

| Platz | Nachname - Vorname | Nation StNr. | Platz AK | Zeit | Schnitt | Swim | Platz | W1 | Platz | Bike | Platz | W2 | Platz | Run | Platz | Verein |
|-------|-----------------------|--------------|----------|----------|---------|----------|-------|----------|-------|----------|-------|----------|-------|----------|-------|--------------------------------------|
| 1 | WESTERHORSTMANN Chris | 270 | 1 M30F | 02:25:27 | 20.42 | 00:20:06 | 3 | 00:00:42 | 2 | 01:18:14 | 12 | 00:00:33 | 5 | 00:45:53 | 14 | 1. FC Kaiserslautern |
| 2 | RAUSCH Katharina | 265 | 2 M30F | 02:33:26 | 19.36 | 00:20:54 | 5 | 00:01:19 | 16 | 01:26:07 | 32 | 00:00:47 | 14 | 00:44:21 | 10 | DJK St. Ingbert |
| 3 | NAGELSCHMIDT Kathrin | 269 | 1 M40F | 02:41:33 | 18.39 | 00:20:04 | 2 | 00:01:36 | 27 | 01:28:49 | 39 | 00:00:51 | 18 | 00:50:15 | 25 | keine Angabe |
| 4 | RAUSCH Silvia | 276 | 2 M40F | 02:43:00 | 18.22 | 00:24:38 | 18 | 00:02:03 | 44 | 01:23:19 | 21 | 00:01:02 | 37 | 00:51:59 | 30 | TRI-Team TG Konz |
| 5 | BLESER Nadine | 268 | 1 M35F | 02:58:04 | 16.68 | 00:29:23 | 43 | 00:01:46 | 35 | 01:31:06 | 44 | 00:00:52 | 21 | 00:54:59 | 38 | Hardtseemafia Triathlon/RV Wörrstadt |
| 6 | DEWITT Nikki | 267 | 3 M30F | 03:01:34 | 16.36 | 00:24:48 | 19 | 00:01:51 | 40 | 01:35:29 | 49 | 00:01:26 | 56 | 00:58:03 | 47 | Nikki |
| 7 | HAHN Monika | 264 | 1 M55F | 03:07:58 | 15.80 | 00:25:22 | 23 | 00:01:51 | 39 | 01:36:10 | 51 | 00:00:54 | 26 | 01:03:43 | 59 | OIE Idar Oberstein |
| 8 | BEIER Alex | 275 | 3 M40F | 03:16:18 | 15.13 | 00:33:58 | 58 | 00:02:02 | 43 | 01:36:38 | 52 | 00:01:09 | 44 | 01:02:32 | 56 | The- B-Site Baumholder |
| 9 | SAMSEL Ulrike | 277 | 1 M45F | 03:16:39 | 15.10 | 00:35:52 | 64 | 00:01:36 | 26 | 01:42:10 | 58 | 00:00:58 | 29 | 00:56:05 | 41 | LAZ Saarbrücken |
| 10 | BONGARD Anja | 271 | 2 M45F | 03:19:57 | 14.85 | 00:33:09 | 55 | 00:01:25 | 18 | 01:48:21 | 64 | 00:01:02 | 36 | 00:56:01 | 40 | Tri-Team Sinzig |
| 11 | JOCHUM Katja | 272 | 4 M40F | 03:21:11 | 14.76 | 00:30:00 | 48 | 00:01:29 | 21 | 01:46:37 | 62 | 00:01:02 | 35 | 01:02:05 | 55 | TuS 06 Heltersberg |
| 12 | MURRAY Ashley | 262 | 1 HKMF | 03:25:21 | 14.46 | 00:31:39 | 53 | 00:01:47 | 36 | 01:49:28 | 66 | 00:00:57 | 28 | 01:01:32 | 54 | keine Angabe |
| 13 | KUTSCH Marion | 261 | 1 M50F | 03:25:52 | 14.43 | 00:35:19 | 62 | 00:03:37 | 65 | 01:46:41 | 63 | 00:01:15 | 52 | 00:59:02 | 50 | keine Angabe |
