.32	00:10:11.14	281	00:08:27.65	86	00:08:11.15	44	00:08:11.41	38	00:07:46.97	33	00:42:04.41	74	keine Angabe
81	AMLING Marc		1605	18 M30M	00:42:55.12	00:09:46.03	226	00:08:10.81	56	00:08:15.49	49	00:08:22.26	53	00:08:20.53	71	00:42:29.08	81	keine Angabe
82	BORMANN Marcus		1275	19 M30M	00:42:56.82	00:09:01.76	129	00:08:27.76	87	00:08:27.62	73	00:08:35.80	75	00:08:23.88	78	00:42:28.29	80	Lauffreunde Schmir
83	HÄNDEL Stefan		1713	7 M50M	00:43:03.88	00:08:17.22	73	00:08:24.52	82	00:08:43.50	95	00:08:54.06	98	00:08:44.58	123	00:42:56.22	84	ESV Lok Zwickau
84	WÄCHTER Hartmut		1272	1 M60M	00:43:13.04	00:08:24.57	78	00:08:36.59	92	00:08:40.09	92	00:08:48.43	85	00:08:43.36	118	00:43:10.90	89	LSV Lok Arnstadt
85	SOPPART Daniel		1855	20 M30M	00:43:16.83	00:08:27.64	84	00:08:20.17	80	00:08:44.67	97	00:09:00.68	113	00:08:43.67	120	00:43:10.71	88	keine Angabe
86	WESTERGERLING Stefan		1311	18 M20M	00:43:17.50	00:09:00.36	126	00:08:19.38	77	00:08:34.69	83	00:08:50.77	89	00:08:32.30	94	00:42:48.59	83	keine Angabe
87	PREUßE Mathias		1367	21 M30M	00:43:18.74	00:08:41.94	96	00:08:38.24	96	00:08:37.27	86	00:08:49.96	87	00:08:31.33	92	00:43:10.69	87	keine Angabe
88	OSTERMANN Frank		1795	8 M50M	00:43:20.77	00:08:44.30	99	00:08:33.29	90	00:08:37.74	88	00:08:50.91	90	00:08:34.53	100	00:43:04.19	86	SWE Laufteam
89	SMEIBILL Frank		2286	19 M40M	00:43:32.34	00:09:09.94	144	00:08:17.52	72	00:08:32.22	79	00:08:51.13	91	00:08:41.53	114	00:42:56.77	85	ASV Erfurt
90	EXNER Stephan		1654	22 M30M	00:43:39.33	00:09:16.09	157	00:08:38.01	94	00:08:34.40	81	00:08:37.90	77	00:08:32.93	96	00:43:16.70	90	Prinzencrew 2017
91	LUNGMUß Tim		1769	10 U18M	00:43:42.46	00:08:39.33	92	00:08:33.28	89	00:08:38.74	89	00:09:13.64	144	00:08:37.47	107	00:43:24.69	92	Erfurter LAC
92	CZEKALLA Sebastian		1902	23 M30M	00:43:46.21	00:08:46.25	103	00:08:37.71	93	00:08:37.07	84	00:08:54.59	101	00:08:50.59	140	00:43:24.55	91	keine Angabe
93	KLÖPPNER Norman		1402	24 M30M	00:43:46.57	00:08:45.75	102	00:08:38.11	95	00:08:37.21	85	00:08:54.52	100	00:08:50.98	142	00:43:25.33	93	LTV Erfurt e.V.
94	JARAUSCH Hagen		1128	20 M40M	00:43:50.06	00:08:20.80	76	00:08:40.06	99	00:08:51.88	110	00:09:00.93	115	00:08:56.39	155	00:43:40.65	98	ASV Erfurt
95	BÜRGER Thomas		1279	21 M40M	00:43:51.61	00:08:59.04	124	00:08:39.92	98	00:08:47.39	100	00:08:54.15	99	00:08:31.11	91	00:43:33.38	95	keine Angabe
96	ESPIG Torsten		1337	25 M30M	00:43:56.74	00:08:37.30	89	00:08:39.83	97	00:08:49.23	102	00:09:04.53	124	00:08:45.85	125	00:43:46.14	101	Trek- Team Eberhan
97	STEFANSKI Olaf		1859	9 M50M	00:44:02.20	00:08:44.01	97	00:08:48.63	123	00:08:56.95	124	00:08:58.17	106	00:08:34.44	99	00:43:58.68	103	LG Ohra Energie
98	BELTZ Michael		1262	19 M20M	00:44:05.45	00:09:11.77	145	00:08:41.29	104	00:08:45.69	98	00:08:55.90	104	00:08:30.80	89	00:43:45.12	100	Mühlhäuser Laufwöl

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
99	TOPF Marcel		1078	26 M30M	00:44:10.34	00:08:49.74	108	00:08:48.15	122	00:08:52.17	112	00:09:00.82	114	00:08:39.46	111	00:44:03.38	106	Team ultraSports
100	HÜBNER Hendrik		1364	20 M20M	00:44:10.37	00:08:58.32	123	00:08:35.20	91	00:08:53.40	116	00:09:06.11	127	00:08:37.34	106	00:43:42.39	99	Team Bachus Bike
101	STÜTZER Frank		1872	22 M40M	00:44:10.38	00:08:44.13	98	00:08:53.22	137	00:09:00.12	133	00:08:58.36	107	00:08:34.55	101	00:44:06.52	107	die Lengenfelder
102	VOIGTMANN Katja		1060	4 F20F	00:44:10.97	00:09:00.00	125	00:08:45.98	115	00:08:50.78	108	00:08:54.87	103	00:08:39.34	110	00:44:02.10	105	keine Angabe
103	KAHL Michael Jochen		1723	21 M20M	00:44:14.92	00:09:49.95	236	00:08:30.60	88	00:08:44.05	96	00:08:49.35	86	00:08:20.97	72	00:43:29.84	94	keine Angabe
104	HEINZEROTH Jörg		1927	23 M40M	00:44:15.69	00:08:51.36	113	00:08:49.90	125	00:08:52.07	111	00:08:58.85	108	00:08:43.51	119	00:44:00.43	104	Werratal Runners
105	KÜHN Jürgen		1032	10 M50M	00:44:17.02	00:08:39.02	91	00:08:40.60	103	00:08:53.47	117	00:09:06.68	128	00:08:57.25	157	00:44:12.08	109	SV Ilmtal Manebach
106	SCHEEL Ronny		1836	24 M40M	00:44:19.25	00:09:51.37	241	00:08:43.40	109	00:08:39.83	91	00:08:40.93	80	00:08:23.72	77	00:43:51.30	102	- ohne -
107	FORSTER Thomas		2272	11 M50M	00:44:19.62	00:09:13.23	151	00:08:44.48	114	00:08:52.60	115	00:08:51.81	93	00:08:37.50	108	00:43:39.54	96	keine Angabe
108	HÄHNLEIN Felix		1226	22 M20M	00:44:21.72	00:08:25.62	82	00:08:51.76	132	00:09:02.81	138	00:09:08.27	132	00:08:53.26	147	00:44:14.83	111	kein Verein angegeben
109	HOLZ Andreas		2300	12 M50M	00:44:22.74	00:09:11.93	146	00:08:50.43	128	00:08:54.24	118	00:08:53.27	95	00:08:32.87	95	00:44:11.27	108	keine Angabe
110	KINTZEL Achim		1217	13 M50M	00:44:24.21	00:08:50.08	109	00:08:53.01	136	00:08:54.52	119	00:08:59.02	110	00:08:47.58	129	00:44:15.62	113	keine Angabe
111	KÖNITZER Matthias		2258	25 M40M	00:44:26.35	00:09:54.62	252	00:08:43.64	110	00:08:32.58	80	00:08:41.18	81	00:08:34.33	98	00:43:39.81	97	keine Angabe
112	REUTER Mathias		1815	27 M30M	00:44:27.96	00:08:31.71	85	00:08:44.31	113	00:09:00.33	134	00:09:11.47	142	00:09:00.14	163	00:44:12.79	110	keine Angabe
113	HÖPPING Stefan		1189	28 M30M	00:44:28.14	00:09:14.68	156	00:08:57.36	141	00:08:56.37	122	00:08:57.18	105	00:08:22.55	74	00:44:22.78	114	Lauffaden Erfurt OC
114	RABEL Bernd		1207	29 M30M	00:44:29.38	00:08:57.65	121	00:09:01.00	151	00:08:52.22	113	00:08:58.93	109	00:08:39.58	112	00:44:24.56	116	keine Angabe
115	KIRCHBERG Ralf		1943	26 M40M	00:44:34.71	00:09:26.59	188	00:09:05.98	169	00:08:49.56	103	00:08:50.13	88	00:08:22.45	73	00:44:15.20	112	LG Thüringer Energi
116	TÖPFER Matthias		1080	23 M20M	00:44:38.45	00:08:51.44	114	00:08:48.93	124	00:08:54.71	120	00:09:11.22	139	00:08:52.15	144	00:44:32.08	118	AC Germania Artern
117	EHRHARDT Oliver		1040	30 M30M	00:44:39.68	00:08:55.03	117	00:08:59.86	147	00:09:05.06	149	00:09:08.76	133	00:08:30.97	90	00:44:32.47	119	Waldläufer
118	KRETSCHMER Mika		1916	11 U18M	00:44:45.14	00:07:33.60	36	00:08:26.52	85	00:08:42.89	94	00:10:10.71	328	00:09:51.42	314	00:44:42.20	126	keine Angabe
119	SIMON Sven		1305	14 M50M	00:44:45.63	00:09:14.18	155	00:08:48.15	121	00:08:58.85	128	00:09:03.41	122	00:08:41.04	113	00:44:33.35	121	keine Angabe
120	VOLLMANN Daniel		1405	31 M30M	00:44:46.82	00:09:49.10	233	00:08:51.58	130	00:08:48.82	101	00:08:54.76	102	00:08:22.56	75	00:44:27.86	117	sc impuls erfurt
121	BACH Christian		1365	32 M30M	00:44:52.88	00:09:03.14	135	00:08:46.77	118	00:09:03.15	141	00:09:10.31	137	00:08:49.51	135	00:44:52.88	132	Team Bachus Bike
122	BENSCH Matthias		1907	33 M30M	00:44:53.82	00:09:14.10	154	00:08:47.96	120	00:08:58.87	129	00:09:03.08	119	00:08:49.81	139	00:44:41.60	124	MTV Erfurt
123	QUESTER Marcus		1807	34 M30M	00:44:53.96	00:09:28.72	193	00:08:43.01	108	00:08:47.20	99	00:09:01.07	116	00:08:53.96	148	00:44:23.96	115	VfB Torpedo Ichtersh
124	ALMERT Richard		1915	12 U18M	00:44:54.62	00:08:25.18	81	00:08:42.58	107	00:09:03.80	144	00:09:23.40	171	00:09:19.66	225	00:44:51.53	129	keine Angabe
125	FABIAN Lars		2252	35 M30M	00:44:55.48	00:09:20.07	167	00:09:05.51	167	00:08:51.64	109	00:08:52.88	94	00:08:45.38	124	00:44:44.72	127	keine Angabe
126	DEMBECK Nils		1630	36 M30M	00:44:57.74	00:08:36.20	88	00:08:46.35	117	00:09:03.17	142	00:09:22.70	170	00:09:09.32	189	00:44:52.04	130	keine Angabe
127	KRETZER Uta		1238	1 F50F	00:44:57.85	00:08:50.49	110	00:08:58.39	142	00:09:03.14	140	00:09:04.65	125	00:09:01.18	166	00:44:50.50	128	Fit_Run Weimar
128	SCHARF Torsten		1832	27 M40M	00:44:58.37	00:08:33.14	86	00:08:51.89	133	00:09:03.57	143	00:09:11.46	141	00:09:18.31	219	00:44:53.49	133	Lauffreunde Schmir
129	DEUTSCHLAND Andreas		1631	28 M40M	00:44:58.59	00:08:49.08	107	00:09:04.18	161	00:09:04.13	146	00:09:11.42	140	00:08:49.78	138	00:44:52.56	131	Laufwerk Sömmerda
130	STEIN Christian		1861	37 M30M	00:45:02.16	00:08:35.83	87	00:08:54.35	139	00:09:11.66	163	00:09:18.97	156	00:09:01.35	168	00:44:55.76	134	Windschneider
131	DECKERT Thomas		1912	38 M30M	00:45:07.87	00:09:19.89	165	00:09:06.23	170	00:09:07.82	158	00:09:03.38	121	00:08:30.55	84	00:44:57.65	135	LG Erfurt
132	DECKERT Lisa		1911	5 F20F	00:45:07.99	00:09:19.92	166	00:09:06.42	171	00:09:07.57	156	00:09:03.37	120	00:08:30.71	87	00:44:57.94	136	LG Erfurt
133	RAHAUSE Silvio		2292	39 M30M	00:45:09.10	00:09:17.44	159	00:08:47.54	119	00:08:50.14	105	00:09:24.45	178	00:08:49.53	136	00:44:40.11	123	Stiftung Wadentest
134	WOODWARD Jeremy		1108	29 M40M	00:45:15.61	00:10:02.36	267	00:08:54.25	138	00:08:42.80	93	00:08:53.75	96	00:08:42.45	117	00:44:37.19	122	keine Angabe
135	HAASE Andreas		1181	40 M30M	00:45:16.38	00:10:12.41	284	00:08:44.02	111	00:08:52.48	114	00:09:01.57	117	00:08:25.90	80	00:44:32.98	120	keine Angabe
136	SICKEL Olaf		1387	15 M50M	00:45:16.62	00:09:34.28	198	00:08:58.83	144	00:08:57.09	125	00:08:59.51	111	00:08:46.91	127	00:44:58.17	137	keine Angabe
137	KLEIBER Anthony		1737	41 M30M	00:45:22.81	00:08:41.45	95	00:09:01.37	154	00:09:17.19	176	00:09:21.37	165	00:09:01.43	169	00:45:15.88	147	Blau-Weiß Niederwil
138	SICKEL Steffen		1118	30 M40M	00:45:23.12	00:08:40.35	94	00:08:50.00	126	00:09:04.75	148	00:09:30.12	200	00:09:17.90	216	00:45:15.41	146	keine Angabe
139	KEYSER Marcel		1730	42 M30M	00:45:24.59	00:09:45.55	223	00:08:51.66	131	00:08:50.13	104	00:09:10.31	138	00:08:46.94	128	00:44:41.82	125	keine Angabe
140	EICHMANN Wulf		1333	31 M40M	00:45:24.84	00:09:42.77	216	00:09:04.26	162	00:09:01.36	135	00:09:00.67	112	00:08:35.78	103	00:45:12.39	142	keine Angabe
141	LUNGERSHAUSEN Danny		1768	43 M30M	00:45:24.93	00:09:54.32	251	00:08:44.16	112	00:08:50.69	107	00:09:06.70	129	00:08:49.06	132	00:44:59.21	138	keine Angabe
142	TAURIT Matthias		1244	32 M40M	00:45:25.63	00:09:02.21	131	00:08:59.11	146	00:08:58.45	127	00:09:15.48	148	00:09:10.38	195	00:45:15.94	148	Brown Nuggets
143	LÜCKEMANN Patrick		1081	44 M30M	00:45:29.98	00:09:08.91	143	00:09:03.07	158	00:09:04.52	147	00:09:21.05	163	00:08:52.43	145	00:45:17.40	149	Team ultraSports
144	SCHÖNECK Uwe		1057	33 M40M	00:45:31.21	00:09:21.60	175	00:09:08.82	178	00:09:08.57	159	00:09:09.80	135	00:08:42.42	116	00:45:17.69	150	SV 1910 Kahla/ TEA
145	VOGELBERG Sebastian		1183	24 M20M	00:45:32.11	00:09:02.84	132	00:09:05.40	166	00:09:07.65	157	00:09:15.94	151	00:09:00.28	164	00:45:24.37	153	keine Angabe
146	ARTES Peter		1609	34 M40M	00:45:32.90	00:08:48.74	106	00:08:55.79	140	00:09:12.61	168	00:09:23.98	175	00:09:11.78	199	00:45:27.49	155	keine Angabe
147	GÜTSCHOW Arne		1252	35 M40M	00:45:34.98	00:09:24.66	185	00:08:42.46	106	00:09:03.06	139	00:09:16.77	152	00:09:08.03	187	00:45:06.71	141	Genussläufer

