

SPLIT TIMES

23:25

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Runde 1	Platz	Runde 2	Platz	Verein
1	LENZ Hendrik		672	1 M35M	00:17:20.36	00:08:26.70	1	00:08:53.66	1	FITFUN Sportpark Limburg
2	STÖCKL Udo		748	1 M45M	00:19:31.77	00:09:44.96	3	00:09:46.81	2	Stadtverwaltung Limburg Team 1
3	KIZILTOPRAK Soner		777	1 HKMM	00:19:46.63	00:09:44.43	2	00:10:02.20	5	Team PPC / Lebenshilfe Limburg Diez 3
4	KNOSSALLA Matthias		671	1 M30M	00:19:48.38	00:09:46.74	4	00:10:01.64	4	FITFUN Sportpark Limburg
5	ÖZMEN Mustafa		747	2 M35M	00:20:09.36	00:09:57.31	6	00:10:12.05	7	Stadtverwaltung Limburg Team 1
6	EIGENBRODT Tim		727	2 M30M	00:20:20.00	00:10:12.22	8	00:10:07.78	6	OVALO I
7	ALA Alperen		773	1 U20M	00:21:11.19	00:09:53.36	5	00:11:17.83	19	Team PPC / Lebenshilfe Limburg Diez 2
8	NINK Holger		808	2 M45M	00:21:13.60	00:10:24.13	9	00:10:49.47	10	WM AG II
9	RADEMACHER Marvin		658	2 HKMM	00:21:19.50	00:10:05.71	7	00:11:13.79	17	Eisen-Fischer Stahl 2
10	STEIN Matthias		804	3 M35M	00:21:20.18	00:10:56.97	15	00:10:23.21	8	WM AG I
11	FRENTIN Pascal		734	3 HKMM	00:21:21.06	00:11:20.46	23	00:10:00.60	3	Post Villmar Team 1
12	FREUND Markus		670	3 M30M	00:21:28.04	00:10:32.33	12	00:10:55.71	11	FITFUN Sportpark Limburg
13	WAGENBACH Markus		656	3 M45M	00:21:49.98	00:10:42.74	14	00:11:07.24	15	Eisen-Fischer Stahl 1
14	REIFENSCHIEDT Lars		792	4 HKMM	00:21:57.56	00:10:39.86	13	00:11:17.70	18	Vereinigte Volksbank eG Limburg TEAM 2
15	RITTER Felix		787	2 U20M	00:21:59.59	00:10:27.24	10	00:11:32.35	26	Vereinigte Volksbank eG Limburg TEAM 1
16	FRENTIN Noel		737	1 M50M	00:22:06.20	00:11:20.63	24	00:10:45.57	9	Post Villmar Team 2
17	HEEP Daniel		786	5 HKMM	00:22:09.60	00:10:30.05	11	00:11:39.55	31	Vereinigte Volksbank eG Limburg TEAM 1
18	HÖHLER Christoph		735	1 M55M	00:22:33.85	00:11:22.18	26	00:11:11.67	16	Post Villmar Team 1
19	OTTEN Kevin		652	4 M35M	00:22:34.99	00:11:09.88	20	00:11:25.11	22	Die Praxis Limburg für Physiotherapie und Osteopathie
20	BÜKER Tomas		669	4 M45M	00:22:35.07	00:11:14.16	22	00:11:20.91	20	FITFUN Sportpark Limburg
21	EDEL Lars		726	4 M30M	00:22:36.36	00:11:02.66	18	00:11:33.70	29	OVALO I
22	WALLNER Tim		728	5 M35M	00:22:36.64	00:11:11.69	21	00:11:24.95	21	OVALO I
23	APELT Tommy		717	6 HKMM	00:22:42.17	00:11:45.73	34	00:10:56.44	12	Medical Park Team 3
24	MÜHLBERGER Michael		720	7 HKMM	00:22:42.50	00:11:45.72	33	00:10:56.78	13	Medical Park Team 3
25	MORITZ Jonas		791	8 HKMM	00:22:55.33	00:11:07.77	19	00:11:47.56	36	Vereinigte Volksbank eG Limburg TEAM 2
26	HOF Thomas		745	2 M55M	00:23:04.79	00:10:58.51	16	00:12:06.28	45	Stadtverwaltung Limburg Team 1