| 14 | COWLES Jessica | 266 | 4 M30F | 03:30:12 | 14.13 | 00:35:17 | 61 | 00:02:38 | 53 | 01:45:49 | 61 | 00:02:16 | 67 | 01:04:14 | 60 | keine Angabe |
| 15 | PREUSSLER Stephanie | 273 | 2 M55F | 03:41:27 | 13.41 | 00:37:12 | 67 | 00:02:52 | 59 | 01:49:27 | 65 | 00:01:10 | 46 | 01:10:48 | 65 | TVB |
| 16 | GRAUVOGL Andrea | 274 | 5 M30F | 04:18:33 | 11.49 | 00:36:14 | 65 | 00:04:28 | 68 | 02:05:16 | 69 | 00:02:41 | 68 | 01:29:56 | 69 | keine Angabe |



| Platz | Nachname - Vorname | Nation | StNr. | Platz AK | Zeit | Schnitt | Swim | Platz | W1 | Platz | Bike | Platz | W2 | Platz | Run | Platz | Verein |
|-------|------------------------|--------|-------|----------|----------|---------|----------|-------|----------|-------|----------|-------|----------|-------|----------|-------|--|
| 1 | SEIBT Benedikt | | 305 | 1 HKMM | 02:00:38 | 24.62 | 00:17:15 | 1 | 00:00:34 | 1 | 01:03:46 | 1 | 00:00:27 | 3 | 00:38:38 | 1 | LAZ Saarbrücken |
| 2 | LEIBROCK Bengt | | 358 | 1 M30M | 02:11:15 | 22.63 | 00:20:58 | 7 | 00:00:52 | 3 | 01:09:23 | 2 | 00:00:26 | 2 | 00:39:39 | 2 | DreiKraft Neunkirchen e.V. |
| 3 | WEYAND Christian | | 317 | 1 M35M | 02:13:55 | 22.18 | 00:20:28 | 4 | 00:00:54 | 4 | 01:09:53 | 3 | 00:00:42 | 11 | 00:42:01 | 4 | LTF Marpingen |
| 4 | FORSTER Marco | | 361 | 2 M35M | 02:17:56 | 21.53 | 00:22:35 | 11 | 00:00:54 | 5 | 01:10:38 | 4 | 00:00:24 | 1 | 00:43:26 | 5 | tritrionic team St. Wendel |
| 5 | SCHAAR Martin | | 334 | 1 M40M | 02:18:59 | 21.37 | 00:22:33 | 10 | 00:01:05 | 7 | 01:11:01 | 5 | 00:00:35 | 7 | 00:43:47 | 6 | LTF Mauschbach |
| 6 | LUCK Dominik | | 372 | 2 HKMM | 02:21:06 | 21.05 | 00:26:26 | 26 | 00:01:00 | 6 | 01:11:41 | 6 | 00:00:35 | 8 | 00:41:26 | 3 | DJK St. Ingbert |
| 7 | HOFFMANN Sebastian | | 341 | 3 M35M | 02:24:13 | 20.60 | 00:22:24 | 8 | 00:01:11 | 9 | 01:14:06 | 8 | 00:00:44 | 12 | 00:45:50 | 13 | LTF-THEELTAL |
| 8 | BLAB Hanno | | 340 | 2 M30M | 02:25:55 | 20.36 | 00:22:32 | 9 | 00:01:15 | 12 | 01:13:52 | 7 | 00:00:34 | 6 | 00:47:44 | 21 | LTF Marpingen |
| 9 | ZENZEN Stefan | | 309 | 2 M40M | 02:29:25 | 19.88 | 00:25:48 | 25 | 00:01:39 | 29 | 01:17:08 | 10 | 00:00:57 | 27 | 00:43:56 | 7 | ohne |
| 10 | WEISHAAR Alex | | 344 | 4 M35M | 02:31:32 | 19.60 | 00:24:59 | 21 | 00:01:30 | 22 | 01:19:52 | 13 | 00:01:01 | 33 | 00:44:11 | 9 | 1978 |