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
148	FLEISCHER Jens		1253	36 M40M	00:45:35.01	00:09:24.77	186	00:08:42.05	105	00:09:02.46	137	00:09:15.32	147	00:09:10.41	197	00:45:06.15	140	Stiftung Wadentest
149	BATHELT Andreas		1610	37 M40M	00:45:44.20	00:09:00.55	127	00:09:14.16	194	00:09:12.28	167	00:09:09.47	134	00:09:07.74	185	00:45:37.24	158	keine Angabe
150	REINHÖFER Frances		1951	3 F40F	00:45:44.34	00:09:04.47	137	00:09:10.35	180	00:09:22.87	196	00:09:14.66	146	00:08:51.99	143	00:45:40.25	163	LTV Erfurt
151	SCHUH Dagmar		1163	4 F40F	00:45:44.75	00:09:51.61	242	00:08:58.90	145	00:08:56.37	123	00:09:01.82	118	00:08:56.05	153	00:45:01.90	139	keine Angabe
152	KNOLL Markus		1382	38 M40M	00:45:46.65	00:09:01.40	128	00:09:08.69	177	00:09:16.38	172	00:09:25.76	182	00:08:54.42	150	00:45:38.59	160	KS Sportsworld
153	KORNMESSER Tillmann		1361	13 U18M	00:45:47.36	00:09:57.28	259	00:08:58.59	143	00:08:50.56	106	00:09:23.41	172	00:08:37.52	109	00:45:14.79	145	ASV Erfurt
154	KARSTEN Friedrich		1918	39 M40M	00:45:48.53	00:09:02.13	130	00:08:50.12	127	00:09:06.52	155	00:09:37.34	226	00:09:12.42	200	00:45:34.90	156	keine Angabe
155	SARKADI Melanie		1037	5 F30F	00:45:48.63	00:09:07.33	140	00:09:02.85	157	00:09:03.95	145	00:09:19.35	157	00:09:15.15	210	00:45:25.49	154	keine Angabe
156	KIRSCH Andreas		1735	40 M40M	00:45:49.52	00:09:18.98	163	00:08:40.59	102	00:08:59.69	131	00:09:36.53	220	00:09:13.73	205	00:45:13.37	143	Lauscher
157	RADEMACHER Frank		1999	45 M30M	00:45:49.65	00:09:18.97	162	00:08:40.30	100	00:08:59.69	132	00:09:36.60	221	00:09:14.09	206	00:45:13.70	144	keine Angabe
158	HABERLAND Ben		1362	14 U18M	00:45:49.67	00:09:20.24	168	00:09:01.03	152	00:09:09.38	161	00:09:36.62	222	00:08:42.40	115	00:45:18.33	151	keine Angabe
159	STAUCHE Ronny		2293	41 M40M	00:45:53.76	00:08:58.24	122	00:09:01.23	153	00:09:11.92	166	00:09:24.29	176	00:09:18.08	217	00:45:38.39	159	LG Ettenhausen
160	FELDMANN Nico		1904	46 M30M	00:45:58.44	00:08:54.88	116	00:09:03.40	160	00:09:23.65	198	00:09:33.66	212	00:09:02.85	173	00:45:43.84	164	VDB Erfurt
161	SIEBER Michael		1994	47 M30M	00:45:59.88	00:09:42.15	213	00:08:46.17	116	00:09:02.13	136	00:09:18.73	155	00:09:10.70	198	00:45:22.92	152	Tabarzer SV e.V.
162	HESSE Peggy		1699	5 F40F	00:46:02.35	00:09:30.86	195	00:09:00.83	150	00:09:05.33	151	00:09:15.80	150	00:09:09.53	193	00:45:45.44	165	Udestedt
163	HELBING Frank		1693	42 M40M	00:46:03.74	00:08:47.14	104	00:09:02.55	156	00:09:17.16	175	00:09:31.29	205	00:09:25.60	240	00:45:55.08	169	GM Rennsteiglaufver
164	BÖSEL Florian		1164	48 M30M	00:46:05.74	00:09:18.67	161	00:09:15.99	197	00:09:11.83	165	00:09:13.28	143	00:09:05.97	179	00:45:56.33	170	keine Angabe
165	HAUN Daniel		1687	43 M40M	00:46:09.14	00:09:16.90	158	00:08:52.53	135	00:09:06.42	154	00:09:40.32	239	00:09:12.97	203	00:45:53.51	168	keine Angabe
166	GÖLLERT Christian		1251	49 M30M	00:46:11.18	00:08:45.19	101	00:09:06.50	172	00:09:21.71	192	00:09:32.76	210	00:09:25.02	238	00:46:04.88	174	Lauffreunde Hayn
167	DIETZEL Christian		2256	50 M30M	00:46:11.66	00:09:29.73	194	00:08:59.88	148	00:09:05.70	152	00:09:20.75	161	00:09:15.60	212	00:45:46.01	166	SV 1930 Frauensee
168	HILDEBRAND Rene		1704	51 M30M	00:46:16.00	00:09:13.84	153	00:09:12.82	188	00:09:20.96	189	00:09:21.29	164	00:09:07.09	183	00:46:08.38	175	keine Angabe
169	BRÜNNER Franziska		1998	6 F30F	00:46:16.62	00:09:27.14	190	00:09:12.73	187	00:09:14.13	170	00:09:21.97	166	00:09:00.65	165	00:46:03.67	173	ILT Jena
170	GÜNTHER Paul		1335	15 U18M	00:46:17.51	00:08:19.66	75	00:09:30.37	236	00:09:28.73	216	00:09:51.90	267	00:09:06.85	181	00:46:13.42	178	SV Frankenhain
171	TRENSCH Christoph		1132	25 M20M	00:46:18.91	00:11:00.72	382	00:08:52.24	134	00:08:54.78	121	00:08:53.93	97	00:08:37.24	105	00:45:38.89	161	keine Angabe
172	SCHNEIDER Norman		1330	52 M30M	00:46:21.44	00:09:44.10	222	00:09:00.05	149	00:09:09.39	162	00:09:25.21	181	00:09:02.69	172	00:45:39.87	162	SC Rapid Erfurt
173	EISENACHER Klaus		1991	16 M50M	00:46:22.72	00:09:13.47	152	00:09:16.62	201	00:09:17.43	178	00:09:27.63	194	00:09:07.57	184	00:46:19.41	187	Hainichläufer
174	HERRMANN Michael		1696	2 M60M	00:46:24.15	00:08:37.92	90	00:09:06.65	173	00:09:22.03	193	00:09:38.21	231	00:09:39.34	280	00:46:22.50	191	sc impuls erfurt
175	RICHTER Harald		1816	17 M50M	00:46:24.90	00:09:24.01	182	00:09:12.22	185	00:09:17.41	177	00:09:26.01	186	00:09:05.25	177	00:46:16.77	182	IHP Frankfurt
176	MARX Benedikt		1925	53 M30M	00:46:24.97	00:09:20.82	171	00:09:19.13	208	00:09:31.32	223	00:09:24.79	180	00:08:48.91	131	00:46:18.32	186	SG Eintracht Wende
177	LIEHR Heiko		1993	18 M50M	00:46:25.09	00:09:20.94	174	00:09:12.09	183	00:09:19.53	185	00:09:24.31	177	00:09:08.22	188	00:46:14.96	179	SV Winterstein 90 e.
178	WOLFF Martin		1895	26 M20M	00:46:26.39	00:09:42.72	215	00:09:35.42	253	00:09:45.76	270	00:09:47.18	252	00:07:35.31	27	00:46:01.72	172	La Familia
179	OBERMEIER Rainer		1792	44 M40M	00:46:27.91	00:10:17.70	292	00:09:08.37	176	00:09:05.09	150	00:09:03.63	123	00:08:53.12	146	00:45:58.54	171	SG Rennsteig Masse
180	LATZEL Jörg		1758	45 M40M	00:46:28.76	00:09:12.00	147	00:09:08.07	175	00:09:22.42	194	00:09:33.82	213	00:09:12.45	201	00:46:17.12	185	GutsMuths-Rennstei
181	BAUER Jörg		1612	19 M50M	00:46:29.88	00:09:12.49	150	00:09:10.60	181	00:09:13.93	169	00:09:24.46	179	00:09:28.40	248	00:46:16.82	183	Grundschule Ohrdru
182	WAGNER Jens		1882	54 M30M	00:46:30.93	00:08:57.10	119	00:09:28.94	234	00:09:44.10	259	00:09:25.99	185	00:08:54.80	152	00:46:25.05	193	SWE Laufteam
183	ZWEIMANN Hendrik		1900	55 M30M	00:46:30.94	00:08:57.03	118	00:09:28.47	232	00:09:43.41	257	00:09:27.59	193	00:08:54.44	151	00:46:24.58	192	keine Angabe
184	KNOLL Martin		1922	27 M20M	00:46:31.81	00:09:19.69	164	00:09:22.04	216	00:09:27.39	212	00:09:26.47	190	00:08:56.22	154	00:46:21.61	188	LG Bad Frankenhaus
185	WEIß Steffen		1886	20 M50M	00:46:34.87	00:09:41.57	212	00:09:18.09	206	00:09:19.30	184	00:09:15.79	149	00:09:00.12	162	00:46:21.85	189	WSV Ilmenau 1908 e
186	HERRMANN Steffen		1698	46 M40M	00:46:34.97	00:09:40.40	208	00:09:12.91	189	00:09:28.59	215	00:09:22.42	169	00:08:50.65	141	00:46:15.20	180	keine Angabe
187	HELD Thoralf		1396	47 M40M	00:46:35.76	00:09:27.43	191	00:09:17.14	203	00:09:17.97	181	00:09:27.85	195	00:09:05.37	178	00:46:16.64	181	SSV Erfurt 02
188	DEBERTSHAUSER Steffi		1156	6 F40F	00:46:36.51	00:09:53.43	248	00:09:07.36	174	00:09:17.67	180	00:09:18.70	154	00:08:59.35	160	00:46:11.69	177	Sv Sömmerda
189	DIETZ Nils-Thomas		1123	48 M40M	00:46:37.72	00:08:50.90	111	00:09:10.83	182	00:09:24.41	201	00:09:42.14	243	00:09:29.44	251	00:46:35.18	196	keine Angabe
190	DITTMAR Tom		1636	4 U20M	00:46:40.64	00:09:41.20	210	00:09:14.49	195	00:09:11.77	164	00:09:26.32	189	00:09:06.86	182	00:46:16.87	184	keine Angabe
191	HOPF Sven		1712	56 M30M	00:46:42.41	00:11:14.33	419	00:09:05.12	164	00:08:58.45	126	00:08:51.15	92	00:08:33.36	97	00:45:49.12	167	Exathlon München
192	BRÄSKE Tino		1008	57 M30M	00:46:46.43	00:08:40.05	93	00:09:17.85	205	00:09:34.45	230	00:09:40.02	237	00:09:34.06	264	00:46:44.99	201	Freie Demokraten - f
193	ADAMS Ralph		1104	21 M50M	00:46:47.81	00:09:50.66	239	00:09:02.15	155	00:09:20.74	188	00:09:30.30	202	00:09:03.96	175	00:46:09.06	176	keine Angabe
194	HUKE Robert		1363	58 M30M	00:46:47.94	00:10:27.51	316	00:09:05.84	168	00:09:06.03	153	00:09:05.39	126	00:09:03.17	174	00:45:36.87	157	SSV Erfurt 02
195	NENNEWITZ Jan		2296	28 M20M	00:46:48.75	00:09:53.76	249	00:08:51.35	129	00:09:25.44	205	00:09:39.21	234	00:08:58.99	159	00:46:22.09	190	RSV Woffleben
196	CARL Rene		1049	59 M30M	00:46:49.81	00:09:28.29	192	00:09:16.34	199	00:09:27.72	213	00:09:27.05	192	00:09:10.41	196	00:46:34.49	195	Walschberg Runners

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
197	PESCHKE Steffen		1338	22 M50M	00:46:51.90	00:09:33.95	197	00:09:04.79	163	00:09:23.79	199	00:09:35.69	217	00:09:13.68	204	00:46:32.44	194	SC Impuls Erfurt e.V.
198	BAUMANN Marcus		1102	29 M20M	00:46:57.15	00:09:48.05	230	00:09:22.18	217	00:09:25.04	202	00:09:22.00	167	00:08:59.88	161	00:46:36.08	197	Kenias letzte Reserv
199	STAFFEL Tobias		1185	30 M20M	00:47:00.12	00:08:44.96	100	00:09:12.14	184	00:09:32.53	226	00:09:53.17	272	00:09:37.32	274	00:46:56.03	209	keine Angabe
200	KNOTH Thomas		1741	23 M50M	00:47:02.43	00:08:25.07	80	00:09:12.42	186	00:09:46.28	272	00:09:52.66	270	00:09:46.00	301	00:47:00.65	215	keine Angabe
201	MARX Dominik		1990	49 M40M	00:47:02.90	00:09:20.58	170	00:09:18.96	207	00:09:30.34	220	00:09:32.17	209	00:09:20.85	227	00:46:56.82	211	SG Eintracht Wende
202	HILLER Cornelia		1165	7 F40F	00:47:04.19	00:09:22.97	178	00:09:16.85	202	00:09:26.96	210	00:09:33.97	214	00:09:23.44	234	00:46:51.87	204	LTV Erfurt e.V.
203	GÖTZ Stefan		1681	50 M40M	00:47:06.47	00:09:20.90	173	00:09:20.39	213	00:09:26.91	209	00:09:31.83	208	00:09:26.44	242	00:46:54.01	207	RV Exleben
204	FISCHER Marco		1657	51 M40M	00:47:07.40	00:09:21.99	176	00:09:25.65	226	00:09:30.64	221	00:09:36.34	218	00:09:12.78	202	00:46:59.21	213	LFV Oberholz
205	BAUCHSPIESS Mario		1611	60 M30M	00:47:12.70	00:09:43.69	220	00:09:19.81	211	00:09:19.14	183	00:09:35.02	216	00:09:15.04	209	00:46:49.04	203	SWE Laufteam
206	SCHOLLMAYER Ronald		2264	24 M50M	00:47:12.77	00:09:55.16	253	00:09:21.24	215	00:09:17.59	179	00:09:19.62	158	00:09:19.16	223	00:46:47.48	202	keine Angabe
207	HOOSE Karl-Georg		1711	25 M50M	00:47:13.61	00:09:37.21	201	00:09:08.95	179	00:09:23.81	200	00:09:29.53	197	00:09:34.11	266	00:47:00.16	214	SWE Laufteam
208	HÜLLE Jörg		1717	52 M40M	00:47:15.00	00:10:10.66	279	00:09:16.25	198	00:09:20.05	187	00:09:26.51	191	00:09:01.53	170	00:46:40.44	198	Alkersleben
209	SACHSE Michael		1321	53 M40M	00:47:18.82	00:09:58.89	260	00:09:17.77	204	00:09:19.90	186	00:09:23.75	173	00:09:18.51	222	00:46:44.63	200	HSV Weimar Triathl
210	KRIEGHOFF Luise		1750	6 F20F	00:47:20.18	00:09:26.89	189	00:09:26.05	227	00:09:32.29	225	00:09:31.29	206	00:09:23.66	236	00:47:10.88	219	B.L.Sharks Kickboxe
211	DIETZ Oliver		1143	31 M20M	00:47:21.61	00:09:42.81	217	00:09:34.91	250	00:09:45.61	268	00:09:30.46	203	00:08:47.82	130	00:46:56.35	210	Sparkasse Mittelthür
212	LINHORST Harald		1170	54 M40M	00:47:21.95	00:09:40.23	207	00:09:28.60	233	00:09:25.79	206	00:09:28.83	196	00:09:18.50	221	00:47:06.24	216	keine Angabe
213	DEWOR Thomas		1954	61 M30M	00:47:26.30	00:10:08.09	272	00:09:27.62	229	00:09:26.13	208	00:09:22.37	168	00:09:02.09	171	00:46:54.25	208	keine Angabe
214	HÖHNE Andreas		1203	26 M50M	00:47:31.25	00:09:05.55	138	00:09:23.86	223	00:09:32.08	224	00:09:50.97	264	00:09:38.79	279	00:47:27.76	226	LTV Erfurt e.V.
215	KÖNIG Steffen		1103	62 M30M	00:47:32.59	00:10:36.62	333	00:09:45.19	279	00:09:16.86	174	00:09:07.62	131	00:08:46.30	126	00:47:13.08	221	ASV Erfurt
216	BÜCHNER Marco		1113	63 M30M	00:47:33.08	00:10:42.24	345	00:09:34.35	248	00:09:18.66	182	00:09:13.73	145	00:08:44.10	122	00:46:53.41	206	keine Angabe
217	MÜLLER Eric		1288	64 M30M	00:47:34.27	00:10:52.17	363	00:09:33.35	246	00:09:15.03	171	00:09:09.98	136	00:08:43.74	121	00:46:57.41	212	keine Angabe
218	MÖNCH Leon		1784	16 U18M	00:47:34.95	00:09:23.91	181	00:09:13.71	191	00:09:36.32	231	00:09:47.69	256	00:09:33.32	261	00:47:17.59	223	Erfurter LAC
219	ICKLER Mario		1017	27 M50M	00:47:35.21	00:09:24.52	184	00:09:22.50	219	00:09:34.40	229	00:09:42.65	246	00:09:31.14	256	00:47:20.36	224	DAV Inselberg
220	HANSMANN Christian		1684	65 M30M	00:47:35.49	00:10:39.99	342	00:09:16.34	200	00:09:08.74	160	00:09:21.02	162	00:09:09.40	190	00:46:53.18	205	Erfurter SSC
221	SCHRÖTER Georg		1349	5 U20M	00:47:35.88	00:09:50.46	238	00:09:03.36	159	00:09:21.41	190	00:10:04.15	300	00:09:16.50	214	00:46:44.56	199	keine Angabe
222	WEIßHAAR Dirk		2266	55 M40M	00:47:43.48	00:09:03.02	133	00:09:37.11	257	00:09:40.87	243	00:09:47.62	253	00:09:34.86	269	00:47:40.43	230	Sv blauweiß creuzbu
223	DÖRING Daniel		1642	66 M30M	00:47:44.30	00:09:51.04	240	00:09:23.09	221	00:09:33.84	227	00:09:40.02	238	00:09:16.31	213	00:47:11.52	220	keine Angabe
224	BOMM Jan		1940	67 M30M	00:47:45.49	00:10:20.04	295	00:09:15.34	196	00:09:23.18	197	00:09:29.91	199	00:09:17.02	215	00:47:06.63	217	keine Angabe
225	DOLL Matthias		1325	56 M40M	00:47:50.68	00:09:08.42	142	00:09:19.14	209	00:09:38.85	238	00:09:54.31	273	00:09:49.96	307	00:47:36.85	228	HSV Weimar
226	LORENZ Florian		1766	32 M20M	00:47:57.29	00:10:43.08	347	00:09:13.26	190	00:09:25.36	204	00:09:30.87	204	00:09:04.72	176	00:47:07.23	218	keine Angabe
227	BORRIS Moritz		2262	6 U20M	00:47:57.34	00:08:57.25	120	00:09:13.78	192	00:09:41.64	245	00:10:07.24	313	00:09:57.43	332	00:47:42.49	232	SSV Erfurt 02
228	NÖTZOLD Mike		1148	68 M30M	00:47:58.11	00:09:55.28	254	00:09:30.74	239	00:09:30.32	219	00:09:36.92	223	00:09:24.85	237	00:47:44.51	234	Sparkasse Mittelthür
229	KÖRBER Mario		1146	28 M50M	00:47:58.67	00:09:55.43	255	00:09:30.53	238	00:09:30.32	218	00:09:36.34	219	00:09:26.05	241	00:47:44.96	235	Sparkasse Mittelthür
230	RUDORFER Carola		1919	2 F50F	00:47:59.04	00:09:38.82	204	00:09:31.33	241	00:09:42.36	248	00:09:37.23	225	00:09:29.30	250	00:47:48.91	238	Rennsteiglaufverein
231	HEGERT Lars		1242	57 M40M	00:48:00.56	00:09:45.93	225	00:09:47.82	295	00:09:42.39	249	00:09:34.92	215	00:09:09.50	192	00:47:46.34	237	kein Verein angegeb
232	MÖLLER Kira		1783	7 F30F	00:48:02.40	00:10:36.42	332	00:09:45.68	283	00:09:16.59	173	00:09:17.35	153	00:09:06.36	180	00:47:43.05	233	keine Angabe
233	GEIßLER Mathias		1668	58 M40M	00:48:02.82	00:10:12.32	283	00:09:20.29	212	00:09:27.16	211	00:09:43.71	249	00:09:19.34	224	00:47:37.89	229	keine Angabe
234	STENGEL Alexander		1095	59 M40M	00:48:03.40	00:09:12.09	148	00:09:25.23	225	00:09:48.77	281	00:10:11.87	332	00:09:25.44	239	00:47:50.68	245	LTV Erfurt
235	SCHOTTMANN Mike		1332	60 M40M	00:48:07.60	00:10:20.30	296	00:09:21.03	214	00:09:25.99	207	00:09:30.20	201	00:09:30.08	255	00:47:41.60	231	keine Angabe
236	MAX Wilhelm		1126	17 U18M	00:48:10.42	00:11:13.61	418	00:08:17.80	75	00:09:22.63	195	00:09:46.33	251	00:09:30.05	253	00:47:23.58	225	ASV Erfurt
237	GARZ Christian		1665	69 M30M	00:48:11.28	00:09:52.93	244	00:09:37.92	258	00:09:43.28	254	00:09:38.78	232	00:09:18.37	220	00:47:49.95	242	N3 Sportverein e.V.
238	GREINER Mario		1674	70 M30M	00:48:11.63	00:09:53.22	247	00:09:38.22	259	00:09:43.21	252	00:09:38.81	233	00:09:18.17	218	00:47:49.90	241	N3 Sportverein e.V.
239	KNITTEL Martin		1740	71 M30M	00:48:12.37	00:09:57.16	258	00:09:28.41	231	00:09:36.49	232	00:09:47.64	255	00:09:22.67	231	00:47:49.85	240	FC Union Mühlhause
240	OLSCHESKI Jörg		1793	72 M30M	00:48:12.45	00:09:57.13	257	00:09:28.28	230	00:09:36.55	233	00:09:47.63	254	00:09:22.86	232	00:47:50.37	244	FC Union Mühlhause
241	SAUERBIER Michael		1091	73 M30M	00:48:13.99	00:11:04.81	395	00:09:23.02	220	00:09:28.24	214	00:09:23.87	174	00:08:54.05	149	00:47:14.56	222	keine Angabe
242	SCHWUCHOW Manuel		1374	74 M30M	00:48:15.21	00:09:37.21	202	00:09:47.59	294	00:09:38.72	237	00:09:37.86	229	00:09:33.83	263	00:47:55.47	247	Urbanfit Erfurt
243	HORN Uwe		1271	61 M40M	00:48:19.30	00:10:22.41	303	00:09:26.49	228	00:09:21.66	191	00:09:31.79	207	00:09:36.95	273	00:47:49.99	243	keine Angabe
244	RUSCHKE Franziska		1825	7 F20F	00:48:20.32	00:09:43.22	218	00:09:35.20	251	00:09:45.80	271	00:09:48.27	257	00:09:27.83	247	00:47:55.43	246	La Familia
245	MÖLDER Martin		1398	29 M50M	00:48:21.20	00:09:20.47	169	00:09:45.41	280	00:09:57.90	303	00:09:42.27	244	00:09:35.15	271	00:48:18.79	250	keine Angabe