27	GRUND Michael		729	6 M35M	00:23:11.23	00:11:35.32	30	00:11:35.91	30	OVALO II
28	KNAPP Markus		794	2 M50M	00:23:22.54	00:11:42.33	31	00:11:40.21	32	WETON
29	KUNZ Lea		790	1 U20F	00:23:28.07	00:11:27.80	28	00:12:00.27	38	Vereinigte Volksbank eG Limburg TEAM 2
30	MÜLLER Christian		809	1 U18M	00:23:32.12	00:11:45.23	32	00:11:46.89	35	EVL-Runners
31	HANNAPPEL Dirk		738	5 M45M	00:23:32.44	00:12:05.27	42	00:11:27.17	23	Post Villmar Team 2
32	SPEICH Benni		740	5 M30M	00:23:32.65	00:12:00.49	40	00:11:32.16	25	Post Villmar Team 2
33	REIMANN Sven		618	6 M30M	00:23:32.97	00:12:26.69	51	00:11:06.28	14	Albert Weil AG Team 5 / Lebenshilfe Limburg Diez
34	SCHÄFER Jörg		796	6 M45M	00:23:44.20	00:11:47.63	36	00:11:56.57	37	WETON
35	SCHWEITZER Kevin		655	9 HKMM	00:23:44.56	00:11:20.73	25	00:12:23.83	51	Eisen-Fischer Stahl 1
36	KRAUS Andreas		662	3 M50M	00:23:44.78	00:12:11.55	46	00:11:33.23	28	EVL-Runners
37	HENNEMANN Niklas		782	10 HKMM	00:23:45.67	00:12:16.96	47	00:11:28.71	24	Team PPC / Lebenshilfe Limburg Diez 4
38	LEYH Frank		685	4 M50M	00:23:49.94	00:11:46.46	35	00:12:03.48	39	HTI Eisen-Rieg / HTI Hortmann

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Runde 1	Platz	Runde 2	Platz	Verein
39	MATT Daniel		802	7 M30M	00:24:01.96	00:11:27.71	27	00:12:34.25	57	WM AG I
40	BILL Matthias		613	7 M35M	00:24:07.00	00:12:24.08	49	00:11:42.92	33	Albert Weil AG Team 4 / Lebenshilfe Limburg Diez
41	WINDOLPH Daniel		696	11 HKMM	00:24:08.81	00:12:25.19	50	00:11:43.62	34	Kunstköderwerkstatt Mischkowski_Windolph GbR
42	JAKUBCZYK Dorota	POL	665	1 HKWF	00:24:10.56	00:11:57.23	39	00:12:13.33	49	Fit 711 Limburg
43	ARMANN Jonas		645	12 HKMM	00:24:12.14	00:12:08.14	45	00:12:04.00	41	Die Praxis Elz für Physiotherapie und Osteopathie
44	FELLNER Jennifer		805	2 HKWF	00:24:21.84	00:11:01.81	17	00:13:20.03	72	WM AG II
45	DEGMAIR Daniella		649	1 W35F	00:24:33.50	00:12:27.81	54	00:12:05.69	43	Die Praxis Limburg für Physiotherapie und Osteopathie
46	SCHNEIDER Andrea		604	1 W45F	00:24:33.59	00:12:29.87	59	00:12:03.72	40	Albert Weil AG Team 1 - Lebenshilfe Limburg Diez
47	MATHIES Sascha		651	8 M35M	00:24:34.07	00:12:27.74	53	00:12:06.33	46	Die Praxis Limburg für Physiotherapie und Osteopathie
48	DUMLER Alex		653	8 M30M	00:24:35.63	00:11:48.85	37	00:12:46.78	63	Eisen-Fischer Stahl 1
49	SCHMIDT Fabian		771	3 U20M	00:24:40.27	00:12:29.09	57	00:12:11.18	47	Team PPC / Lebenshilfe Limburg Diez 1
50	ALTUNTAS Vedat		774	4 U20M	00:24:40.75	00:12:28.87	56	00:12:11.88	48	Team PPC / Lebenshilfe Limburg Diez 2