| 11 | QUINONES Fabricio | | 331 | 3 M40M | 02:32:25 | 19.49 | 00:27:19 | 32 | 00:01:43 | 32 | 01:15:09 | 9 | 00:01:21 | 55 | 00:46:56 | 17 | keine Angabe |
| 12 | SCHMITT Oliver | | 357 | 3 M30M | 02:32:42 | 19.45 | 00:23:39 | 16 | 00:01:18 | 15 | 01:20:10 | 14 | 00:00:40 | 10 | 00:46:57 | 18 | Auto PETERS Team – SV Nikar Heidelberg |
| 13 | GROß Thomas | | 356 | 1 M50M | 02:36:47 | 18.95 | 00:23:33 | 15 | 00:01:13 | 10 | 01:21:17 | 16 | 00:00:38 | 9 | 00:50:08 | 24 | LTF Marpingen |
| 14 | NEUBERT Christof | | 371 | 1 M45M | 02:36:47 | 18.94 | 00:23:46 | 17 | 00:01:41 | 31 | 01:24:55 | 25 | 00:01:00 | 31 | 00:45:27 | 11 | TSG Maxdorf |
| 15 | STÖBER Ralf | | 336 | 2 M50M | 02:37:06 | 18.91 | 00:26:40 | 27 | 00:02:25 | 51 | 01:17:18 | 11 | 00:00:59 | 30 | 00:49:46 | 23 | keine Angabe |
| 16 | OTT Alexander | | 333 | 5 M35M | 02:37:16 | 18.89 | 00:23:22 | 14 | 00:01:15 | 11 | 01:25:53 | 31 | 00:00:53 | 23 | 00:45:55 | 15 | Lanternes Rouges |
| 17 | SAEMANN Martin | | 342 | 4 M30M | 02:37:55 | 18.81 | 00:27:04 | 30 | 00:02:50 | 57 | 01:23:07 | 19 | 00:00:52 | 20 | 00:44:05 | 8 | FC Brücken |
| 18 | WARNATZ Uwe | | 353 | 3 M50M | 02:38:04 | 18.79 | 00:22:36 | 12 | 00:01:08 | 8 | 01:20:24 | 15 | 00:01:07 | 39 | 00:52:51 | 33 | TRI-Team TG Konz |
| 19 | KIEFFER Claude | | 319 | 4 M40M | 02:38:50 | 18.70 | 00:28:40 | 38 | 00:01:31 | 23 | 01:22:13 | 17 | 00:00:48 | 15 | 00:45:41 | 12 | Iron Spackelter |
| 20 | RITTER Frank | | 363 | 4 M50M | 02:40:05 | 18.55 | 00:27:06 | 31 | 00:01:20 | 17 | 01:23:07 | 20 | 00:01:13 | 50 | 00:47:20 | 20 | Die Kleinen Strolche |
| 21 | LANGE Joern | | 316 | 6 M35M | 02:42:15 | 18.31 | 00:25:23 | 24 | 00:01:17 | 13 | 01:22:48 | 18 | 00:01:08 | 43 | 00:51:41 | 29 | TEA |
| 22 | SCHMIDT Jan | | 303 | 5 M30M | 02:43:20 | 18.18 | 00:29:56 | 47 | 00:02:06 | 47 | 01:23:21 | 22 | 00:01:18 | 53 | 00:46:41 | 16 | TV Hermeskeil |
| 23 | MANGRICH Andreas | | 351 | 5 M40M | 02:43:47 | 18.13 | 00:23:17 | 13 | 00:01:39 | 28 | 01:25:26 | 28 | 00:00:48 | 16 | 00:52:40 | 32 | TRI-Team TG Konz |
| 24 | STAUDT Uwe | | 349 | 2 M45M | 02:43:48 | 18.13 | 00:26:46 | 28 | 00:01:44 | 33 | 01:23:28 | 23 | 00:01:30 | 57 | 00:50:22 | 26 | LSC Athlon Kusel |
| 25 | PETERS Achim | | 307 | 5 M50M | 02:44:30 | 18.06 | 00:29:29 | 44 | 00:01:26 | 20 | 01:25:28 | 30 | 00:00:53 | 22 | 00:47:17 | 19 | keine Angabe |