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
246	MÖNNICH Tilo		1290	75 M30M	00:48:21.72	00:10:27.06	314	00:09:30.42	237	00:09:30.95	222	00:09:33.48	211	00:09:19.81	226	00:47:35.89	227	keine Angabe
247	KNOTHE Roberto		2289	62 M40M	00:48:32.04	00:11:02.38	383	00:09:39.04	261	00:09:34.21	228	00:09:19.78	159	00:08:56.63	156	00:47:49.48	239	FSV Behrigen
248	TROST Stefan		2253	76 M30M	00:48:33.05	00:09:53.99	250	00:09:46.78	291	00:09:41.48	244	00:09:42.40	245	00:09:28.40	249	00:48:22.03	251	Weißensee
249	MALZAHN Helger		1773	77 M30M	00:48:37.28	00:09:40.91	209	00:09:38.91	260	00:09:45.37	267	00:09:52.59	269	00:09:39.50	281	00:48:24.24	253	RTV Haselgrund, Au
250	KAUFMANN Katrin		1131	8 F40F	00:48:39.41	00:09:47.90	229	00:09:43.97	274	00:09:48.25	278	00:09:52.55	268	00:09:26.74	243	00:48:26.74	254	LTV Erfurt
251	GÜNTHER Michael		1317	78 M30M	00:48:40.64	00:10:18.34	293	00:09:36.32	256	00:09:50.56	286	00:09:41.12	242	00:09:14.30	207	00:47:59.67	248	keine Angabe
252	EXNER Andreas		1067	63 M40M	00:48:40.83	00:10:21.15	299	00:09:44.88	278	00:09:39.80	240	00:09:39.64	235	00:09:15.36	211	00:48:27.34	255	Sportgruppe Ringelb
253	DITTMANN Antje		1635	8 F30F	00:48:43.54	00:10:00.52	265	00:09:44.32	276	00:09:43.33	255	00:09:40.87	241	00:09:34.50	267	00:48:23.47	252	keine Angabe
254	MARKGRAF Mike		1334	79 M30M	00:48:45.50	00:09:35.72	200	00:09:19.74	210	00:09:46.48	273	00:10:10.78	329	00:09:52.78	318	00:47:46.20	236	keine Angabe
255	ABEL Nils		1240	80 M30M	00:48:46.62	00:10:02.27	266	00:09:42.43	269	00:09:44.49	260	00:09:45.87	250	00:09:31.56	257	00:48:33.20	257	ultrarunner-team.de
256	PRAX Jens		2287	64 M40M	00:48:48.19	00:09:48.87	232	00:09:34.03	247	00:09:44.88	264	00:09:55.61	277	00:09:44.80	298	00:48:33.71	258	SV Kranchborn
257	GLÄSER Guido		1206	30 M50M	00:48:49.48	00:09:49.62	235	00:09:42.19	268	00:09:46.64	274	00:09:49.78	262	00:09:41.25	286	00:48:41.59	263	SV Noswendel
258	SCHNEIDER Patrick		2291	81 M30M	00:48:53.54	00:09:12.13	149	00:09:22.35	218	00:09:44.83	263	00:10:04.05	298	00:10:30.18	438	00:48:44.86	266	keine Angabe
259	FREITAG Annett		1191	3 F50F	00:48:54.41	00:09:26.14	187	00:09:29.41	235	00:09:47.55	276	00:10:05.85	308	00:10:05.46	360	00:48:43.25	264	Eisenacher Leichtath
260	ROSAHL Steffen		1819	31 M50M	00:48:56.64	00:11:06.83	401	00:09:23.09	222	00:09:25.25	203	00:09:29.78	198	00:09:31.69	258	00:48:00.19	249	HELIOS Iron Team
261	WUTHE Christopher		1099	82 M30M	00:48:56.80	00:09:48.09	231	00:09:23.91	224	00:09:45.18	266	00:10:07.39	315	00:09:52.23	317	00:48:35.17	260	keine Angabe
262	KÄBISCH Natalie		1180	9 F30F	00:49:01.30	00:10:23.30	305	00:09:40.53	265	00:09:40.27	242	00:09:39.73	236	00:09:37.47	275	00:48:43.26	265	keine Angabe
263	BEYER Thomas		1087	65 M40M	00:49:01.36	00:10:10.44	278	00:09:32.58	244	00:09:40.27	241	00:09:53.04	271	00:09:45.03	300	00:48:40.27	261	keine Angabe
264	MÖRSTEDT Udo		1997	66 M40M	00:49:05.77	00:09:24.34	183	00:09:39.12	262	00:10:06.99	329	00:10:09.07	321	00:09:46.25	302	00:49:03.76	273	LSV Neunheilingen
265	KRANNICH Steffen		1924	67 M40M	00:49:11.15	00:09:37.72	203	00:09:46.33	288	00:09:50.02	285	00:10:00.92	295	00:09:56.16	330	00:49:02.36	271	BVC Altenfeld
266	HÜNICKE Robert		1344	68 M40M	00:49:12.36	00:10:20.60	297	00:09:14.08	193	00:09:45.06	265	00:09:57.99	285	00:09:54.63	324	00:48:28.10	256	keine Angabe
267	GERKEN Jan		1670	32 M50M	00:49:12.94	00:10:09.15	276	00:09:45.53	281	00:09:48.61	280	00:09:56.61	280	00:09:33.04	260	00:48:54.56	268	USV Erfurt
268	KOGEL Andreas		1212	33 M50M	00:49:15.11	00:09:43.29	219	00:09:55.41	318	00:09:55.95	298	00:10:00.94	296	00:09:39.52	282	00:49:03.73	272	keine Angabe
269	MÄDER Thalea		1231	1 U18F	00:49:18.28	00:09:22.82	177	00:09:53.09	312	00:09:59.10	307	00:09:55.55	276	00:10:07.72	370	00:49:06.69	275	RSC Turbine Erfurt
270	BEDNARZYK Sebastian		1615	33 M20M	00:49:23.65	00:09:39.09	205	00:09:05.18	165	00:10:04.58	320	00:10:30.17	400	00:10:04.63	358	00:48:41.21	262	FSV Harz 04
271	DALBERT Frank		1188	69 M40M	00:49:26.14	00:09:47.74	228	00:09:43.79	272	00:09:53.32	290	00:10:05.97	309	00:09:55.32	327	00:49:16.35	281	RUN 4 FUN
272	KUSCHE Stephan		1292	70 M40M	00:49:27.99	00:10:26.89	313	00:09:35.73	254	00:09:57.80	302	00:10:00.08	291	00:09:27.49	246	00:48:53.22	267	keine Angabe
273	BERLIT Isabella		1988	2 U18F	00:49:34.24	00:09:59.67	263	00:09:34.36	249	00:09:47.93	277	00:10:04.67	305	00:10:07.61	368	00:49:11.99	278	keine Angabe
274	SCHATZ Julia		1834	2 U20F	00:49:37.30	00:10:38.85	337	00:09:57.86	323	00:09:48.59	279	00:09:49.02	260	00:09:22.98	233	00:49:19.61	284	RACER
275	HILLEBRAND Josef		1707	3 M60M	00:49:37.43	00:09:53.12	245	00:09:56.48	321	00:10:03.28	314	00:10:00.04	290	00:09:44.51	297	00:49:26.24	289	NON STOP ULTRA
276	BÖHNKE Stefan		1235	34 M20M	00:49:39.00	00:10:56.20	374	00:09:45.89	285	00:10:04.88	321	00:09:37.57	228	00:09:14.46	208	00:48:34.19	259	Nuklear Crew
277	JACOB Jens		1027	71 M40M	00:49:40.37	00:09:56.56	256	00:09:40.66	266	00:09:49.75	284	00:10:14.21	339	00:09:59.19	340	00:49:26.58	290	Oskars Läufer
278	ZÖPPIG KEIT		2260	72 M40M	00:49:43.02	00:10:04.21	269	00:09:45.67	282	00:09:52.82	289	00:10:04.78	306	00:09:55.54	329	00:49:20.02	285	SV TU Ilmenau
279	NEWIGER Torsten		1315	73 M40M	00:49:43.77	00:10:35.41	330	00:10:04.46	339	00:09:51.95	288	00:09:48.33	258	00:09:23.62	235	00:49:08.69	277	keine Angabe
280	BARTHEL Sven		1162	74 M40M	00:49:44.38	00:11:12.38	413	00:09:47.93	296	00:09:44.82	262	00:09:49.03	261	00:09:10.22	194	00:49:01.23	270	keine Angabe
281	DANNER Johannes		1036	35 M20M	00:49:45.06	00:11:20.84	440	00:10:09.52	349	00:09:39.00	239	00:09:26.21	188	00:09:09.49	191	00:49:06.27	274	ASV Erfurt
282	NITSCHKE Torsten		1133	75 M40M	00:49:46.02	00:10:21.89	301	00:09:30.83	240	00:09:43.26	253	00:10:04.06	299	00:10:05.98	363	00:48:56.56	269	keine Angabe
283	HEBIG Michael		1356	83 M30M	00:49:46.76	00:10:26.38	309	00:09:52.56	310	00:09:53.56	292	00:10:00.44	293	00:09:33.82	262	00:49:29.54	292	keine Angabe
284	KERMER Tinko		1350	34 M50M	00:49:46.93	00:11:03.26	387	00:09:48.25	298	00:09:36.92	235	00:09:40.75	240	00:09:37.75	276	00:49:16.58	282	keine Angabe
285	DR. SCHERMESSER Jürgen		1019	35 M50M	00:49:48.82	00:10:39.90	340	00:09:43.80	273	00:09:42.20	246	00:09:50.80	263	00:09:52.12	315	00:49:24.22	288	speedy hares
286	HEINRICH Andreas		1047	84 M30M	00:49:49.62	00:10:26.61	311	00:09:36.21	255	00:09:57.64	301	00:10:01.19	297	00:09:47.97	306	00:49:14.85	280	Walschberg Runners
287	SCHARF Sylvia		1150	9 F40F	00:49:50.47	00:09:45.65	224	00:09:55.28	317	00:10:04.94	322	00:10:09.27	323	00:09:55.33	328	00:49:44.50	303	Sparkasse Mittelthür
288	HENZE Ingo		1085	76 M40M	00:49:50.60	00:09:51.72	243	00:09:55.12	316	00:10:04.06	318	00:10:12.28	334	00:09:47.42	305	00:49:31.25	293	keine Angabe
289	SCHAUFUß Jörg		1835	77 M40M	00:49:50.84	00:10:38.72	336	00:09:46.18	286	00:09:49.71	283	00:09:59.37	289	00:09:36.86	272	00:49:07.49	276	keine Angabe
290	WICH Marcel		1062	78 M40M	00:49:51.36	00:09:53.14	246	00:09:56.13	319	00:10:07.39	331	00:10:14.17	338	00:09:40.53	283	00:49:36.27	297	Annakram e.V
291	LESER Reiner		2255	36 M50M	00:49:53.43	00:10:10.38	277	00:09:58.40	326	00:10:03.72	316	00:09:56.03	279	00:09:44.90	299	00:49:28.04	291	SV 1930 Frauensee
292	SCHÜLER Elisabeth		1848	10 F30F	00:49:56.93	00:10:38.97	338	00:09:46.60	290	00:09:49.62	282	00:09:57.58	283	00:09:44.16	295	00:49:13.56	279	--
293	RIEMANN Chris		1817	36 M20M	00:49:58.14	00:09:50.22	237	00:10:01.82	332	00:10:10.00	341	00:10:14.89	342	00:09:41.21	285	00:49:50.09	308	keine Angabe
294	FORKEL Jan		1659	37 M50M	00:49:58.83	00:10:22.05	302	00:09:44.37	277	00:09:54.48	294	00:09:58.39	287	00:09:59.54	344	00:49:42.19	299	Borntal eG

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

www.maxx-timing.de



Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
295	JORDANLAND Doro		1064	11 F30F	00:49:59.49	00:10:36.05	331	00:09:42.82	270	00:09:53.93	293	00:10:00.22	292	00:09:46.47	303	00:49:19.31	283	Häufig Läufer
296	KOLARZIK Nina		1160	3 U20F	00:50:01.22	00:11:12.29	412	00:09:47.36	293	00:09:45.75	269	00:09:48.69	259	00:09:27.13	245	00:49:20.44	286	keine Angabe
297	SCHEDA Frank		1260	79 M40M	00:50:02.82	00:10:08.56	274	00:09:52.17	308	00:09:58.50	305	00:10:10.00	326	00:09:53.59	321	00:49:45.52	304	keine Angabe
298	HARTMANN Jasmin		1261	4 U20F	00:50:03.06	00:10:08.60	275	00:09:52.33	309	00:09:58.65	306	00:10:09.95	324	00:09:53.53	320	00:49:45.77	306	keine Angabe
299	HAUPT Andreas		1368	80 M40M	00:50:04.68	00:09:42.38	214	00:09:50.74	304	00:10:08.25	335	00:10:20.17	359	00:10:03.14	355	00:49:56.11	311	keine Angabe
300	QUITTENBAUM Michael		1809	85 M30M	00:50:05.64	00:10:13.26	286	00:09:46.40	289	00:09:56.23	299	00:10:19.12	356	00:09:50.63	310	00:49:22.10	287	Laufwerk Sömmerda
301	WEIß Kevin		1184	86 M30M	00:50:07.74	00:09:07.80	141	00:09:41.33	267	00:10:01.90	311	00:10:30.27	402	00:10:46.44	475	00:50:00.28	315	keine Angabe
302	SCHULZE Michael		1845	87 M30M	00:50:07.94	00:08:48.24	105	00:09:32.62	245	00:10:15.93	365	00:10:44.64	444	00:10:46.51	476	00:50:01.02	317	keine Angabe
303	WÖHNER Ralf		2285	38 M50M	00:50:08.42	00:10:08.35	273	00:09:48.27	299	00:10:02.70	312	00:10:08.42	317	00:10:00.68	347	00:49:42.23	300	SV 1930 Frauensee
304	BUBECK Hans		1960	88 M30M	00:50:09.29	00:09:23.86	180	00:10:11.52	358	00:10:22.50	386	00:10:27.77	391	00:09:43.64	289	00:50:01.46	318	keine Angabe
305	ECKERT Robert		1259	89 M30M	00:50:09.86	00:09:34.80	199	00:09:51.70	306	00:10:09.63	340	00:10:17.92	352	00:10:15.81	391	00:50:05.43	320	keine Angabe
306	HOLZKNECHT Alexander		1096	18 U18M	00:50:10.63	00:09:18.14	160	00:09:50.77	305	00:10:14.95	361	00:10:31.09	405	00:10:15.68	390	00:50:06.28	321	Ratsrunners
307	KÖBIS Uwe		1046	81 M40M	00:50:11.67	00:10:47.20	355	00:09:43.68	271	00:09:43.33	256	00:10:00.66	294	00:09:56.80	331	00:49:40.52	298	Walschberg Runners
308	CARL Wilfried		1053	39 M50M	00:50:11.70	00:11:10.90	409	00:09:35.31	252	00:09:44.68	261	00:09:56.89	282	00:09:43.92	291	00:49:42.62	301	Walschberg Runners
309	FAKO Wolfram		2254	82 M40M	00:50:16.82	00:09:41.46	211	00:09:52.00	307	00:10:10.96	344	00:10:27.74	389	00:10:04.66	359	00:50:03.89	319	RV Eikleben
310	WENZEL René		1153	90 M30M	00:50:17.93	00:09:43.87	221	00:09:46.97	292	00:10:14.27	352	00:10:28.20	394	00:10:04.62	357	00:50:00.28	316	Sparkasse Mittelthür
311	BRETSCHNEIDER Jens		1352	40 M50M	00:50:21.19	00:11:03.58	388	00:09:48.22	297	00:09:37.28	236	00:09:51.07	265	00:10:01.04	349	00:49:50.68	309	keine Angabe
312	TENDEL Franziska		1410	12 F30F	00:50:25.26	00:09:20.87	172	00:10:06.46	343	00:10:24.56	397	00:10:26.34	382	00:10:07.03	365	00:50:20.84	326	keine Angabe
313	WIPPRECHT Axel		1038	91 M30M	00:50:25.73	00:10:16.41	289	00:09:39.43	263	00:09:51.26	287	00:10:15.11	344	00:10:23.52	414	00:49:44.06	302	keine Angabe
314	ANDERS Enrico		1606	83 M40M	00:50:26.84	00:10:28.47	317	00:09:31.78	242	00:10:13.64	351	00:10:22.26	366	00:09:50.69	311	00:49:47.27	307	Dirty Runners Bad T
315	MALINKA Sebastian		1772	92 M30M	00:50:28.88	00:11:28.44	464	00:09:49.82	302	00:09:42.34	247	00:09:37.45	227	00:09:50.83	312	00:49:33.90	295	keine Angabe
316	SCHMIDT Thomas		1169	93 M30M	00:50:28.92	00:11:28.94	465	00:09:49.29	300	00:09:42.53	250	00:09:37.20	224	00:09:50.96	313	00:49:34.06	296	RSV Adler Arnstadt
317	STERN Friederike		1293	3 U18F	00:50:30.64	00:09:23.14	179	00:09:52.97	311	00:09:59.16	308	00:10:30.19	401	00:10:45.18	469	00:50:19.02	323	RV Eikleben
318	KNOTH Holger		1910	94 M30M	00:50:32.69	00:11:59.50	551	00:10:22.73	389	00:09:28.93	217	00:09:20.34	160	00:09:21.19	228	00:49:33.56	294	1860 Neuhaus am R
319	KUSSAUER Ines		1076	10 F40F	00:50:33.41	00:10:58.52	380	00:10:03.06	335	00:10:01.08	310	00:09:56.66	281	00:09:34.09	265	00:49:57.54	312	SV Stadtilm 2011
320	THÜMMLER Juliane		1875	8 F20F	00:50:34.85	00:11:12.79	414	00:09:56.22	320	00:09:55.06	295	00:09:55.80	278	00:09:34.98	270	00:49:58.04	314	keine Angabe
321	DERDULLA Jörg		1309	41 M50M	00:50:35.36	00:10:48.17	356	00:10:01.70	331	00:09:57.93	304	00:10:04.66	304	00:09:42.90	288	00:49:57.65	313	keine Angabe
322	WALENTIN Peter		1391	42 M50M	00:50:45.58	00:11:04.46	392	00:10:02.85	333	00:09:59.38	309	00:09:57.87	284	00:09:41.02	284	00:49:45.71	305	SLG Bad Langensalb
323	RÖSKE Andre		1828	84 M40M	00:50:45.67	00:10:25.45	308	00:10:05.46	341	00:10:08.74	339	00:10:12.53	335	00:09:53.49	319	00:50:25.59	329	keine Angabe
324	NOWAK Jens		1052	85 M40M	00:50:49.48	00:11:17.47	431	00:10:10.79	356	00:10:08.55	338	00:09:43.19	248	00:09:29.48	252	00:50:19.48	325	Walschberg Runners
325	BÖNEWITZ Uwe		1955	43 M50M	00:50:50.86	00:11:24.73	452	00:09:45.70	284	00:09:43.79	258	00:09:58.02	286	00:09:58.62	336	00:49:51.11	310	finke Das Erlebnis-E
326	KIND Christiane		1733	13 F30F	00:50:52.55	00:10:34.84	328	00:10:10.30	354	00:10:16.56	368	00:10:07.16	312	00:09:43.69	290	00:50:36.53	336	Fitness-Mama
327	KIND Benjamin		1732	95 M30M	00:50:53.03	00:10:34.89	329	00:10:10.06	352	00:10:16.70	369	00:10:07.34	314	00:09:44.04	293	00:50:37.10	338	Fitness-Mama
328	PANSE Jens		1798	44 M50M	00:50:57.37	00:11:24.01	447	00:10:19.23	384	00:09:36.55	234	00:09:37.92	230	00:09:59.66	345	00:50:37.06	337	USV Erfurt
329	FRITZLAR Heike		1026	4 F50F	00:50:57.64	00:10:37.88	335	00:09:59.60	329	00:10:07.22	330	00:10:06.97	310	00:10:05.97	362	00:50:41.34	339	Röblinglaufverein
330	MLINARSKY Michael		1782	96 M30M	00:50:58.98	00:11:55.59	533	00:10:42.40	460	00:10:05.60	324	00:09:25.83	183	00:08:49.56	137	00:50:26.14	330	Die flinken Gerateler
331	PETERMANN Sebastian		1801	97 M30M	00:50:59.04	00:11:55.49	531	00:10:42.51	462	00:10:05.83	325	00:09:26.04	187	00:08:49.17	133	00:50:27.55	332	keine Angabe
332	FUHRMANN Erik		1662	7 U20M	00:50:59.14	00:11:55.50	532	00:10:42.58	463	00:10:05.88	326	00:09:25.85	184	00:08:49.33	134	00:50:26.62	331	Die flinken Gerateler
333	BECKER Christian		1381	86 M40M	00:51:03.94	00:11:13.26	416	00:09:49.44	301	00:09:55.26	296	00:10:07.05	311	00:09:58.93	339	00:50:22.04	327	keine Angabe
334	HEINKE Christin		1689	14 F30F	00:51:04.98	00:10:17.23	290	00:10:25.12	399	00:10:14.31	354	00:10:13.35	336	00:09:54.97	325	00:50:56.57	345	keine Angabe
335	KRUSE Oliver		1950	98 M30M	00:51:05.55	00:10:24.81	306	00:09:40.51	264	00:10:08.36	336	00:10:23.04	371	00:10:28.83	436	00:50:52.66	343	keine Angabe
336	GIEBLER Benjamin		2271	99 M30M	00:51:06.52	00:12:00.99	558	00:09:58.56	327	00:10:11.29	346	00:09:54.41	274	00:09:01.27	167	00:50:15.72	322	keine Angabe
337	GEBEL Jan		1666	87 M40M	00:51:06.77	00:10:20.97	298	00:09:54.90	314	00:10:18.19	373	00:10:30.93	403	00:10:01.78	352	00:50:42.70	340	LG Ohra Energie
338	DAUM Joachim		2278	45 M50M	00:51:09.49	00:11:06.78	400	00:09:58.20	324	00:09:56.89	300	00:10:09.09	322	00:09:58.53	335	00:50:19.48	324	keine Angabe
339	BEINAROWITZ Sascha		1010	37 M20M	00:51:11.10	00:10:30.85	322	00:10:07.43	345	00:10:16.02	366	00:10:14.32	340	00:10:02.48	354	00:50:31.56	333	Häufig Läufer
340	SEEHOF Frank		1941	88 M40M	00:51:11.46	00:10:23.05	304	00:09:53.09	313	00:10:08.47	337	00:10:23.60	374	00:10:23.25	412	00:50:33.53	334	SV 1922 Thamsbrück
341	SPRENGER Bernd		1857	46 M50M	00:51:17.94	00:12:17.51	581	00:09:44.17	275	00:09:47.17	275	00:09:51.21	266	00:09:37.88	277	00:50:35.03	335	LTV Erfurt
342	ALBRECHT Dirk		1602	89 M40M	00:51:20.07	00:09:49.35	234	00:10:04.26	337	00:10:21.28	381	00:10:38.26	422	00:10:26.92	430	00:51:09.48	353	keine Angabe
343	HOFMANN Sascha		1709	100 M30M	00:51:21.73	00:10:54.24	368	00:10:14.57	367	00:10:05.60	323	00:10:08.98	319	00:09:58.34	334	00:50:58.15	346	SV Empor Bad Lang