51	UPHUES Martin		751	5 M50M	00:24:43.96	00:12:02.86	41	00:12:41.10	61	Stadtverwaltung Limburg Team 2
52	KORN-KINKEL Mathias		766	6 M50M	00:24:49.40	00:13:16.50	76	00:11:32.90	27	Albert Weil AG Team 2 / Lebenshilfe Limburg Diez
53	TSCHITSCHIN Regina		772	2 U20F	00:25:01.00	00:12:29.81	58	00:12:31.19	56	Team PPC / Lebenshilfe Limburg Diez 1
54	DORMAGEN Michael		693	9 M30M	00:25:16.80	00:12:31.66	62	00:12:45.14	62	Kunstköderwerkstatt Mischkowski_Windolph GbR
55	BUNNEMANN Lennart		781	5 U20M	00:25:20.63	00:12:28.79	55	00:12:51.84	65	Team PPC / Lebenshilfe Limburg Diez 4
56	THORN Carsten		608	7 M50M	00:25:28.36	00:12:53.60	68	00:12:34.76	59	Albert Weil AG Team 2 / Lebenshilfe Limburg Diez
57	KUNDERMANN Timo		657	13 HKMM	00:25:33.79	00:11:48.98	38	00:13:44.81	83	Eisen-Fischer Stahl 2
58	KREMER Andreas		798	10 M30M	00:25:36.47	00:12:30.14	60	00:13:06.33	69	WM AG
59	MATTERN Andreas		686	7 M45M	00:25:42.78	00:13:22.23	79	00:12:20.55	50	HTI Eisen-Rieg / HTI Hortmann
60	GOBELL Hendrik		741	14 HKMM	00:25:44.60	00:13:39.01	84	00:12:05.59	42	SchafsbergWacht
61	HUMMER Marius		743	15 HKMM	00:25:45.09	00:13:39.07	85	00:12:06.02	44	SchafsbergWacht
62	HERZOG Enrico		623	16 HKMM	00:25:49.38	00:12:07.02	43	00:13:42.36	80	AMEFA GmbH
63	KUREPKAT Jörgen		739	3 M55M	00:25:52.28	00:13:04.38	69	00:12:47.90	64	Post Villmar Team 2
64	KLEEMANN Sabine		736	2 W45F	00:25:52.29	00:12:37.19	64	00:13:15.10	71	Post Villmar Team 1
65	HALBACH Dennis		614	1 M40M	00:25:59.10	00:13:22.31	80	00:12:36.79	60	Albert Weil AG Team 4 / Lebenshilfe Limburg Diez
66	ERDMANN Nina		797	1 W30F	00:26:04.21	00:12:27.66	52	00:13:36.55	78	WM AG
67	HUMMER Wolfgang		744	8 M50M	00:26:04.31	00:13:39.08	86	00:12:25.23	52	SchafsbergWacht
68	WOLDU Milkias		812	17 HKMM	00:26:09.74	00:12:21.06	48	00:13:48.68	84	Team Jeckel Bau
69	JABLONSKI Tim		746	18 HKMM	00:26:15.67	00:12:07.80	44	00:14:07.87	90	Stadtverwaltung Limburg Team 1
70	STURM Marco		732	2 M40M	00:26:18.27	00:13:52.54	97	00:12:25.73	53	OVALO II
71	LORENZ Yvonne		625	1 W40F	00:26:18.93	00:13:05.81	70	00:13:13.12	70	AMEFA GmbH Team I
72	VON BRASCHE Marcel		646	11 M30M	00:26:50.10	00:12:32.21	63	00:14:17.89	98	Die Praxis Elz für Physiotherapie und Osteopathie
73	GÖBEL Simone		677	1 W50F	00:26:50.72	00:13:51.87	95	00:12:58.85	66	HELIOS Klinik Diez - Team 2
74	GASTEIER Annette		681	2 W50F	00:26:52.49	00:13:51.81	94	00:13:00.68	67	HELIOS Klinik Diez - Team 3
75	DIEHL Harald		749	4 M55M	00:26:52.92	00:12:44.28	67	00:14:08.64	92	Stadtverwaltung Limburg Team 2
76	IMMEL Bernadette		813	2 W40F	00:26:54.88	00:13:10.50	73	00:13:44.38	81	Kloft+Jakobs Architekten, Hadamar

