

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Runde1	Platz	Runde2	Platz	Runde3	Platz	Netto	Platz	Verein
1	BASEL Tom		850	1 HKM	00:30:39.47	00:30:39.47	1	00:08:26.59	1	00:11:57.24	1	00:10:13.47	1	00:30:37.30	1	Stiftung Scheuern
2	BEHNKE Stefan		851	1 M60M	00:35:43.75	00:35:43.75	2	00:11:22.26	2	00:12:07.30	2	00:12:03.61	3	00:35:33.17	2	Stiftung Scheuern
3	SKRZECZEK Monika		942	1 W60F	00:38:38.60	00:38:38.60	3	00:12:30.94	3	00:12:51.61	3	00:12:59.17	5	00:38:21.72	3	TV Bornich
4	WOLF Jutta		944	1 W50F	00:39:11.73	00:39:11.73	4	00:12:41.74	5	00:13:13.97	6	00:13:06.13	7	00:39:01.84	4	LG Laacher See
5	HAMMERSTEIN Michael		924	1 M55M	00:39:46.63	00:39:46.63	5	00:13:27.39	10	00:13:03.71	4	00:13:03.16	6	00:39:34.26	5	Musica Miellahno
6	TIETZ Carla		869	1 W40F	00:40:01.97	00:40:01.97	6	00:13:02.47	6	00:13:38.44	8	00:13:10.59	8	00:39:51.50	7	Stiftung Scheuern
7	SEIDEL-ORTSEIFEN Corina		941	1 W45F	00:40:15.75	00:40:15.75	7	00:13:12.92	8	00:13:09.04	5	00:13:25.99	9	00:39:47.95	6	keine Angabe
8	BRUCH Marina		919	2 W40F	00:40:22.78	00:40:22.78	8	00:12:34.61	4	00:13:24.09	7	00:14:10.00	14	00:40:08.70	8	Sonnen-Apotheke Bad Ems
9	LAU Ida		857	1 W30F	00:40:38.15	00:40:38.15	9	00:15:11.65	20	00:14:18.56	14	00:10:53.62	2	00:40:23.83	9	Stiftung Scheuern
10	WOLLENWEBER Uwe		945	2 M60M	00:40:43.97	00:40:43.97	10	00:13:10.07	7	00:13:45.13	9	00:13:38.57	10	00:40:33.77	10	LSV Porz/Köln
11	POTT Mario		981	1 M50M	00:41:58.45	00:41:58.45	11	00:13:47.73	14	00:13:56.71	11	00:13:53.88	12	00:41:38.32	11	Malbergbahnverein Bad Ems
12	KIRSCH Alexander		928	2 M50M	00:42:08.02	00:42:08.02	12	00:13:46.44	12	00:13:53.58	10	00:14:03.10	13	00:41:43.12	12	Sonnen-Apotheke Bad Ems
13	BRAUN Magdalena		853	2 W60F	00:42:26.32	00:42:26.32	13	00:15:19.68	22	00:14:16.69	12	00:12:40.19	4	00:42:16.56	13	Stiftung Scheuern
14	SCHNEIDER Kerstin		938	3 W40F	00:43:23.95	00:43:23.95	14	00:13:15.42	9	00:14:54.09	17	00:15:10.19	22	00:43:19.70	15	keine Angabe
15	MEURER Alexandra		860	3 W60F	00:43:30.58	00:43:30.58	15	00:15:12.37	21	00:14:18.55	13	00:13:45.97	11	00:43:16.89	14	Stiftung Scheuern
16	LOOS Stefanie		859	4 W40F	00:43:36.55	00:43:36.55	16	00:13:46.77	13	00:14:57.68	18	00:14:38.83	17	00:43:23.28	16	Stiftung Scheuern
17	HOLL Werner		926	1 M80M	00:43:56.72	00:43:56.72	17	00:14:07.79	16	00:14:48.03	16	00:14:52.65	19	00:43:48.47	18	keine Angabe
18	LAUFKOETTER Tamara		930	1 W55F	00:44:11.66	00:44:11.66	18	00:14:46.76	18	00:14:40.04	15	00:14:16.53	15	00:43:43.33	17	Sonnen-Apotheke Bad Ems
19	WALLDORF Annegret		943	2 W55F	00:45:58.60	00:45:58.60	19	00:15:24.78	24	00:15:19.66	21	00:14:56.32	20	00:45:40.76	20	Musica Miellahno
20	LINDNER Beate		931	4 W60F	00:45:59.02	00:45:59.02	20	00:15:23.68	23	00:15:19.34	20	00:14:57.68	21	00:45:40.70	19	Musica Miellahno
21	SCHÖNFELD Rebecca		940	2 W30F	00:46:23.83	00:46:23.83	21	00:14:57.67	19	00:15:08.96	19	00:15:49.91	27	00:45:56.54	21	Sonnen-Apotheke Bad Ems
22	LUDWIG Wolfgang		925	1 M65M	00:48:19.48	00:48:19.48	22	00:15:48.58	26	00:15:37.72	22	00:16:23.79	34	00:47:50.09	22	Sonnen-Apotheke Bad Ems
23	SCHENKEL Ronja		937	1 U18F	00:48:22.44	00:48:22.44	23	00:13:58.97	15	00:18:39.17	40	00:15:40.10	25	00:48:18.24	28	keine Angabe