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
344	KOCH Stefan		1329	90 M40M	00:51:24.23	00:10:27.28	315	00:09:56.98	322	00:10:14.81	359	00:10:09.99	325	00:10:35.17	446	00:50:43.51	341	SC Rapid Erfurt
345	HOFMANN Tristan Cedric Phelan		1710	19 U18M	00:51:24.69	00:10:55.16	372	00:10:14.40	366	00:10:06.03	327	00:10:08.86	318	00:10:00.24	346	00:51:00.82	348	SV Empor Bad Lang
346	BIMBÖSER Christoph		1328	101 M30M	00:51:25.48	00:10:29.86	321	00:09:59.54	328	00:10:14.44	355	00:10:22.62	368	00:10:19.02	398	00:50:44.84	342	SC Rapid Erfurt
347	STRUBL Thomas		1867	102 M30M	00:51:27.15	00:09:46.45	227	00:10:09.94	351	00:10:23.20	389	00:10:39.51	424	00:10:28.05	432	00:51:19.29	357	keine Angabe
348	KLATTE Michaela		1736	15 F30F	00:51:28.72	00:10:21.83	300	00:10:24.70	396	00:10:27.79	412	00:10:27.06	387	00:09:47.34	304	00:51:18.75	356	RV Eixleben
349	VORWEG Erik		1236	38 M20M	00:51:29.03	00:10:56.14	373	00:09:54.93	315	00:10:10.99	345	00:10:36.71	419	00:09:50.26	308	00:50:24.51	328	Nuklear Crew
350	RUDOLPH Frank		2269	47 M50M	00:51:31.54	00:09:32.35	196	00:10:04.43	338	00:10:18.29	375	00:10:42.29	434	00:10:54.18	498	00:51:27.29	364	keine Angabe
351	KLEINWECHTER Jan		1468	91 M40M	00:51:32.22	00:10:54.73	371	00:10:24.29	393	00:10:12.13	349	00:10:10.79	330	00:09:50.28	309	00:51:03.83	350	keine Angabe
352	MENDELHAUPT Mark		2288	92 M40M	00:51:32.44	00:10:33.94	327	00:10:12.26	360	00:10:10.59	343	00:10:25.74	379	00:10:09.91	377	00:51:14.82	355	keine Angabe
353	HOLLENSEE Anne		2267	16 F30F	00:51:32.98	00:10:39.18	339	00:10:09.20	348	00:10:15.28	362	00:10:17.61	351	00:10:11.71	383	00:51:20.37	359	keine Angabe
354	PETERMANN Stefan		1937	4 M60M	00:51:36.23	00:10:25.32	307	00:10:00.89	330	00:10:16.28	367	00:10:29.96	399	00:10:23.78	415	00:51:10.81	354	keine Angabe
355	SPALECK Tom		1254	20 U18M	00:51:38.35	00:08:50.98	112	00:09:32.20	243	00:10:14.89	360	00:11:55.80	614	00:11:04.48	525	00:51:31.45	371	Erfurt Leichtathletik C
356	?NUMMER #2265		2265	1 kAKM	00:51:38.91	00:11:35.12	484	00:10:24.65	394	00:10:06.39	328	00:10:10.41	327	00:09:22.34	230	00:50:59.98	347	keine Angabe
357	KOZLIK Jens		1155	93 M40M	00:51:42.58	00:10:13.44	287	00:10:19.12	383	00:10:21.76	384	00:10:31.07	404	00:10:17.19	396	00:51:33.14	373	keine Angabe
358	FISCHER Steffen		1073	94 M40M	00:51:44.06	00:10:12.04	282	00:10:25.04	397	00:10:31.93	427	00:10:26.41	383	00:10:08.64	373	00:51:28.74	367	LSG 80 Schmückelä
359	KANLE Stefan		1223	95 M40M	00:51:48.72	00:11:22.47	445	00:10:11.87	359	00:10:03.17	313	00:10:05.54	307	00:10:05.67	361	00:51:09.07	352	kein Verein angegeb
360	ELINGER Dirk		1649	48 M50M	00:51:49.13	00:10:06.35	271	00:10:04.56	340	00:10:27.19	408	00:10:45.83	449	00:10:25.20	420	00:51:27.43	365	GutsMuths-Rennstei
361	ERDMANN Stephanie		1652	17 F30F	00:51:49.75	00:09:39.15	206	00:10:28.02	418	00:10:38.40	445	00:10:42.36	435	00:10:21.82	405	00:51:42.34	377	LSV Lok Arnstadt
362	LICHT Martin		1371	39 M20M	00:51:50.27	00:12:39.53	635	00:10:10.34	355	00:09:42.91	251	00:09:55.31	275	00:09:22.18	229	00:50:53.96	344	keine Angabe
363	LINDENLAUB Ralf		1222	96 M40M	00:51:52.96	00:11:19.55	438	00:10:31.62	427	00:10:14.30	353	00:10:09.01	320	00:09:38.48	278	00:51:26.20	363	kein Verein angegeb
364	SPOTTA Yvonne		1195	11 F40F	00:51:54.35	00:11:31.54	474	00:10:15.12	370	00:10:04.05	317	00:10:04.20	301	00:09:59.44	342	00:51:21.93	360	FSV Hardisleben
365	KOCH Thomas		1196	97 M40M	00:51:54.39	00:11:31.44	473	00:10:14.96	369	00:10:04.16	319	00:10:04.41	302	00:09:59.42	341	00:51:22.30	361	Kindelbrücker SV
366	WEINERT Marco		1152	40 M20M	00:51:55.73	00:12:02.75	559	00:10:32.23	428	00:10:30.70	422	00:10:13.48	337	00:08:36.57	104	00:51:04.39	351	Sparkasse Mittelthür
367	JUNG Diana		1065	18 F30F	00:51:55.89	00:10:56.63	375	00:10:14.75	368	00:10:14.47	357	00:10:22.74	369	00:10:07.30	367	00:51:31.35	369	Laufwerk
368	DALLA MASSARA Francesco		1116	41 M20M	00:51:56.00	00:13:14.02	713	00:10:08.33	346	00:09:53.52	291	00:09:42.76	247	00:08:57.37	158	00:51:01.74	349	keine Angabe
369	BERGMANN Michael		1168	98 M40M	00:51:56.16	00:10:56.90	376	00:10:14.36	365	00:10:14.63	358	00:10:22.56	367	00:10:07.71	369	00:51:31.42	370	Laufwerk Sömmerda
370	STÖCKIGT Bettina		1869	19 F30F	00:51:56.69	00:10:32.91	325	00:10:26.61	410	00:10:18.12	372	00:10:26.85	385	00:10:12.20	385	00:51:33.11	372	keine Angabe
371	KYLIAN Tobias		2295	103 M30M	00:51:59.33	00:11:18.48	436	00:10:27.77	415	00:09:55.38	297	00:10:08.16	316	00:10:09.54	376	00:51:23.60	362	keine Angabe
372	KUNZ Hans- Jürgen		1020	5 M60M	00:52:07.56	00:10:12.65	285	00:10:04.08	336	00:10:23.72	391	00:10:40.28	429	00:10:46.83	478	00:51:55.49	382	keine Angabe
373	REUTER Marcel		1379	99 M40M	00:52:09.95	00:11:13.08	415	00:10:09.89	350	00:10:22.33	385	00:10:25.94	380	00:09:58.71	338	00:51:20.05	358	keine Angabe
374	SUCKERT Michael		1390	104 M30M	00:52:13.48	00:10:52.86	366	00:09:58.34	325	00:10:17.56	371	00:10:37.88	420	00:10:26.84	429	00:51:35.08	374	keine Angabe
375	RÜCKERT Jens		1829	49 M50M	00:52:14.96	00:11:45.67	504	00:10:16.79	373	00:10:15.89	364	00:10:12.23	333	00:09:44.38	296	00:51:30.71	368	keine Angabe
376	TRAUTMANN Jonas		1876	21 U18M	00:52:17.74	00:10:43.25	348	00:10:35.07	440	00:10:30.42	420	00:10:21.93	364	00:10:07.07	366	00:51:45.35	378	GutsMuths-Rennstei
377	REICHENBÄCHER Steffen		1812	105 M30M	00:52:18.51	00:11:04.00	391	00:10:26.88	411	00:10:21.49	383	00:10:15.56	345	00:10:10.58	379	00:51:58.34	385	SWE Laufteam
378	VEIT Horst		1880	50 M50M	00:52:20.38	00:11:21.30	443	00:10:28.63	420	00:10:18.27	374	00:10:16.99	350	00:09:55.19	326	00:51:52.89	379	Erfurter SK
379	MICHEL Christian		1781	42 M20M	00:52:21.98	00:10:20.02	294	00:10:26.56	408	00:10:26.02	402	00:10:45.55	448	00:10:23.83	416	00:52:12.96	395	keine Angabe
380	FINGER Jens		2298	51 M50M	00:52:23.33	00:11:24.69	451	00:10:18.94	381	00:10:14.44	356	00:10:31.37	406	00:09:53.89	322	00:52:02.92	389	SV EVB Erfurt
381	JANTHUR Niklas		1720	43 M20M	00:52:24.69	00:11:17.89	433	00:10:40.92	456	00:10:37.59	439	00:10:21.21	360	00:09:27.08	244	00:52:06.58	391	RACER
382	KUNA Heiner		1304	106 M30M	00:52:26.34	00:10:05.42	270	00:10:08.40	347	00:10:29.47	418	00:10:51.62	465	00:10:51.43	490	00:51:59.94	388	keine Angabe
383	KNABE Ingo		1202	52 M50M	00:52:26.78	00:10:10.89	280	00:10:02.86	334	00:10:25.11	399	00:10:53.29	472	00:10:54.63	501	00:52:09.32	393	keine Angabe
384	FUCHS Daniel		1110	107 M30M	00:52:28.44	00:11:15.77	422	00:10:16.83	374	00:10:11.97	348	00:10:21.75	363	00:10:22.12	407	00:51:53.13	380	keine Angabe
385	MEY Marcus		1147	108 M30M	00:52:29.48	00:11:20.91	442	00:10:29.55	423	00:10:27.34	409	00:10:19.46	357	00:09:52.22	316	00:51:37.23	375	Sparkasse Mittelthür
386	BALLHAUS Henri		1114	100 M40M	00:52:29.52	00:11:16.20	425	00:10:16.93	375	00:10:11.89	347	00:10:21.95	365	00:10:22.55	411	00:51:53.54	381	PSV Sömmerda e.V.
387	JEHNES Michael		1016	109 M30M	00:52:30.16	00:11:09.72	404	00:10:29.25	422	00:10:23.36	390	00:10:19.09	355	00:10:08.74	374	00:52:03.57	390	keine Angabe
388	WOLTER Steffen		1896	53 M50M	00:52:30.85	00:11:22.47	446	00:10:25.19	400	00:10:16.77	370	00:10:27.79	392	00:09:58.63	337	00:51:55.92	383	100 Champions für T
389	SCHMIDT Uta		1841	12 F40F	00:52:32.14	00:11:02.98	384	00:10:31.17	425	00:10:27.68	410	00:10:21.33	362	00:10:08.98	375	00:52:15.63	397	keine Angabe
390	URBANNECK Oliver		1879	110 M30M	00:52:35.93	00:11:27.17	460	00:10:06.17	342	00:10:19.75	379	00:10:27.00	386	00:10:15.84	392	00:51:42.05	376	N3 Sportverein e.V.
391	MENTZEL Michael		1079	54 M50M	00:52:37.83	00:10:47.05	354	00:10:15.51	371	00:10:24.08	395	00:10:34.28	412	00:10:36.91	453	00:52:13.58	396	LTV Erfurt
392	ROHNE Patrick		1818	111 M30M	00:52:39.04	00:11:55.76	534	00:10:18.26	379	00:10:07.68	333	00:10:16.45	348	00:10:00.89	348	00:51:58.54	387	keine Angabe

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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SPLIT TIMES

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
393	RÖLL Andrea		1827	13 F40F	00:52:39.09	00:11:56.04	536	00:10:18.09	378	00:10:07.40	332	00:10:16.49	349	00:10:01.07	350	00:51:58.43	386	keine Angabe
394	MARQUARDT Christian		1775	112 M30M	00:52:39.44	00:13:02.18	694	00:09:50.60	303	00:10:03.36	315	00:09:59.35	288	00:09:43.95	292	00:51:28.12	366	keine Angabe
395	GOLLHARDT Tobias		1672	44 M20M	00:52:43.96	00:10:45.31	352	00:09:46.29	287	00:10:12.41	350	00:10:46.12	451	00:11:13.83	549	00:51:56.32	384	keine Angabe
396	VOLLMAR Anett		1167	5 F50F	00:52:47.05	00:11:32.46	477	00:10:28.63	421	00:10:19.30	378	00:10:24.68	376	00:10:01.98	353	00:52:08.59	392	keine Angabe
397	VOIGTMANN Sandra		1281	14 F40F	00:52:49.36	00:10:54.69	370	00:10:22.91	391	00:10:30.66	421	00:10:33.39	410	00:10:27.71	431	00:52:20.88	401	keine Angabe
398	FRITZWANKER Klaus		1946	55 M50M	00:52:52.39	00:10:29.77	320	00:10:20.22	386	00:10:34.20	435	00:10:52.65	468	00:10:35.55	447	00:52:33.33	407	keine Angabe
399	LINDEMANN Anke		1092	20 F30F	00:52:54.13	00:11:36.89	490	00:10:06.78	344	00:10:21.35	382	00:10:28.06	393	00:10:21.05	404	00:52:47.02	420	keine Angabe
400	BERTELS Alexander		1378	45 M20M	00:52:56.11	00:10:57.38	378	00:10:10.21	353	00:10:33.88	434	00:10:36.31	417	00:10:38.33	457	00:52:17.18	398	keine Angabe
401	STARK Ralf		1255	56 M50M	00:52:57.21	00:10:14.15	288	00:10:13.49	363	00:10:46.50	470	00:11:01.38	493	00:10:41.69	461	00:52:38.79	413	keine Angabe
402	PETRASCH Oliver		1945	101 M40M	00:52:57.75	00:11:06.63	399	00:10:18.82	380	00:10:26.95	406	00:10:39.86	427	00:10:25.49	423	00:52:17.27	399	Rehasport-Verein Le
403	GREBHAHN Barbara		1166	15 F40F	00:52:59.37	00:11:35.85	488	00:10:22.79	390	00:10:18.67	376	00:10:24.70	377	00:10:17.36	397	00:52:25.41	404	LTV Erfurt e.V.
404	KALINKE Anne		1939	6 F50F	00:53:01.54	00:11:21.69	444	00:10:13.08	362	00:10:30.21	419	00:10:34.04	411	00:10:22.52	410	00:52:20.26	400	Katzenfans
405	WEIGELT Christian		1308	113 M30M	00:53:02.86	00:10:00.13	264	00:10:27.97	416	00:10:39.28	447	00:10:55.57	478	00:10:59.91	518	00:52:49.88	423	keine Angabe
406	DRÜGE Uwe		1388	57 M50M	00:53:07.70	00:10:53.33	367	00:10:39.36	450	00:10:39.48	448	00:10:43.73	441	00:10:11.80	384	00:52:54.79	426	keine Angabe
407	FRIE&LEBEN Sven		1295	114 M30M	00:53:10.11	00:11:03.00	385	00:10:21.60	387	00:10:26.03	403	00:10:42.99	440	00:10:36.49	450	00:52:22.29	403	SSV Jena-Zwätzen
408	LÜNSER Christian		1063	115 M30M	00:53:11.15	00:10:58.33	379	00:10:14.03	364	00:10:33.55	432	00:10:59.67	486	00:10:25.57	424	00:52:26.11	405	BSG Steigerwald Eg
409	KRÄMER Thomas		2294	102 M40M	00:53:11.94	00:11:18.41	435	00:10:28.32	419	00:10:25.26	400	00:10:29.78	398	00:10:30.17	437	00:52:36.78	411	keine Angabe
410	ROHR Christina		1039	21 F30F	00:53:12.31	00:11:20.84	441	00:10:12.48	361	00:10:20.88	380	00:10:41.78	431	00:10:36.33	449	00:52:33.43	408	keine Angabe
411	MÜLLER Torsten		1789	116 M30M	00:53:15.60	00:11:17.40	430	00:10:42.64	464	00:10:24.51	396	00:10:35.07	414	00:10:15.98	393	00:52:35.98	410	Dabei sein ist alles
412	KEIL Florian		1726	117 M30M	00:53:16.66	00:12:39.45	632	00:10:17.67	377	00:10:10.17	342	00:10:15.11	343	00:09:54.26	323	00:52:21.28	402	rote Erde Urleben
413	STEIN Michael		1117	103 M40M	00:53:19.37	00:11:25.53	455	00:10:45.81	482	00:10:31.83	426	00:10:21.21	361	00:10:14.99	388	00:52:57.01	430	keine Angabe
414	ERNST Steffen		1653	104 M40M	00:53:20.02	00:11:25.61	457	00:10:19.91	385	00:10:15.50	363	00:10:42.17	433	00:10:36.83	452	00:52:51.48	424	SG Rennsteig Masse
415	MÖRSTEDT Dennis		1938	22 U18M	00:53:20.27	00:09:59.12	261	00:10:43.89	468	00:11:03.56	505	00:11:07.36	503	00:10:26.34	428	00:53:18.79	441	LSV Neunheilingen
416	STÖCKIGT Werner		1870	6 M60M	00:53:20.32	00:10:32.95	326	00:10:26.40	406	00:10:43.77	462	00:10:52.68	470	00:10:44.52	468	00:52:56.63	429	keine Angabe
417	HOLZAPFEL Kai		1175	105 M40M	00:53:23.10	00:12:05.09	564	00:10:18.95	382	00:10:32.75	430	00:10:24.78	378	00:10:01.53	351	00:52:10.11	394	keine Angabe
418	GRIEB&BACH Jeannine		1675	22 F30F	00:53:23.28	00:10:17.59	291	00:10:27.98	417	00:11:02.70	504	00:11:00.58	490	00:10:34.43	445	00:53:15.08	439	keine Angabe
419	DÄNNER Erik		1641	118 M30M	00:53:24.02	00:11:47.25	505	00:10:48.24	491	00:10:28.07	413	00:10:36.40	418	00:09:44.06	294	00:52:45.13	416	Wildeck
420	PAASCH Felix		1174	46 M20M	00:53:25.08	00:12:28.97	601	00:10:26.22	405	00:10:32.11	429	00:10:23.03	370	00:09:34.75	268	00:52:38.65	412	Annakram e.V
421	JAHNKE Nicole		1137	23 F30F	00:53:25.73	00:11:45.63	503	00:10:47.24	489	00:10:26.01	401	00:10:15.96	347	00:10:10.89	381	00:53:13.25	437	Laufladen Erfurt OC
422	HELBING Andreas		1136	119 M30M	00:53:25.95	00:11:45.59	502	00:10:47.19	488	00:10:26.32	404	00:10:15.78	346	00:10:11.07	382	00:53:13.47	438	Laufladen Erfurt OC
423	KRIENING Henry		1084	58 M50M	00:53:28.37	00:11:32.06	476	00:10:34.72	438	00:10:31.68	425	00:10:26.52	384	00:10:23.39	413	00:53:03.91	431	keine Angabe
424	KELLER Enrico		1728	47 M20M	00:53:29.72	00:10:50.99	360	00:10:40.78	454	00:10:41.96	454	00:10:47.78	455	00:10:28.21	433	00:52:56.40	427	keine Angabe
425	MEDING Mirko		1023	120 M30M	00:53:29.93	00:11:49.18	512	00:10:37.40	446	00:10:26.99	407	00:10:28.44	395	00:10:07.92	371	00:52:32.18	406	keine Angabe
426	KELLER Norbert		1729	59 M50M	00:53:30.48	00:10:51.61	361	00:10:40.54	453	00:10:42.31	457	00:10:47.63	454	00:10:28.39	435	00:52:56.55	428	keine Angabe
427	KNOTHE Simone		2290	106 M40M	00:53:30.96	00:11:27.50	462	00:10:21.63	388	00:10:28.60	414	00:10:39.85	426	00:10:33.38	441	00:52:48.60	421	keine Angabe
428	LEITGEBEL Torsten		1024	121 M30M	00:53:31.00	00:11:53.50	523	00:10:37.90	447	00:10:23.84	393	00:10:29.07	397	00:10:06.69	364	00:52:33.69	409	keine Angabe
429	KIE&LING Sven		1731	122 M30M	00:53:33.35	00:10:31.06	323	00:10:25.65	403	00:10:42.74	458	00:10:58.51	481	00:10:55.39	503	00:53:22.96	443	SV Thuringia Königs
430	BLÜMLING Uwe		1620	107 M40M	00:53:35.04	00:11:30.34	470	00:10:17.02	376	00:10:38.07	444	00:10:45.41	447	00:10:24.20	417	00:52:42.42	415	Tautenhain
431	HARTMANN Alexander		1686	108 M40M	00:53:35.86	00:10:48.65	357	00:10:31.30	426	00:10:43.89	463	00:10:51.53	464	00:10:40.49	459	00:53:15.42	440	Spielmanszug der S
432	BADER Florentin		1225	48 M20M	00:53:37.51	00:11:55.93	535	00:10:42.83	466	00:10:07.77	334	00:10:04.63	303	00:10:46.35	474	00:53:03.98	432	keine Angabe
433	EFFLER Knut		1647	109 M40M	00:53:38.16	00:12:39.47	633	00:10:11.19	357	00:10:19.20	377	00:10:14.82	341	00:10:13.48	387	00:52:42.23	414	keine Angabe
434	WILCK Anett		1890	16 F40F	00:53:39.44	00:10:29.49	319	00:10:38.36	448	00:10:46.07	467	00:10:56.90	480	00:10:48.62	482	00:53:32.96	453	Sömmerdaer Gipfels
435	EHRHARDT Lars		1144	49 M20M	00:53:40.94	00:12:02.95	561	00:10:32.34	429	00:10:31.61	424	00:10:23.36	372	00:10:10.68	380	00:52:49.52	422	Sparkasse Mittelthür
436	ROTHKEGEL Iлона		1299	1 F70F	00:53:42.80	00:11:40.97	498	00:10:37.26	445	00:10:33.66	433	00:10:28.44	396	00:10:22.47	409	00:53:09.12	433	keine Angabe
437	KUHN Alexander		1753	123 M30M	00:53:43.96	00:11:48.85	510	00:10:25.06	398	00:10:31.95	428	00:10:23.92	375	00:10:34.18	444	00:52:45.72	418	keine Angabe
438	JAHN Enrico		2282	124 M30M	00:53:45.57	00:11:57.01	543	00:10:33.17	431	00:10:23.95	394	00:10:31.61	407	00:10:19.83	403	00:52:45.30	417	keine Angabe
439	OHM Michael		2283	125 M30M	00:53:45.67	00:11:57.57	546	00:10:34.35	435	00:10:22.74	387	00:10:31.71	408	00:10:19.30	400	00:52:45.85	419	keine Angabe
440	ROHKOHL Johannes		1149	50 M20M	00:53:45.72	00:12:02.76	560	00:10:32.59	430	00:10:31.41	423	00:10:23.58	373	00:10:15.38	389	00:52:54.48	425	Sparkasse Mittelthür
441	TRIEBSEES Lars		1234	110 M40M	00:53:47.93	00:11:12.04	410	00:10:27.42	413	00:10:26.34	405	00:10:43.90	442	00:10:58.23	510	00:53:24.52	445	keine Angabe