Platz	Nachname - Vorname	NationStNr.	Platz AK	Zeit	Runde 1	Platz	Runde 2	Platz	Verein
77	KLOFT Christof	690	9 M50M	00:26:54.92	00:13:10.14	72	00:13:44.78	82	Kloft+Jakobs Architekten, Hadamar
78	WEIMER Lisa	752	3 HKWF	00:27:00.52	00:13:06.49	71	00:13:54.03	86	Stadtverwaltung Limburg Team 2
79	PREBLER Gudrun	703	2 W30F	00:27:06.92	00:14:36.58	118	00:12:30.34	54	Malteser 2
80	MÄHLMANN Sebastian	702	3 M40M	00:27:09.46	00:14:34.79	117	00:12:34.67	58	Malteser 2
81	PREBLER Chris	707	12 M30M	00:27:10.95	00:14:39.76	120	00:12:31.19	55	Malteser 3
82	TRAPPMANN Hugo	764	5 M55M	00:27:20.90	00:13:49.14	91	00:13:31.76	76	Team PPC 2 / Ich-Helfe-Netzwerkpartner / Lebenshilfe Limburg Diez
83	KNOSALLA Thomas	795	19 HKMM	00:27:28.04	00:14:06.32	101	00:13:21.72	74	WETON
84	JÄGER Andy	793	8 M45M	00:27:28.10	00:14:06.47	102	00:13:21.63	73	WETON
85	MISCHKOWSKI Jan	695	20 HKMM	00:27:30.09	00:13:13.28	74	00:14:16.81	97	Kunstköderwerkstatt Mischkowski_Windolph GbR
86	CZECH Tanja	675	3 W40F	00:27:33.32	00:13:52.15	96	00:13:41.17	79	HELIOS Klinik Diez - Team 1
87	BRANDT Anja	622	4 W40F	00:27:40.10	00:13:49.43	92	00:13:50.67	85	AMEFA GmbH
88	BUTZBACH Vanessa	733	4 HKWF	00:27:41.26	00:12:42.00	65	00:14:59.26	113	Post Villmar Team 1
89	REERMANN Ulf	704	4 M40M	00:27:43.74	00:14:39.67	119	00:13:04.07	68	Malteser 2
90	BECKER David	753	9 M35M	00:27:47.16	00:12:43.79	66	00:15:03.37	115	Team Jeckel Bau
91	SIMON Marcus	631	9 M45M	00:27:58.16	00:13:47.48	89	00:14:10.68	95	AMEFA GmbH Team II
92	VINZENTZ Jessica	628	3 W30F	00:27:58.29	00:13:19.18	77	00:14:39.11	105	AMEFA GmbH Team I
93	VOGEL Julia	632	2 W35F	00:27:58.93	00:13:19.48	78	00:14:39.45	106	AMEFA GmbH Team II
94	RITTER Stefan	687	10 M45M	00:28:03.59	00:13:48.92	90	00:14:14.67	96	HTI Eisen-Rieg / HTI Hortmann
95	BENDEL Claus	609	11 M45M	00:28:03.72	00:13:29.85	82	00:14:33.87	103	Albert Weil AG Team 3 / Lebenshilfe Limburg Diez
96	MÜLLER Martin	715	13 M30M	00:28:04.26	00:13:41.86	88	00:14:22.40	100	Medical Park Team 2
97	SCHMOOCK Erik	716	12 M45M	00:28:04.36	00:13:41.81	87	00:14:22.55	101	Medical Park Team 2
98	BLUME Ramona	713	4 W30F	00:28:04.96	00:13:57.36	99	00:14:07.60	89	Medical Park Team 2
99	LICHT Marguerite	714	3 W45F	00:28:05.25	00:13:57.35	98	00:14:07.90	91	Medical Park Team 2
100	HARTMANN Birgit	742	4 W45F	00:28:13.96	00:14:17.93	109	00:13:56.03	87	SchafsbergWacht
101	YESILÖZ Enes	780	21 HKMM	00:28:29.86	00:12:31.10	61	00:15:58.76	136	Team PPC / Lebenshilfe Limburg Diez 3