24	HOFMANN Julia		854	1 U10F	00:48:31.42	00:48:31.42	24	00:16:41.49	35	00:16:55.91	34	00:14:38.35	16	00:48:15.75	27	Stiftung Scheuern
25	JONAS Eveline		927	2 W50F	00:48:35.55	00:48:35.55	25	00:15:44.33	25	00:16:07.86	27	00:16:16.21	33	00:48:08.40	23	keine Angabe
26	FÜLLA Janine		921	1 W35F	00:48:37.17	00:48:37.17	26	00:16:24.21	30	00:16:06.70	26	00:15:40.11	26	00:48:11.02	25	Sonnen-Apotheke Bad Ems
27	FISCHER Laura		920	1 HKF	00:48:37.25	00:48:37.25	27	00:16:24.94	32	00:16:06.69	25	00:15:39.84	23	00:48:11.47	26	Sonnen-Apotheke Bad Ems
28	GLAHN Kirsten		922	3 W55F	00:48:37.63	00:48:37.63	28	00:16:23.99	29	00:16:06.47	24	00:15:39.95	24	00:48:10.41	24	keine Angabe
29	WEIß Domenik		872	1 M30M	00:48:42.27	00:48:42.27	29	00:16:43.67	36	00:16:52.85	31	00:14:48.79	18	00:48:25.31	29	Stiftung Scheuern
30	MOHR Aileen		861	1 U20F	00:48:52.05	00:48:52.05	30	00:14:43.28	17	00:18:12.18	38	00:15:54.34	28	00:48:49.80	33	Stiftung Scheuern
31	ARDELT Rosel		918	4 W55F	00:49:02.83	00:49:02.83	31	00:16:20.95	28	00:16:16.57	28	00:16:07.64	31	00:48:45.16	32	Musica Miellahno
32	LITZ Elvira		974	5 W60F	00:49:03.13	00:49:03.13	32	00:16:20.06	27	00:16:16.70	29	00:16:08.00	32	00:48:44.76	31	keine Angabe
33	SCHOMBURG Jacqueline		939	3 W30F	00:49:05.68	00:49:05.68	33	00:16:41.43	34	00:16:00.36	23	00:15:55.90	29	00:48:37.69	30	keine Angabe
34	STENGEL Reinhard		867	2 M65M	00:49:20.53	00:49:20.53	34	00:13:45.60	11	00:16:55.02	33	00:18:25.44	41	00:49:06.06	34	Stiftung Scheuern
35	WEIß Natalie		873	5 W40F	00:49:57.19	00:49:57.19	35	00:16:40.28	33	00:16:56.17	35	00:16:04.21	30	00:49:40.66	35	Stiftung Scheuern
36	PASTOR Renate		934	3 W50F	00:51:01.03	00:51:01.03	36	00:16:24.24	31	00:16:54.78	32	00:17:09.20	37	00:50:28.22	36	keine Angabe
37	JÄGER Jürgen		855	1 M45M	00:51:14.54	00:51:14.54	37	00:17:55.79	41	00:16:23.71	30	00:16:25.45	35	00:50:44.95	37	Stiftung Scheuern
38	PEIL Nicole		935	4 W50F	00:51:31.86	00:51:31.86	38	00:16:49.87	38	00:17:07.44	36	00:17:10.66	39	00:51:07.97	38	Sonnen-Apotheke Bad Ems
39	KIRSCH Conny		929	5 W50F	00:51:32.27	00:51:32.27	39	00:16:50.13	39	00:17:08.18	37	00:17:09.90	38	00:51:08.21	39	Sonnen-Apotheke Bad Ems
40	SIMON Carolin		865	4 W30F	00:54:41.36	00:54:41.36	40	00:16:48.31	37	00:20:38.61	43	00:17:00.01	36	00:54:26.93	40	Stiftung Scheuern
41	LAUTNER Caroline		980	6 W50F	00:55:02.04	00:55:02.04	41	00:17:54.13	40	00:18:19.95	39	00:18:18.42	40	00:54:32.50	41	Hospizverein rhein lahn
42	SALZIG Katherina		862	2 HKF	01:02:44.89	01:02:44.89	42	00:19:50.22	42	00:21:03.69	44	00:21:35.68	43	01:02:29.59	42	Stiftung Scheuern
43	STRICKER-MONO Sina		868	2 W45F	01:06:15.82	01:06:15.82	43	00:25:08.64	44	00:19:10.51	41	00:21:35.07	42	01:05:54.22	43	Stiftung Scheuern
44	WIEGAND Isabell		875	2 W35F	01:06:17.62	01:06:17.62	44	00:25:07.66	43	00:19:10.62	42	00:21:36.79	44	01:05:55.07	44	Stiftung Scheuern
DNF	SCHLEPPY Kirsten		863	- W35F	-	-	-	-	-	-	-	-	-	-	-	Stiftung Scheuern
DNF	ODENTHAL Mona Nicole		933	0 W65F	00:21:37.86	-	-	00:21:07.57	-	-	-	-	-	-	-	keine Angabe

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing

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