| 26 | BUDELL Gregor | | 314 | 3 M45M | 02:45:21 | 17.96 | 00:27:56 | 34 | 00:02:40 | 55 | 01:25:26 | 27 | 00:01:08 | 41 | 00:48:13 | 22 | keine Angabe |
| 27 | JACOBSEN Justus | | 310 | 6 M40M | 02:48:46 | 17.60 | 00:27:30 | 33 | 00:02:05 | 45 | 01:27:26 | 35 | 00:01:13 | 48 | 00:50:34 | 27 | LC Olympia Wiesbaden |
| 28 | WEBER Matthias | | 339 | 4 M45M | 02:49:06 | 17.56 | 00:26:57 | 29 | 00:03:07 | 64 | 01:25:27 | 29 | 00:01:07 | 40 | 00:52:30 | 31 | VFA Westrich.ev |
| 29 | STIEL Rolf | | 369 | 7 M35M | 02:49:41 | 17.50 | 00:20:55 | 6 | 00:02:54 | 60 | 01:29:19 | 40 | 00:01:56 | 64 | 00:54:39 | 36 | LC Olympia |
| 30 | GHANE BASIRI Axel | | 332 | 6 M50M | 02:50:20 | 17.44 | 00:28:22 | 36 | 00:03:05 | 63 | 01:23:44 | 24 | 00:00:46 | 13 | 00:54:25 | 35 | LC80 Bad Kreuznach |
| 31 | ANDERLIK Ralf | | 320 | 7 M50M | 02:51:42 | 17.30 | 00:25:08 | 22 | 00:01:45 | 34 | 01:28:48 | 38 | 00:01:08 | 42 | 00:54:54 | 37 | Idealer TV |
| 32 | SELONKE Stefan | | 366 | 7 M40M | 02:53:01 | 17.17 | 00:29:51 | 46 | 00:01:25 | 19 | 01:29:45 | 41 | 00:01:09 | 45 | 00:50:53 | 28 | keine Angabe |
| 33 | WAFZIG Dirk | | 346 | 8 M50M | 02:56:14 | 16.85 | 00:28:57 | 41 | 00:01:18 | 14 | 01:28:07 | 36 | 00:00:54 | 25 | 00:57:00 | 42 | Tus 06 Heltersberg |
| 34 | PILGER Thomas | | 325 | 9 M50M | 02:59:25 | 16.55 | 00:35:24 | 63 | 00:02:18 | 49 | 01:25:02 | 26 | 00:01:13 | 49 | 00:55:31 | 39 | SV TriCity Darmstadt |
| 35 | WELDE Marc | | 318 | 8 M40M | 03:00:08 | 16.49 | 00:28:43 | 39 | 00:01:58 | 42 | 01:30:12 | 42 | 00:00:53 | 24 | 00:58:23 | 48 | keine Angabe |
| 36 | JUNGEN Alain | | 304 | 8 M35M | 03:00:56 | 16.42 | 00:24:57 | 20 | 00:01:39 | 30 | 01:26:53 | 34 | 00:01:20 | 54 | 01:06:09 | 62 | X3M Triathlon Mersch |
| 37 | GITZEN Christian | | 301 | 6 M30M | 03:00:57 | 16.41 | 00:30:54 | 52 | 00:02:50 | 58 | 01:28:37 | 37 | 00:01:02 | 34 | 00:57:36 | 44 | SV Burg Schönecken |
| 38 | MAUER Benjamin | | 348 | 7 M30M | 03:01:28 | 16.37 | 00:28:22 | 35 | 00:01:33 | 24 | 01:33:00 | 45 | 00:00:52 | 19 | 00:57:43 | 46 | SV Kottweiler-Schwanden |
| 39 | SCHNEIDER Leo | | 308 | 10 M50M | 03:02:20 | 16.29 | 00:28:34 | 37 | 00:01:56 | 41 | 01:26:42 | 33 | 00:01:49 | 62 | 01:03:21 | 58 | Marathon Waldalgesheim |
| 40 | HUBER Manuel | | 362 | 9 M35M | 03:02:34 | 16.27 | 00:30:09 | 51 | 00:01:48 | 37 | 01:35:21 | 48 | 00:01:01 | 32 | 00:54:17 | 34 | Fit in Lautern |