102	NOLL Katja	617	5 W30F	00:28:30.72	00:14:20.57	111	00:14:10.15	94	Albert Weil AG Team 5 / Lebenshilfe Limburg Diez
103	BREMM Nicole	789	5 HKWF	00:28:37.52	00:14:14.68	107	00:14:22.84	102	Vereinigte Volksbank eG Limburg TEAM 2
104	PAAB Yvonne	607	6 HKWF	00:28:41.83	00:14:33.08	115	00:14:08.75	93	Albert Weil AG Team 2 / Lebenshilfe Limburg Diez
105	SELLIN Janna	712	7 HKWF	00:28:44.23	00:15:08.98	126	00:13:35.25	77	Medical Park Team 1
106	BASTIAN Ina	673	6 W30F	00:28:47.51	00:14:08.55	106	00:14:38.96	104	HELIOS Klinik Diez - Team 1
107	MÜLLER Thomas	663	13 M45M	00:28:58.75	00:13:57.78	100	00:15:00.97	114	EVL-Runners
108	REHM Xenia	666	8 HKWF	00:28:59.14	00:15:33.83	135	00:13:25.31	75	Fit 711 Limburg
109	BULLMANN André	725	22 HKMM	00:29:10.14	00:13:25.26	81	00:15:44.88	129	OVALO I
110	CAGRICI Melih	775	2 U18M	00:29:10.37	00:13:33.59	83	00:15:36.78	125	Team PPC / Lebenshilfe Limburg Diez 2
111	FLOTOW Katharina	629	9 HKWF	00:29:17.29	00:14:23.50	112	00:14:53.79	111	AMEFA GmbH Team II
112	KRIMBEL Michael	612	5 W45F	00:29:26.93	00:14:33.00	114	00:14:53.93	112	Albert Weil AG Team 3 / Lebenshilfe Limburg Diez
113	WASMUND Katja	724	10 HKWF	00:29:32.18	00:15:13.21	131	00:14:18.97	99	Medical Park Team 4
114	LANGER Christian	650	10 M35M	00:29:32.91	00:13:50.84	93	00:15:42.07	128	Die Praxis Limburg für Physiotherapie und Osteopathie

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Runde 1	Platz	Runde 2	Platz	Verein
115	RAMOS-WEIßER Anita		770	3 W35F	00:29:34.11	00:15:35.74	139	00:13:58.37	88	Team PPC / Lebenshilfe Limburg Diez 1
116	SOMMER Sylvia		688	4 W35F	00:29:47.11	00:14:33.66	116	00:15:13.45	119	HTI Eisen-Rieg / HTI Hortmann
117	KRÄMER Sandra		639	7 W30F	00:30:01.70	00:15:12.40	128	00:14:49.30	108	Atlas GmbH Team 1
118	KRÄMER Dennis		638	14 M30M	00:30:01.98	00:15:12.05	127	00:14:49.93	109	Atlas GmbH Team 1
119	GRÜNIG Franziska		722	11 HKWF	00:30:02.10	00:15:13.19	130	00:14:48.91	107	Medical Park Team 4
120	ALTINISIK Ibrahim		761	6 U20M	00:30:11.80	00:14:07.27	103	00:16:04.53	139	Team PPC 2 / Ich-Helfe-Netzwerkpartner / Lebenshilfe Limburg Diez
121	MOSTAFA Karim		778	3 U18M	00:30:11.95	00:14:07.46	105	00:16:04.49	138	Team PPC / Lebenshilfe Limburg Diez 3
122	YAHAC Rüges		779	7 U20M	00:30:13.30	00:14:07.31	104	00:16:05.99	140	Team PPC / Lebenshilfe Limburg Diez 3
123	HANNAPPEL Michael		605	23 HKMM	00:30:23.00	00:15:31.23	132	00:14:51.77	110	Albert Weil AG Team 2 / Lebenshilfe Limburg Diez
124	STUTZER Natascha		627	12 HKWF	00:30:24.44	00:15:02.77	124	00:15:21.67	121	AMEFA GmbH Team I
125	STEHNING Miguele		644	24 HKMM	00:30:25.55	00:15:12.50	129	00:15:13.05	118	Atlas GmbH Team 2