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
442	POSNIAK Jörg		1805	111 M40M	00:53:48.04	00:11:03.95	390	00:10:34.76	439	00:10:37.84	443	00:10:48.19	456	00:10:43.30	465	00:53:24.82	446	keine Angabe
443	JANKE Adelheid		1719	9 F20F	00:53:48.68	00:11:16.63	427	00:10:40.86	455	00:10:40.27	449	00:10:42.55	438	00:10:28.37	434	00:53:12.15	436	Park-Apotheke Erfurt
444	KAIN Jan		1179	112 M40M	00:53:52.81	00:10:57.20	377	00:10:25.23	401	00:10:38.53	446	00:11:04.04	496	00:10:47.81	481	00:53:23.49	444	keine Angabe
445	KULICH Rainer		1336	60 M50M	00:53:53.92	00:11:05.48	396	00:10:50.63	500	00:10:43.58	459	00:10:42.59	439	00:10:31.64	440	00:53:42.06	455	keine Angabe
446	WEINERT Michael		1042	126 M30M	00:53:54.94	00:11:13.29	417	00:10:33.90	433	00:10:35.08	436	00:10:49.33	459	00:10:43.34	466	00:53:24.84	447	Walschberg Runners
447	BADER Tobias		1204	127 M30M	00:54:00.56	00:11:56.48	541	00:10:42.44	461	00:10:23.15	388	00:10:42.40	436	00:10:16.09	394	00:53:27.20	450	keine Angabe
448	GUNKEL Stephan		1359	113 M40M	00:54:00.80	00:11:48.20	509	00:10:41.14	457	00:10:33.03	431	00:10:39.14	423	00:10:19.29	399	00:53:25.25	448	keine Angabe
449	ALERT Lisa		1603	10 F20F	00:54:05.14	00:12:31.55	605	00:10:26.95	412	00:10:28.80	415	00:10:18.48	354	00:10:19.36	401	00:53:10.74	434	Die flinken Gerataler
450	KAHL Liith		2276	24 F30F	00:54:05.18	00:12:32.08	608	00:10:26.53	407	00:10:28.91	416	00:10:18.14	353	00:10:19.52	402	00:53:11.30	435	Die flinken Gerataler
451	LANGÉ Rene		1208	114 M40M	00:54:09.72	00:11:39.22	495	00:10:34.14	434	00:10:24.60	398	00:10:32.66	409	00:10:59.10	512	00:53:20.91	442	keine Angabe
452	ABENDROTH Andrea		1241	25 F30F	00:54:10.08	00:10:52.48	365	00:10:44.19	473	00:10:46.35	469	00:10:56.21	479	00:10:50.85	489	00:53:56.16	459	ultrarunner-team.de
453	LEHMANN Holger		1105	115 M40M	00:54:12.24	00:11:34.24	481	00:11:05.86	534	00:10:45.48	466	00:10:38.24	421	00:10:08.42	372	00:53:59.70	462	SSL Otto 10
454	HEß Ines		1701	7 F50F	00:54:12.93	00:11:04.48	393	00:10:46.20	486	00:10:46.21	468	00:10:50.32	462	00:10:45.72	471	00:54:01.52	464	LTV Erfurt e.V.
455	KÖHLER Kristin		1265	17 F40F	00:54:13.14	00:11:17.98	434	00:10:48.73	492	00:10:47.36	473	00:10:45.25	445	00:10:33.82	443	00:53:51.79	457	keine Angabe
456	ALADISCH Stev		1601	128 M30M	00:54:17.33	00:11:37.72	493	00:10:24.67	395	00:10:37.75	442	00:10:59.27	484	00:10:37.92	456	00:53:26.73	449	keine Angabe
457	RUDOLPH Astrid		1821	8 F50F	00:54:19.59	00:09:59.32	262	00:10:52.97	505	00:11:12.21	532	00:11:15.00	519	00:11:00.09	519	00:54:19.00	472	Sv 1899 Mühlhäuser
458	KÄBISCH Gunnar		1182	129 M30M	00:54:22.26	00:11:48.99	511	00:11:05.95	535	00:11:14.19	541	00:10:41.02	430	00:09:32.11	259	00:54:03.99	466	keine Angabe
459	ELSTER Klaus		1651	61 M50M	00:54:25.66	00:11:17.64	432	00:10:44.04	469	00:10:43.75	461	00:10:45.88	450	00:10:54.35	499	00:54:02.41	465	- ohne -
460	BABECK Thomas		1227	116 M40M	00:54:25.98	00:10:42.00	344	00:10:44.95	476	00:10:43.67	460	00:10:52.20	466	00:11:23.16	575	00:54:10.34	468	kein Verein angegeben
461	STEINBACH Michael		1862	117 M40M	00:54:26.98	00:12:18.42	582	00:10:30.34	424	00:10:36.69	437	00:10:39.70	425	00:10:21.83	406	00:53:52.40	458	keine Angabe
462	ROTHENBERGER Ralf		1820	51 M20M	00:54:28.01	00:12:15.86	577	00:10:25.68	404	00:10:29.21	417	00:10:51.52	463	00:10:25.74	425	00:53:29.64	452	keine Angabe
463	ARNDT Steffen		1608	118 M40M	00:54:29.07	00:12:55.82	668	00:10:47.83	490	00:10:23.78	392	00:10:11.23	331	00:10:10.41	378	00:53:33.45	454	gemalvent GmbH M
464	KAUFHOLD Sebastian		1366	119 M40M	00:54:30.29	00:11:52.89	521	00:10:34.62	437	00:10:37.19	438	00:10:41.96	432	00:10:43.63	467	00:53:28.75	451	keine Angabe
465	END Cornelia		1061	9 F50F	00:54:32.55	00:11:15.97	423	00:10:50.39	499	00:10:45.28	465	00:10:46.92	452	00:10:53.99	497	00:54:18.19	470	PSV Erfurt
466	MAYER Holger		1003	120 M40M	00:54:40.31	00:10:36.64	334	00:10:40.39	452	00:11:01.00	500	00:11:22.50	539	00:10:59.78	517	00:54:25.95	477	Tes at Spacerunners
467	HOPF Jochen		1093	62 M50M	00:54:44.10	00:10:44.08	349	00:10:46.71	487	00:11:04.95	509	00:11:20.85	535	00:10:47.51	480	00:54:39.04	484	INA. S Lauftreff
468	LIPPOLD Yvonne		1263	26 F30F	00:54:44.50	00:11:03.78	389	00:10:44.14	471	00:11:09.28	526	00:11:22.12	537	00:10:25.18	419	00:54:23.53	476	Mühlhäuser Laufwöl
469	STROH Viola		1300	1 F60F	00:54:45.48	00:11:56.04	537	00:10:38.55	449	00:10:41.48	451	00:10:48.86	458	00:10:40.55	460	00:53:58.91	460	keine Angabe
470	SCHUMANN Ronald		1268	121 M40M	00:54:47.32	00:11:00.63	381	00:10:54.18	506	00:11:09.17	525	00:10:45.36	446	00:10:57.98	509	00:54:31.32	480	keine Angabe
471	STEIN Annegret		1860	27 F30F	00:54:48.52	00:10:26.86	312	00:10:51.74	503	00:11:00.16	496	00:11:13.51	514	00:11:16.25	560	00:54:42.52	487	Windschneider
472	WILLER Daniel		1313	130 M30M	00:54:49.70	00:12:11.89	574	00:10:44.14	472	00:10:27.75	411	00:10:35.22	415	00:10:50.70	487	00:53:48.61	456	keine Angabe
473	ZWOSTA Kathrin		2000	18 F40F	00:54:50.40	00:11:05.66	397	00:10:41.28	459	00:10:55.85	482	00:11:13.25	513	00:10:54.36	500	00:54:23.36	475	DJK Tentonia Ganst
474	BLANK Peter		1992	63 M50M	00:54:52.55	00:11:14.67	420	00:10:54.49	507	00:11:08.54	523	00:10:47.50	453	00:10:47.35	479	00:54:39.11	485	Warudi
475	PAUSCH Enrico		1006	122 M40M	00:54:54.24	00:11:52.49	519	00:10:50.01	497	00:10:44.50	464	00:10:48.31	457	00:10:38.93	458	00:54:22.44	474	keine Angabe
476	VOELKEL Tino		2257	131 M30M	00:54:54.30	00:11:15.99	424	00:10:26.59	409	00:10:46.66	471	00:11:09.51	506	00:11:15.55	552	00:54:07.23	467	TSV 1883 Benshaus
477	HALLE Axel		1682	64 M50M	00:54:56.29	00:10:45.99	353	00:10:52.75	504	00:11:02.20	503	00:11:07.22	502	00:11:08.13	531	00:54:48.58	490	Team Erdinger Alk
478	SZILLAT Christian		1120	123 M40M	00:54:56.54	00:12:38.86	627	00:11:09.83	543	00:10:41.92	453	00:10:27.74	390	00:09:58.19	333	00:53:59.57	461	keine Angabe
479	KLINGE Nadine		1122	28 F30F	00:54:58.18	00:12:39.53	634	00:11:10.93	548	00:10:42.11	456	00:10:26.13	381	00:09:59.48	343	00:54:00.18	463	keine Angabe
480	KOLODZIEG Tobias		1744	52 M20M	00:54:58.27	00:11:26.27	458	00:10:16.66	372	00:11:15.68	544	00:11:13.99	517	00:10:45.67	470	00:54:19.00	471	keine Angabe
481	SPANNAUS Carsten		1151	132 M30M	00:55:03.95	00:11:35.70	487	00:10:45.05	477	00:10:56.79	486	00:10:59.82	488	00:10:46.59	477	00:54:12.10	469	Sparkasse Mittelthür
482	SCHUH Michael		1923	124 M40M	00:55:06.05	00:10:39.97	341	00:10:45.26	479	00:10:59.91	494	00:11:13.93	516	00:11:26.98	590	00:54:56.93	493	keine Angabe
483	KELLER Daniel		1932	125 M40M	00:55:06.79	00:11:57.49	545	00:10:43.39	467	00:10:47.84	474	00:10:44.60	443	00:10:53.47	496	00:54:21.84	473	keine Angabe
484	KAHL Uwe		1724	126 M40M	00:55:07.53	00:10:40.29	343	00:10:44.85	475	00:11:00.14	495	00:11:13.89	515	00:11:28.36	594	00:54:58.23	495	Sportklinik Erfurt
485	SCHARR Ullrich		1833	127 M40M	00:55:11.68	00:11:41.92	499	00:10:37.25	444	00:10:53.92	480	00:11:02.84	494	00:10:55.75	504	00:54:41.79	486	keine Angabe
486	HANF Karl Felix		1683	53 M20M	00:55:12.24	00:13:03.28	697	00:11:23.33	580	00:10:55.98	485	00:10:19.57	358	00:09:30.08	254	00:54:31.22	479	keine Angabe
487	ESDRICH Jana		1921	29 F30F	00:55:12.34	00:11:32.77	478	00:10:34.56	436	00:10:46.74	472	00:11:06.66	499	00:11:11.61	543	00:54:44.80	489	ASV Erfurt
488	ALLERT Joachim		1604	7 M60M	00:55:13.64	00:10:50.56	358	00:10:48.74	493	00:11:00.71	497	00:11:24.65	543	00:11:08.98	534	00:55:01.91	496	SWE Laufteam
489	HILDEBRANDT Elke		1705	10 F50F	00:55:20.74	00:10:50.63	359	00:11:03.65	529	00:11:06.11	513	00:11:15.44	521	00:11:04.91	527	00:55:12.19	504	keine Angabe
490	WILHELM Paul		1127	8 U20M	00:55:24.59	00:11:56.44	539	00:10:46.04	485	00:10:55.86	483	00:10:54.80	475	00:10:51.45	491	00:54:37.35	483	ASV Erfurt

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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SPORTS TIMING TECHNOLOGIES

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
491	HEß Luisa		1702	11 F20F	00:55:24.68	00:11:39.84	496	00:10:27.75	414	00:10:57.15	488	00:11:08.07	504	00:11:11.87	546	00:54:36.53	482	keine Angabe
492	SEIFLING Kirsten		1121	19 F40F	00:55:25.48	00:12:37.77	621	00:11:12.35	551	00:10:42.07	455	00:10:27.43	388	00:10:25.86	426	00:54:29.37	478	keine Angabe
493	PAWLIK Gerd		1800	65 M50M	00:55:27.03	00:10:42.71	346	00:11:00.56	524	00:11:19.54	558	00:11:22.23	538	00:11:01.99	521	00:55:15.66	507	Pawliks Lauffamily
494	DINORT Sandy		1634	30 F30F	00:55:28.16	00:11:25.29	454	00:10:35.53	442	00:10:50.92	479	00:11:17.07	528	00:11:19.35	568	00:55:05.68	498	TSSC Erfurt / GDRT
495	MÜNCHGESANG Ricardo		1790	128 M40M	00:55:28.48	00:11:25.21	453	00:10:35.82	443	00:10:50.59	478	00:11:17.86	530	00:11:19.00	567	00:55:05.94	499	Fitnesscrew Erfurt-A
496	MIETH Michael		1173	66 M50M	00:55:31.19	00:12:29.14	602	00:10:51.49	501	00:10:40.94	450	00:10:39.93	428	00:10:49.69	484	00:54:44.71	488	Annakram e.V.
497	ARNOLD Ralf		1920	67 M50M	00:55:31.39	00:11:54.35	526	00:10:57.31	516	00:10:50.55	477	00:10:59.26	483	00:10:49.92	485	00:54:56.95	494	keine Angabe
498	KUHNT Alexander		1219	133 M30M	00:55:32.92	00:11:40.20	497	00:10:42.75	465	00:11:08.06	520	00:11:24.50	542	00:10:37.41	455	00:54:32.30	481	keine Angabe
499	KLEINEBERG Nicol		2280	31 F30F	00:55:33.41	00:11:31.37	472	00:10:58.92	519	00:11:05.06	510	00:11:16.33	525	00:10:41.73	463	00:55:08.61	501	MTB Steiger Racing
500	KLEINEBERG Sascha		2279	134 M30M	00:55:33.63	00:11:31.60	475	00:10:58.91	518	00:11:04.94	508	00:11:16.48	526	00:10:41.70	462	00:55:09.32	503	keine Angabe
501	JANKE Claus		1094	68 M50M	00:55:35.41	00:11:24.10	448	00:10:45.67	480	00:11:04.13	506	00:11:11.83	512	00:11:09.68	537	00:55:14.03	506	keine Angabe
502	WINKLER Jörg		1192	69 M50M	00:55:38.61	00:10:29.22	318	00:10:40.23	451	00:11:20.28	559	00:11:44.87	591	00:11:24.01	579	00:55:21.75	512	MTV
503	ECKARDT Kathleen		1645	12 F20F	00:55:39.75	00:11:34.84	482	00:10:55.04	508	00:11:00.87	499	00:11:09.76	507	00:10:59.24	513	00:55:06.06	500	Team Läufe.
504	ZAUBITZER Uwe		1898	70 M50M	00:55:39.99	00:10:54.26	369	00:10:49.86	495	00:11:01.46	501	00:11:18.98	532	00:11:35.43	609	00:55:19.52	510	Bewegungscoaching
505	RUDOLPH Marcel		1383	129 M40M	00:55:44.31	00:12:33.26	609	00:11:02.03	525	00:10:48.59	475	00:10:49.79	460	00:10:30.64	439	00:55:03.08	497	SV Erfurt
506	HERRMANN Michael		1697	71 M50M	00:55:46.42	00:11:10.03	405	00:10:44.09	470	00:11:00.76	498	00:11:17.03	527	00:11:34.51	604	00:55:27.32	516	SWE Laufteam
507	MÖLLER Andi		1314	130 M40M	00:55:47.78	00:11:52.16	518	00:11:13.35	553	00:11:25.45	568	00:11:00.40	489	00:10:16.42	395	00:55:22.43	513	keine Angabe
508	FRITZ Daniel		1661	135 M30M	00:55:48.46	00:13:00.13	687	00:11:14.19	556	00:10:55.89	484	00:10:34.95	413	00:10:03.30	356	00:54:53.00	492	LC Promille Steinber
509	KLOSE Jürgen		1738	72 M50M	00:55:54.77	00:11:10.59	407	00:11:31.29	599	00:11:29.19	576	00:11:07.11	501	00:10:36.59	451	00:55:51.51	530	VfB 09 Mühlhausen
510	STANGE Mario		1858	131 M40M	00:55:55.10	00:12:11.26	572	00:11:02.21	526	00:10:59.35	492	00:10:52.27	467	00:10:50.01	486	00:55:08.94	502	Guts-Muths-Rennste
511	BÜRGER Sandra		1278	20 F40F	00:55:56.48	00:11:49.87	514	00:10:57.20	515	00:11:01.88	502	00:11:11.31	511	00:10:56.22	505	00:55:13.41	505	keine Angabe
512	WEGLER Dirk		1224	132 M40M	00:56:00.40	00:11:09.71	403	00:10:55.72	510	00:11:13.35	538	00:11:33.44	569	00:11:08.18	532	00:55:28.93	517	kein Verein angegeb
513	HERRLING Tina		1044	21 F40F	00:56:01.74	00:11:31.04	471	00:11:12.30	550	00:11:07.23	518	00:11:15.87	522	00:10:55.30	502	00:55:31.91	521	Walschberg Runners
514	CHRISTOPHER Doreen		1176	32 F30F	00:56:01.80	00:12:48.98	651	00:11:17.81	564	00:10:59.58	493	00:10:42.49	437	00:10:12.94	386	00:54:49.64	491	keine Angabe
515	NOTH Christiane		1791	33 F30F	00:56:04.60	00:11:15.00	421	00:11:04.60	530	00:11:12.21	531	00:11:21.15	536	00:11:11.64	544	00:55:35.83	522	keine Angabe
516	SCHÜRINGS Jacqueline		1250	22 F40F	00:56:05.33	00:11:29.14	466	00:10:56.81	514	00:11:07.09	517	00:11:17.41	529	00:11:14.88	550	00:55:43.83	523	SV Impuls
517	KRIESE Stephan		1751	136 M30M	00:56:06.20	00:11:16.85	429	00:10:41.16	458	00:11:23.54	565	00:11:23.62	541	00:11:21.03	572	00:55:29.48	518	Park-Apotheke Erfur
518	LEONHARDT Rene		1762	137 M30M	00:56:06.26	00:11:56.05	538	00:10:55.79	511	00:10:54.04	481	00:11:08.99	505	00:11:11.39	542	00:55:26.60	515	Leipzig ist auch dabe
519	KÖHLER Joe		1266	23 U18M	00:56:07.24	00:11:56.68	542	00:10:55.31	509	00:11:05.52	512	00:11:03.89	495	00:11:05.84	530	00:55:21.06	511	Oskars Läufer
520	HENKEL Uwe		1694	8 M60M	00:56:07.93	00:10:51.96	362	00:11:05.17	531	00:11:20.89	561	00:11:31.16	562	00:11:18.75	566	00:55:56.90	533	SV Thuringia Königs
521	DÜRRLEDER Jens		1644	138 M30M	00:56:10.32	00:11:54.99	528	00:10:35.09	441	00:11:31.45	579	00:11:46.43	595	00:10:22.36	408	00:55:24.88	514	keine Angabe
522	SCHRADER Rainer		1257	73 M50M	00:56:14.24	00:10:45.14	351	00:11:10.67	546	00:11:15.15	542	00:11:27.75	547	00:11:35.53	610	00:56:01.82	540	keine Angabe
523	JESCHE Dagmar		1228	11 F50F	00:56:18.00	00:12:10.35	570	00:11:09.81	542	00:11:09.05	524	00:10:59.28	485	00:10:49.51	483	00:55:30.94	519	SC Impuls Erfurt e.V.
524	JESCHE Silvo		1229	74 M50M	00:56:18.81	00:12:10.31	568	00:11:10.13	544	00:11:08.44	522	00:10:59.15	482	00:10:50.78	488	00:55:31.23	520	SC Impuls Erfurt e.V.
525	SILGE Marco		1854	139 M30M	00:56:20.05	00:12:11.83	573	00:10:49.88	496	00:11:12.85	536	00:11:06.21	497	00:10:59.28	514	00:55:18.96	508	N3 Sportverein e.V.
526	ENGELHARDT Nicole		1090	34 F30F	00:56:20.96	00:12:12.37	575	00:10:49.86	494	00:11:12.88	537	00:11:06.37	498	00:10:59.48	515	00:55:19.24	509	keine Angabe
527	STEINMETZ Mario		1863	75 M50M	00:56:23.68	00:11:29.68	469	00:11:02.58	527	00:11:05.13	511	00:11:18.45	531	00:11:27.84	593	00:56:00.90	539	SWE Laufteam
528	KUNZ Marco		1377	133 M40M	00:56:25.66	00:12:12.71	576	00:11:19.26	572	00:11:12.80	534	00:10:54.89	476	00:10:46.00	472	00:55:48.59	527	keine Angabe
529	FISCHER Joachim		1369	9 M60M	00:56:29.33	00:11:29.45	467	00:11:07.91	541	00:11:14.19	540	00:11:20.29	534	00:11:17.49	564	00:56:07.74	543	keine Angabe
530	KALLENBERG Nadine		1725	23 F40F	00:56:29.42	00:12:21.54	588	00:11:19.10	566	00:11:08.26	521	00:11:06.99	500	00:10:33.53	442	00:55:58.38	536	Stiftung Wadentest
531	JUNNE Ralf		1319	76 M50M	00:56:31.04	00:11:53.59	524	00:10:58.36	517	00:11:11.57	530	00:11:30.92	561	00:10:56.60	507	00:56:10.48	544	keine Angabe
532	MACKOWIAK Hannes		1360	54 M20M	00:56:33.68	00:11:37.38	492	00:10:59.61	522	00:11:37.35	595	00:11:36.46	573	00:10:42.88	464	00:55:59.96	537	Team Traktor Thürin
533	SCHABEL Dirk		1318	134 M40M	00:56:33.76	00:11:37.31	491	00:10:50.21	498	00:10:58.27	490	00:11:30.14	560	00:11:37.83	615	00:56:00.19	538	Team Traktor Thürin
534	LIPS Markus		1297	140 M30M	00:56:35.17	00:12:28.27	599	00:10:45.91	483	00:10:37.60	440	00:10:55.43	477	00:11:47.96	629	00:55:47.54	525	keine Angabe
535	LUGAUER Dietmar		1296	77 M50M	00:56:35.24	00:12:29.22	603	00:10:45.97	484	00:10:41.60	452	00:10:50.21	461	00:11:48.24	631	00:55:45.68	524	keine Angabe
536	LUX Torsten		1270	135 M40M	00:56:41.02	00:11:26.71	459	00:11:10.16	545	00:11:23.42	564	00:11:24.93	544	00:11:15.80	554	00:56:03.51	541	SV B-W Weißensee
537	KRAUXE Konstantin		1205	136 M40M	00:56:41.83	00:11:44.40	501	00:11:34.44	604	00:11:31.67	580	00:11:14.23	518	00:10:37.09	454	00:56:25.41	550	FC Rot Weiß Erfurt
538	SCHOLLMAYER Liane		2263	24 F40F	00:56:42.51	00:11:44.35	500	00:11:11.58	549	00:11:22.90	563	00:11:27.45	545	00:10:56.23	506	00:56:16.16	546	keine Angabe
539	BIRKEFELD Armin		1942	78 M50M	00:56:43.56	00:10:03.42	268	00:10:24.07	392	00:11:25.55	569	00:12:26.71	683	00:12:23.81	693	00:56:25.86	551	SG Crawlinkel