| 41 | PREUSSLER Thomas | | 337 | 1 M55M | 03:06:36 | 15.92 | 00:28:52 | 40 | 00:02:08 | 48 | 01:34:58 | 46 | 00:01:11 | 47 | 00:59:29 | 52 | TVB |
| 42 | FLOHR Thomas | | 365 | 11 M50M | 03:10:03 | 15.63 | 00:30:07 | 50 | 00:01:35 | 25 | 01:30:41 | 43 | 00:01:50 | 63 | 01:05:52 | 61 | VfR Baumholder |
| 43 | SCHIMMELPFENNIG Yannik | | 345 | 3 HKMM | 03:14:27 | 15.27 | 00:29:47 | 45 | 00:06:34 | 69 | 01:39:49 | 55 | 00:00:51 | 17 | 00:57:29 | 43 | keine Angabe |
| 44 | RISCH Timo | | 350 | 9 M40M | 03:15:37 | 15.18 | 00:36:55 | 66 | 00:03:02 | 62 | 01:35:10 | 47 | 00:01:46 | 60 | 00:58:45 | 49 | RSC Blitz Idar-Oberstein |
| 45 | BÖHMER Marco | | 370 | 5 M45M | 03:15:48 | 15.17 | 00:33:52 | 57 | 00:02:38 | 54 | 01:35:31 | 50 | 00:00:32 | 4 | 01:03:16 | 57 | TUS Fohren-Linden |
| 46 | HOFRATH Sebastian | | 313 | 8 M30M | 03:18:23 | 14.97 | 00:32:48 | 54 | 00:03:55 | 67 | 01:42:02 | 57 | 00:02:00 | 65 | 00:57:40 | 45 | VfL Algenrodt |
| 47 | NOREISCH Marco | | 322 | 10 M40M | 03:18:37 | 14.95 | 00:29:16 | 42 | 00:02:20 | 50 | 01:38:41 | 53 | 00:01:05 | 38 | 01:07:17 | 63 | VfR Baumholder |
| 48 | WILHELM Stefan | | 343 | 12 M50M | 03:19:09 | 14.91 | 00:33:20 | 56 | 00:02:06 | 46 | 01:42:50 | 59 | 00:01:48 | 61 | 00:59:08 | 51 | Kon-tiki Quirnbach |
| 49 | GALOZI Josef | | 312 | 10 M35M | 03:24:43 | 14.51 | 00:30:02 | 49 | 00:02:55 | 61 | 01:50:26 | 68 | 00:01:46 | 59 | 00:59:36 | 53 | keine Angabe |

| Platz | Nachname - Vorname | Nation StNr. | Platz AK | Zeit | Schnitt | Swim | Platz | W1 | Platz | Bike | Platz | W2 | Platz | Run | Platz | Verein |
|-------|--------------------|--------------|----------|----------|---------|----------|-------|----------|-------|----------|-------|----------|-------|----------|-------|----------------|
| 50 | KAPS Dirk | 367 | 6 M45M | 03:27:14 | 14.33 | 00:34:59 | 60 | 00:01:48 | 38 | 01:40:41 | 56 | 00:01:14 | 51 | 01:08:33 | 64 | VfR Baumholder |
| 51 | WILHELM Klaus | 355 | 7 M45M | 03:42:47 | 13.33 | 00:34:44 | 59 | 00:02:36 | 52 | 01:49:42 | 67 | 00:01:40 | 58 | 01:14:07 | 67 | keine Angabe |
| 52 | BELL Gerhard | 302 | 2 M55M | 03:44:50 | 13.21 | 00:42:33 | 69 | 00:02:43 | 56 | 01:43:49 | 60 | 00:02:09 | 66 | 01:13:38 | 66 | VfR Baumholder |
| 53 | GRAUVOGL Franz | 338 | 3 M55M | 03:47:30 | 13.06 | 00:40:09 | 68 | 00:03:46 | 66 | 01:39:45 | 54 | 00:03:41 | 69 | 01:20:12 | 68 | keine Angabe |