126	FRELIH Polonca		676	6 W45F	00:30:26.82	00:14:47.72	121	00:15:39.10	127	HELIOS Klinik Diez - Team 1
127	ZYMBERI Fidaim		756	5 M40M	00:30:27.78	00:13:13.65	75	00:17:14.13	158	Team Jeckel Bau
128	PEUSER Daniel		767	11 M35M	00:30:33.47	00:14:18.14	110	00:16:15.33	145	Albert Weil AG Team 5 / Lebenshilfe Limburg Diez
129	SEJDIU Irfan		755	12 M35M	00:30:36.80	00:11:28.88	29	00:19:07.92	183	Team Jeckel Bau
130	GERHEIM Klaus-Peter		611	6 M55M	00:30:40.31	00:15:32.83	134	00:15:07.48	117	Albert Weil AG Team 3 / Lebenshilfe Limburg Diez
131	GERHEIM Elisabeth		610	3 W50F	00:30:41.09	00:15:34.42	137	00:15:06.67	116	Albert Weil AG Team 3 / Lebenshilfe Limburg Diez
132	BECKER Paula		785	3 U20F	00:30:42.16	00:14:50.40	123	00:15:51.76	131	Vereinigte Volksbank eG Limburg TEAM 1
133	SEHR Tim		668	15 M30M	00:30:57.95	00:15:35.15	138	00:15:22.80	122	Fit 711 Limburg
134	SCHMIED Anastasia		667	13 HKWF	00:30:58.90	00:15:33.88	136	00:15:25.02	124	Fit 711 Limburg
135	ROSAJ Aferdita		626	5 W35F	00:31:02.44	00:15:02.79	125	00:15:59.65	137	AMEFA GmbH Team I
136	TRAPPMANN Annika		763	14 HKWF	00:31:18.06	00:14:49.80	122	00:16:28.26	149	Team PPC 2 / Ich-Helfe-Netzwerkpartner / Lebenshilfe Limburg Diez
137	HUTH Torsten		750	25 HKMM	00:31:35.97	00:14:31.49	113	00:17:04.48	155	Stadtverwaltung Limburg Team 2
138	KÖNIG Dennis		730	13 M35M	00:31:42.86	00:15:48.64	143	00:15:54.22	134	OVALO II
139	GATTINGER Birgit		806	5 W40F	00:31:43.74	00:15:32.12	133	00:16:11.62	144	WM AG II
140	WINKENS Dennis		664	14 M35M	00:31:50.85	00:16:29.45	151	00:15:21.40	120	EVL-Runners
141	MÜFTAHI Enis		719	26 HKMM	00:31:57.61	00:16:05.21	146	00:15:52.40	133	Medical Park Team 3
142	LACHMANN Nicole		711	15 HKWF	00:31:57.83	00:16:33.83	153	00:15:24.00	123	Medical Park Team 1
143	KERN Andreas		637	15 M35M	00:32:01.54	00:15:40.11	140	00:16:21.43	147	Atlas GmbH Team 1
144	SHAWKAT Rami		640	16 M30M	00:32:01.54	00:15:40.51	141	00:16:21.03	146	Atlas GmbH Team 1
145	GÖKE Sebastian		718	27 HKMM	00:32:14.35	00:16:04.85	145	00:16:09.50	142	Medical Park Team 3
146	BRIEGEL Jürgen		701	7 M55M	00:32:28.55	00:16:50.84	167	00:15:37.71	126	Malteser 2
147	HAHN Svenja		678	16 HKWF	00:32:31.04	00:16:34.45	155	00:15:56.59	135	HELIOS Klinik Diez - Team 2
148	SEHR Elsia		692	17 HKWF	00:32:32.22	00:16:22.85	148	00:16:09.37	141	Kloft+Jakobs Architekten, Hadamar
149	LOSERT Constance		776	1 U18F	00:32:48.13	00:16:37.80	157	00:16:10.33	143	Team PPC / Lebenshilfe Limburg Diez 2
150	WENDLER Steffi		648	16 M35M	00:33:02.72	00:17:14.40	176	00:15:48.32	130	Die Praxis Elz für Physiotherapie und Osteopathie