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
540	APEL Annett		1341	12 F50F	00:56:45.64	00:12:48.80	649	00:11:06.65	537	00:10:57.61	489	00:11:00.61	491	00:10:51.97	494	00:55:58.05	535	keine Angabe
541	GEORGY Jens		1339	79 M50M	00:56:45.70	00:12:48.94	650	00:11:06.74	539	00:10:56.82	487	00:11:01.27	492	00:10:51.93	493	00:55:57.79	534	keine Angabe
542	BRÜCKNER Oliver		1909	141 M30M	00:56:47.23	00:11:59.68	553	00:10:25.28	402	00:11:04.94	507	00:11:41.23	581	00:11:36.10	612	00:55:47.74	526	keine Angabe
543	STURM Dana		1868	25 F40F	00:56:49.52	00:11:35.25	485	00:10:45.19	478	00:11:12.77	533	00:11:39.74	577	00:11:36.57	613	00:56:20.87	549	Laufteam EGlleben/S
544	?NUMMER #1884		1884	2 KAKM	00:56:49.73	00:11:35.49	486	00:10:44.83	474	00:11:12.82	535	00:11:39.46	576	00:11:37.13	614	00:56:20.39	548	keine Angabe
545	KROSCHEL Ralf-Peter		1752	80 M50M	00:56:51.02	00:11:33.62	480	00:11:06.67	538	00:11:07.66	519	00:11:28.96	556	00:11:34.11	602	00:56:17.01	547	Peterborner Sausew
546	MEININGER Damaris		1400	26 F40F	00:56:52.31	00:11:27.64	463	00:11:23.49	582	00:11:17.84	551	00:11:27.90	549	00:11:15.44	551	00:56:41.39	563	keine Angabe
547	HÖHNE Mike		1401	81 M50M	00:56:52.37	00:11:27.22	461	00:11:23.92	583	00:11:17.91	553	00:11:27.50	546	00:11:15.82	558	00:56:41.39	562	keine Angabe
548	PELLEGRINI Laura		1134	13 F20F	00:56:52.61	00:11:51.69	517	00:10:59.28	520	00:11:17.85	552	00:11:28.00	550	00:11:15.79	553	00:56:32.07	555	Aria Arte Pole Dance
549	BÖHME Carola		1283	27 F40F	00:56:54.16	00:11:12.05	411	00:11:19.59	574	00:11:25.21	567	00:11:47.48	598	00:11:09.83	538	00:56:30.45	553	keine Angabe
550	SCHLUMMER Matthäus		1838	142 M30M	00:56:54.54	00:12:27.98	597	00:11:19.64	575	00:10:58.47	491	00:11:10.05	508	00:10:58.40	511	00:55:54.42	532	keine Angabe
551	BONISCH Daniel		1345	55 M20M	00:56:55.03	00:12:58.13	678	00:11:19.15	567	00:11:19.13	557	00:10:53.38	473	00:10:25.24	421	00:55:51.37	528	keine Angabe
552	REIßMANN Marc		1347	56 M20M	00:56:55.09	00:12:58.53	680	00:11:19.38	573	00:11:19.07	556	00:10:52.67	469	00:10:25.44	422	00:55:51.41	529	keine Angabe
553	SICKER Paul		1346	143 M30M	00:56:55.43	00:12:58.62	682	00:11:19.23	569	00:11:18.96	555	00:10:53.52	474	00:10:25.10	418	00:55:51.68	531	keine Angabe
554	KOGEL Jutta		1211	13 F50F	00:56:55.59	00:11:16.71	428	00:11:19.26	571	00:11:27.23	571	00:11:29.28	557	00:11:23.11	574	00:56:44.29	566	keine Angabe
555	SCHWARZ Rene´		1380	137 M40M	00:56:56.10	00:12:00.12	554	00:11:06.48	536	00:11:13.87	539	00:11:10.50	510	00:11:25.13	586	00:56:06.63	542	keine Angabe
556	SAMMLER Heiko		1399	82 M50M	00:56:57.22	00:11:35.03	483	00:11:13.80	555	00:11:24.18	566	00:11:20.05	533	00:11:24.16	581	00:56:36.37	557	keine Angabe
557	MÜLLER Ina		1158	28 F40F	00:56:58.49	00:11:36.45	489	00:11:19.17	568	00:11:27.11	570	00:11:32.69	567	00:11:03.07	523	00:56:38.69	559	keine Angabe
558	MEIßNER Jörg		1237	138 M40M	00:56:59.76	00:11:03.06	386	00:11:27.10	589	00:11:45.84	605	00:11:33.33	568	00:11:10.43	539	00:56:42.01	564	kein Verein angegeb
559	HELBING Michael		1908	144 M30M	00:57:00.31	00:12:00.51	556	00:11:03.22	528	00:11:20.31	560	00:11:22.51	540	00:11:13.76	548	00:56:15.58	545	Reha-Sport-Bildung
560	BERZEN Ronny		1617	145 M30M	00:57:01.83	00:11:59.21	549	00:11:17.03	562	00:11:16.62	546	00:11:31.49	565	00:10:57.48	508	00:56:37.38	558	keine Angabe
561	GERHARDT Oliver		1669	139 M40M	00:57:05.80	00:11:19.86	439	00:10:59.46	521	00:11:16.65	547	00:11:38.20	574	00:11:51.63	634	00:56:46.97	567	keine Angabe
562	GRÄFE Steve		1930	146 M30M	00:57:08.96	00:11:52.54	520	00:11:00.32	523	00:11:17.11	550	00:11:43.17	585	00:11:15.82	557	00:56:30.40	552	TSV 1861 Bad Tenn
563	LAMPERT Paul		1358	24 U18M	00:57:09.45	00:11:16.54	426	00:11:14.42	557	00:11:11.49	529	00:11:47.86	601	00:11:39.14	617	00:56:53.09	569	Budokan Landau (P)
564	KRAUß Dominik		1301	147 M30M	00:57:18.06	00:12:28.08	598	00:10:45.79	481	00:10:37.69	441	00:10:53.08	471	00:12:33.42	703	00:56:31.48	554	keine Angabe
565	PRESCHER Frank		1806	140 M40M	00:57:20.87	00:11:24.16	449	00:10:56.23	512	00:11:36.37	591	00:11:50.94	608	00:11:33.17	601	00:56:43.90	565	USV Erfurt
566	HEYM Elisabeth		1700	14 F20F	00:57:21.69	00:13:06.24	703	00:12:13.58	694	00:11:44.56	603	00:10:35.39	416	00:09:41.92	287	00:56:35.83	556	keine Angabe
567	CZECH Lutz		1926	83 M50M	00:57:25.42	00:11:53.33	522	00:10:56.33	513	00:11:09.68	527	00:11:50.68	607	00:11:35.40	608	00:56:48.77	568	keine Angabe
568	ZETZMANN Lena		1101	15 F20F	00:57:28.17	00:11:29.48	468	00:11:10.82	547	00:11:30.83	578	00:11:41.21	580	00:11:35.83	611	00:57:05.06	570	HSG Werratal
569	WEBER Simona		1245	29 F40F	00:57:28.60	00:12:39.63	636	00:11:13.55	554	00:11:10.70	528	00:11:15.41	520	00:11:09.31	536	00:56:40.01	560	Brown Nuggets
570	LUTZ Gerhardt		1178	10 M60M	00:57:30.25	00:13:00.32	688	00:11:37.36	607	00:11:17.00	549	00:10:59.81	487	00:10:35.76	448	00:56:41.24	561	LG Klaus und Lutz
571	KRANZ Horst		1749	11 M60M	00:57:31.87	00:10:32.85	324	00:11:26.58	586	00:11:44.22	602	00:11:56.14	615	00:11:52.08	636	00:57:27.94	579	keine Angabe
572	KRÜGER Lars		1138	141 M40M	00:57:35.95	00:11:37.72	494	00:11:23.35	581	00:11:27.62	572	00:11:40.11	578	00:11:27.15	592	00:57:13.21	572	keine Angabe
573	MENSEL Lucas		1917	57 M20M	00:57:43.85	00:10:44.44	350	00:11:05.45	533	00:11:47.35	608	00:12:05.42	635	00:12:01.19	653	00:57:39.56	588	keine Angabe
574	SCHULZ Cathrin		1903	35 F30F	00:57:45.50	00:11:32.86	479	00:11:16.65	560	00:11:37.31	594	00:11:53.70	611	00:11:24.98	585	00:57:23.53	577	keine Angabe
575	JAMBOR Daniel		1718	148 M30M	00:57:52.20	00:12:18.60	584	00:10:51.54	502	00:11:51.01	617	00:11:46.30	594	00:11:04.75	526	00:57:37.43	586	Klanggerüst e.V.
576	LUMPLECKER Christoph		1914	149 M30M	00:58:02.95	00:12:48.69	648	00:11:22.21	577	00:11:15.42	543	00:11:27.83	548	00:11:08.80	533	00:57:07.71	571	keine Angabe
577	FRITZLAR Helge		1025	84 M50M	00:58:04.82	00:11:59.52	552	00:11:24.10	584	00:11:29.39	577	00:11:29.79	558	00:11:42.02	619	00:57:40.11	589	Röblinglaufverein
578	FRIEBLEBEN Holger		1294	85 M50M	00:58:08.93	00:12:26.49	595	00:11:22.99	578	00:11:28.73	575	00:11:33.54	571	00:11:17.18	563	00:57:20.28	575	keine Angabe
579	GRENZEMANN Tobias		1393	150 M30M	00:58:09.67	00:11:04.70	394	00:11:27.16	590	00:11:52.39	622	00:11:57.27	618	00:11:48.15	630	00:57:54.43	592	keine Angabe
580	DIETRICH Yvonne		2251	14 F50F	00:58:11.34	00:12:59.27	684	00:11:33.86	602	00:11:16.88	548	00:11:16.00	524	00:11:05.33	528	00:57:22.32	576	keine Angabe
581	BEYER Claudia		1112	36 F30F	00:58:11.43	00:11:49.63	513	00:10:33.80	432	00:12:15.59	674	00:11:45.39	593	00:11:47.02	627	00:57:31.35	581	keine Angabe
582	WANDROWEC Marco		1041	58 M20M	00:58:14.18	00:12:58.39	679	00:11:17.40	563	00:11:06.35	514	00:11:28.59	552	00:11:23.45	578	00:57:31.47	582	keine Angabe
583	WITTER Claire		1891	30 F40F	00:58:14.31	00:12:39.11	630	00:11:26.84	588	00:11:27.96	574	00:11:28.69	554	00:11:11.71	545	00:57:16.78	573	igb - WIR TUN ES L
584	CLAUS Andreas		1628	142 M40M	00:58:14.63	00:12:37.60	619	00:11:28.28	593	00:11:27.91	573	00:11:28.57	551	00:11:12.27	547	00:57:16.89	574	igb - WIR TUN ES L
585	DREXLER Stefan		1111	59 M20M	00:58:15.01	00:12:58.09	677	00:11:16.64	559	00:11:06.90	515	00:11:28.93	555	00:11:24.45	583	00:57:33.20	584	Häufig Läufer
586	DIX Jan		1233	151 M30M	00:58:15.56	00:12:57.58	676	00:11:16.91	561	00:11:07.08	516	00:11:28.67	553	00:11:25.32	587	00:57:31.61	583	#häufigläufig
587	SEUPEL Michél		1287	60 M20M	00:58:17.14	00:10:26.45	310	00:11:32.75	601	00:11:58.55	639	00:12:01.60	628	00:12:17.79	685	00:58:12.36	599	keine Angabe
588	ANSCHÜTZ-THOMS Daniela		1607	31 F40F	00:58:28.79	00:13:08.07	708	00:11:35.42	605	00:11:18.46	554	00:11:15.91	523	00:11:10.93	541	00:57:29.90	580	Eissportclub Erfurt e.