151	OTTEN Kaddy		647	8 W30F	00:33:05.81	00:17:13.79	175	00:15:52.02	132	Die Praxis Elz für Physiotherapie und Osteopathie
152	THOMÄ Marius		624	28 HKMM	00:33:06.67	00:16:39.66	160	00:16:27.01	148	AMEFA GmbH

SPLIT TIMES

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Runde 1	Platz	Runde 2	Platz	Verein
153	SCHUMANN Birgit		641	4 W50F	00:33:13.18	00:16:38.33	159	00:16:34.85	152	Atlas GmbH Team 2
154	KLOFT Katja		691	7 W45F	00:33:13.36	00:16:22.89	149	00:16:50.47	153	Kloft+Jakobs Architekten, Hadamar
155	HENECKER Melanie		679	6 W35F	00:33:18.00	00:16:44.09	163	00:16:33.91	151	HELIOS Klinik Diez - Team 2
156	SATORIUS Svenja		682	18 HKWF	00:33:18.24	00:16:44.34	164	00:16:33.90	150	HELIOS Klinik Diez - Team 3
157	UYSAL Nazike		800	19 HKWF	00:33:31.96	00:15:40.85	142	00:17:51.11	175	WM AG
158	KOWALSKY Felix		694	29 HKMM	00:33:47.86	00:16:26.78	150	00:17:21.08	161	Kunstköderwerkstatt Mischkowski_Windolph GbR
159	MALM Harald		706	14 M45M	00:33:49.26	00:16:50.93	168	00:16:58.33	154	Malteser 3
160	BERTRAM Josef		689	10 M50M	00:33:59.15	00:16:34.21	154	00:17:24.94	162	Kloft+Jakobs Architekten, Hadamar
161	BORKOTT Svenja		674	20 HKWF	00:34:03.43	00:16:35.23	156	00:17:28.20	163	HELIOS Klinik Diez - Team 1
162	GESKE Nina		705	9 W30F	00:34:03.82	00:16:57.57	169	00:17:06.25	156	Malteser 3
163	PALMIERI Christine O.		699	10 W30F	00:34:04.12	00:16:57.78	170	00:17:06.34	157	Malteser 1
164	BUHR Stephanie		661	7 W35F	00:34:06.97	00:16:29.79	152	00:17:37.18	170	EVL-Runners
165	EGREK Johanna		769	4 U20F	00:34:19.38	00:16:38.05	158	00:17:41.33	171	Team PPC / Lebenshilfe Limburg Diez 1
166	ÖKMEN-NERGIS Evrim		723	11 W30F	00:34:43.35	00:17:10.93	173	00:17:32.42	168	Medical Park Team 4
167	STEHNING Esther		642	8 W35F	00:34:44.68	00:17:29.35	179	00:17:15.33	160	Atlas GmbH Team 2
168	STEHNING Marion		643	5 W50F	00:34:44.71	00:17:29.63	180	00:17:15.08	159	Atlas GmbH Team 2
169	BUß Simone		721	8 W45F	00:34:49.81	00:17:07.70	172	00:17:42.11	172	Medical Park Team 4
170	KRÖCK Lisa		630	21 HKWF	00:34:59.06	00:17:16.16	177	00:17:42.90	173	AMEFA GmbH Team II
171	KILKA Maike		710	22 HKWF	00:35:10.32	00:16:43.73	161	00:18:26.59	178	Medical Park Team 1
172	FREUNSCHT Hannah		709	23 HKWF	00:35:10.80	00:16:43.79	162	00:18:27.01	179	Medical Park Team 1
173	MARTIN Laura		807	24 HKWF	00:35:12.78	00:16:44.63	165	00:18:28.15	180	WM AG II
174	SCHUPP Maren		760	5 U20F	00:35:18.67	00:17:46.24	183	00:17:32.43	169	Team PPC 1 / Ich-helfe-Netzwerkpartner / Lebenshilfe Limburg Diez
175	BRAHM Michèle		801	25 HKWF	00:35:23.85	00:16:44.74	166	00:18:39.11	181	WM AG I
176	DIEFENBACH Jana		757	26 HKWF	00:35:54.52	00:17:46.42	184	00:18:08.10	176	Team PPC 1 / Ich-helfe-Netzwerkpartner / Lebenshilfe Limburg Diez
177	KUNZ Michelle		615	2 U18F	00:35:57.37	00:16:22.20	147	00:19:35.17	186	Albert Weil AG Team 4 / Lebenshilfe Limburg Diez
178	METZEN Alexandra		783	3 U18F	00:35:57.74	00:17:11.69	174	00:18:46.05	182	Team PPC / Lebenshilfe Limburg Diez 4
179	BERTRAM Melanie		621	6 W40F	00:36:03.73	00:17:42.83	182	00:18:20.90	177	AMEFA GmbH
180	NGUYEN Hoa		803	12 W30F	00:36:05.74	00:18:20.27	189	00:17:45.47	174	WM AG I
181	MÜLLER Wolfgang		799	8 M55M	00:36:13.52	00:14:14.78	108	00:21:58.74	197	WM AG
182	WEIGELT Sven		700	30 HKMM	00:36:29.04	00:18:58.76	191	00:17:30.28	167	Malteser 1
183	KASPRZYK Karolina		697	13 W30F	00:36:29.66	00:19:00.72	192	00:17:28.94	166	Malteser 1
184	SCHMIDT Birgit		708	9 W45F	00:36:29.93	00:19:01.28	193	00:17:28.65	165	Malteser 3
185	MIKELAT Daniela		698	7 W40F	00:36:29.96	00:19:01.32	194	00:17:28.64	164	Malteser 1
186	ROHLETTER Klaus		603	11 M50M	00:37:25.06	00:16:59.99	171	00:20:25.07	194	Albert Weil AG Team 1 - Lebenshilfe Limburg Diez
187	MARKELI Gudrun		633	6 W50F	00:37:31.42	00:17:54.80	185	00:19:36.62	188	Arni _Compañeros
188	SANIO Laura		635	27 HKWF	00:37:31.59	00:17:54.84	186	00:19:36.75	189	Arni _Compañeros
189	SCHOEMAKERS Dirk		636	15 M45M	00:37:42.96	00:18:09.71	187	00:19:33.25	185	Arni _Compañeros
190	ORTSEIFEN Andrea		634	10 W45F	00:37:42.98	00:18:10.60	188	00:19:32.38	184	Arni _Compañeros

Platz	Nachname - Vorname	NationStNr.	Platz AK	Zeit	Runde 1	Platz	Runde 2	Platz	Verein
191	STORCH Stefanie	811	6 U20F	00:38:37.14	00:19:01.61	195	00:19:35.53	187	Lebenshilfe Team PPC Die74
192	BÖCKER Lisa	601	7 U20F	00:38:38.25	00:18:25.13	190	00:20:13.12	190	Albert Weil AG Team 1 - Lebenshilfe Limburg Diez
193	KRAMKOWSKI Jens	731	17 M30M	00:38:40.33	00:17:38.96	181	00:21:01.37	195	OVALO II
194	GRATZL Martin	758	18 M30M	00:39:16.67	00:15:56.42	144	00:23:20.25	198	Team PPC 1 / Ich-helfe-Netzwerkpartner / Lebenshilfe Limburg Diez
195	PETSCH Ivon	616	28 HKWF	00:39:16.78	00:17:25.72	178	00:21:51.06	196	Albert Weil AG Team 4 / Lebenshilfe Limburg Diez
196	ZIMMERMANN Julia	683	29 HKWF	00:39:24.34	00:19:04.55	197	00:20:19.79	191	HELIOS Klinik Diez - Team 3
197	ZIMMERMANN Mareike	684	30 HKWF	00:39:24.61	00:19:04.03	196	00:20:20.58	192	HELIOS Klinik Diez - Team 3
198	JURESIC Lea	680	31 HKWF	00:39:25.57	00:19:04.56	198	00:20:21.01	193	HELIOS Klinik Diez - Team 2
DNF	JECKEL Thomas	754	0 M45M	00:30:00.32	00:30:00.32	-		-	Team Jeckel Bau