Legend:
 -n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start



Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
589	SOMMERFELD Andreas		1193	86 M50M	00:58:29.17	00:12:28.71	600	00:11:31.50	600	00:11:40.51	600	00:11:42.69	584	00:11:05.76	529	00:57:37.11	585	keine Angabe
590	GROSSER Dietmar		1952	12 M60M	00:58:31.67	00:11:09.71	402	00:11:42.16	617	00:11:59.88	642	00:11:56.27	616	00:11:43.65	623	00:58:16.96	604	GMRLV
591	RAßBACH Uta		1098	32 F40F	00:58:32.30	00:11:50.88	516	00:11:12.84	552	00:11:37.52	596	00:11:56.66	617	00:11:54.40	639	00:58:09.34	598	WSV Brotterode
592	SAKOWSKI Silvio		1074	87 M50M	00:58:35.10	00:12:56.31	670	00:11:40.79	615	00:11:34.65	586	00:11:29.93	559	00:10:53.42	495	00:57:39.17	587	keine Angabe
593	SEYBOLDT Ruth		1853	16 F20F	00:58:35.33	00:13:02.07	692	00:11:05.31	532	00:11:15.93	545	00:11:40.19	579	00:11:31.83	598	00:57:25.05	578	Mengen
594	FRANKE Heike		1218	15 F50F	00:58:35.91	00:12:10.32	569	00:11:27.75	592	00:11:38.00	597	00:11:44.54	590	00:11:35.30	607	00:58:02.50	595	SC Impuls Erfurt e.V.
595	OEHLSEN Michael		2261	143 M40M	00:58:36.89	00:11:50.51	515	00:11:06.95	540	00:11:37.16	593	00:11:54.52	613	00:12:07.75	661	00:57:50.78	591	SV Einheit Erfurt
596	KRONACHER Louis		1933	9 U20M	00:58:37.89	00:11:18.60	437	00:11:29.15	595	00:12:21.45	686	00:13:02.49	722	00:10:26.20	427	00:58:12.97	601	keine Angabe
597	LORENZ Annett		1273	33 F40F	00:58:38.14	00:12:38.67	626	00:11:31.28	598	00:11:34.54	585	00:11:33.47	570	00:11:20.18	569	00:58:06.08	597	SOLE Runners Lauf
598	KLOSE Mathias		2281	144 M40M	00:58:40.05	00:11:10.71	408	00:11:31.06	596	00:11:33.88	584	00:12:08.40	645	00:12:16.00	681	00:58:36.72	607	keine Angabe
599	KOB Teresa		1375	17 F20F	00:58:42.14	00:12:35.28	612	00:11:34.44	603	00:11:38.08	599	00:11:35.89	572	00:11:18.45	565	00:58:05.34	596	keine Angabe
600	WEISSHAAR Mario		1310	145 M40M	00:58:44.72	00:12:42.94	639	00:11:21.74	576	00:11:21.49	562	00:11:43.99	588	00:11:34.56	606	00:57:50.15	590	keine Angabe
601	ZEISE Gunter		1899	88 M50M	00:58:45.03	00:12:21.33	587	00:11:37.71	608	00:11:35.45	590	00:11:44.19	589	00:11:26.35	589	00:58:17.64	605	Danach gehen wir es
602	SCHODDEL Steffen		1842	146 M40M	00:58:46.56	00:12:42.55	638	00:11:25.86	585	00:11:33.76	583	00:11:31.48	564	00:11:32.91	599	00:58:12.65	600	keine Angabe
603	BARTHOLOME Burkhard		2277	13 M60M	00:58:53.63	00:12:30.73	604	00:11:15.77	558	00:11:43.71	601	00:11:48.87	603	00:11:34.55	605	00:57:59.75	594	Die flinken Gerateler
604	MÖLLER Diana		1119	37 F30F	00:58:53.96	00:12:39.14	631	00:11:26.60	587	00:11:45.47	604	00:11:41.83	583	00:11:20.92	571	00:57:56.50	593	keine Angabe
605	DEHMEL Gerhard		1022	1 M70M	00:58:56.06	00:11:10.53	406	00:11:41.88	616	00:11:56.65	631	00:12:08.53	646	00:11:58.47	648	00:58:45.33	611	ThwV Ilmenau
606	LATZEL Andrea		1757	34 F40F	00:58:56.83	00:12:09.65	567	00:11:49.92	636	00:11:48.80	610	00:11:41.33	582	00:11:27.13	591	00:58:33.16	606	GutsMuths-Rennstei
607	SEIFERT Manuela		1135	16 F50F	00:59:00.31	00:11:54.67	527	00:11:23.08	579	00:11:46.75	606	00:12:01.00	625	00:11:54.81	640	00:58:38.96	609	MTV 1860 Erfurt
608	ZÖLLER Thomas		1901	89 M50M	00:59:08.55	00:13:14.35	714	00:11:45.56	623	00:11:36.88	592	00:11:31.17	563	00:11:00.59	520	00:58:13.79	602	Sv blauweiß creuzbu
609	PLEITZ Anja		1071	35 F40F	00:59:08.98	00:12:16.72	579	00:11:49.49	633	00:11:50.67	616	00:11:47.47	597	00:11:24.63	584	00:58:43.06	610	keine Angabe
610	STEIN Yvonne		1125	36 F40F	00:59:10.23	00:11:55.39	530	00:12:03.54	678	00:12:07.05	662	00:11:48.45	602	00:11:15.80	555	00:58:54.45	614	keine Angabe
611	HEINZ Katrin		1124	37 F40F	00:59:10.73	00:12:03.36	562	00:11:55.90	651	00:12:06.53	661	00:11:48.92	604	00:11:16.02	559	00:58:54.93	615	keine Angabe
612	KAUFMANN Florian		1100	61 M20M	00:59:12.13	00:11:05.98	398	00:11:38.59	611	00:12:26.37	700	00:12:18.18	661	00:11:43.01	621	00:58:50.61	613	Kenias letzte Reserv
613	HÖRCHER Nicky		1083	38 F30F	00:59:13.16	00:13:07.46	706	00:11:44.47	620	00:11:38.00	598	00:11:32.62	566	00:11:10.61	540	00:58:14.19	603	keine Angabe
614	ROLTZLOW Cordula		1394	17 F50F	00:59:26.24	00:12:39.01	629	00:11:43.73	619	00:11:49.28	613	00:11:45.34	592	00:11:28.88	596	00:58:38.94	608	Kath. Laufsingend A
615	SCHLÜTTER Marlies		1210	2 F60F	00:59:38.06	00:11:59.40	550	00:12:02.19	673	00:11:58.98	640	00:12:03.05	630	00:11:34.44	603	00:59:26.36	631	keine Angabe
616	BARAN Jasper		1953	25 U18M	00:59:38.52	00:12:48.32	647	00:12:02.55	675	00:11:50.56	614	00:12:10.80	649	00:10:46.29	473	00:58:48.10	612	RVB JB e.V.
617	SCHREIER Uwe		1843	90 M50M	00:59:46.52	00:12:24.64	593	00:11:45.36	622	00:11:51.58	621	00:11:49.60	606	00:11:55.34	641	00:59:12.33	621	Kegelkiller
618	SPILLING Frank		1947	147 M40M	00:59:54.07	00:12:48.28	645	00:12:02.45	674	00:11:50.64	615	00:12:10.66	647	00:11:02.04	522	00:59:03.41	616	LG Erfurt
619	FIETSCH Raik		1220	148 M40M	00:59:56.24	00:12:38.12	623	00:11:19.25	570	00:11:35.36	588	00:12:06.36	639	00:12:17.15	684	00:59:04.30	617	kein Verein angegeb
620	GROßE Alexander		1677	62 M20M	00:59:56.99	00:12:59.61	686	00:11:47.36	628	00:11:35.35	587	00:12:05.53	636	00:11:29.14	597	00:59:12.75	624	keine Angabe
621	GRAJETZKI Carolin		1004	39 F30F	00:59:57.02	00:12:59.57	685	00:11:47.17	627	00:11:35.44	589	00:12:06.01	638	00:11:28.83	595	00:59:12.67	622	keine Angabe
622	FISCHER Julia		2270	18 F20F	00:59:57.62	00:13:02.11	693	00:11:48.31	631	00:11:57.74	634	00:12:00.30	623	00:11:09.16	535	00:59:07.42	618	TC Rotweiß Erfurt
623	WEIßENBORN Marcel		1075	63 M20M	00:59:58.76	00:11:58.76	548	00:11:27.18	591	00:11:58.17	636	00:12:21.15	670	00:12:13.50	673	00:59:20.65	627	keine Angabe
624	BECKER Christoph		1614	64 M20M	01:00:01.82	00:13:02.66	695	00:11:57.06	654	00:11:55.00	629	00:11:43.93	587	00:11:23.17	576	00:59:24.40	628	keine Angabe
625	ZAHN Tina		1897	19 F20F	01:00:02.19	00:13:02.71	696	00:11:56.97	653	00:11:55.27	630	00:11:43.85	586	00:11:23.39	577	00:59:24.81	629	keine Angabe
626	SCHNEIDER Armin		1406	26 U18M	01:00:02.82	00:12:36.22	616	00:11:31.12	597	00:12:05.54	659	00:12:23.70	677	00:11:26.24	588	00:59:10.88	619	Spirit of Football e.V.
627	GLOOK Rüdiger		1129	14 M60M	01:00:03.24	00:12:17.22	580	00:11:44.60	621	00:11:57.00	633	00:12:11.48	652	00:11:52.94	637	00:59:26.03	630	TSV 1898 Mittelhaus
628	FUHRMANN Sibylle		1664	38 F40F	01:00:03.42	00:12:31.63	606	00:11:18.87	565	00:11:48.83	612	00:12:41.59	700	00:11:42.50	620	00:59:11.54	620	Die flinken Gerateler
629	SCHLEYER Klaus		1274	15 M60M	01:00:05.57	00:13:00.35	689	00:11:37.35	606	00:11:33.42	582	00:11:46.58	596	00:12:07.87	662	00:59:16.49	625	keine Angabe
630	ECKOLDT Matthias		1646	91 M50M	01:00:06.15	00:12:00.29	555	00:12:00.91	666	00:12:10.95	668	00:12:02.04	629	00:11:51.96	635	00:59:34.11	635	keine Angabe
631	BODE Enrico		1068	65 M20M	01:00:07.12	00:12:22.81	589	00:11:28.94	594	00:11:52.43	623	00:12:21.66	671	00:12:01.28	654	00:59:31.98	633	keine Angabe
632	LAMBRECHT Madeleine		1069	20 F20F	01:00:07.82	00:12:23.43	590	00:11:38.15	609	00:11:56.82	632	00:12:15.25	656	00:11:54.17	638	00:59:32.16	634	keine Angabe
633	WAGNER Nicole		1883	39 F40F	01:00:08.15	00:13:08.39	709	00:11:47.42	629	00:11:32.32	581	00:11:39.37	575	00:12:00.65	652	00:59:12.69	623	DaRoTel
634	SCHWARZ Benjamin		1140	152 M30M	01:00:14.41	00:12:45.81	643	00:12:16.86	702	00:12:03.29	653	00:11:47.79	600	00:11:20.66	570	00:59:55.81	640	keine Angabe
635	LORENZ Heike		1058	40 F40F	01:00:15.39	00:12:45.61	642	00:12:17.15	703	00:12:03.19	652	00:11:47.53	599	00:11:21.91	573	00:59:57.01	641	keine Angabe
636	SCHULZ- HEINRICH Diana		1051	40 F30F	01:00:17.90	00:12:24.02	592	00:11:46.39	625	00:12:00.46	643	00:12:03.16	631	00:12:03.87	656	00:59:47.61	637	Walschberg Runners
637	SACKMANN Daniel		1139	149 M40M	01:00:18.05	00:13:14.78	715	00:11:38.15	610	00:11:46.88	607	00:11:54.32	612	00:11:43.92	624	00:59:18.72	626	keine Angabe

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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SPORTS TIMING TECHNOLOGIES

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
638	BOTH Susan		2268	41 F30F	01:00:18.92	00:12:43.85	641	00:11:40.11	613	00:11:51.30	619	00:12:05.54	637	00:11:58.12	646	00:59:26.49	632	LaufLiebe
639	MERTEN Eric		1777	27 U18M	01:00:19.85	00:12:57.12	673	00:11:59.97	663	00:12:02.36	649	00:12:20.85	669	00:10:59.55	516	00:59:38.00	636	GenussLäufer Locke
640	SCHILDHAUER Manuela		1837	41 F40F	01:00:20.62	00:12:18.48	583	00:12:08.52	687	00:12:10.32	667	00:12:03.54	632	00:11:39.76	618	01:00:13.58	650	keine Angabe
641	DEMBECK Katja		1629	21 F20F	01:00:29.68	00:11:47.67	506	00:12:12.52	689	00:12:23.18	696	00:12:08.12	644	00:11:58.19	647	01:00:23.75	658	keine Angabe
642	GELZINNES Hans		1935	16 M60M	01:00:34.08	00:12:23.44	591	00:11:42.80	618	00:11:58.40	638	00:12:10.72	648	00:12:18.72	686	01:00:06.04	647	Feuerwehr Gierstädt
643	OSWALD Mandy		1906	42 F30F	01:00:35.78	00:12:03.51	563	00:12:03.86	681	00:12:20.15	683	00:12:17.02	660	00:11:51.24	633	01:00:19.54	655	LTV Erfurt
644	ERTEL Frank		1130	17 M60M	01:00:36.36	00:12:51.88	656	00:11:40.39	614	00:11:53.59	624	00:12:22.55	673	00:11:47.95	628	01:00:13.43	649	Mühlhäuser Laufwöl
645	PEIL-WOODWARD Sandra		1107	42 F40F	01:00:36.47	00:12:54.23	663	00:11:45.62	624	00:11:53.68	625	00:11:58.48	619	00:12:04.46	657	00:59:58.82	642	Laufclub Burnham J
646	HESSE Kerstin		1323	18 F50F	01:00:40.09	00:11:56.45	540	00:11:58.86	657	00:12:14.94	672	00:12:21.76	672	00:12:08.08	663	01:00:23.93	659	Physio - K.- Hesse
647	BECKER David		1216	153 M30M	01:00:42.17	00:12:57.36	675	00:14:53.36	764	00:10:49.38	476	00:11:10.27	509	00:10:51.80	492	01:00:28.98	662	keine Angabe
648	SCHÖNFELD David		1846	154 M30M	01:00:43.43	00:12:54.86	664	00:11:59.57	660	00:11:51.37	620	00:11:58.66	620	00:11:58.97	650	01:00:17.70	654	Team Zoé
649	SCHÖNFELD Jana		1847	43 F30F	01:00:43.66	00:12:55.40	666	00:11:59.40	659	00:11:51.03	618	00:11:58.97	621	00:11:58.86	649	01:00:17.31	653	Team Zoé
650	HEINZ Marcus		1691	155 M30M	01:00:48.01	00:13:04.12	700	00:11:57.83	656	00:12:01.47	645	00:12:20.45	667	00:11:24.14	580	00:59:49.70	638	keine Angabe
651	RAABE Stefan		1340	156 M30M	01:00:50.45	00:13:24.85	726	00:12:18.86	706	00:12:11.90	669	00:11:51.44	609	00:11:03.40	524	01:00:01.67	645	keine Angabe
652	TÄSCHNER Marcel		1077	157 M30M	01:00:52.02	00:11:24.61	450	00:12:15.41	698	00:12:32.71	713	00:12:23.16	675	00:12:16.13	682	01:00:46.69	670	keine Angabe
653	WALDNER Katrin		1072	43 F40F	01:00:53.23	00:11:25.54	456	00:12:15.36	697	00:12:32.67	712	00:12:23.00	674	00:12:16.66	683	01:00:47.69	671	keine Angabe
654	PABEL Thomas		1796	150 M40M	01:00:53.98	00:12:55.74	667	00:11:52.54	641	00:11:57.98	635	00:11:59.24	622	00:12:08.48	665	01:00:26.39	660	SWE Laufteam
655	LEHMANN Michael		1760	158 M30M	01:00:54.51	00:11:57.71	547	00:11:50.86	637	00:12:16.31	676	00:12:42.14	701	00:12:07.49	660	01:00:22.18	656	keine Angabe
656	KOGLIN Kathrin		1214	19 F50F	01:00:56.27	00:12:37.00	618	00:11:51.06	638	00:12:04.31	657	00:12:13.05	655	00:12:10.85	667	01:00:23.65	657	keine Angabe
657	TRUTTE Benjamin		1878	159 M30M	01:00:56.74	00:13:11.03	710	00:11:55.36	649	00:11:58.35	637	00:12:07.94	643	00:11:44.06	625	00:59:55.43	639	Dirty Runners
658	WERNEBURG Christian		1887	66 M20M	01:00:57.17	00:13:04.64	701	00:11:57.62	655	00:12:01.48	646	00:12:20.31	666	00:11:33.12	600	00:59:58.95	643	keine Angabe
659	FIEKER Michael		1284	160 M30M	01:00:58.50	00:13:38.02	738	00:12:02.99	677	00:11:54.47	628	00:12:07.21	642	00:11:15.81	556	01:00:00.35	644	keine Angabe
660	KOCH Ralf		1014	151 M40M	01:00:59.13	00:13:36.32	735	00:11:46.70	626	00:11:48.81	611	00:12:03.79	634	00:11:43.51	622	01:00:05.94	646	keine Angabe
661	KÜNZEL Ellen		1045	44 F30F	01:01:00.40	00:12:19.04	585	00:11:48.18	630	00:12:09.66	665	00:12:15.31	657	00:12:28.21	698	01:00:29.69	664	Walschberg Runners
662	DIENEMANN Daniela		1015	45 F30F	01:01:00.73	00:13:36.37	736	00:11:53.15	643	00:12:03.32	654	00:12:03.56	633	00:11:24.33	582	01:00:06.79	648	keine Angabe
663	TRÜBENBACH Theresa		1931	22 F20F	01:01:01.54	00:13:40.92	745	00:11:55.06	648	00:12:01.44	644	00:12:07.03	640	00:11:17.09	562	01:00:16.49	652	ASICS Training SQ
664	BIESTER Franziska		1619	46 F30F	01:01:01.64	00:13:40.50	744	00:11:55.45	650	00:12:01.58	647	00:12:07.12	641	00:11:16.99	561	01:00:16.46	651	Dirty Runners
665	WITTMER Andre		1893	161 M30M	01:01:03.36	00:11:54.31	525	00:11:53.24	645	00:12:32.14	709	00:12:24.63	681	00:12:19.04	687	01:00:32.60	666	keine Angabe
666	LENZER Stephanie		1761	47 F30F	01:01:04.97	00:13:01.30	690	00:11:52.56	642	00:11:54.33	626	00:12:01.06	626	00:12:15.72	679	01:00:37.47	668	Team Ollendorf
667	GOLDAMMER Ralf		1671	162 M30M	01:01:05.06	00:13:01.58	691	00:11:52.46	640	00:11:54.41	627	00:12:00.73	624	00:12:15.88	680	01:00:37.32	667	Team Ollendorf
668	SCHÄDRICH Carolin		1408	44 F40F	01:01:14.52	00:12:52.41	658	00:12:02.75	676	00:12:01.87	648	00:12:15.78	659	00:12:01.71	655	01:00:29.75	665	keine Angabe
669	DIMITROVICI Frank		1633	92 M50M	01:01:19.48	00:12:51.62	655	00:12:04.69	683	00:11:59.09	641	00:12:01.28	627	00:12:22.80	691	01:00:48.54	672	keine Angabe
670	BURCHARDT Michael		1395	93 M50M	01:01:24.96	00:13:27.10	729	00:11:54.62	646	00:12:15.18	673	00:11:51.78	610	00:11:56.28	642	01:00:28.87	661	keine Angabe
671	HOGENKAMP Werner		1397	94 M50M	01:01:25.21	00:13:27.14	730	00:11:55.05	647	00:12:15.85	675	00:11:49.22	605	00:11:57.95	645	01:00:29.10	663	keine Angabe
672	STEPHAN Cliften		1864	152 M40M	01:01:32.75	00:12:56.79	672	00:11:59.60	662	00:12:02.77	651	00:12:19.20	663	00:12:14.39	677	01:00:51.75	673	GenussLäufer Locke
673	MERTEN Marco		1778	153 M40M	01:01:33.04	00:12:57.27	674	00:11:59.58	661	00:12:02.66	650	00:12:20.62	668	00:12:12.91	669	01:00:51.76	674	GenussLäufer Locke
674	BÄUMLEIN Diana		1302	48 F30F	01:01:36.57	00:12:37.84	622	00:12:03.82	680	00:12:12.12	671	00:12:29.41	691	00:12:13.38	672	01:01:17.62	680	keine Angabe
675	BÄUMLEIN Florian		1303	154 M40M	01:01:36.67	00:12:37.61	620	00:12:03.93	682	00:12:12.00	670	00:12:29.60	692	00:12:13.53	674	01:01:17.33	679	keine Angabe
676	DRAHEIM Doreen		1639	49 F30F	01:01:40.23	00:11:47.70	507	00:12:03.77	679	00:12:28.14	703	00:12:28.82	690	00:12:51.80	714	01:01:32.86	685	keine Angabe
677	DOMKE Steffen		1370	155 M40M	01:01:41.14	00:13:07.44	705	00:11:56.60	652	00:12:04.70	658	00:12:12.18	653	00:12:20.22	689	01:00:44.75	669	keine Angabe
678	BOHNE Doreen		1012	50 F30F	01:01:44.65	00:13:26.12	727	00:11:39.24	612	00:12:03.96	656	00:12:27.22	684	00:12:08.11	664	01:01:15.69	678	keine Angabe
679	KÖSSEL Sylvia		1009	20 F50F	01:01:46.33	00:12:20.89	586	00:12:23.09	717	00:12:31.83	708	00:12:23.47	676	00:12:07.05	658	01:01:26.23	682	WSV Asbach
680	BACHMANN Ulf		1056	156 M40M	01:01:53.20	00:12:50.73	653	00:12:12.77	691	00:12:40.49	718	00:12:11.40	651	00:11:57.81	644	01:01:08.76	675	keine Angabe
681	KRAUS Roman		1928	157 M40M	01:01:54.52	00:13:19.08	717	00:12:02.19	672	00:12:03.91	655	00:12:19.68	664	00:12:09.66	666	01:01:11.55	676	BSG Sparkasse
682	MA Mona	CAN	1770	51 F30F	01:02:03.75	00:12:49.98	652	00:11:58.91	658	00:12:22.07	688	00:12:24.61	680	00:12:28.18	697	01:01:29.83	683	keine Angabe
683	DREBEL Christian		1640	67 M20M	01:02:05.63	00:13:12.12	711	00:12:01.74	668	00:12:08.44	663	00:12:15.69	658	00:12:27.64	696	01:01:12.34	677	Allgemeiner Schnaut
684	KOLLASCHECK Gottfried		1743	18 M60M	01:02:11.09	00:12:10.89	571	00:12:20.56	713	00:12:28.16	704	00:12:39.86	699	00:12:31.62	701	01:02:01.71	694	LTV Erfurt e.V.
685	WARZ Magdalena		1106	52 F30F	01:02:13.57	00:12:58.96	683	00:12:52.27	639	00:12:09.76	666	00:12:28.11	685	00:12:44.57	708	01:01:37.67	686	keine Angabe
686	BECHSTEIN Michael		1613	95 M50M	01:02:13.97	00:12:35.47	613	00:12:15.72	699	00:12:21.57	687	00:12:28.35	689	00:12:32.86	702	01:01:46.19	689	Sonntagsläufer Tam

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
687	DROGI Anne-Kathrin		1200	53 F30F	01:02:14.18	00:12:58.57	681	00:11:53.15	644	00:12:09.13	664	00:12:28.26	688	00:12:45.07	709	01:01:37.87	687	keine Angabe
688	WITTLIF Anatoli		1892	68 M20M	01:02:14.30	00:12:56.35	671	00:12:18.41	705	00:12:21.34	685	00:12:23.97	679	00:12:14.23	676	01:01:47.66	690	keine Angabe
689	BREITHAUPT Robert		1624	163 M30M	01:02:14.68	00:12:55.91	669	00:12:19.06	708	00:12:21.22	684	00:12:23.96	678	00:12:14.53	678	01:01:47.96	691	keine Angabe
690	MATERNE Siegfried		1320	96 M50M	01:02:16.64	00:13:44.42	748	00:12:24.89	721	00:12:17.40	678	00:12:11.24	650	00:11:38.69	616	01:01:23.94	681	FC Gebesee 1900 e
691	SCHNEIDER Dominik		2275	158 M40M	01:02:24.35	00:12:48.31	646	00:12:02.07	671	00:11:47.59	609	00:12:49.23	707	00:12:57.15	720	01:01:31.33	684	SV 09 Amstadt
692	SCHILLING Lutz		1013	97 M50M	01:02:26.04	00:11:57.30	544	00:12:17.79	704	00:12:45.41	721	00:12:58.26	713	00:12:27.28	694	01:01:53.91	693	keine Angabe
693	RHYßEN Lena		1115	23 F20F	01:02:32.95	00:13:22.74	723	00:11:48.75	632	00:12:19.55	682	00:12:34.32	696	00:12:27.59	695	01:01:38.43	688	keine Angabe
694	STEPHAN Rainer		1007	19 M60M	01:02:34.18	00:12:34.15	610	00:12:01.81	669	00:12:18.31	679	00:12:28.22	686	00:13:11.69	730	01:02:03.99	697	keine Angabe
695	PAUSCH Nancy		1005	54 F30F	01:02:34.20	00:12:34.29	611	00:12:01.50	667	00:12:18.63	680	00:12:28.25	687	00:13:11.53	729	01:02:03.52	695	keine Angabe
696	STEINMANN Susan		1392	24 F20F	01:02:34.45	00:12:00.79	557	00:12:02.01	670	00:12:28.01	702	00:13:02.05	720	00:13:01.59	724	01:02:07.61	698	keine Angabe
697	WAFFENSCHMIDT Ute		1021	21 F50F	01:02:35.71	00:13:26.88	728	00:12:13.39	693	00:12:16.89	677	00:12:18.67	662	00:12:19.88	688	01:02:10.17	701	keine Angabe
698	KRUSE Eberhard		1239	20 M60M	01:02:47.41	00:13:07.50	707	00:12:19.17	709	00:12:23.00	695	00:12:43.51	702	00:12:14.23	675	01:02:09.02	700	kein Verein angegeben
699	QUITTENBAUM Annette		1808	55 F30F	01:02:52.09	00:12:27.49	596	00:12:00.29	664	00:12:30.10	706	00:12:51.03	710	00:13:03.18	727	01:02:07.71	699	Laufwerk Sömmerda
700	WITZMANN Sabrina		1306	56 F30F	01:02:52.29	00:13:31.46	732	00:12:27.21	726	00:12:25.91	699	00:12:20.27	665	00:12:07.44	659	01:01:49.55	692	keine Angabe
701	MÜLLER Jan		1785	164 M30M	01:02:56.45	00:12:35.82	614	00:12:07.76	686	00:12:32.82	714	00:12:51.33	711	00:12:48.72	712	01:02:25.60	709	Stiftung Wadentest
702	WILDNER Torsten		1141	159 M40M	01:02:57.56	00:12:26.30	594	00:12:25.99	722	00:12:35.80	715	00:12:48.61	706	00:12:40.86	705	01:02:35.55	713	keine Angabe
703	STIEHLER Annik		1354	4 U18F	01:02:57.75	00:12:08.75	566	00:11:49.81	635	00:12:46.62	722	00:13:20.74	734	00:12:51.83	715	01:02:24.20	704	Tauchsportclub Erfurt
704	STIEHLER Uwe		1355	98 M50M	01:02:58.17	00:12:08.68	565	00:11:49.56	634	00:12:46.86	723	00:13:20.57	732	00:12:52.50	716	01:02:24.42	706	Tauchsportclub Erfurt
705	REICHL Martin		1813	165 M30M	01:02:59.21	00:13:04.83	702	00:12:05.43	684	00:12:43.58	720	00:13:20.88	736	00:11:44.49	626	01:02:03.80	696	Team Winzer
706	KIRCHNER Heike		1353	45 F40F	01:03:03.29	00:12:40.98	637	00:12:08.62	688	00:12:32.59	711	00:12:46.83	705	00:12:54.27	718	01:02:32.83	711	keine Angabe
707	CREUTZBURG Danilo		1171	166 M30M	01:03:04.57	00:13:34.54	734	00:12:26.40	723	00:12:27.18	701	00:12:25.48	682	00:12:10.97	668	01:02:20.29	703	keine Angabe
708	FABIG Robert		1221	167 M30M	01:03:10.05	00:13:04.06	699	00:12:00.44	665	00:12:18.84	681	00:12:46.47	704	00:13:00.24	721	01:02:28.81	710	FSV Martinroda
709	HEßLER Sabine		1280	22 F50F	01:03:10.51	00:11:55.20	529	00:12:23.45	718	00:12:50.25	726	00:13:00.04	716	00:13:01.57	723	01:03:00.43	719	keine Angabe
710	WICHUM Annett		1343	46 F40F	01:03:13.68	00:13:39.39	741	00:12:23.56	719	00:12:22.88	692	00:12:34.89	697	00:12:12.96	670	01:02:24.37	705	keine Angabe
711	BOBLERZ Jacqueline		1342	47 F40F	01:03:13.92	00:13:39.72	742	00:12:23.04	716	00:12:22.99	694	00:12:35.16	698	00:12:13.01	671	01:02:24.52	707	keine Angabe
712	SPERLICH Konstanze		2299	48 F40F	01:03:16.59	00:13:49.83	754	00:12:33.36	729	00:12:23.62	698	00:12:30.59	693	00:11:59.19	651	01:02:20.25	702	keine Angabe
713	WIETSCHORKE Ernst		1888	2 M70M	01:03:19.36	00:12:38.21	624	00:12:07.62	685	00:12:32.46	710	00:13:00.15	717	00:13:00.92	722	01:02:57.02	718	keine Angabe
714	VOLKMANN Klaus		1348	3 M70M	01:03:22.27	00:13:38.99	740	00:12:46.39	736	00:12:28.55	705	00:12:30.89	694	00:11:57.45	643	01:02:38.69	714	LTV Erfurt
715	KREBS Gerald		1258	21 M60M	01:03:23.88	00:13:51.91	760	00:13:23.53	751	00:12:05.64	660	00:12:12.29	654	00:11:50.51	632	01:02:24.67	708	keine Angabe
716	RÄTSCHE Sebastian		1082	168 M30M	01:03:32.75	00:13:15.20	716	00:12:15.08	696	00:12:30.51	707	00:12:45.70	703	00:12:46.26	710	01:02:33.76	712	keine Angabe
717	MENGE Sigrid		1043	3 F60F	01:03:34.52	00:12:47.45	644	00:12:38.02	731	00:12:51.92	730	00:12:54.99	712	00:12:22.14	690	01:03:04.74	722	Walschberg Runners
718	KNOTH Susann		1312	49 F40F	01:03:37.43	00:12:16.55	578	00:12:20.83	715	00:12:50.93	727	00:13:04.32	726	00:13:04.80	728	01:03:13.10	723	keine Angabe
719	SCHADE Nathalie		1831	5 U20F	01:03:37.60	00:13:23.86	725	00:12:12.98	692	00:12:22.75	691	00:12:59.20	715	00:12:38.81	704	01:02:46.71	715	Fitness-Mama
720	FEDERWISCH Jasmin		1655	6 U20F	01:03:38.27	00:13:23.67	724	00:12:12.65	690	00:12:22.42	689	00:12:58.43	714	00:12:41.10	706	01:02:47.00	716	Fitness-Mama
721	LORY Ariane		1246	50 F40F	01:03:43.22	00:14:03.12	762	00:12:16.04	700	00:12:23.56	697	00:12:31.83	695	00:12:28.67	699	01:02:53.35	717	Brown Nuggets
722	KÖHLER Leon		1267	28 U18M	01:03:50.78	00:12:38.45	625	00:12:19.53	710	00:12:22.50	690	00:13:02.72	725	00:13:27.58	734	01:03:03.51	720	Oskars Läufer
723	FLOCK Peter		1264	160 M40M	01:03:51.42	00:12:38.95	628	00:12:19.04	707	00:12:22.92	693	00:13:02.53	723	00:13:27.98	735	01:03:03.71	721	Lauffeuer Fröttstädt
724	HILDEBRANDT Stefanie		1706	57 F30F	01:04:25.14	00:13:19.21	718	00:12:59.56	740	00:12:53.64	732	00:12:49.79	708	00:12:22.94	692	01:03:59.27	725	keine Angabe
725	DÖRING Frank		1643	99 M50M	01:04:32.05	00:12:31.70	607	00:12:59.59	741	00:13:03.07	733	00:13:02.55	724	00:12:55.14	719	01:04:12.73	728	SWE Laufteam
726	HERZOG Theresa		1145	25 F20F	01:04:32.97	00:12:43.21	640	00:12:29.69	728	00:12:49.12	725	00:13:18.01	729	00:13:12.94	731	01:04:18.75	729	Sparkasse Mittelthür
727	KÜRSCHNER Aenne		1385	58 F30F	01:04:34.83	00:13:37.43	737	00:12:36.93	730	00:12:40.25	717	00:12:50.64	709	00:12:49.58	713	01:03:48.58	724	SRLV
728	BACHMANN Melissa		1059	26 F20F	01:04:41.21	00:13:06.34	704	00:12:20.76	714	00:12:37.02	716	00:13:02.40	721	00:13:34.69	740	01:04:01.67	726	keine Angabe
729	WIEDENHÖFT Lutz		1291	100 M50M	01:04:49.96	00:13:40.44	743	00:12:40.71	734	00:12:41.84	719	00:13:05.08	727	00:12:41.89	707	01:04:10.36	727	SG Großmölsen
730	TREFLICH Andrea		1877	59 F30F	01:04:55.01	00:12:53.96	662	00:12:38.96	732	00:13:03.45	734	00:13:30.18	738	00:12:48.46	711	01:04:21.88	730	Kesselbrunn Runners
731	PIETSCH Rudolf		1376	101 M50M	01:05:16.99	00:10:52.27	364	00:12:16.45	701	00:13:38.25	748	00:14:12.65	753	00:14:17.37	755	01:05:02.49	732	Neusonnlandbund
732	HEINEMANN Gritt		1034	60 F30F	01:05:29.75	00:12:53.36	660	00:12:26.82	724	00:12:51.75	729	00:13:19.70	730	00:13:58.12	750	01:05:12.86	733	keine Angabe
733	BENNEWITZ Sandra		1030	61 F30F	01:05:29.83	00:12:53.65	661	00:12:27.08	725	00:12:51.64	728	00:13:20.71	733	00:13:56.75	749	01:05:13.06	734	keine Angabe
734	KOHL Sabrina		1031	62 F30F	01:05:30.00	00:12:53.15	659	00:12:27.78	727	00:12:53.06	731	00:13:19.78	731	00:13:56.23	748	01:05:13.39	735	keine Angabe
735	KNOTHE Doris		1929	4 F60F	01:05:38.71	00:13:19.46	719	00:12:40.22	733	00:12:47.40	724	00:13:16.49	728	00:13:35.14	741	01:04:55.61	731	BSG Sparkasse

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	R1	Platz	R2	Platz	R3	Platz	R4	Platz	R5	Platz	Netto	Platz	Verein
736	PUTRA Akbar		1913	69 M20M	01:05:39.46	00:11:48.05	508	00:12:43.71	735	00:13:24.48	741	00:13:56.55	747	00:13:46.67	744	01:05:18.49	736	Indo Runners
737	VON NIESSEN Jessica		1881	63 F30F	01:06:02.58	00:12:52.15	657	00:12:24.54	720	00:13:42.43	750	00:13:33.12	740	00:13:30.34	737	01:05:30.81	737	keine Angabe
738	BÄSTER Manfred		1256	4 M70M	01:06:14.45	00:13:03.62	698	00:12:55.10	739	00:13:28.34	743	00:13:30.64	739	00:13:16.75	732	01:05:53.79	740	Impuls Erfurt
739	JACOBI Ingobert		1035	5 M70M	01:06:14.99	00:12:55.36	665	00:13:03.45	742	00:13:19.05	736	00:13:25.43	737	00:13:31.70	739	01:06:00.36	741	keine Angabe
740	WUST Andreas		1467	169 M30M	01:06:22.16	00:13:31.34	731	00:12:46.65	737	00:13:07.96	735	00:13:33.85	741	00:13:22.36	733	01:05:38.26	738	ESSV
741	LJKAS Detlef		1389	102 M50M	01:06:34.83	00:13:57.03	761	00:13:27.20	759	00:13:20.18	737	00:13:20.88	735	00:12:29.54	700	01:05:53.37	739	Jet Sound
742	GÖRLACH Andrea		1680	64 F30F	01:06:40.11	00:13:50.75	758	00:13:25.06	755	00:13:21.14	739	00:13:00.53	718	00:13:02.63	725	01:06:07.57	743	keine Angabe
743	SCHADE Synke		1269	65 F30F	01:06:40.26	00:13:50.64	757	00:13:24.77	754	00:13:21.18	740	00:13:01.01	719	00:13:02.66	726	01:06:07.48	742	Laufaden Erfurt OC
744	VORT Tino		1055	161 M40M	01:07:08.39	00:12:51.07	654	00:12:14.75	695	00:13:24.58	742	00:15:08.01	764	00:13:29.98	736	01:06:25.15	744	keine Angabe
745	KEMPERT Manuela		1187	51 F40F	01:07:16.23	00:13:38.16	739	00:13:35.43	761	00:13:31.63	744	00:13:38.19	742	00:12:52.82	717	01:06:46.18	745	RUN 4 FUN
746	JUNG Eberhard		1002	6 M70M	01:07:57.27	00:13:13.01	712	00:13:12.30	747	00:13:20.21	738	00:14:03.09	749	00:14:08.66	754	01:07:26.31	749	keine Angabe
747	POGANSKI Christin		1803	66 F30F	01:08:03.84	00:13:20.84	721	00:13:14.54	748	00:13:43.34	751	00:13:59.90	748	00:13:45.22	743	01:07:38.49	750	keine Angabe
748	SOMMERFELD Sylvia		1194	52 F40F	01:08:10.28	00:13:51.44	759	00:13:04.21	743	00:13:41.88	749	00:13:55.18	746	00:13:37.57	742	01:07:15.38	746	keine Angabe
749	HÖLBING Felix		1716	70 M20M	01:08:13.93	00:12:36.23	617	00:12:20.21	712	00:14:23.16	758	00:14:46.98	760	00:14:07.35	752	01:07:21.47	747	Spirit of Football e.V.
750	OSBURG Lukas		1794	71 M20M	01:08:14.22	00:12:36.12	615	00:12:20.04	711	00:14:23.37	759	00:14:47.03	761	00:14:07.66	753	01:07:21.47	748	Spirit of Football e.V.
751	SCHMIDT Martin		1248	103 M50M	01:08:34.32	00:13:33.92	733	00:12:49.31	738	00:13:36.64	745	00:14:42.26	757	00:13:52.19	747	01:07:45.73	751	Brown Nuggets
752	KAPPITZ Nicole		1276	53 F40F	01:08:36.18	00:13:49.59	751	00:13:21.15	750	00:13:46.12	752	00:14:08.18	750	00:13:31.14	738	01:07:59.56	754	Sportgruppe Ringelb
753	SANDRA Birchner		1830	54 F40F	01:08:45.22	00:13:50.44	756	00:13:11.33	745	00:13:37.90	746	00:13:47.39	743	00:14:18.16	756	01:07:57.38	752	Hassleben
754	KRAFT Dana		1748	55 F40F	01:08:45.55	00:13:50.10	755	00:13:11.50	746	00:13:37.98	747	00:13:47.44	744	00:14:18.53	757	01:07:57.93	753	AOK Plus
755	GRÄSER Mirko		1678	170 M30M	01:09:51.70	00:13:47.44	750	00:13:24.23	752	00:14:39.62	762	00:14:11.48	752	00:13:48.93	745	01:09:15.64	758	keine Angabe
756	LIEBRAM Jördis		1765	67 F30F	01:09:51.72	00:13:47.26	749	00:13:24.43	753	00:14:39.62	763	00:14:11.09	751	00:13:49.32	746	01:09:15.53	757	keine Angabe
757	KOPPE Peter		1747	171 M30M	01:10:04.57	00:13:41.39	746	00:13:15.43	749	00:14:10.61	757	00:14:36.01	756	00:14:21.13	758	01:09:07.50	755	keine Angabe
758	SCHLOSSER Michael		1555	162 M40M	01:10:07.14	00:13:49.59	752	00:13:25.71	756	00:13:59.25	755	00:14:23.43	755	00:14:29.16	760	01:09:14.30	756	Laufaden Erfurt OC
759	MÜNZBERG Andreas		1444	163 M40M	01:10:07.59	00:13:49.82	753	00:13:25.90	757	00:13:59.84	756	00:14:23.02	754	00:14:29.01	759	01:09:15.84	759	Laufaden Erfurt OC
760	DIBELIUS Ulrich		1247	164 M40M	01:10:38.13	00:14:40.73	765	00:13:26.69	758	00:13:47.65	753	00:13:53.72	745	00:14:49.34	762	01:09:48.20	760	Brown Nuggets
761	STEICHARDT Volker		1018	165 M40M	01:10:58.03	00:13:22.03	722	00:13:29.81	760	00:14:24.95	760	00:14:42.73	758	00:14:58.51	763	01:10:07.08	761	keine Angabe
762	HARTMANN Christine		1213	23 F50F	01:11:45.56	00:14:27.41	764	00:13:44.79	762	00:14:31.93	761	00:15:01.11	763	00:14:00.32	751	01:10:50.22	762	keine Angabe
763	WALTER Franziska		1959	68 F30F	01:11:53.37	00:13:20.65	720	00:13:06.97	744	00:13:56.06	754	00:14:53.63	762	00:16:36.06	765	01:11:27.39	763	keine Angabe
764	LATZEL Peter		1209	7 M70M	01:12:10.91	00:13:44.23	747	00:13:55.94	763	00:15:07.27	764	00:14:45.94	759	00:14:37.53	761	01:12:00.26	764	keine Angabe
765	GROHMANN Horst		1286	22 M60M	01:17:04.66	00:14:10.49	763	00:15:11.30	765	00:15:52.58	765	00:15:58.01	765	00:15:52.28	764	01:16:37.37	765	Geratal
DNF	OKBASENBET Meri		1230	0 M20M	00:33:53.30	00:07:46.08	-	00:08:24.49	-	00:08:54.20	-	00:08:48.53	-	-	-	-	-	RSC Turbine Erfurt
DNF	NASARI Parviz		1232	0 U18M	00:37:15.75	00:07:53.66	-	00:09:40.83	-	00:10:10.97	-	00:09:30.29	-	-	-	-	-	RSC Turbine Erfurt
DNF	REIMAM Frankie		2284	0 M50M	00:51:06.43	00:13:24.94	-	00:12:31.32	-	00:12:41.17	-	00:12:29.00	-	-	-	-	-	Ilmlat Manebach
DNF	KELLER Dennis		1727	0 M20M	00:51:50.49	00:13:04.79	-	00:12:08.52	-	00:13:02.37	-	00:13:34.81	-	-	-	-	-	keine Angabe
DNF	ZIEGLER Annika		1054	0 F30F	00:53:55.63	00:12:47.41	-	00:12:38.08	-	00:12:52.02	-	00:15:38.12	-	-	-	-	-	Walschberg Runners
DNF	YAQSOODI Ahmad Reshad		1958	0 M20M	00:28:45.77	00:07:56.31	-	00:10:47.23	-	00:10:02.23	-	-	-	-	-	-	-	keine Angabe
DNF	POLLER Anette		1804	0 F50F	00:41:49.40	00:12:59.45	-	00:12:43.10	-	00:16:06.85	-	-	-	-	-	-	-	Tiefthal
DNF	BOHNE Kevin		1011	0 M30M	00:41:56.59	00:13:43.22	-	00:13:55.07	-	00:14:18.30	-	-	-	-	-	-	-	keine Angabe
DNF	ELLENBERG Horst		1650	0 M70M	01:08:11.21	00:21:55.07	-	00:23:03.64	-	00:23:12.50	-	-	-	-	-	-	-	keine Angabe
DNF	WAWER Sebastian		2274	0 M20M	00:18:14.22	00:08:15.33	-	00:09:58.89	-	-	-	-	-	-	-	-	-	Wolfpack F. C.
DNF	DELL Uwe		1995	0 M50M	00:22:15.50	00:10:43.74	-	00:11:31.76	-	-	-	-	-	-	-	-	-	keine Angabe
DNF	GÖLZ Constanze		1679	0 F20F	00:25:56.03	00:12:13.94	-	00:13:42.09	-	-	-	-	-	-	-	-	-	keine Angabe
DNF	BECKER Steven		1215	0 M30M	00:28:05.32	00:13:08.82	-	00:14:56.50	-	-	-	-	-	-	-	-	-	keine Angabe
DNF	AßMANN Sabine		1372	0 F60F	00:11:38.75	00:11:38.75	-	-	-	-	-	-	-	-	-	-	-	keine Angabe
DNF	EHR SAM Katrin		1648	0 F40F	00:13:16.12	00:13:16.12	-	-	-	-	-	-	-	-	-	-	-	Danach gehen wir es
DNF	WITZMANN Peter		1307	0 M50M	00:13:35.37	00:13:35.37	-	-	-	-	-	-	-	-	-	-	-	keine Angabe

Legend:
-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start